# Be Healthy Jefferson

# BHC Meeting March 12, 2020, 3-4pm

**Chimacum Fire Station** 9193 Rhody Dr, Chimacum, WA

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#### BHC Meeting Agenda – March 12<sup>th</sup> - 3pm

- Introductions
- Review Workforce Plan Progress LF
- Update on HRSA RCORP-P Grant App Effort due 4/24 LF
- Regional (from OCH Strategic Retreat) Data JN
- BHC Data Review Lisa Grundl
- Review of HRSA's DC Convening LF



# Be Healthy Jefferson

# Workforce Plan

Overview

# **BHC Workforce Plan**

- Progress: ROUGH draft to HRSA
  - Have alerted HRSA we will be layering in information related to CSC/E&T facility once we tour a Comprehensive Care Facility

(will tour with HFPD & Jamestown Reps, Ford Kessler, anyone else?)

- Upcoming deliverables
  - Sustainability Plan Due 5/31
  - Final Report Due 8/31

#### YAKIMA



YAKIMA CENTER - MAIN OFFICE 402 S 4th Ave. Yakima, WA 98902 509-575-4084



ACUTE CARE SERVICES/CRISIS TRIAGE CENTER – Yakima 505 S 4th Ave. Yakima, WA 98902 509-576-4304



ASPEN – VICTIM ADVOCACY SERVICES - Yakima County 402 S. 4th Avenue Yakima, WA 98907 509-452-9675



BRIDGES EVALUATION AND TREATMENT CENTER 201 S 2nd Ave.

Yakima, WA 98902 509-469-2085



SUBSTANCE USE DISORDER TREATMENT SERVICES – Yakima 505 S 4th Ave.

Yakima, WA 98902 509-248-1200



PATHWAYS ADULT RESIDENTIAL TREATMENT FACILITY

307 W. Walnut Ave. Yakima, WA 98902 509-453-4301



SUNRISE CLUB 206 S 2nd Ave. Yakima, WA 98902 509-575-3729



TWO RIVERS LANDING 504 S 3rd Ave. Yakima, WA 98902 509-469-3727



# **BHC Workforce Plan**

- HRSA Feedback on Workforce Plan Draft
- Thanks for sending along this draft. Below are the required elements of this document with the fulfilled requirements in red.
  - the gaps in OUD prevention, treatment, and/or recovery workforce identified in the ٠. analysis
  - strategies for recruiting and integrating additional substance use providers within the consortium/community Integration piece has been met.
  - plans to train and retain new and existing substance use disorder providers within the • consortium/community Training has been met.
  - if applicable, a plan for identifying and obtaining eligibility for sites to place NHSC • clinicians in future years.

Unsurprisingly, you folks have done a great part with the integration piece. My advice for improvement would be to focus less on broad outcomes you'd like to see in the community and focus in on SUD providers/workforce and what specific gaps in that category need addressing. In your document, you mention staff time for administrative tasks which is great, but you will probably want to look beyond that to specific SUD staff. SUD staff can be defined as data-waivered providers, primary prevention educators, psychiatrists/psychologists, social workers, etc.





Recovery Advocate Title: Employer: Dove House Advocacy Services Recovery Café Program Manager Supervisor:

#### General Summary:

This position will provide recovery support services, crisis intervention, and advocacy to people recovering from addiction, homelessness, and mental illness.

#### Responsibilities and Duties:

Provides Recovery Café program direct services, including floor coverage and operations, New Member orientations, Recovery Circles, classes in the School for Recovery, volunteer activities, and events.

My dilemma, and or what I am asking you about is if you are the person to help me problem solve this. Is there something we can do for the students that see Megan during the school year, so that they can continue to meet with her for counseling through summer? To give students continued support, during summer break, so they do not feel like they are dropped like a hot potato due to insurance issues.

**Facility** F

**Potential Impl** 

### BHC Workforce Plan – Proposed Feedback Response

Prevention	Sustain student counseling over Summer
Treatment	Fund South County opioid treatment option
Recovery	Partial support for Advocate at Recovery Café
Integration	Outreach/Education to address stigma
<pre>=easibility &amp; lementation</pre>	HFPD Consultants



# Be Healthy Jefferson

**RCORP-I Grant App** Due April 24, 2020

### **RCORP-Implementation - Grant Application**

Local Behavioral Health Consortium Awarded Federal Grant for Opioid Response Jefferson County Public Health has been awarded a \$1,000,000 federal August 23, 2020 Press Releases RSA grant to address treatment, and recovery for Opioid Use Disorder and Cubatenee Lies Disorder The grant funds will go to support two inter-related tracks to improve behavioral health services for residents in Jefferson County. Track one Substance Use Disorder. in the continuing to determine the feasibility of least Crisis Stabilization Courts and Crisis while continuing to determine the feasibility a local Crisis Stabilization Facility or equivalent option. Track 2 continues to determine the feasibility of, and of equivalent options mack & communes to determine the reasoning of, and to generate and execute the inside the first because the enclution of the first because the first bec The grant's work plan was developed by the Behavioral Health Consortium, implementation plan for the resulting project. Which is led and facilitated by the Community Health Improvement Plan WINCLIS IEU ANU IAUMAIEU VY IIE VUITIUMINY FIEANT IMPROVEMENT FIAN (CHIP) Team. The Consortium consists of representatives from 10 Jefferson County stakeholder sectors who came together to address OUD/SUD Concertium treates to collaboratively address beauticity or and a collaboratively address beauticity and the collaborative address incament, and recovery. This grame course one chample of now me Consortium works to collaboratively address health issues in our community by breaking down silos and establishing better access to services. CHIP, through Jefferson County Public Health applied for and received the VEIIE, UNVEYING VEIEERSUN VOUNY FUUNC FREAM APPRICUNU AND RURAL COMMUNITIES Health Resources and Services Administration (HRSA) Rural Communities Debayiaral Llosth Consectives and 2000 2000 They have a volument Uploid Response Program (RUURE) - Flammy Uram Unvenan Unvenan Unvenanted Behavioral Health Consortium in 2019-2020. They have now been awarded benavioral mealuri consonium in 2019-2020. They have now been awarded the HRSA RCORP-Implementation Grant, which will allow them to implement the the state to a stat الا ۱۹۸۵ ۲۵۷۸۲-۱۱۱۱۹۲۱۱۲۱۱۱۵۱۱۷۱۱ کا ۱۹۱۱، ۱۹۱۱۷ ۱۹۱۱ ۵۱۱۷۳ ۱۱۲۷ ۱۱۲۷ ۱۱۲۷ جهد معنونط مومومومو ملوم ساینواه سوم طویدوامو ما او معنوامو معلوم معنواه معنواه معنواه معنواه معنواه معنواه مع

- \$1M over 3 years
- If awarded, begins 9/2020
- Application due 4/24/2020
- Will use to implement the Strategic Plan developed by BHC Consortium





#### PREVENTION

- 1. Provide culturally and linguistically appropriate educat family members', caregivers', and the public's understand based prevention, treatment, and recovery strategies for reduce stigma associated with the disease.
- Increase access to naloxone within the rural service are training on overdose prevention and naloxone administra that individuals likely to respond to an overdose can take steps to reverse an overdose.
- Implement year-round drug take-back programs.
- Increase and support the use of school- and community prevention programs that are evidence-based to prevent and other substances.
- Identify and screen individuals at risk for SUD/OUD and referrals to prevention, harm reduction, early intervention other support services to minimize the potential for the d SUD/OUD.

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d provide or make	
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development of	





#### TREATMENT

Screen and provide, or refer to, treatment patients with SUD/OUD who have infectious complications, including HIV, viral hepatitis, and endocarditis, particularly among PWID.

