# **Be Healthy Jefferson**

# **BHC Meeting** September 9, 2021, 3pm

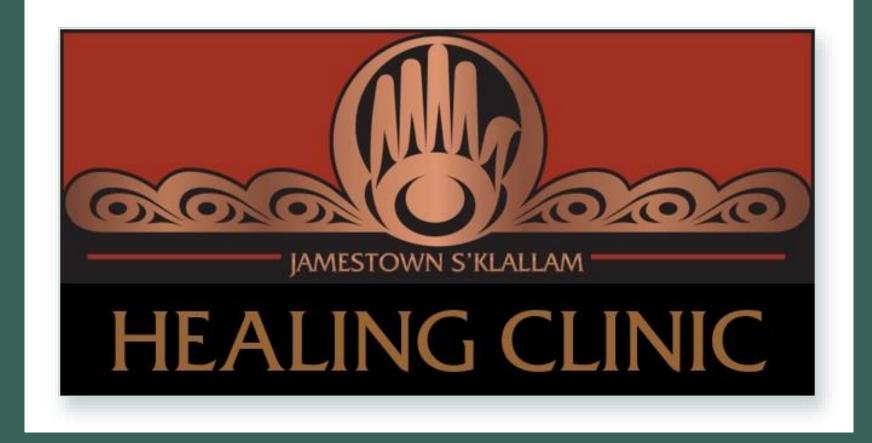
The BHC is funded by HRSA's RCORP-Implementation Grant through September 2023

### Agenda – 9/09/21 BHC Meeting

- Introductions 15 Minutes
- Jamestown/S'Klallam Healing Clinic Update 20 Minutes
  - Molly Martin, DNP, Associate Medical Director, Jamestown Family Health Clinic
- RCORP-I Grant-related Updates 20 Minutes
  - Sustainability and PIMS Reports due
  - Ad Campaigns 8/31 Int'l Overdose Awareness Day
- Next Meeting: October 9<sup>th</sup>, 3pm Zoom
  - Data Review with Lisa Grundl/HFPD
  - Potential: Chief Olson PTPD



# Be Healthy Jefferson



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### Jamestown Healing Clinic Update

### Molly Martin, DNP

Associate Medical Director, Jamestown Family Health Clinic



# C Healing Clinic: Phase 1

- 15,000 Square foot facility on health care zoned property
- Licensed/certified and inspected by state and federal agencies, including DEA
- Up to 250 patients within
   Jefferson/Clallam Counties
- Estimated 40-50 employees
- Patients ramped up slowly over a 2-year period





# C Healing Clinic: Progress

- Building is quickly progressing
- Starting staff recruitment
- Working on federal and state certifications/requirements
- On track to open March/April 2022





### Healing Clinic: Recruitment Plans

- Currently recruiting for Medical Director (MD or DO)
- Will begin recruitment for licensed positions in October:

- PA-C	- LMHC	- SUDP	- RN
- LCSW	- LMFT	- SUDPT	- LPN

- Recruitment for unlicensed staff to begin around December
- All positions will start within 1st quarter of 2022
- Recruitment strategies will include out of area recruitment

- SUDP
- SUDPT
- RN
- LPN



### Healing Clinic: Services

- Daily dosing of methadone or suboxone (or monthly Vivitrol or Sublocade)
- Individualized treatment plans to address total patient health
- Behavioral health services including outpatient psych care/med management, counseling (1:1 and groups)
- Substance use disorder counseling (1:1 and groups)
- Primary Care
- Dental Care
- Case Management
- Child-Watch
- Transportation for Clallam and Jefferson Co residents
- Care coordination with other local agencies and resources



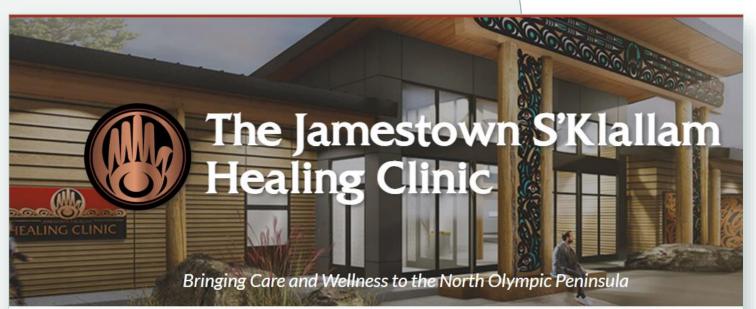
### Healing Clinic: Safety Plan

- Extensive coordination with local law enforcement and community leaders
- On-site security team, systems and protocols
- Training of all staff
- Patient education and agreements
- Gradual increase of patient load to make adjustments to facilities, training, etc



# Healing Clinic: Support

- The support of Jefferson County's health care and behavioral health professionals is greatly appreciated!
- Ongoing community voice regarding need for JHC and how we can improve the lives of **Olympic Peninsula residents**
- Continued effort to address stigma in our communities



#### The Need for Community Care in Clallam and Jefferson County

People in our region need opioid treatment services, and they need them close to home and in a well-managed facility. The Jamestown S'Klallam Tribe is in the process of planning and building a new Healing Clinic to care for patients in Clallam and Jefferson counties. We have a proven track record of providing first-class health services in this region, and we care deeply about enhancing community wellness.

