

# APPENDIX F

## 1/10<sup>th</sup> of 1% Data 2019 Report

Developed By:  
Kitsap Public Health Epidemiology Team  
for the Behavioral Health Advisory Committee

Tabulated & Summarized By:  
KPH Epidemiology Team

# Jefferson County One Tenth of One Percent Tax Fund Evaluation

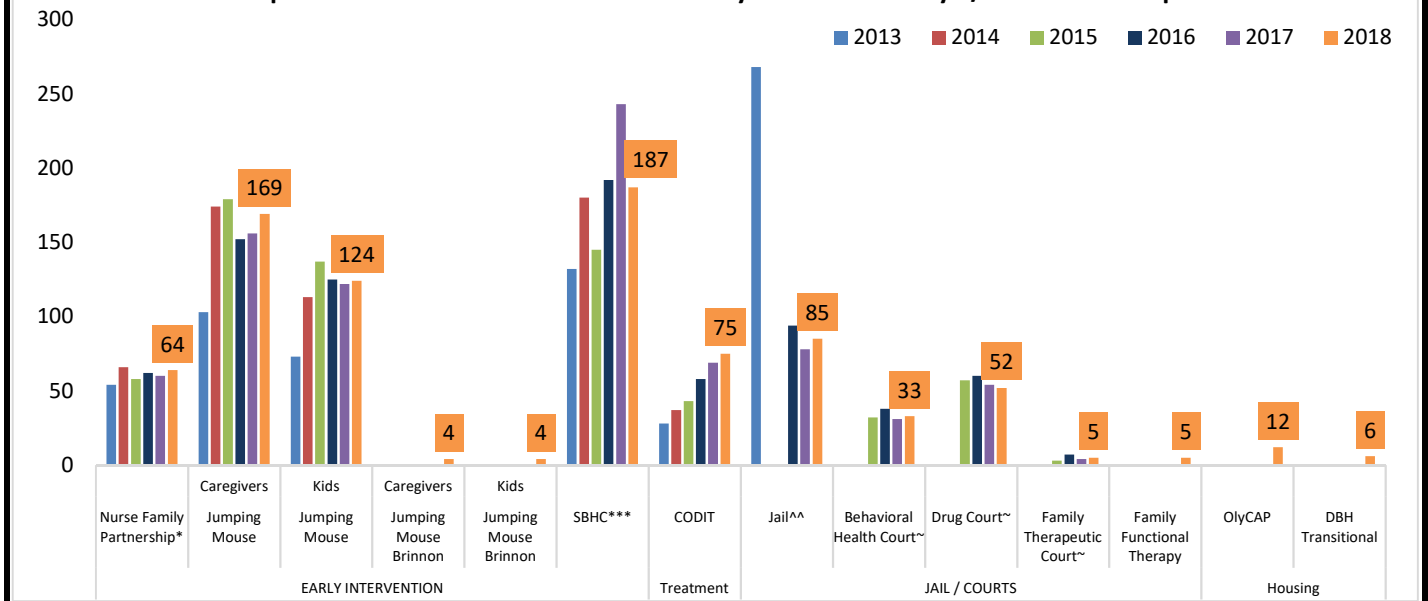
## 2018 Annual Report

**Background:** In the 2005 Washington State legislative session, Senator Hargrove passed the Omnibus Mental Health and Substance Abuse Reform Act SB 5763 to expand substance abuse and mental health treatment. The bill allows local governments to increase a sales tax to improve local services. In 2005, Jefferson County Board of County Commissioners (BoCC) adopted this tax and established the Jefferson County Mental Health and Substance Abuse Sales Tax Advisory Committee to review community needs and local Requests for Proposals (RFP) from vendors in order to provide a continuum of enhanced mental health and substance abuse treatment services. This fund provides an average of \$400,000 a year. Fund recipients submit quarterly reports of service outputs, as well as participant characteristics and outcomes to Kitsap Public Health District under contract to monitor and evaluate the impact of these funds. Purple and blue text denotes increases and decreases from 2017 (except where noted), respectively.