2. Recruit, train, and mentor interdisciplinary teams of SUD/OUD clinical and social service providers who are trained, certified, and willing to provide medicationassisted treatment (MAT), including both evidence-based behavioral therapy (e.g., cognitive behavioral therapy, community reinforcement approach, etc.) and FDAapproved pharmacotherapy (e.g., buprenorphine, naltrexone). This can include providing support for the required training of providers who are pursuing DATA 2000 waivers for the prescription of buprenorphinecontaining products and intend to provide these medications to their patients.

3. Increase the number of providers and other health and social service professionals who are able to identify and treat SUD/OUD by providing professional development opportunities and recruitment incentives such as, but not limited to, the NHSC.

4. Reduce barriers to treatment, including by supporting integrated treatment and recovery, including integration with behavioral health, the criminal justice system, dentistry, and social services. As appropriate, provide support to pregnant women, children, and other at-risk populations using approaches that minimize stigma and other barriers to care.

 Strengthen collaboration with law enforcement and first responders to enhance their capability of responding and/or providing emergency treatment to those with SUD/OUD.

 Train providers, administrative staff, and other relevant stakeholders to optimize reimbursement for treatment encounters through proper coding and billing across insurance types to ensure financial sustainability of services.

 Enable individuals, families, and caregivers to find, access, and navigate evidence-based, affordable treatments for SUD/OUD, as well as home- and community-based services and social supports.



#### **Recovery Core Activities**

1. Enhance discharge coordination for people leaving inpatient treatment facilities and/or the criminal justice system who require linkages to home and communitybased services and social supports, including case management, housing, employment, food assistance, transportation, medical and behavioral health services, faith-based organizations, and sober/transitional living facilities.

2. Expand peer workforce and programming as interventionists in various settings, including hospitals, emergency departments, law enforcement departments, jails, SUD/OUD treatment programs, and in the

community.

 Support the development of recovery communities, recovery coaches, and recovery community organizations to expand the availability of and access to recovery support services.







Title:Recovery AdvocateEmployer:Dove House Advocacy ServicesSupervisor:Recovery Café Program Manager

#### General Summary:

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<pre>-easibility &amp; lementation</pre>	HFPD Consultants



### 

### **RCORP-I Grant Application – Data Gotten (or Needed)**

- Number of individuals screened for SUD within the Consortium (for the past 6 months, then quarterly thereafter)
  - OPHS Clinic (estimating 10 per month) 60 for 6 months
  - Believe In Recovery 129
  - Jail -
  - Jefferson Health Care -
  - DBH -





### **RCORP-I Grant Application – Commitment Letter**

- Identifies roles and responsibilities/activities on project
- Secures commitment to all three years of the Implementation project
- States funds are used exclusively for target area
- Commits Members to share aggregate performance data and information to fulfill HRSA reporting requirements



# Be Healthy Jefferson

Data Update Regional & County

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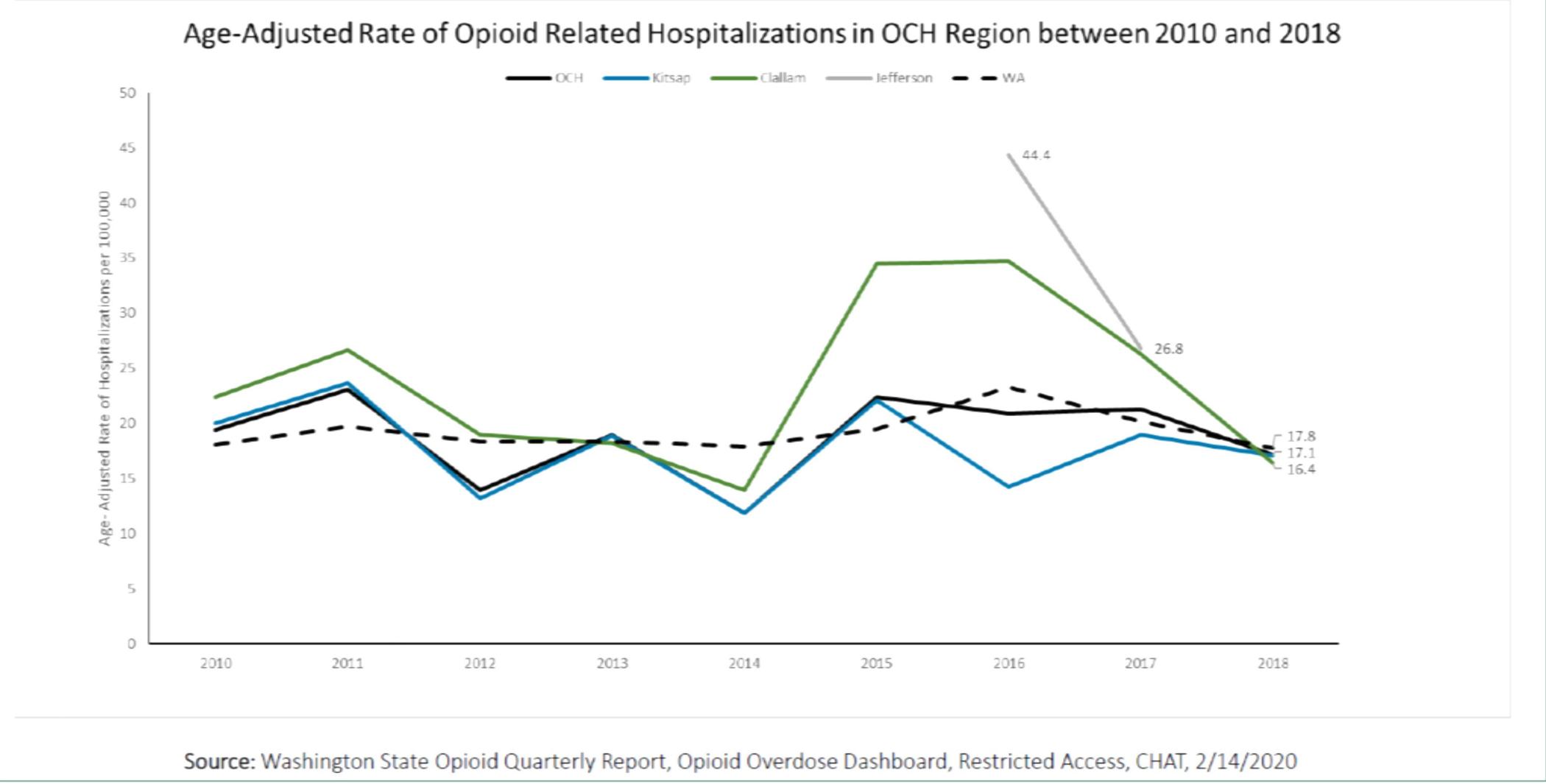
# **3CCORP** Steering Committee Data Presentation 2/24/2020 Olympic