We believe a holistic service delivery approach is most effective at providing sustained recovery for those struggling with addiction. That's why in addition to offering chemical dependency relief, the Healing Clinic will offer behavioral health, primary care, dental care, childcare assistance, and transportation if needed. And for those in need of additional social services like securing food, housing, or job training, our community partners will be on site, ready to connect patients with vital community resources.

#### **Clinic Website**



# Be Healthy Jefferson

### **RCORP-I Grant Updates**

# **RCORP-I Grant Reporting Due September 2022**

		$\frown$	Vear 1 RCC	RP-I Grant Deli	verables			
	Qtrly Rpt	Qtrly Rpt	6 Mos PIMS	Qtrly Rpt	Qtrly Rpt	6 Mos PIMS	Year 1 Sustainability	
	Due 12/15/20	Due 03/15/21	Due 03/15/21	Due 06/15/21	Due 09/15/21	Due 09/15/21	Due 9/15/21	
Organization Contact	RE: 9/30-11/30/20 Contributes Complete	RE: 12/01 -2/28/21	9/01/20 - 2/28/21 Contributes Complete	03/01-5/31/21 Contributes Complete	6/01-8/31/21 contributes Complete	03/01-8/	1. Fi	nal Susta
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DBH Novelli						x		15
EJFR Brummel						x		10
JSCO/Jail Fortino						x	2. Ye	ear End R
PTPD Haynes	0	Q	0	30	10	x		a Eu
SH/BoH Kessler	de de	te t	e e	te l	2	×		a. Fu
BiR/GtF Caudill	e e	e le	e de	l %	6	x		the
JCPO Kennedy	2	02	2	20	U	x		
Recovery Café Richardson	Completed	Completed	Completed	Completed	Due 9/15	x		
ADAI Rey-Thomas	- Ŭ	ŭ	U U	Ŭ	~	x		
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							•	<u>6.13</u>
with D	BH data.	Naturall	y, just to	make th	ings cor	nplicate	d HRSA's	5
	ers are on	. 1				· ·		

quarters are one month off what we usually think of - so this nex HRSA reporting period covers the two quarters defined as 3/01/2021 through 08/31/2021. Hence, these new spreadsheets need to be populated with data covering 03/01/2021 - 08/31/2021:

#### inability Plan

aft Sustainability Plan is due to your respective TEL and PO via email by August \*, 2021.

#### eport

rther guidance is forthcoming. However, the deliverables are similar to

- Quarterly Progress Reports.
- i. The following documents will be requested from each grantee:
  - 1. Updated Work plan that indicates progress for all core activities
  - 2. Request for Information
  - 3. Updated Data Supplemental Spreadsheet

#### rt

rther guidance is forthcoming. However, The data request will be the same as e previous PIMS Report that was due in March 2021. As a reference, the RCORP ta Collection Resources are here: <u>https://www.rcorp-ta.org/resources/rcorp-</u> antee-data-collection-resources



### 2021 Sustainability Plan

Funding Year:	2020-2021
Consortium Definition of Sustainability: [Briefly describe how your consortium defines sustainability in the context of the RCORP grant. Your consortium is encouraged to address both financial sustainability and the sustainability of the consortium itself.]	The ongoing financial support of, a agency/organizational engagemen Behavioral Health Services and pr and non-fatal Opioid Overdose by county residents who have been, of those outcomes.
Description of Internal Challenges and Assets Hindering/Aiding Sustainability:	Productively engage the evolving organizations in the BHC's work
[E.g., organizational or intra- consortium barriers or assets. It is recommended that you use the results of the Sustainability Assessment to inform this process.]	Coordinated, or ideally, a collaboration County's Behavioral Health System agencies/providers and organization know is coming and where it fits, w we'll need to identify/pursue/win Establishing data norms between
	agencies Need improved workforce recruitm
Description of External Challenges and Assets Hindering/Aiding Sustainability: [E.g., policies and regulations,	Need for software solution for bi-d Consortium players regarding pati
insurance coverage. It is recommended that you use the results of the Sustainability	Address stigma challenge at vario agencies

and intentional ent around, improving accessibility to programs; ultimately to reduce fatal y positively redirecting the journey of or could be, on a trajectory to one

leadership at various BHC Member

- rative approach to funding the em across various tions that maximizes funding we
- where the gaps are and funding