### ANNUAL COUNT OF UNDUPLICATED INDIVIDUALS SERVED (not available prior to 2013)

		2013	2014	2015	2016	2017	2018	
EARLY INTERVENTION	Nurse Family Partnership*	54	66	58	62	60	64	*two individuals per family
	Jumping Mouse Caregivers	103	174	179	152	156	169	
	Jumping Mouse Kids	73	113	137	125	122	124	~started reporting in 2018
	Jumping Mouse Brinnon Caregivers	---	---	---	---	---	4	~started reporting in 2018
	Jumping Mouse Brinnon Kids	---	---	---	---	---	4	
	SBHC***	132	180	145	192	243	187	***data: 13-14, 14-15, 15-16; 16-17; 17-18; 18-19
Treatment	CODIT	28	37	43	58	69	75	^^14-15 no data; 16-17 DBH contracts started Q3
JAIL / COURTS	Jail^^	268	N/A	N/A	94	78	85	
	Behavioral Health Court~	---	---	32	38	31	33	~started reporting in 2015
	Drug Court~	---	---	57	60	54	52	~started reporting in 2015
	Family Therapeutic Court~	---	---	3	7	4	5	~started reporting in 2015
	Family Functional Therapy	---	---	---	---	---	5	~started reporting in 2018
Housing	OlyCAP	---	---	---	---	---	12	~started reporting in 2018
	DBH Transitional	---	---	---	---	---	6	~started reporting in 2018
Total:		658	570	654	788	817	825	Note: Some individuals may have been served by more than one funded program.

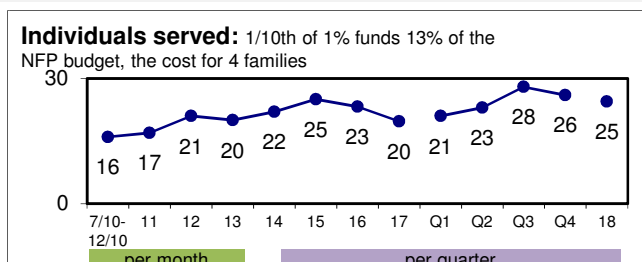
Unduplicated Number of Individuals Served by Jefferson County 1/10th of 1% Recipient



## Nurse Family Partnership (NFP) - Jefferson County Public Health SUMMARY

**Program Description:** Serves low-income first time pregnant mothers with social/health indicators that will increase the risk of poor outcomes for mother and infant. The majority of participants either have a recent personal history of substance use and/or mental illness or these risks currently or historically in the immediate family environment. Nurse treats the mother using behavior change theory and motivational interviewing for quitting substances, preventing relapse, treating mental illness, and addressing intergenerational patterns within the family system. NFP is an evidence based prevention program and JCPH collects extensive data to be confident in the quality and fidelity of services thus assuring the community that our families will have similar positive, long term outcomes as seen in the research trials.

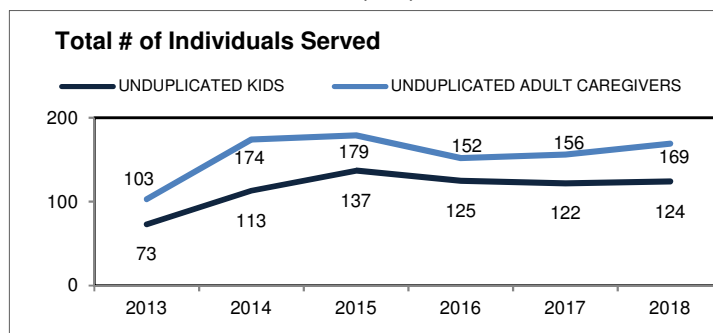
- The unduplicated number of families served in 2018 was 32, approximately the same as 2017 (30).
- The average number of individuals participating per quarter has **increased** from previous few years. Note that the 1/10th of 1% funds only cover services for 4 families.
- 47% participate for at least 6 months, a 18% **decrease** from 2017.
- Consistent with previous years, the majority of mothers are age 18-24. However in 2018, there were notably **fewer** age 25-44 than last year but more in line with historical trends.
- In 2018, on average 1/3rd of participants are from South Jefferson, East Jefferson, and Port Townsend (**decreasing**).
- In 2018, on average each quarter, 109 visits were completed (82% **more** than 2017), another 5 were attempted.
- The most common mental health diagnoses among women served are unchanged, anxiety and then major depression.