March 2020 – BHC Meeting











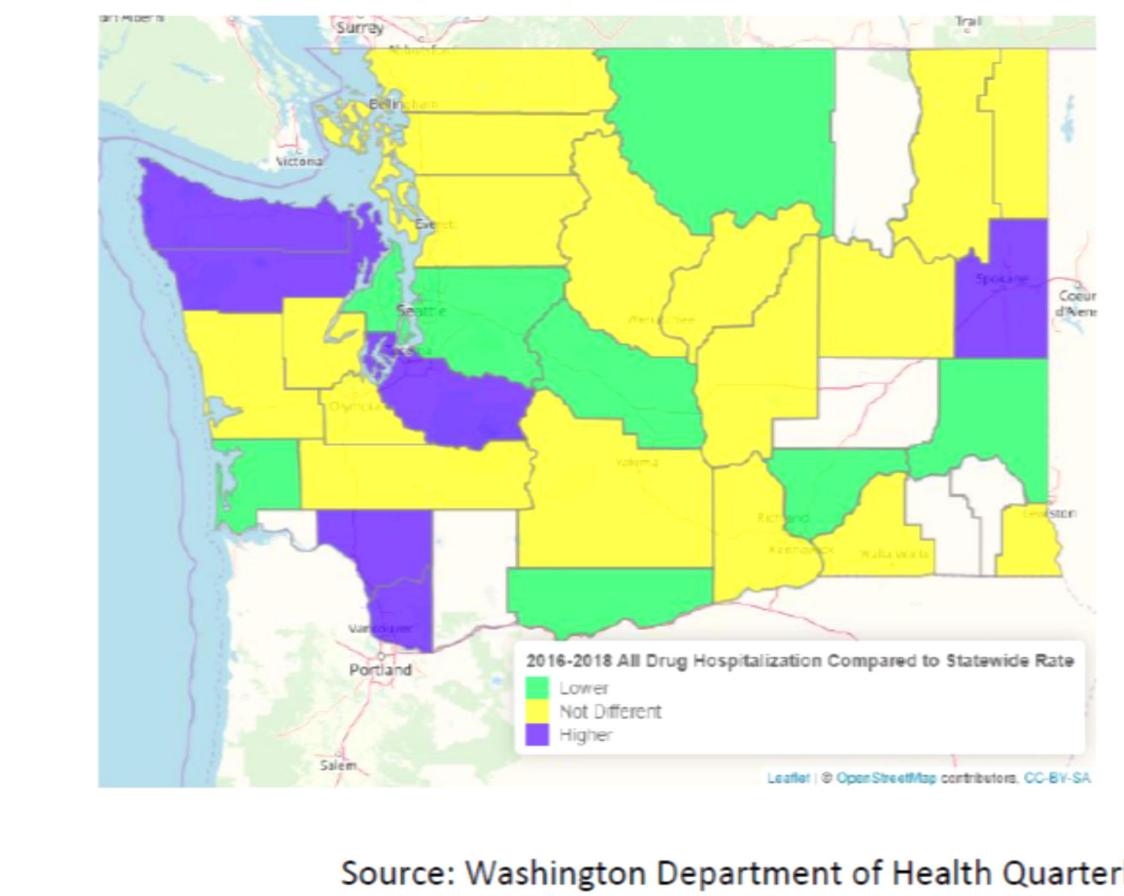






#### Drug Overdose Hospitalization County Map for 2016 – 2018 Combined

The map below represents drug overdose inpatient hospitalization rates during the combined years of 2014-2018. The county rate confidence intervals(CI) are compared to the state CI to derive statistically significant difference. Rates per 100,000 people.







County: Clallam Any Drug Hospitalization: 91.9 Any Opioid Hospitalization: 25.6 Non-Cocaine Stimulant Hospitalization: 9.5

County: Kitsap Any Drug Hospitalization: 61.9 Any Opioid Hospitalization: 16.9 Non-Cocaine Stimulant Hospitalization: 5.9

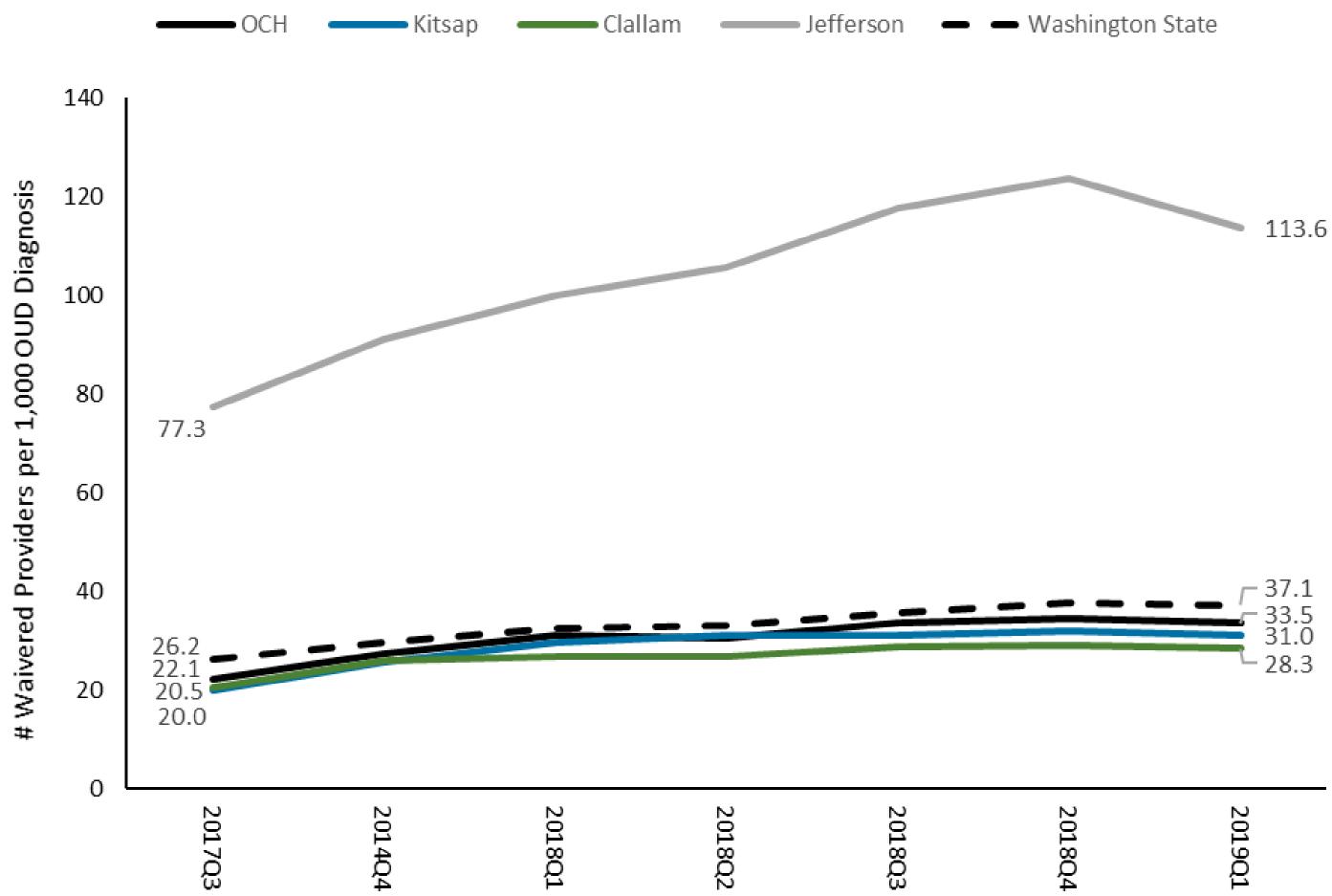
County: Jefferson Any Drug Hospitalization: 108.4 Any Opioid Hospitalization: 32.6 Non-Cocaine Stimulant Hospitalization: 17.7

