

# Pre-Hospital Behavioral Health Summit Agenda

April 19, 2023

3p-4:30p

- 3:00 – 3:15    **Welcome and Introductions**  
– David Carlbom & Participants
- 3:15 – 3:35    **Case review & Use of Behavioral Health Response Patient Care Protocol**  
– David Carlbom  
– Discussion by Group
- What went well?
  - What were the challenges?
  - Behavioral Health Response Flowchart Review
- 3:35 – 4:05    **Program Updates**
- REAL Program:            Carli Rose, Care Manager
  - CARES Program:        Jeff Woods, Paramedic
- 4:05 – 4:15    **Legislative Update**  
– Jim Novelli
- 4:15 – 4:25    **Review Action Items from 1/24/2023 Meeting**  
- PTPD/JHC – vocabulary clarification around ITA  
- DBH/SBHC – Liaison approach for teen referrals  
- JHC – next steps for quarterly care conference
- 4:25 – 4:30    **Summit Wrap-Up & Next Steps**  
? Next meeting: Wednesday, July 19th, 2023 ?

## Zoom

Join Zoom Meeting

<https://us06web.zoom.us/j/85822816447?pwd=dDUxZXEvSENZWTg1SFQxQUExcVpCZz09>

Meeting ID: 858 2281 6447

Passcode: 123

# What is the R.E.A.L. Program and its purpose?

The R.E.A.L. Program teams provide community-based services to individuals in need.

## *Priority Populations:*

- Individuals with substance use or co-occurring needs
- Individuals with frequent contact with law enforcement or first responders
- Individuals who have had challenges accessing services under the traditional service model

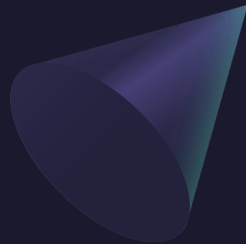
## *Referral Sources:*

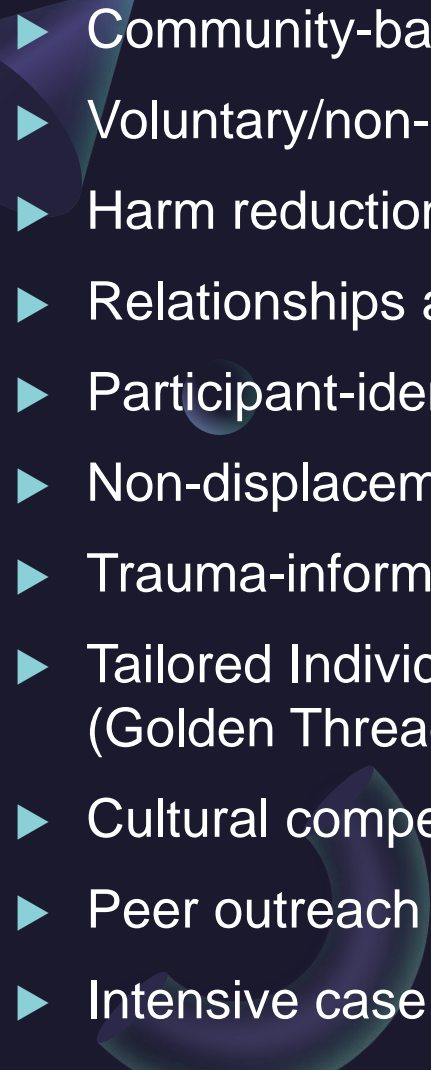
- Prioritize law enforcement referrals
- May take community referrals for the priority populations



R.E.A.L. stands for  
Recovery.Empowerment.Advocacy.Linkage.

The goal is to reduce the harm done to  
participants and the surrounding community.  
This is done through engagement, not separation.



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- ▶ Community-based program
  - ▶ Voluntary/non-coercive
  - ▶ Harm reduction/reduce harm
  - ▶ Relationships are the resource
  - ▶ Participant-identified and driven
  - ▶ Non-displacement principle
  - ▶ Trauma-informed care perspective
  - ▶ Tailored Individual Intervention Plans (Golden Thread)
  - ▶ Cultural competency/cultural humility
  - ▶ Peer outreach and counseling
  - ▶ Intensive case management
  - ▶ Not time-delimited

Abstinence from substance use is not a requirement for engagement in the program.