## Jumping Mouse Children's Center SUMMARY

**Program Description:** This funding provides services to traumatized children whose care is otherwise uncompensated, specifically to those who have been directly impacted by a parent's substance abuse and/or mental illness. With these funds, we are reaching some of the most at-risk members of our community, preventing substance abuse and mental health problems before they begin. In 2015 through 2018, unduplicated annual data are reported for several measures.

- The unduplicated number of children served in 2018 was 125, a slight **increase** from 2017 (122).
- The unduplicated number of adult caregivers served in 2018 was 169, a 8% **increase** from 2017 (156).
- There were 112 service inquiries in 2018, **up** from 105 in 2017; approximately 1 in 3 children are enrolled right away.
- 73% of children served are from the 98368 ZIPcode, 41% are ages 7 to 9 (decrease from 2017), and 58% are male.
- Similar to previous years, nearly 2 in 5 children served come from single parent homes; 1 in 7 have a history of alternative care (primary caregiver not a biological parent): 5% foster care, 4% adoptive care, and 5% kinship care (categories are not mutually exclusive).



- Most common mental health diagnoses for served children are generalized anxiety (42%) and adjustment disorder (19%).
- 61% of children served were or are currently exposed to household substance use; 15% were exposed during pregnancy.

**2018 Annual Participant Data:** Low income: **81%** Ever experienced homelessness: **0%** (some data not collected)  
 Any abuse/neglect: **50%** Average # Adverse Childhood Experiences: **3.88** 6 or more ACEs: **29%**  
 - 90% of children served either successfully completed or are continuing services, an **increase** of 5% from 2017 (85%).

## School Based Health Clinic, Discovery Behavioral Health SUMMARY

**Program Description:** DBH (formerly Jefferson Mental Health Services) had mental health professionals providing direct service on site to students and their families in the Port Townsend, Chimacum, Quilcene, and Brinnon School Districts. In Fall 2016, DBH added Brinnon with other funding and received 1/10th 1% funding for 2017 - Brinnon data since 9/2016 are included in this report. In the fall of 2018, MCS Counseling took over providing these services from DBH. Easy access to experienced professionals with no financial burden to the family is the intention and has proven its worth in high levels of participation at all sites. Please note that non-1/10th funded services for an additional day of service at Brinnon are included.

- The 2017-18 school year had the highest number of students served (243 with 1,355 visits); in 2018-2019, 187 students were served at the four SBHCs by mental health professionals in 1,066 visits.

	Unduplicated Individuals:					Total Visits:					Average Visits/Person:				Range in # Visits:			
	PT	Chim	Quil	Brinnon	Total	PT	Chim	Quil	Brinnon	Total	PT	Chim	Quil	Brinnon	PT	Chim	Quil	Brinnon
9/2010-6/2011	54	86	19	---	159	245	517	318	---	1080	4	6	16	---	1-17	1-33	1-46	---
9/2011-6/2012	66	44	27	---	137	229	141	372	---	742	3	3	14	---	1-20	1-23	1-42	---
9/2012-6/2013	57	62	24	---	143	303	386	347	---	1036	5	6	14	---	1-21	1-26	1-48	---
9/2013-6/2014	50	58	24	---	132	282	350	244	---	876	6	6	10	---	1-23	1-36	1-27	---
9/2014-6/2015	77	74	29	---	180	599	471	225	---	1295	8	6	8	---	1-31	1-35	1-21	---
9/2015-6/2016	75	45	25	---	145	479	431	118	---	1028	6	10	5	---	1-31	1-52	1-25	---
9/2016-6/2017	103	54	21	14	192	628	646	172	177	1623	6	12	8	13	1-14	1-15	1-8	1-9
9/2017-6/2018	106	110	17	10	243	584	598	94	79	1355	6	5	6	8	1-14	1-10	0-8	0-9
9/2018-6/2019	110	50	17	10	187	569	178	79	240	1066	5	4	5	24				

- The most common visit reason identified either student or clinician at Port Townsend and Chimacum nearly every year has been family problems and was in 2018-19 at Brinnon; and in 2017-18 at Quilcene (2018-19 too) and Brinnon it was stress.