#### Source: Washington Department of Health Quarterly Opioid Report, Restricted Access, CHAT, 2/12/2020





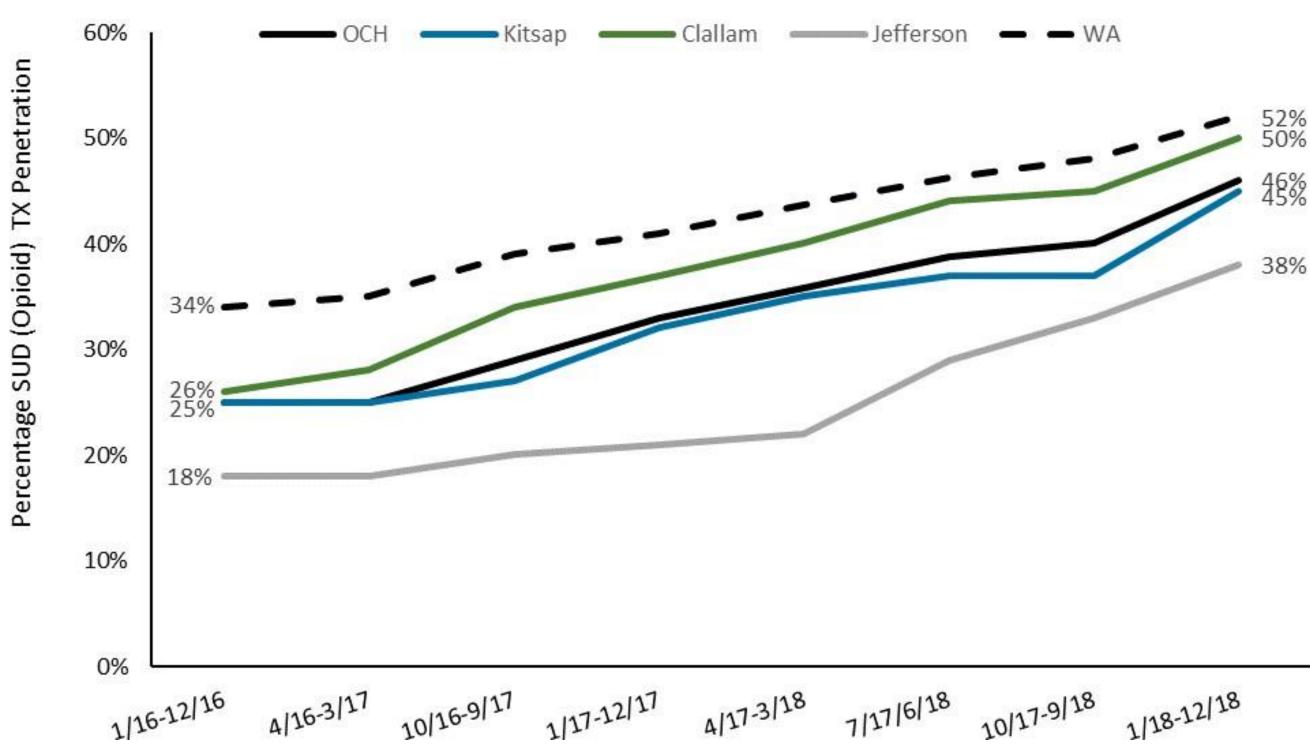
Treatment: Number of Buprenorphine Waivered Providers per 1,000 Medicaid Enrollees Diagnosed with Opioid Use Disorder







Percent of Medicaid Beneficiaries (18-64) with an Opioid Substance Use Disorder Treatment Identified in past 2 years who received at least one treatment



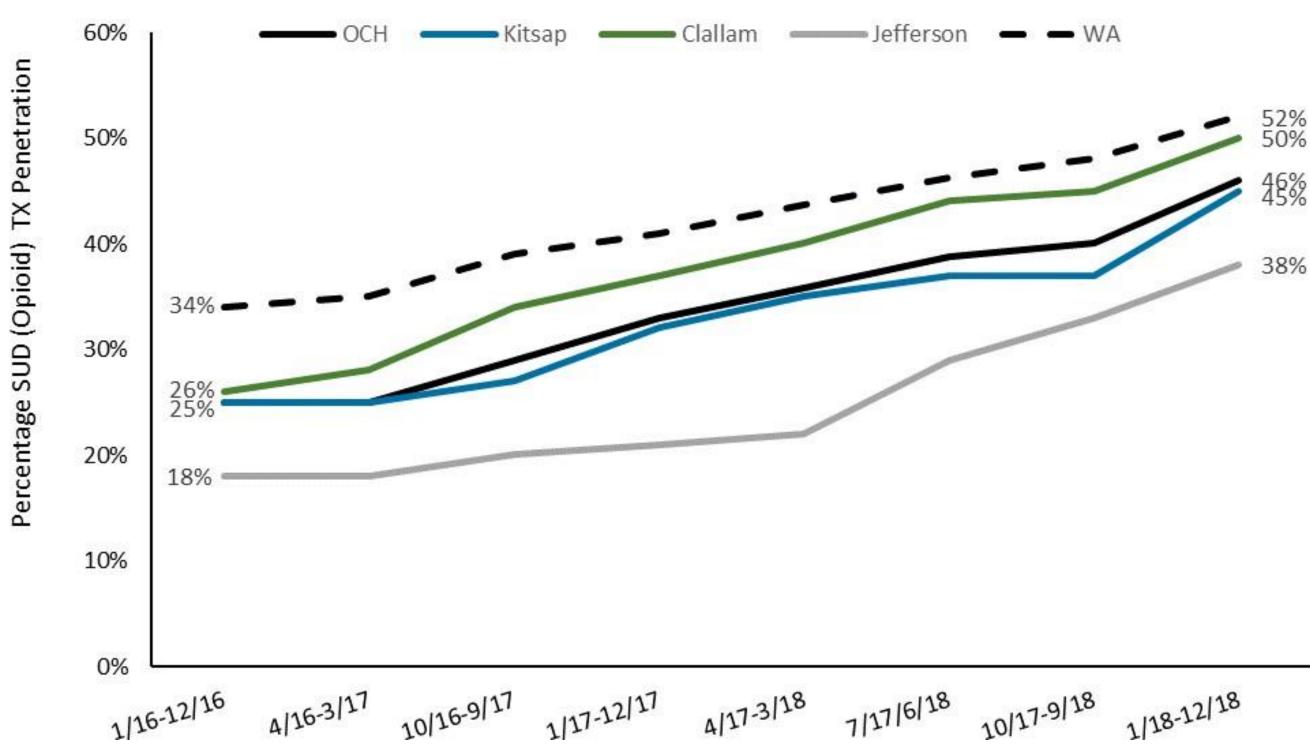




Source: Healthier Washington, Opioid Use Disorder Treatment for Medicaid Population Dashboard, 2/14/2020



Percent of Medicaid Beneficiaries (18-64) with an Opioid Substance Use Disorder Treatment Identified in past 2 years who received at least one treatment