The R.E.A.L. team meets participants where they are at and engages in supports at their own pace.

- R.E.A.L. Program participation is voluntary.
- The individual participant is the driver of the services received, regardless of referral source.
- The R.E.A.L. Program does not compel treatment or provide compliance monitoring.



# Arrest Diversion and Community Referrals

The priority population:

- Individuals with substance use and/or co-occurring (SUD and MH) needs
- Individuals with frequent contact with law enforcement or first responders
- Individuals who have had challenges accessing services under the traditional service model

2 Types of Referrals:

Point of contact referrals by law enforcement/EMS

Community referrals by service providers, community members, and family/friend. This also includes self-referrals

# Successes

- Able to build good relationships with participants who are reaching out for support more readily than in the past.
- Partnering with Recovery Café, OlyCAP, and Dove House.
- Successfully working with Jefferson Health Care to assist participants with access to needed medical care.
- Seeing increased engagement due to staff with lived experience. Non-judgmental conversations.
- Success in the continuous process of seeking support to meet a participant's needs.
- Providing and/or connecting participants to support systems for future success.



# Challenges

- Many participants express distrust due to stigma they have experienced seeking services in the past.
- Challenges accessing services for older adults with complex needs.
- Challenges with accessing services for families with children.
- Support for families with adult children who have exhausted other known resources and do not want to engage law enforcement.