various law enforcement and EMS

#### ment/retention

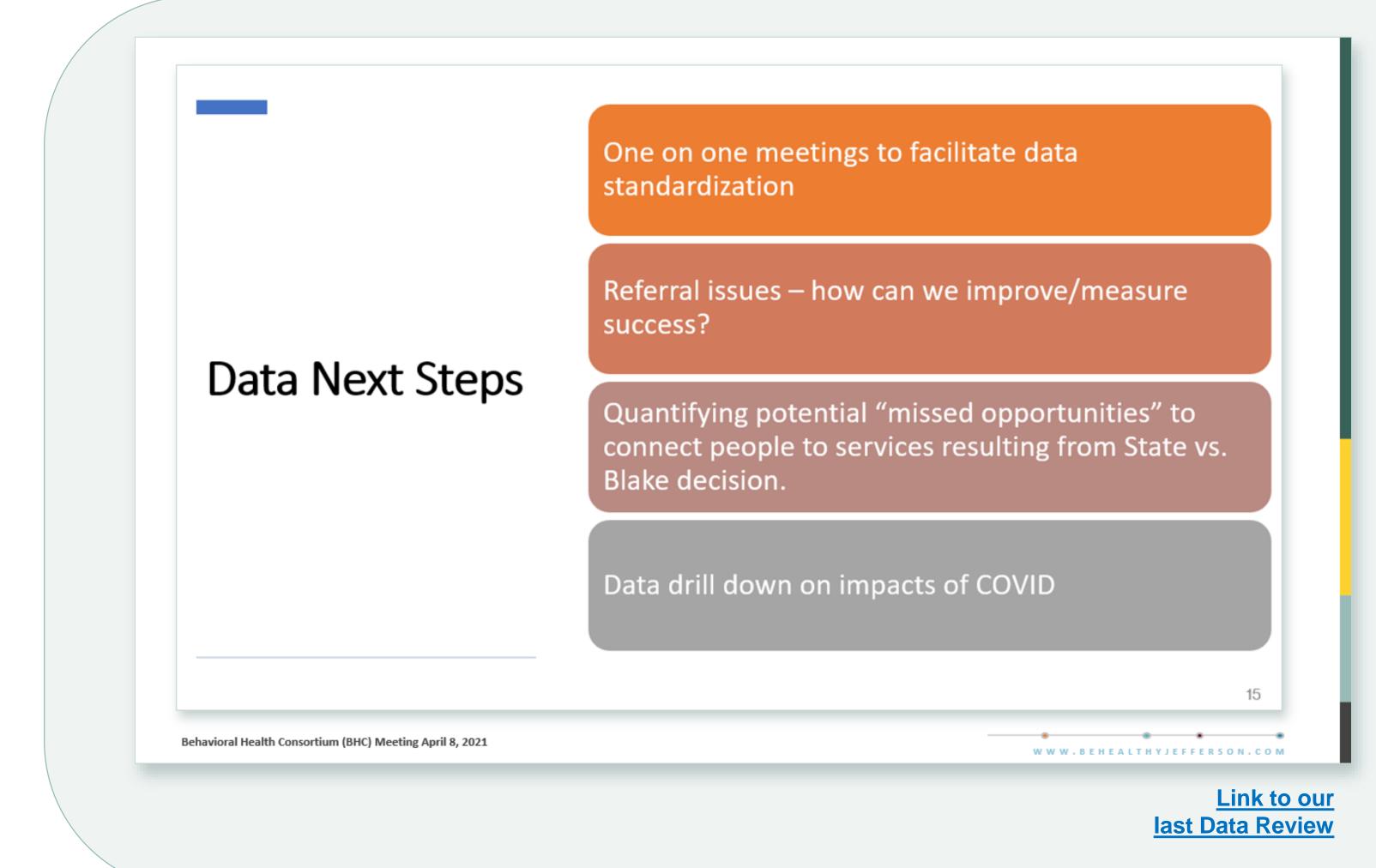
directional communication between tients.

ious levels in our constituents and

**Sustainability** Self Assessment Survey







Behavioral Health Consortium (BHC) Meeting September 9, 2021

#### Data Team

- Believe In Recovery\*
- DBH \*
- EJFR
- Jail
- JHC- ED \*
- PTPD
- Safe Harbor \*
- Recovery Café
- Sheriff's Office
- \*PIMS Report Due 9/15





# **Pre-Hospital Behavioral Health Summit**

Integrate our approach to Challenges of <u>HB1310</u> and <u>SB5476</u>

### **Pre-Hospital Behavioral Health Summit** 10/27 or 10/28

The Pre-Hospital Behavioral Health Summit will be led by Dr. David Carlbom, the Medical Program Director for Jefferson County EMS, who is responsible for supervising all the pre-hospital medical care in East Jefferson County.

This event has been organized to discuss how we best care for Behavioral Health Patients in light of some of the recent legislative changes and new team members (such as Navigator programs).