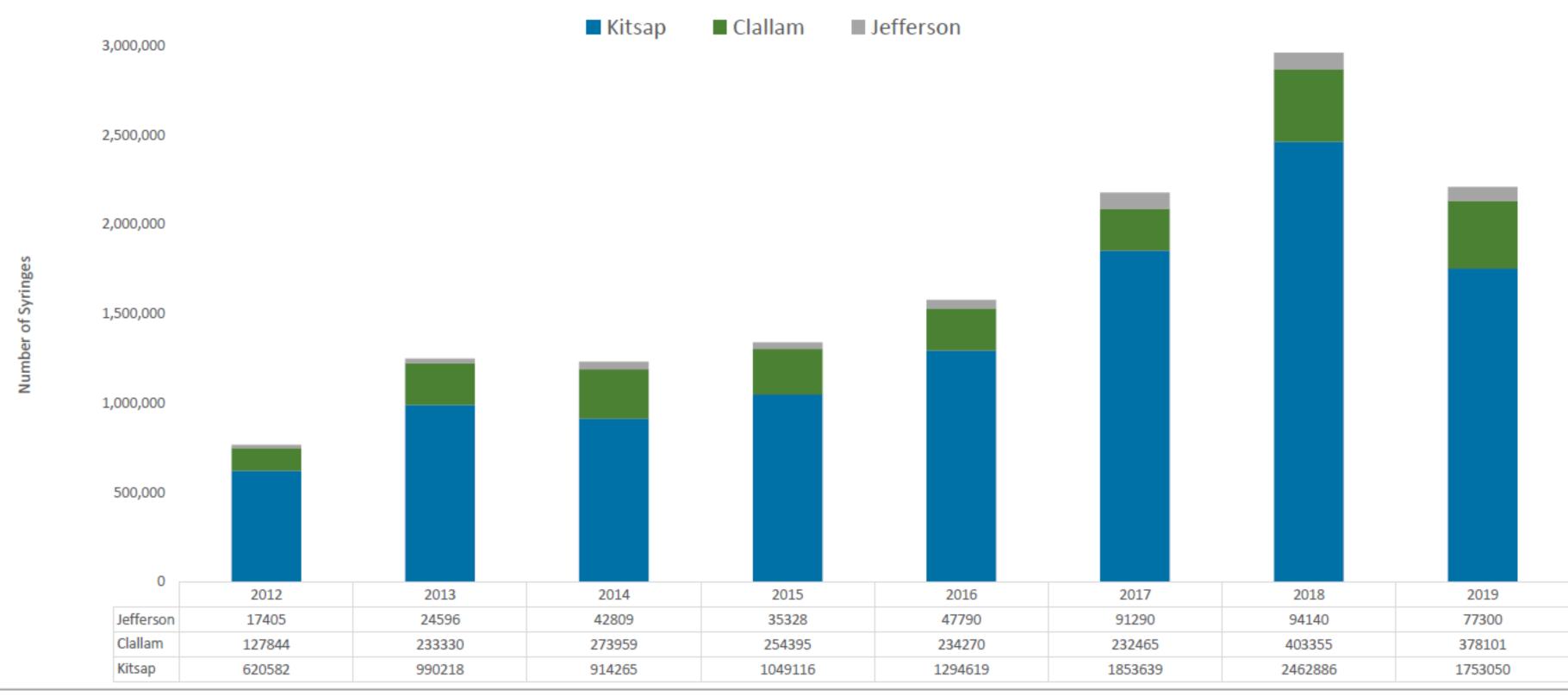
Source: Healthier Washington, Opioid Use Disorder Treatment for Medicaid Population Dashboard, 2/14/2020





# Public Health Syringe Exchange

#### Sources: Clallam County Health and Human Services, Jefferson County Public Health, Kitsap Public Health District







# Be Healthy Jefferson

Data Update BHC - Specific

# 7 Days of Data - CSC Potential

- County: 2/2-8/2020 JCSO responded to 12 calls that were determined to be related to a mental health issue. Of those 12 calls 4 individuals could have gone to CSC
- JCPH: Family Health Team supporting WIC, NFP, MSS, and ICM, report that in the last year they have had 5 individuals who could definitely benefit from a CSC
- PTPD: 02/24 03/02 9 unduplicated individuals were considered to be potential candidates for admittance into a crisis stabilization center.
- EJFR: 3/1/20-3/8/20 3 with Mental Health issues that have not been connected to a provider for care, and 2 with BH issues that have recently been escalating and might need an intervention and treatment



#### 7 Days of Data - CSC Potential

#### Jefferson Health Care

- Those suffering from Substance use disorder 9
- Those with Mental Health issues 4
- Additional information from same cohort
  - Brought by Ambulance (might duplicate another list) 4
  - Brought by Police (might duplicate another list)- 3
  - Admitted 3
  - Transferred 2

• Anyone with Behavioral Health issues that will likely get referred for a DCR. (None)

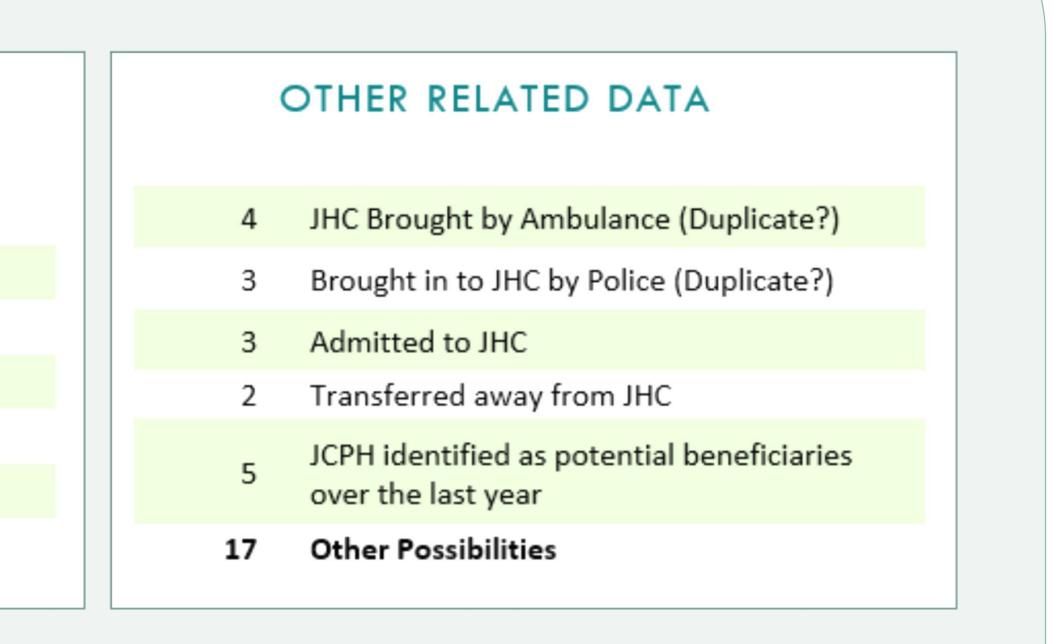


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### 7 Days of Data - CSC Potential Summary

#### POTENTIAL CSC ADMITS OVER 7 DAY PERIOD

4	Jefferson County Sheriff's Office
9	Port Townsend Police Department
5	East Jefferson Fire Rescue
13	Jefferson Health Care
0	Discovery Behavioral Health - Unreported
31	Total over 7 days







- Jefferson County Sheriff's Office
- Jefferson County Jail
- East Jefferson Fire Rescue
- Port Townsend Police Department
- Discovery Behavioral Healthcare

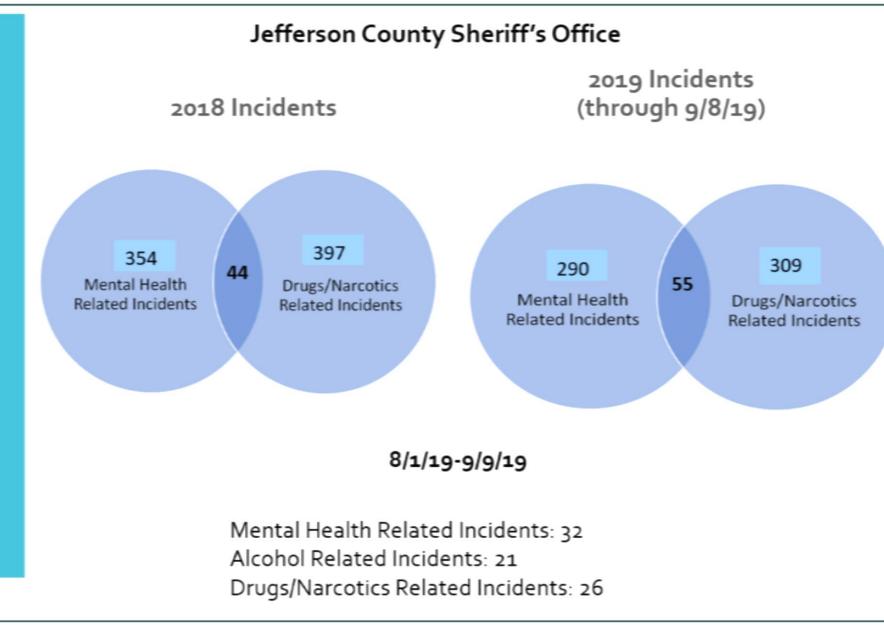




#### JCSO STATS - 10/1/19 - 2/29/20

- 153 Reported Mental Health Issue
- 88 Drugs/Narcotics Involved
- Alcohol Involved 85

Jefferson County Sheriff's Office 2019 annualized volume of calls related to BH incidents is up about 20% over 2018.