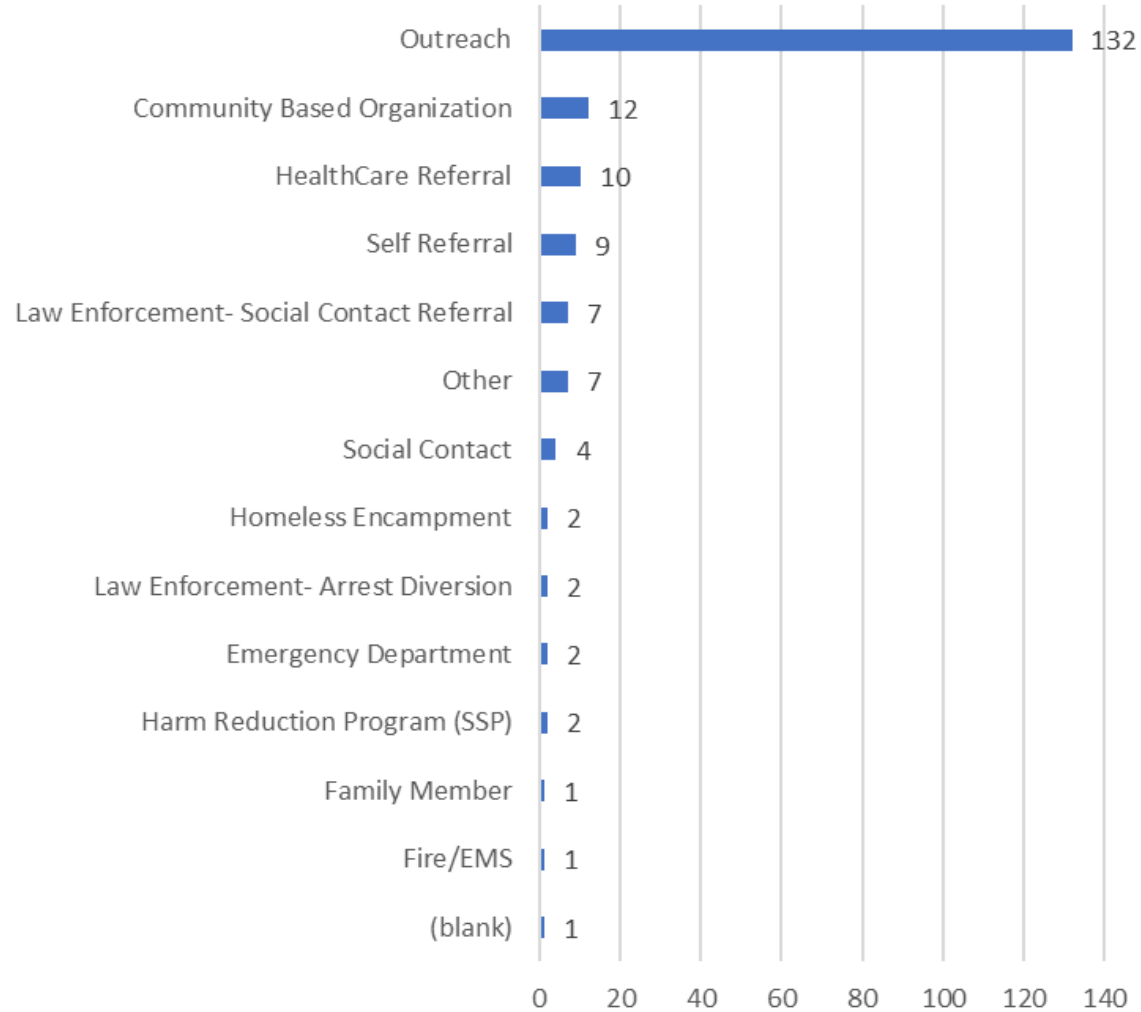




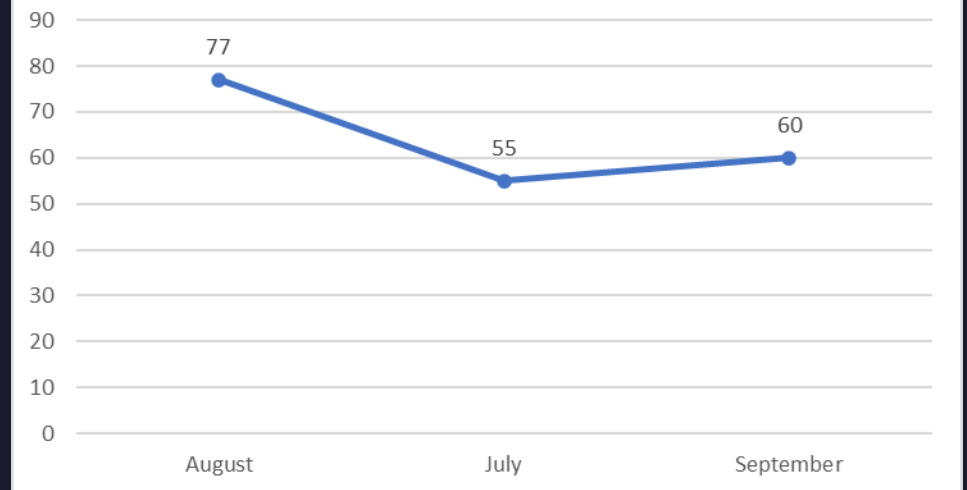
Data Collected from July 2022 –  
December 2022