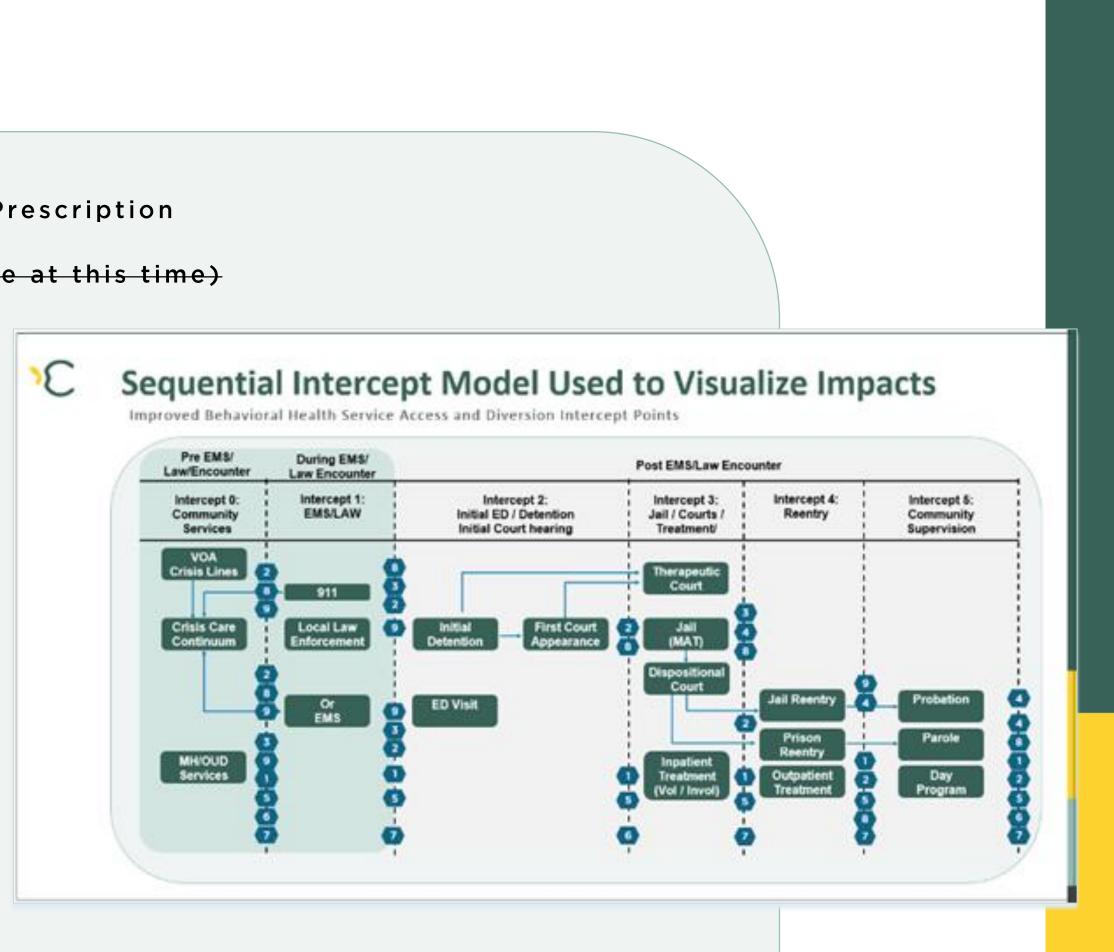
Our vision is to ensure we all understand the legal boundaries we operate within, and how to best care for archetypical patients suffering Behavioral Health Crisis.

• Expecte	d changes due to HB1310 will, and in many cases already have, disrupted the	2
current		
	<sup>a</sup> Community Impact	
• The con	s	
Blake D	acision	
DIARC D	CUSION	new
	CHIP 20210908 Pre-Hospital Behavioral Health Summit - Dra	
• Provides		
	PROPOSED ATTENDEES	
Requires law en		
contact prior to	Fire/EMS	
	Bret Black <u>bblack@ejfr.org</u> Tim McKern Chief <u>chief@qfr2.org</u>	ı to
Challenges:	Tim Manly tmanly@brinnonfire.com	ral
Resources are	Willie Knoepfle Chief <u>wknoepfle@dbvfr.org</u>	Isly
	Pete Brummel <u>pbrummel@ejfr.org</u>	
• HCA working	MSOs	
Navigator pos	Dan Wagner <u>dan.wagner@plfr.org</u>	
	Tammy Ridgway <u>tridgway@ejfr.org</u>	
• SBH-AS	Dispatch	
	Stacie Huibregtse <stacieh@jcpsn.us>;</stacieh@jcpsn.us>	- N
	Law Enforcement	
	Sheriff Joe Nole <u>JNole@co.jefferson.wa.us</u> Chief Tom Olson <u>tolson@cityofpt.us</u>	
	Law Enforcement Navigators?	
	Providers	
	Jim Novelli <u>JimN@discoverybh.org</u>	
	Designated Crisis Responders? Laurie Tinker <u>Itinker@jeffersonhealthcare.org</u>	
	Kent Smith DO <u>kent7smith@gmail.com</u>	
	Ford Kessler <u>fordk@safeharborrecovery.org</u>	
	Gabbie Caudil <u>believeinrecovery@live.com</u>	
	SBH-ASO	
	Jolene Kron <u>jkron@co.kitsap.wa.us</u>	
	Conveners	
	Dr. David Carlbom, Medical Program Director, Jefferson EMS Lori Fleming, CHIP/BHC	



# **BHC Projects**

- 1. Increase Integration of Behavioral Health Therapy Provider and MAT Prescription
- 2. Explore Crisis Stabilization Center Feasibility (determined not feasible at this time)
- 3. Develop/maintain online/printed Resource Directory
- 4. Improve Jail-to-Community service connection
- 5. Fund Recovery Café for peer network development and recovery/prevention environment
- 6. Extend Harm Reduction Program Services into South County
- 7. Execute communication/education/integration efforts to address regional stigma
- 8. Coordinate and optimize navigator services (8/5/21 - HCA funding for Regional Navigation getting sorted)
- 9. Initiate collective case management for high utilizers of law enforcement/EMS services (8/5/21 - OCH doing Survey)
- 10. Explore addition of funding toward appropriate program at the new Pfeiffer House's 18-24 year old transitional housing program)
- 11.Behavioral Health Summit re: best care for BH Patients in light of recent legislative changes, new team members, etc. Goal is to ensure we are calibrated on the legal boundaries we operate within, and how to collectively best care for archetypical patients suffering Behavioral Health Crisis.



# **Communication Efforts**

Social Media Campaigns

Fentanyl / Naloxone

Awareness Campaign - August

- Overdose Awareness Day
  - August 31<sup>st</sup>
- Safe Medicine Disposal
  - Thanks to Prevention Team!