### Jefferson County Jail

#### JAIL - 2019 STATS

550	Reported Substance Abuse Problem
188	Reported Mental Health Issue
31	Evaluated by DCR
31	Reported Suicidal Thoughts
363	Booked on Drug and Alcohol Charges
88	MAT Inductions
1255	Total Bookings

Jefferson County Jail Statistics point out severe impact of alcohol and drug use with over 75% of BH related bookings involving inmates with substance abuse problems and/or drug/alcohol charges.

#### Jefferson County Jail Intake Screenings Jan-Aug 2019

- 391: reported substance abuse problem
- 134: reported mental health issues
- 22: evaluated by DMPH/DCR
- 22: reported suicidal thoughts
- 284: booked on drug/alcohol charges
- 48: MAT inductions Feb-Aug 2019
- 892: total bookings for Jan-Aug 2019

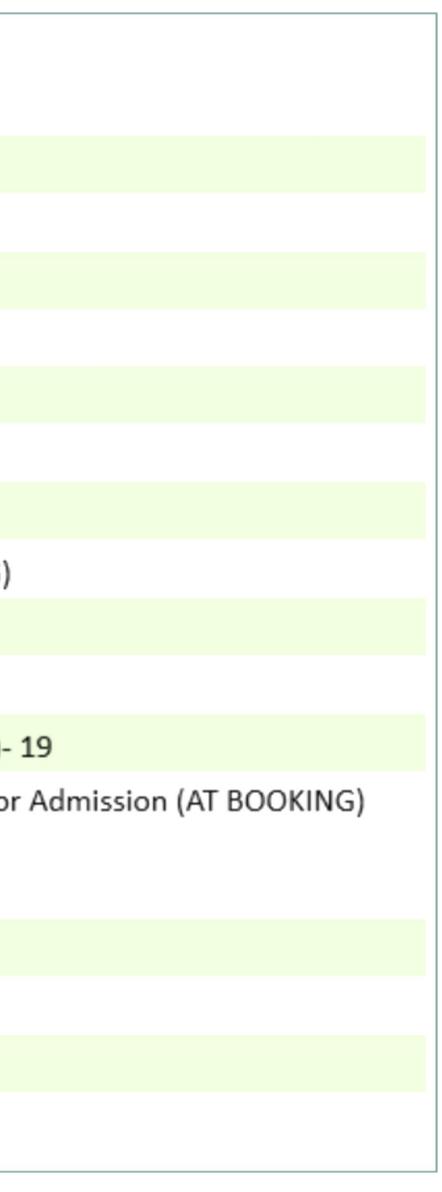


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### Jefferson County Jail - Cont'd

#### JAIL - 2020 STATS

127	Reported Drug or Alcohol Use in last week (AT BOOKING)
65	Reported Drug Problem (AT BOOKING)
13	Reported Alcohol Problem (AT BOOKING)
19	Reported Both Drug and Alcohol Problem (AT BOOKING)-
68 31 37	Currently Under the influence of Drugs or Alcohol – UA or Opiates or Suboxone None or none opiates
28	Reported TBI (AT BOOKING) – 28
15	Reported having Hepatitis (AT BOOKING)
15	
16	MAT Inductions





## 

### **East Jefferson Fire Rescue**

#### EJFR - OPIOID & BEHAVIORAL HEALTH OCCURENCES

7/26/2019       98368       Unknown Benzo's       Tx to JGH         8/6/2019       98368       Heroin       Tx to JGH         8/8/2019       98368       Oxycodone       CPR, intubated       Airlift to HMC         9/14/2019       98339       Possible Meth       Tx to JGH         11/24/2019       98368       Heroin       Tx to JGH         12/10/2019       98369       Heroin       JCSO .4mg narcan         Iaw 4mg nasal narcan       Iaw 4mg nasal narcan       Iaw 4mg nasal narcan	me	Patient Outcome	# Narcan Administered	Incident Type	Zip Code	Date
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7/4/201998368Heroin.4mg nasal Narcan by friendTx to JGH7/8/201998365CodeineJGH-Virginia Mas7/26/201998368Unknown Benzo'sTx to JGH8/6/201998368HeroinTx to JGH8/8/201998368OxycodoneCPR, intubatedAirlift to HMC9/14/201998368HeroinTx to JGH11/24/201998368HeroinTx to JGH12/10/201998369HeroinTx to JGH12/10/201998369HeroinTx to JGH1aw Amg nasal narcanTx to JGH		Tx to JGH		Heroin/Benzo	98368	6/12/2019
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8/8/2019       98368       Oxycodone       CPR, intubated       Airlift to HMC         9/14/2019       98339       Possible Meth       Tx to JGH         11/24/2019       98368       Heroin       Tx to JGH         12/10/2019       98369       Heroin       JCSO .4mg narcan         Iaw 4mg nasal narcan       Tx to JGH		Tx to JGH			98368	7/26/2019
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12/10/2019 98369 Heroin JCSO .4mg narcan Tx to JGH		Tx to JGH		Possible Meth	98339	9/14/2019
Law 4mg nasal narcan		Tx to JGH		Heroin	98368	11/24/2019
Law 4mg nasal narcan, T Law 4mg nasal narcan,		Tx to JGH	JCSO .4mg narcan	Heroin	98369	12/10/2019
1/8/2020 98368 Heroin EMS .4mg iv narvan		Tx to JGH	Law 4mg nasal narcan, EMS .4mg iv narvan	Heroin	98368	1/8/2020
1/25/20 98368 Heroin & Meth .4 Naloxone			.4 Naloxone	Heroin & Meth	98368	1/25/20
2/5/20 98368 Unknown .8mg narcan Tx to Harrison		Tx to Harrison	.8mg narcan	Unknown	98368	2/5/20
3/1/2020 98368 Heroin .4 Narcan by JCSO / .4 Tx to JGH Narcan by EMS		Tx to JGH		Heroin	98368	3/1/2020

#### EJFR – BEHAVIORAL HEALTH RESPONSES

Year	Responses
2017	151
2018	153
2019	144
2020 (Through 2/5/2020)	8

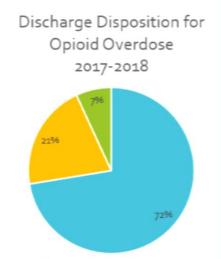
East Jefferson Fire Rescue experiences approximately 150 behavioral health related calls per year.

A total of 29 calls in 2017-2019 were specific to opioid overdose. 72% of those were transferred to Jefferson Healthcare; 21% to Harrison Medical Center.