# July 2022 – September 2022

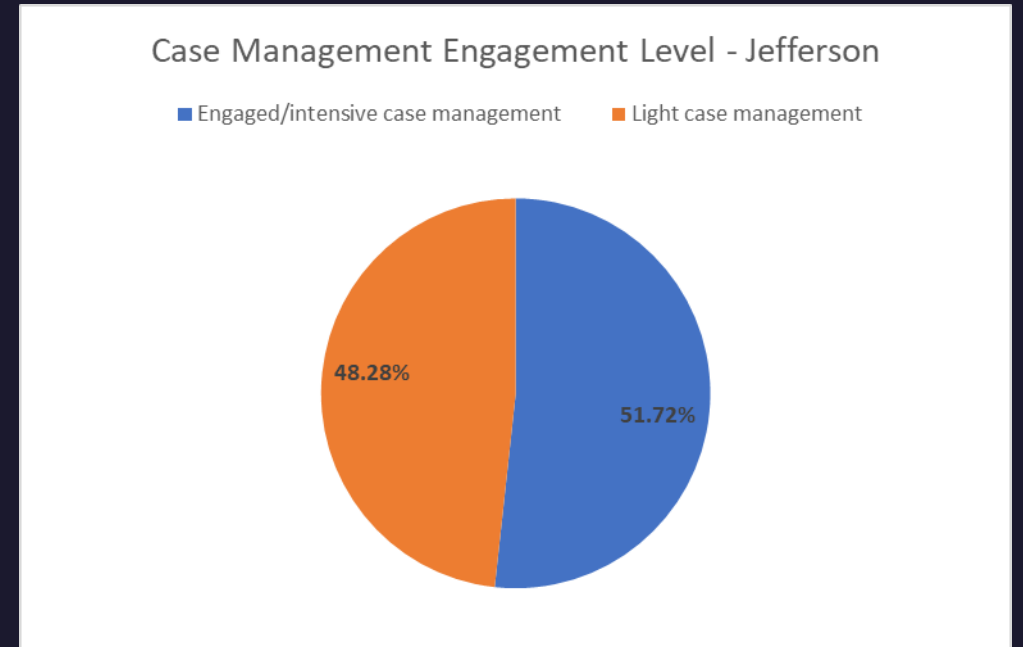
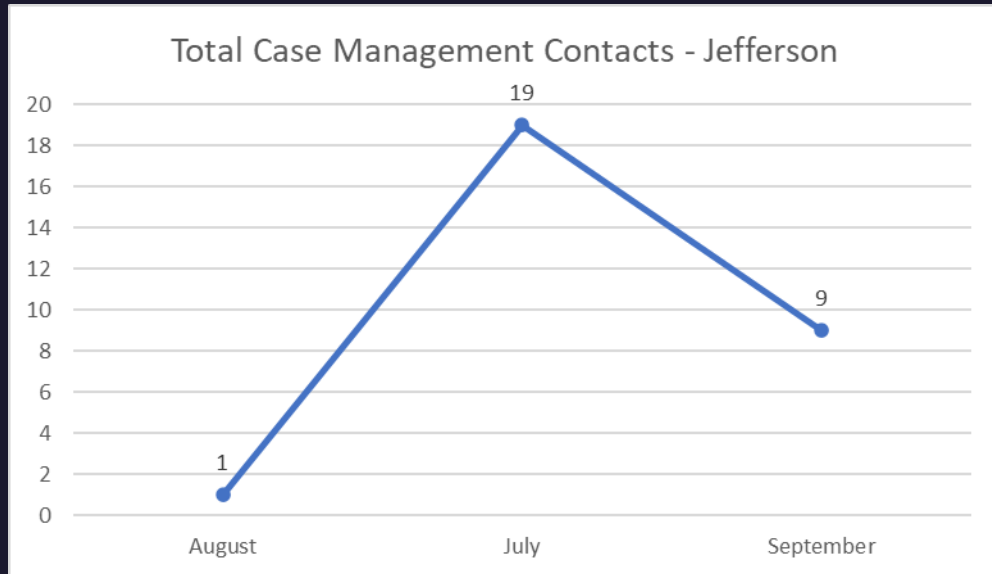
## Referral & Outreach Referral Source - Jefferson