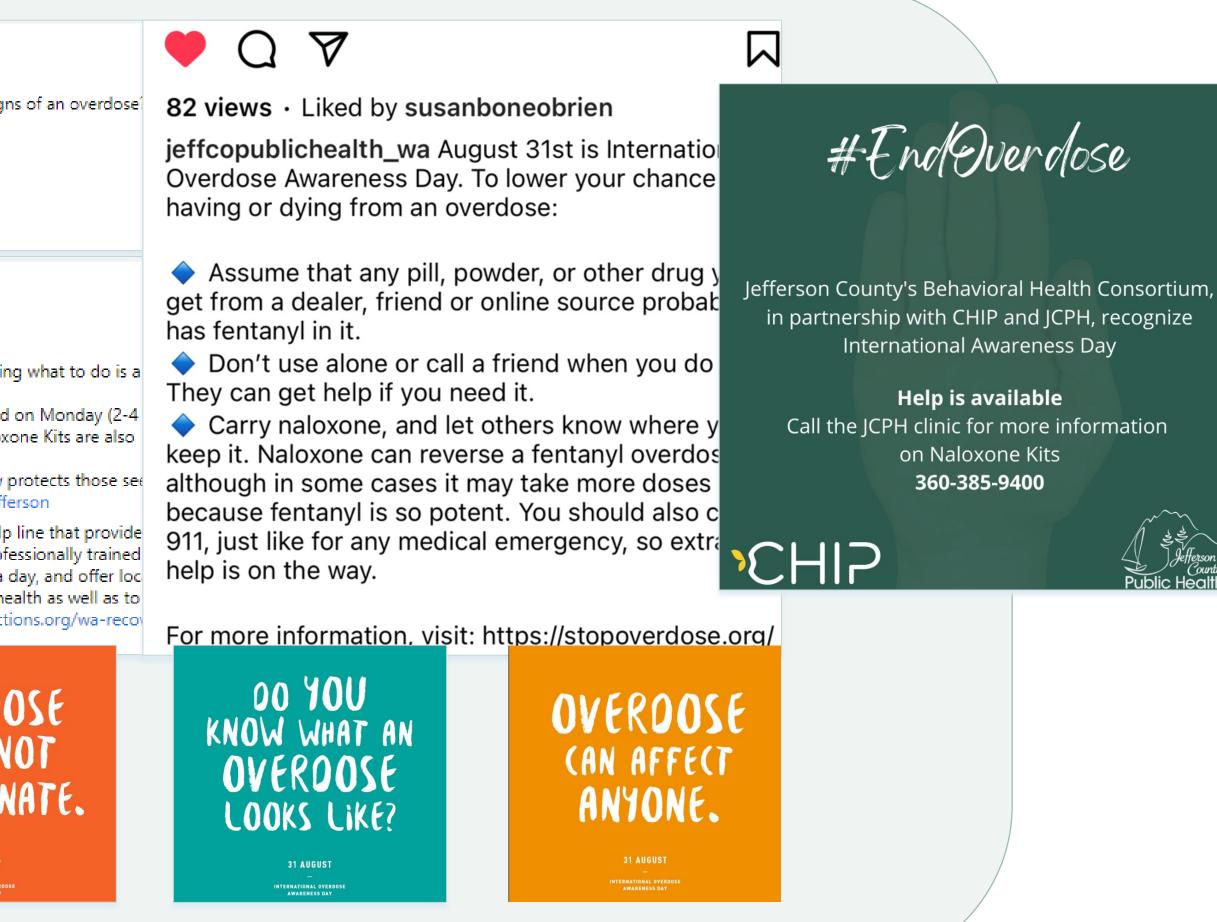




## International Overdose Awareness Day – 8/31/2021

Social Media Campaign – Three short videos and relevant narratives ran 8/30, 31 and 9/1/ 2021

View Results			Jefferson County Public Health  August 31 at 6:00 PM ·	
🖵 Overview 📝 Edit			August 31st is International Overdose Awareness Day	7. Do you know the sig
			The signs of an overdose involving fentanyl are the s	ame as other opioids:
Performance You've spent \$30.00 over 3 days.			<ul> <li>Blue, gray, or ashy skin</li> <li>Slow or no breathing</li> <li>Person won't wake up</li> </ul>	
ThruPlays			For more information, visit: https://stopoverdose.org	/section/fentanyl/
846	Reach	1,002	Jefferson County Public Health @ August 31 at 8:00 AM - 🕲	
	Cost per ThruPlay	\$0.04	August 31st is International Overdose Awareness Da	у.
Activity Engagement on Facebook			Fentanyl overdose deaths in Washington increased to away. Go to stopoverdose.org/fentanyl for info. To pick up a free Naloxone Kit, visit our clinic next to Wednesday (11 am-1 pm) and Friday (2-4 pm), or ca available at pharmacies with no prescription (to find https://stopoverdose.org/section/find-naloxone-nea help and assisting during an overdose. #healthyinJet	QFC in Port Townsend II 360-385-9400. Nalo: a location near you, ir-you/ ). WA state law
Video Views	1,130		The Washington Recovery Help Line is an anonymou crisis intervention and referral services for Washingto volunteers and staff are available to provide emotion treatment resources for substance abuse, problem g community services. Call 1-866-789-1511 or visit htt	is and confidential help on State residents. Pro hal support 24 hours a ambling and mental h
Details		•••	help-line/. (IG Users: Links in Bio)	
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# **OCH's Community-Information Exchange Survey**