- At least 63% of visits each school are for 30 minutes or less. Visits are shortest at Chimacum and longest at Brinnon.

- SBHC MH service utilization by gender varies, with Port Townsend seeing notably more females (66%) and Brinnon seeing notably more males (56%). SBHC MH service utilization rates in 2018-19 were 8% at PT, 9% at Chimacum, 9% at Quilcene, and 35% at Brinnon. All schools except Brinnon (no high school) service elementary, middle and high school students.

- In 2018-19, Brinnon had the highest number of visits per clinic day (6.7), then Port Townsend (5.6), Chimacum (3.7), and Quilcene (3.6).

## Discovery Behavioral Health, CODIT Program SUMMARY

**Program Description:** In 2016, Discovery Behavioral Health (formerly Jefferson Mental Health) began running the CODIT program on their own, previously it was run by JMH and Safe Harbor together. CODIT provides direct individual and group services to clients with both Substance Abuse/Dependence and Mental Health Disorders. These services, along with access to medical specialists, a case manager and peer counselor, experienced in serving this population, provide a broad spectrum of treatment possibilities not otherwise available in this county. Reporting is done monthly.

- The unduplicated number of individuals served in 2018 is 75, up from 69 in 2017.

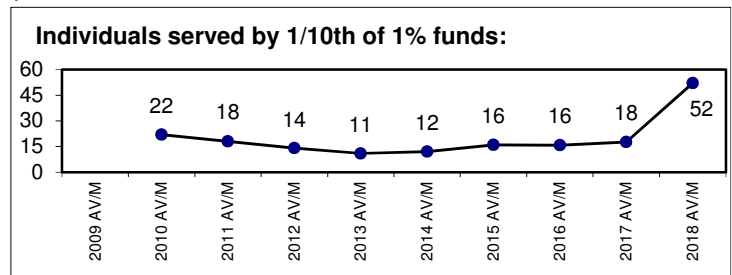
- The average number of individuals participating in CODIT each month increased in 2018 96% from 2017.

- In 2018, 86% of those served were male (an increase from 2017) and two-thirds came from the 98368 ZIP code (a decrease from 2017), age distributions were similar.

- The program provides individual sessions, case management and other services.

- The most common mental health diagnoses among CODIT participants are major depression and PTSD, followed by schizophrenia / schizoaffective disorder.

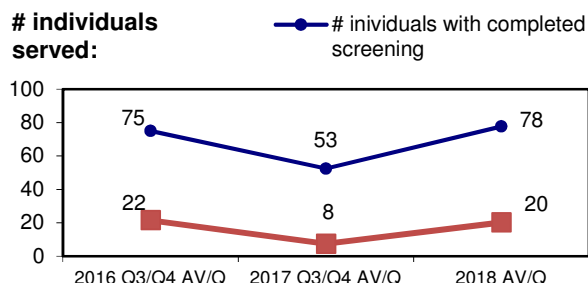
- The most commonly reported substances used in order are alcohol, marijuana, methamphetamines, and tobacco.