East Jefferson Fire Rescue Opioid Overdose and Behavioral Health Occurrences

Total Behaviora	l Health Responses
Year	Responses
2017	151
2018	153
2019	100

Incidents of Opi Dosag		erdose v ninistrat		laxone
Zip Code	2017	2018	2019	Total
98368	5	5	8	18
98339	3	5	1	9
98365	0	0	1	1
98336	o	o	1	1
	8	10	11	29



Transfer to Jefferson Healthcare

Airlift or Transfer to Harrison Medical Center

#### ason



## **C** Port Townsend Police Department

### DATA FROM 9/2019 - 2/29/2020

	# of
Incident Type	Incidents
Had been drinking	219
Drugs	110
Mental Health	628

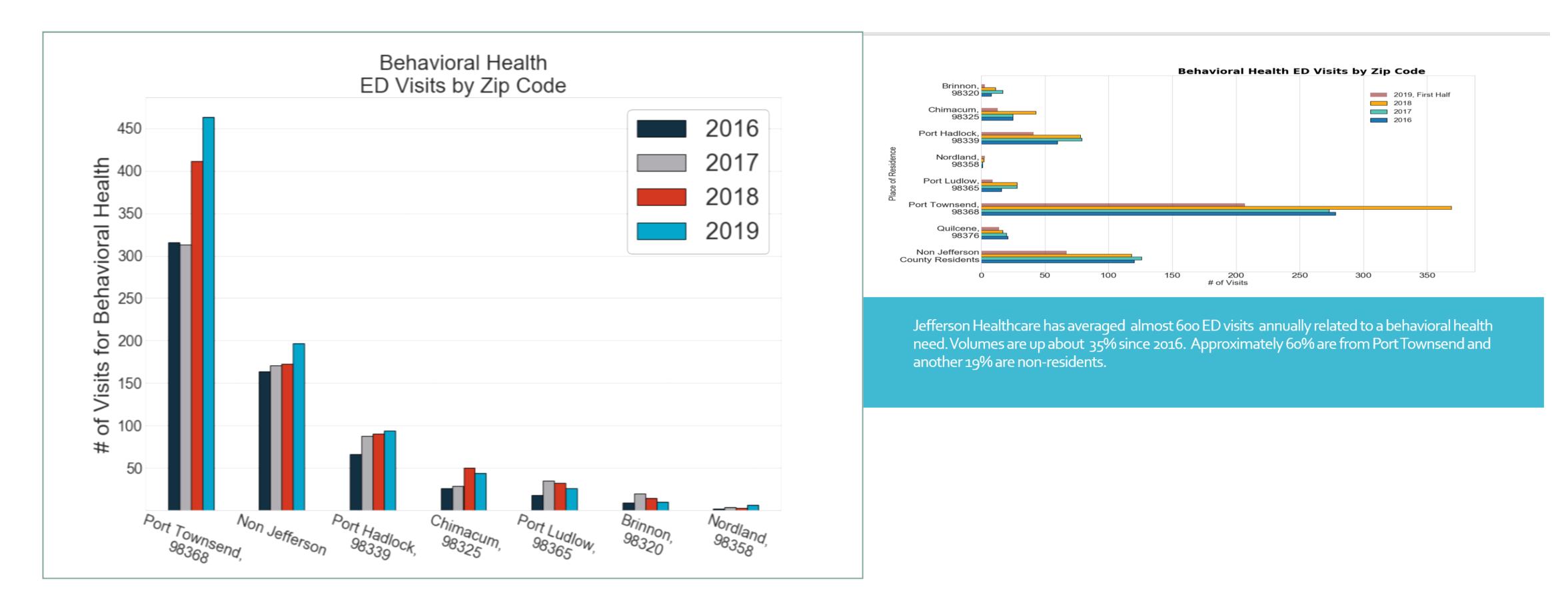


Port Townsend Police Department Behavioral Health Related Incidents (9/1/2018 – 8/31/2019)	
Incident Type	# of Incidents
Had Been Drinking	579
Drugs	353
Mental Health	1,318
	2,250

One year of data from Port Townsend Police Department shows much higher percentage of mental health incidents as compared to Jefferson County Sheriff or Jail data.