#### Community-information exchange survey (CIE)

The purpose of this survey is to connect with health serving (physical, behavioral, dental, social) organizations and Tribes throughout the Olympic region to learn about the functions, purpose, interest, and commitment to a closed-loop, bi-directional, digital communications platform. Results from this survey will be compiled and presented to the OCH Board of Directors to inform next steps. OCH recognizes that this has been a long-standing priority of the region and that there have already been a few attempts to identify a path forward. We appreciate your time in continuing this important conversation. OCH will pay your organization or Tribe \$100 for participating (one payment per organization/Tribe regardless of how many people complete the survey) if you provide your name and email while submitting the survey.

- needed to improve their health.
- behavioral, dental) providers.
- to achieve safer and more effective care.

- outcomes for everyone.

#### Link: OCH's **CIE Survey**

• Community-Information Exchange (CIE): A network of partners - social service agencies, community-based organizations, Tribes, government, physical and behavioral health organizations - who commit to coordinating care so that individuals have better access to the care and supports

• Health-Information Exchange (HIE): Transmission of health-related data among health (physical,

• **Care coordination:** Deliberate organization of patient/client care activities and sharing information

• Bi-directional: Information moving in two directions (to and from participating partners). Bidirectional systems result in communication that can be received and sent by all parties in compliance with HIPAA and 42 CFR Part 2 requirements.

• **Closed-loop referral:** The sending provider (referrer) receives communication from receiving provider (referee) on current status of referral with the ultimate goal of completion of service.

• **Community-Clinical Linkages:** Connections between community and clinical partners to improve population health. When clinical and community partners work together, we create better health



### Harm Reduction – South County

- Dr. Carlbom advocated for Naloxone at the June Jefferson Educational Partnership (JCEP) meeting
- Identify new JHC Representative for this effort
- Awaiting insight on using Quilcene Clinic as Naloxone receiver and distribution location
- Next meeting: 9/21/21



### **Recommendation: Naloxone Belongs in Schools**

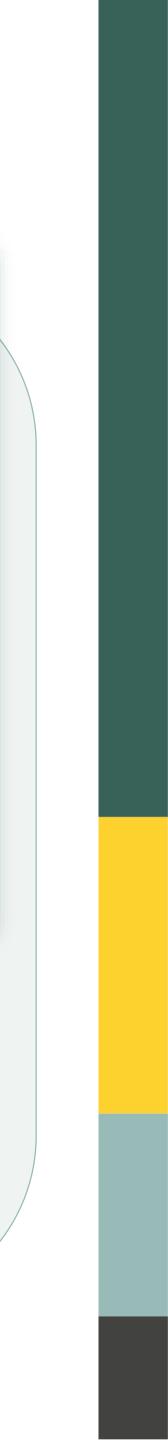
- Model Evidence-Based Harm Reduction
- Reduce Stigma of Naloxone
- Prepare for rare, high-impact events