## Discovery Behavioral Health, JAIL Program SUMMARY

**Program Description:** A DBH case manager and chemical dependency professional trainee provide the following services in the jail: a) assessment of the majority of subjects booked into the jail for substance use disorder and mental health conditions and onsite engagement and coordination of outpatient treatment post-discharge; b) outreach and engage inmates in Relapse Prevention Education groups; c) provide assessment, early intervention and follow-up for substance use disorders and mental health issues; d) prepare for and coordinate outpatient treatment and post-discharge appointments; e) work with Jefferson County residents post-discharge. **DBH began providing these services in 3rd quarter 2016.**

- 141 unduplicated individuals served in 2018, up from 78 in 2017.
- 233 individuals completed screening, 61 were served post-release.
- Four-fifths (81%) of those screened were from the 98368 ZIP code, the majority are age 25-44 (62%) and male (75%).
- Prior to jail: 46% individuals reported renting/owning their own home; 30% reported having full or part time work; and 75% reported having Medicaid insurance.
- 63% have known mental health; 77% have known substance use.
- 683 referrals to community services were made to individuals served in jail; 145 referrals to those served post-release.

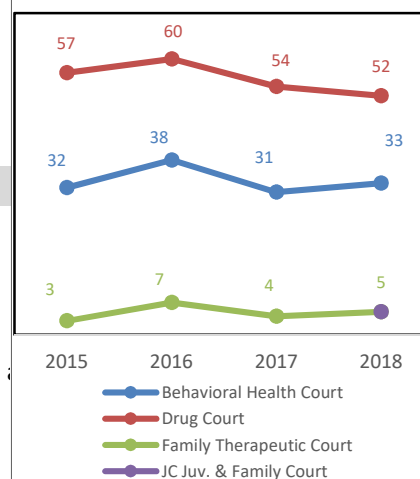


## Behavioral Health Court - reporting started for 2015 - SUMMARY

The Jefferson County Behavioral Health Court (BHC) program is a pre- and post-conviction program for Jefferson County defendants who are mentally ill and have not been successful in obtaining mental health treatment or compliance with treatment. All defendants must meet the initial clinical criteria established by the state of Washington to determine serious and persistent mental illness. The MHTC team consists of the District Court Judge, County and City Prosecutors, Probation, Defense Attorney, Chemical Dependency Provider, Mental Health Provider, OlyCAP, Jefferson Co Sheriff, and Port Townsend Police Department. The programs consists of intensive supervision of clients by a mental health professional, frequent appearances before the BHC team, required mental health counseling, taking medications as prescribed and not using non-prescribed substances. When a participant completes the required activities for a particular phase, the defendant becomes eligible to advance to the next phase. Upon completion of the four phases, the client will then graduate from the program. For pre-adjudication cases, this may result in dismissal of charges. For post adjudication cases, participants may enter this program instead of probation. The entire program length is determined by the participant's progress, on average it takes approximately 24 months to complete.

- 33 individuals served in 2018, up from 31 in 2017; 10 graduates and 5 discharges.
- In 2018, 54% of participants were from the 98368 ZIP code; 32% are from 98358/98339/98325/98365.
- 63% of participants were age 25-44, another 32% are age 45-64; 47% are male.
- The most common mental health diagnosis was PTSD (28%) and then schizophrenia / schizoaffective disorder (11%), major depression (9%) and Bipolar disorder (9%).

**Unduplicated Individuals Served:**

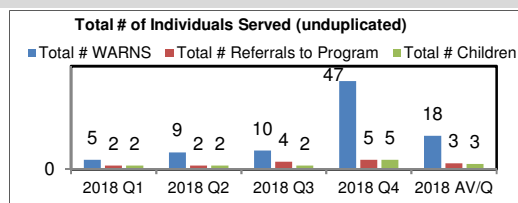


## Drug Court - reporting started for 2015 - SUMMARY

- 52 individuals served in 2018, down from 54 in 2017; 6 graduates and 5 discharges.
- In 2018, 45% of participants are from the 98368 ZIP code and 34% are from 98339.
- 79% of participants are age 25-44, another 12% are age 18-24; 71% are male.
- 61% of participants were sanction free and 4% of participants were on warrant status on average.
- 24% of participants were free of positive UA results on average.