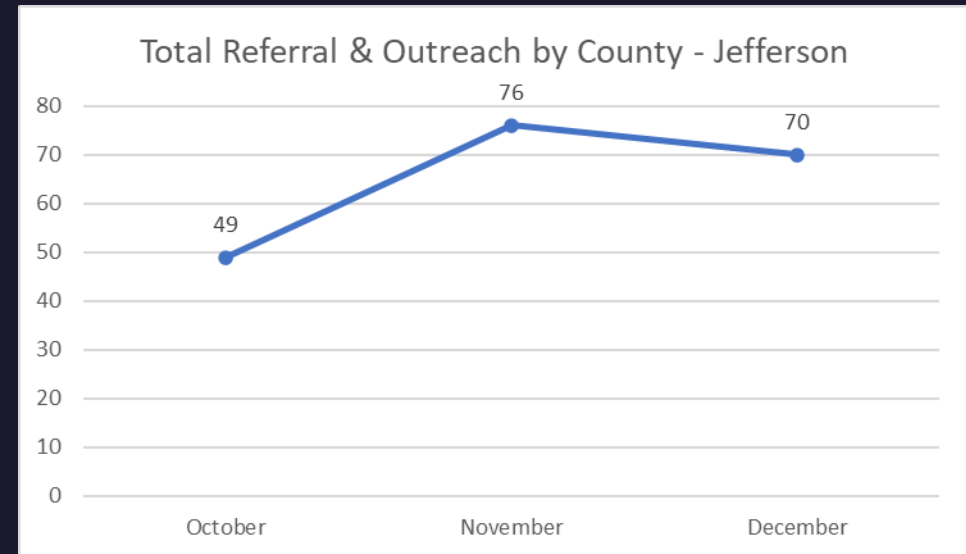
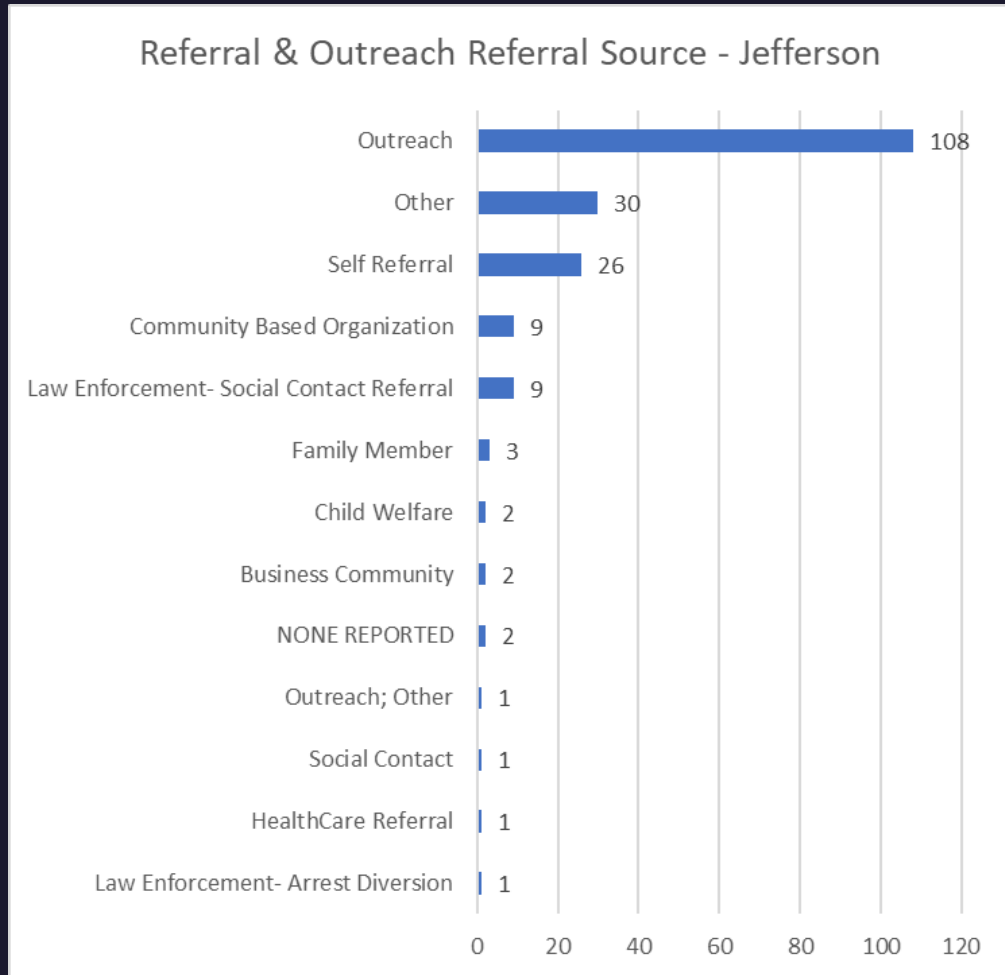
## Total Referral & Outreach by Month - Jefferson



# July 2022 – September 2022



# October 2022 – December 2022



R.E.A.L.  
Team Staff

Referral: 360-385-0321 Press 154

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Braydon T. – Project Manager

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Nicole K. – Lead Recovery Coach

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Carli R. – Care Manager

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Samantha B. – Recovery Coach

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Kristin O. – Recovery Coach