Jefferson County Education Partnership – June 7, 202

**`**C

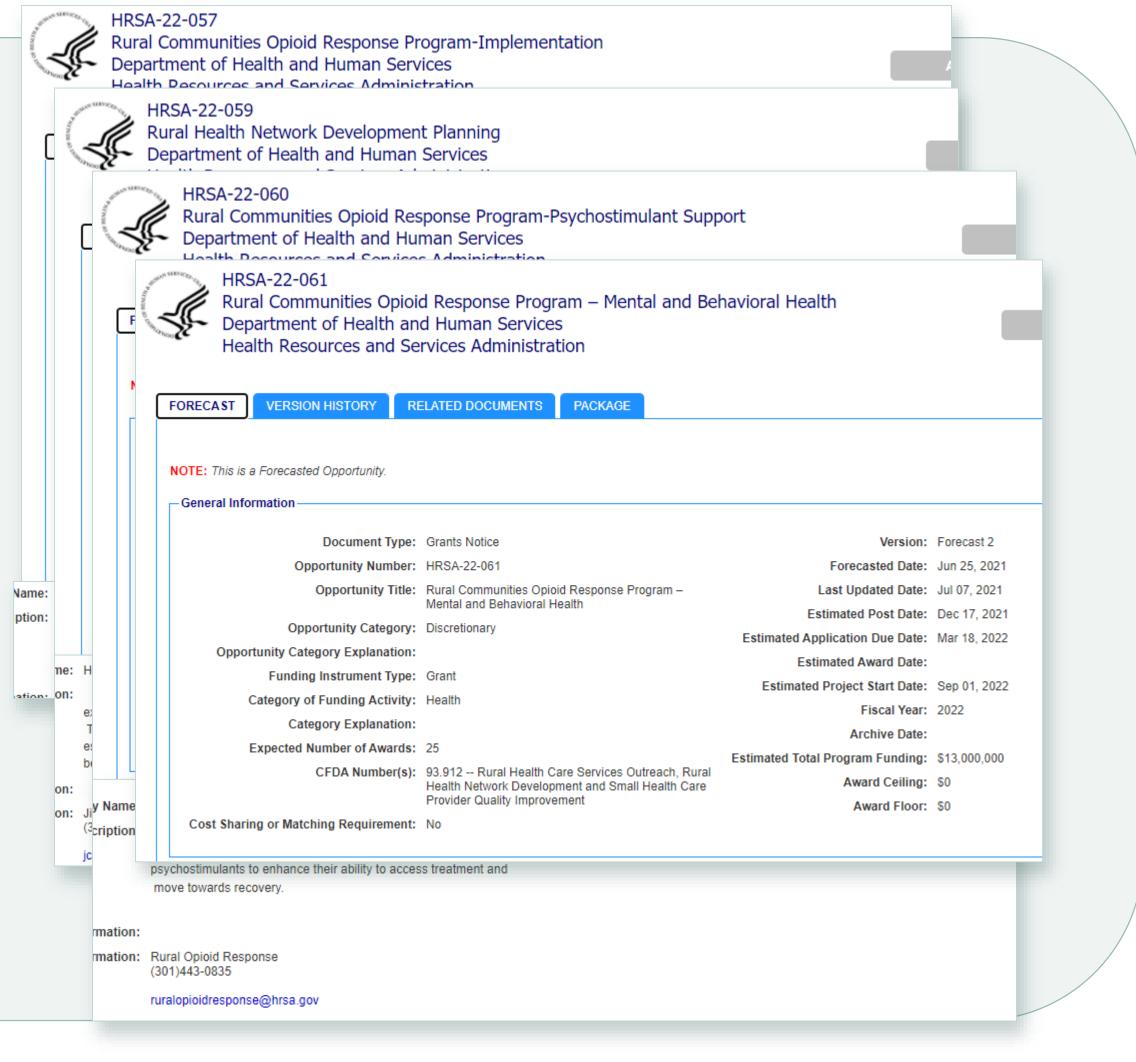


**Dr. David Carlbom** Medical Program Director Jefferson County EMS



# C Potential Funding Opportunities

- HRSA-22-059 RHNDP \$100k
   Post: 10/29/21, Due: 1/28/22, Start: 7/1/22
- HRSA-22-057 RCORP-I \$714,285.00
   Post: 11/18/21, Due: 2/16/22, Start: 9/1/22
- HRSA 22-061 RCORP OU/MH/BH \$520k
   Post: 12/17/21, Due: 3/18/22, Start
   9/1/2022
- HRSA 22-060 RCORP-PsychoStim \$520k
   Post 1/12/22, Due: 4/13/22, Start: 9/1/22





### **Funding Overview Effort Underway**

_ ···	Community Services	EMS LAW	Initial ED / Detention Initial Court Hearing	Jail / Courts / Treatment	Re-entry	Community Supervision
Providers Sheriff's Office	Program Name / Fund Source         Navigator Role - \$63,209 thru 6/2021         WASPC Grant Award         Includes: Navigator services; Data Collection         Sub-recipients: MCS Counseling         Re-Funding Plan post 6/2021 - Apply for 18 month         WASPC grant 6/2021-12/2022         Program success Metrics?	Program Name / Fund Source Navigator Role - \$63,209 thru 6/2021 WASPC Grant Award Sub-recipients: MCS Counseling Re-Funding Plan post 6/2021 - Apply for 18 month WASPC grant 6/2021-12/2022 Program success Metrics?	Program Name / Fund Source	Program Name / Fund Source	Program Name / Fund Source	Program Name / Fund Source
DBH	Wrap Around Services - \$55k for 2021 1/10th of 1%; ?ends 12/31/21? (Is this used for Justice-involved population?) Re-Funding Plan post 12/2021? Program success Metrics?				Housing - \$18k for 2021 1/10th of 1%; ?ends 12/31/21? (Is this used for Justice-involved population?) Re-Funding Plan post 12/2021? Program success Metrics?	
REC Café	RCORP-I Grant \$35k thru 8/2023 Recovery Community Base and Supports Peer Network Development Prevention-Focus; Service Connection					
PTPD	Navigator Role - \$55,000 thru 12/2021 1/10th of 1% Funding Includes: Navigator services; Data Collection Sub-recipients: MCS Counseling Re-Funding Plan post 12/2021? Program success Metrics? Is there additional funding from City of PT?					
EJFR/JHC/REC Café?	RCORP-I Grant					



### **Upcoming Meetings and Deliverables**

- Weekly Tuesdays and Thursdays BH Therapeutic Court and Therapeutic Drug Court respectively
- 09/09 BHC September Meeting
- 09/10 Youth and Family Service Mtg
- 09/13 OCH Board Meeting/BBQ (Regional)
- 09/14 WA State SSP
- 09/14 PIMS review Safe Harbor
- 09/15 PIMS Review Believe In Recovery
- 09/15 Empowered Teens Coalition
- 09/15 Affordable Housing-Pr
- 09/16 PIMS Review DBH
- 09/16 ?PIMS Review JHC?
- 09/16 JeffCO Board of Health

- 09/17 SBH-ASO Executive Board Meeting
- 09/20 BOCC Weekly Review
- 09/21 South County Harm Reduction Mtg
- 09/22 Housing JOB Panel Recommendations
- 09/23 MHFR Meeting
- 09/27 BOCC Weekly Review
- 09/27 Oversight Committee Meeting
- 09/28 RCORP-I VT's Eva Zaret/Mark Depman
- 09/30 RCORP-I Qtrly & Sustainability Reports DUE
- 10/04 BOCC Weekly Review
- 10/05 JBS Outcomes Driven MOUD Webinar
- 10/07 RCORP-I II Monthly Call