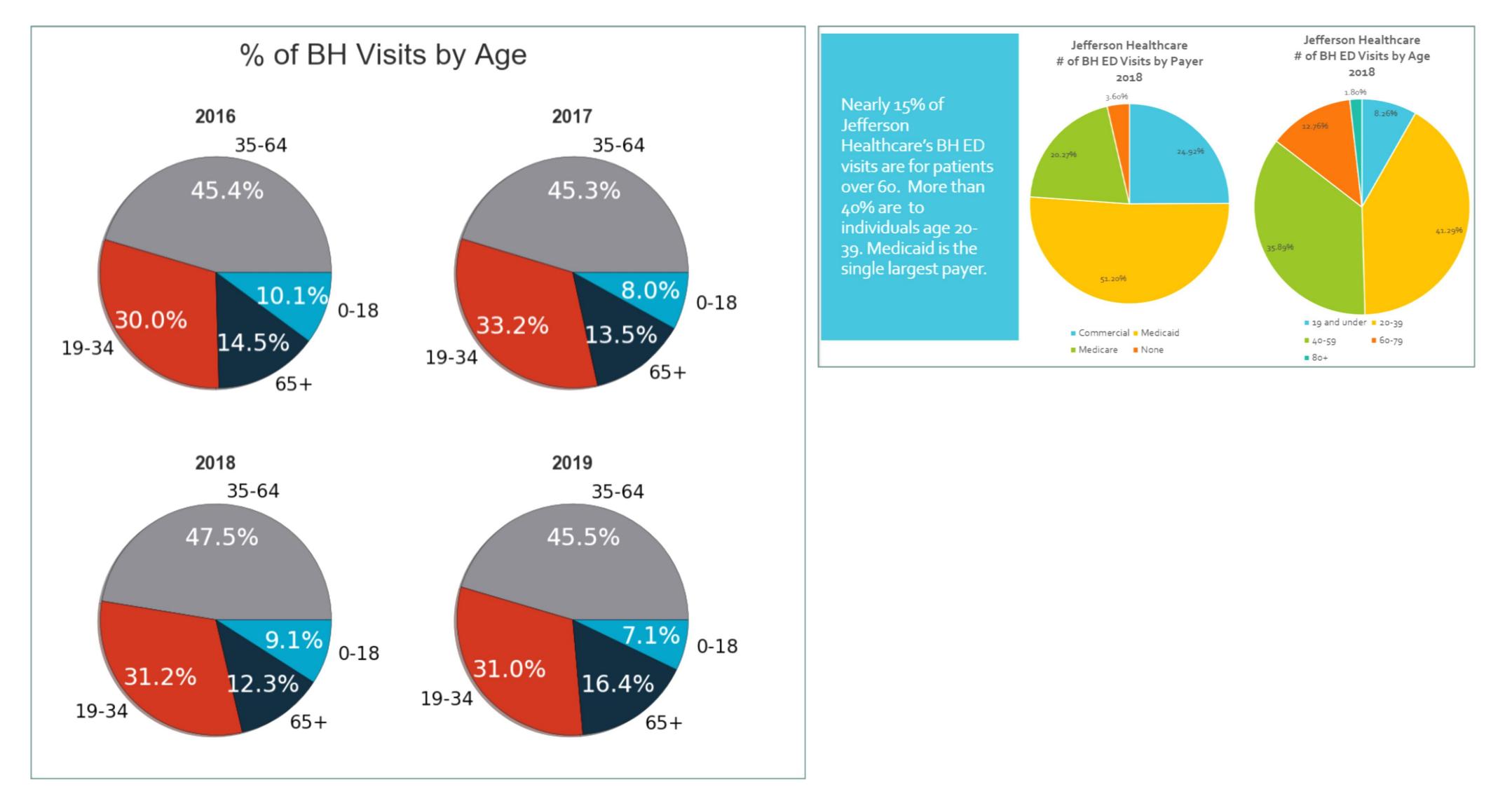






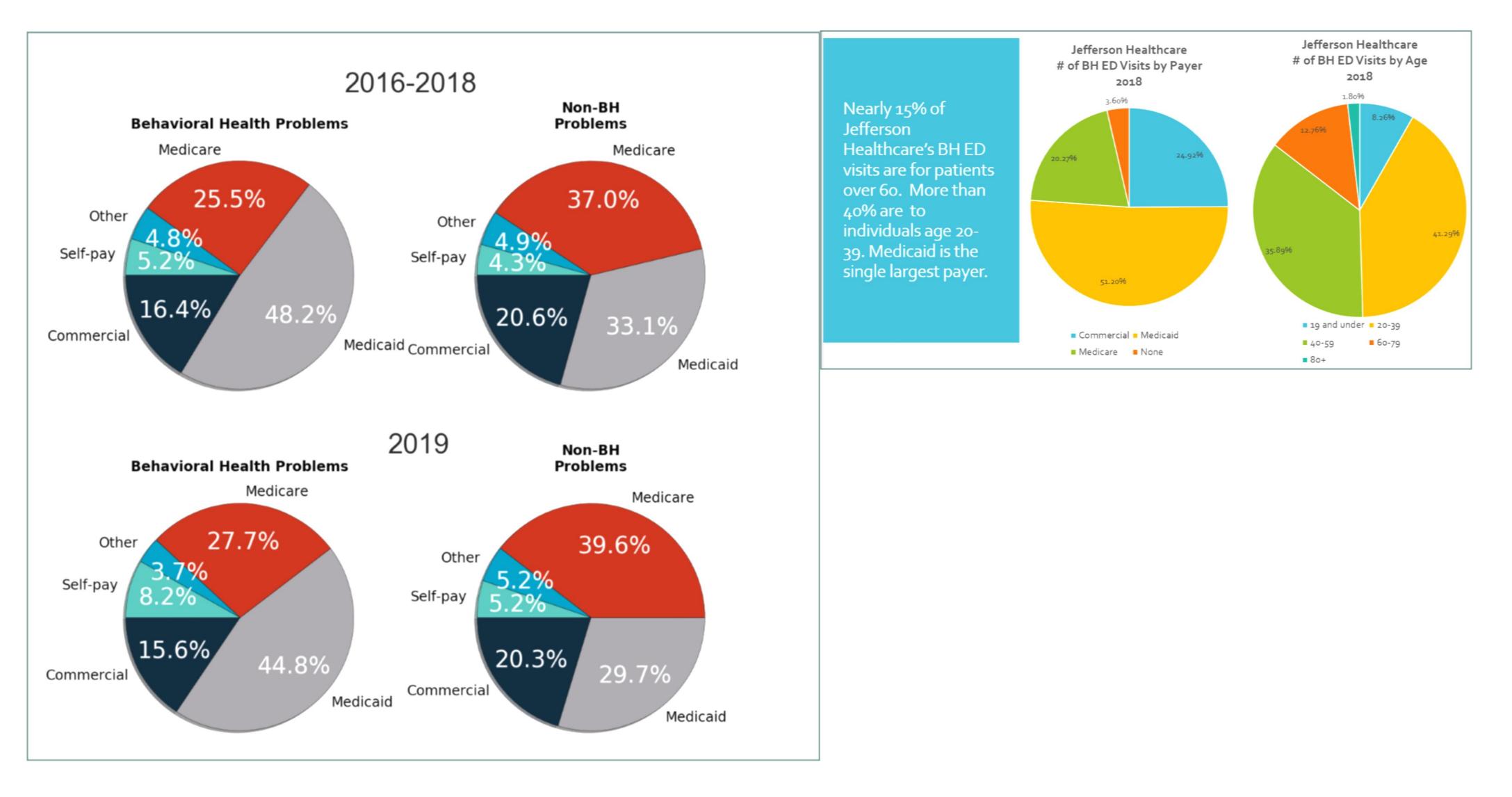


### C Jefferson Health Care





### Jefferson Health Care







### **Jefferson Health Care**

Awaiting updated data

The majority of BH ED patients at Jefferson Healthcare are discharged "home".

Only 37% of discharges contained additional comments; of those, the majority (76%) were also identified home as the disposition – with Kitsap AIU and In Custody making up another 44% of discharges.

Additional analysis is needed on the discharge disposition, and we need to understand the overlap between JH and other agencies in the County.

Jefferson Healthcare Behavioral Health Visits Discharge Disposition 2016-YTD 2019											
Discharge Disposition	# of Visits	%	Discharge Comments	# of Visits	%						
Home	1,825	86.04%									
Psych	145	6.84%	Unavailable	1,342	63.30%						
Court/Law	83	3.91%	Home	595	28.10%						
Short Term	21	0.99%		555	2012070						
Left Against			Kitsap AlU	44	2.10%						
Advice	18	0.85%	In Custody	(2	2.00%						
Another Institution		0.42%	lincostody	42	2.0070						
Rehab	9		Fairfax	18	0.80%						
Left w/o Being Seen	5	0.33% 0.24%	Smokey Point	2	0.10%						
Home-Health	4	0.19%									
SNF	3	0.14%	Skagit	8	0.40%						
ICF	1	0.05%	Other	70	3.30%						





#### • Awaiting updated data

		Discovery Behavioral Healthcare ITA Investigations – Jefferson County								
		2017								
Discovery Behavioral Healthcare has experienced fewer ITA investigations over time, but a basically flat number of clients detained over the past several years. About one person per week.		Jail	Office	Hospital	Client's Home	Other	Total			
	Not Detained	34	20	167	1	2	224			
	Detained	1	0	49	0	0	50			
				2018			274			
		Jail	Office	Hospital	Client's Home	Other	Total			
	Not Detained	13	5	72	0	0	90			
	Detained	1	1	45	0	0	47			
							137			
	2019 / January - Present									
		Jail	Office	Hospital	Client's Home	Other	Total			
	Not Detained	0	0	59	0	0	59			
	Detained	0	0	27	0	0	27 86			





#### • Awaiting updated data

**Discovery Behavioral** Healthcare is expected to provide crisis services to over 600 clients in 2019 – less than 30% will be for ITA investigation.

Estimated 80% of clients are from Jefferson County.

#### 2017:

- Unduplicated Client count = 613 (includes 274 ITA) investigations)
- Service count = 3118

#### 2018:

- Unduplicated Client count = 568 (includes 137 ITA)
- Service count = 2596

#### 2019:

- Unduplicated Client count = 306 (includes 86 ITA)
- Service count = 1289 (This covers January June of 2019)

- **Discovery Behavioral Healthcare**
- Total Crisis Services (Includes ITA)
- Includes all crisis encounters including ITA, crisis phone line, existing outpatients experiencing a crisis, etc.



# Be Healthy Jefferson

**Recent Meetings** Washington DC – HRSA Convening

### HRSA Convening in Washington DC







# April 9, 3pm (a) Chimacum Fire Station (Berni confirming)

### Discuss COVID-19 Impact





- Meet as planned
- Not meet
- before our April 9<sup>th</sup> meeting

### Meet via Skype or Zoom (or some other technology)

# • Will monitor situation and let everyone know a week





# Discussion