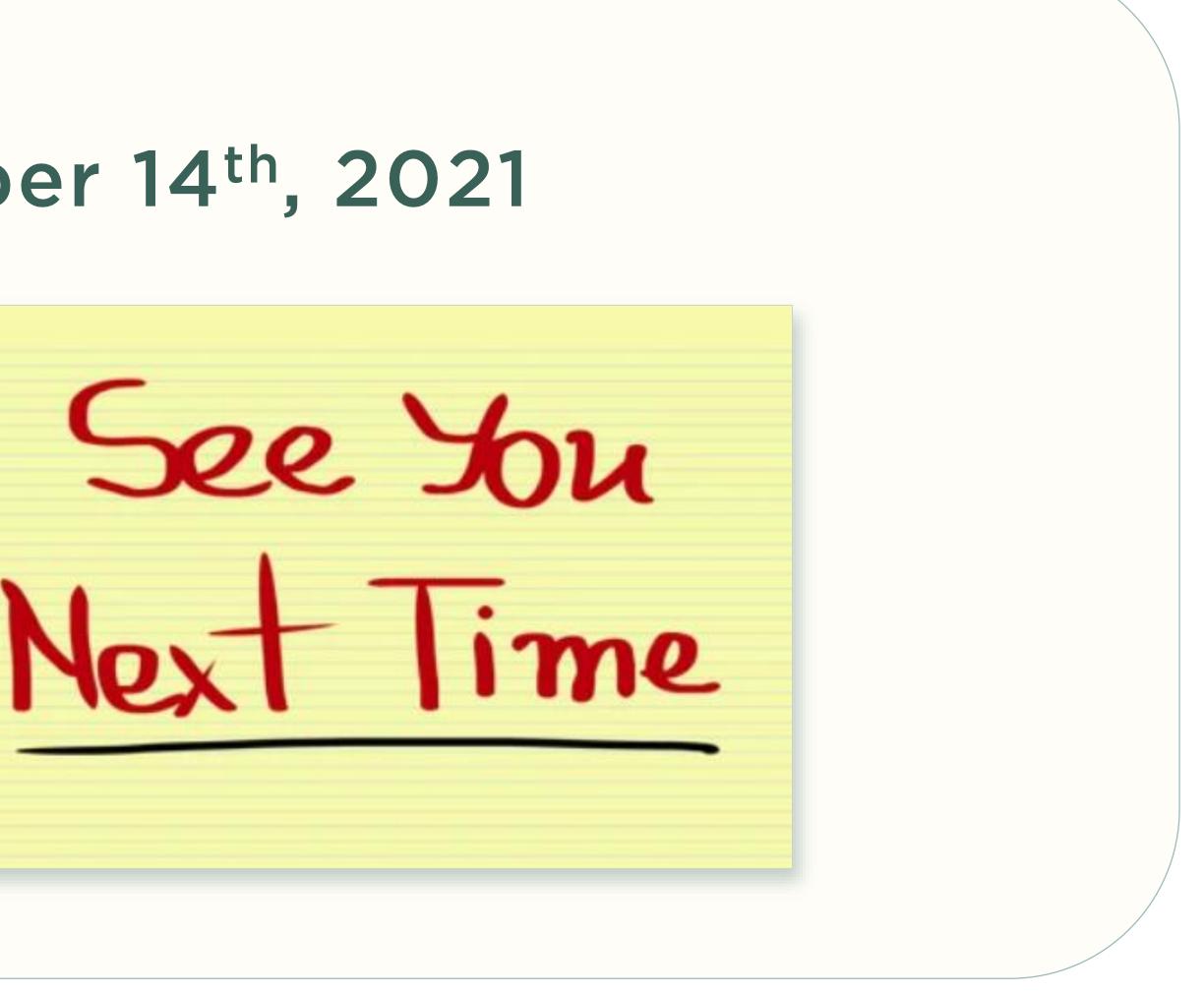




# Thursday, October 14<sup>th</sup>, 2021













# C Acronym Sheet

**BH** – Behavioral Health

**BHC** – Behavioral Health Consortium

**CHIP** – Community Health Improvement Plan

**DUI** – Driving Under the Influence

**ED** – Emergency Department

**EJFR** – East Jefferson Fire Rescue

**EMS** – Emergency Medical Services

**JCPH** – Jefferson County Public Health

JeffCo – Jefferson County

**JHC** – Jefferson Healthcare

**HFPD** – Health Facilities Planning and

**Development Consultants** 

HRSA – Health Resources and Services

Administration

**MAT** – Medically Assisted Treatment

- MH Mental Health
- **OUD** Opioid Use Disorder
- **PTPD** Port Townsend Police Department
- **RHNDP-P** Rural Health Network Development
- **Program Planning**
- **RCORP-P** Rural Community Opioid Response
- **Program Planning**
- **RCORP-I** Rural Community Opioid Response
- **Program Implementation**
- **SUD** Substance Use Disorder
- **TBH** To Be Hired
- **VOA** Volunteers of America Crisis Line
- Vol Voluntary
- **Invol** Involuntary