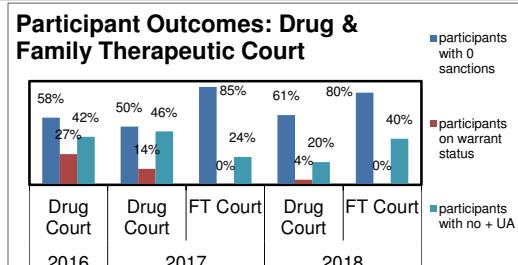
### Family Functional Therapy - reporting started for 2018 - SUMMARY

- 5 individuals served in 2018.
- In 2018, 100% of participants are from the 98368 ZIP code.
- 100% of participants are age 0-18, 89% are male.
- 18 WARNs assessments yielded 3 referrals to the program, all of which resulted in enrolled children.



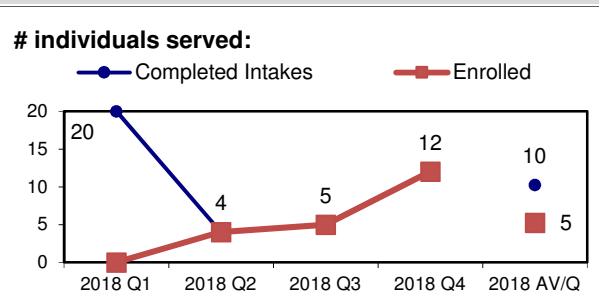
### Family Therapeutic Court - reporting started for 2015 - SUMMARY

- 5 individuals served in 2018, up from 4 in 2016; 1 graduate and 1 discharge.
- In 2018, 42% of participants are from the 98368 ZIP code, and 42% are from 98358/98339/98325/98365 on average.
- 56% of participants are age 25-44 and 44% are age 45-64; 69% are female.
- 80% of participants were sanction free and 0% of participants were on warrant status on average.
- 40% of participants were free of positive UA results on average.



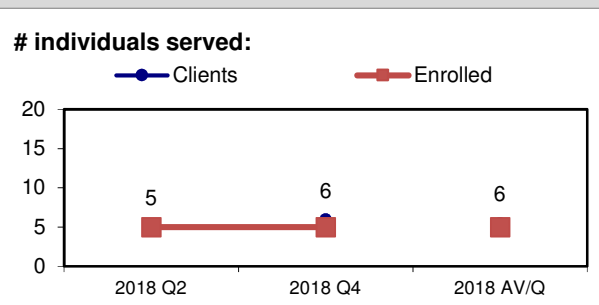
### OlyCAP Housing - reporting started for 2018 - SUMMARY

- Through 1/10th of 1% funding, OlyCAP supports between 30 and 40 individuals using transitional housing at the Haines Street Cabins.
- 10 intakes completed and 5 individuals enrolled in 2018.
- In 2018, 54% of participants were from the 98368 ZIP code and 46% from 98358/98339/98325/98365, 52% were 25-44 and 32% were 18-24, and 65% were male.
- 10 individuals discharged to permanent housing, 3 relapsed (MH/SUD), 2 were lost, and 3 were classified as "other" in 2018.



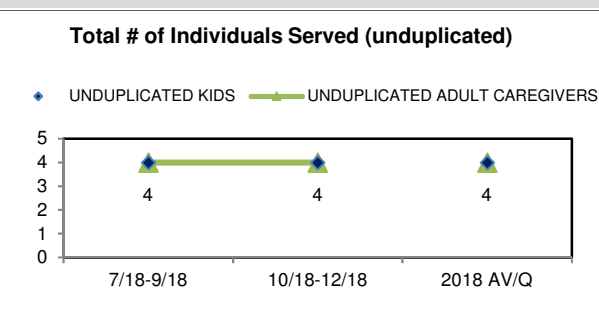
### Discovery Behavioral Health Transitional Housing - reporting started for 2018 - SUMMARY

- Through 1/10th of 1% funding, DBH supports up to 20 individual through the following types of housing: permanent (Thomas Street Apt), transitional (Bayside Housing), and short term (one hotel room at Harborside).
- In 2018, 100% of participants were from the 98368 ZIP code, 55% were 25-44, 27% 45-64, and 18% 65+, and 80% were female.
- 1 individual discharged to permanent housing, 1 to jail, 1 refused services, 1 was classified as "other" in 2018.

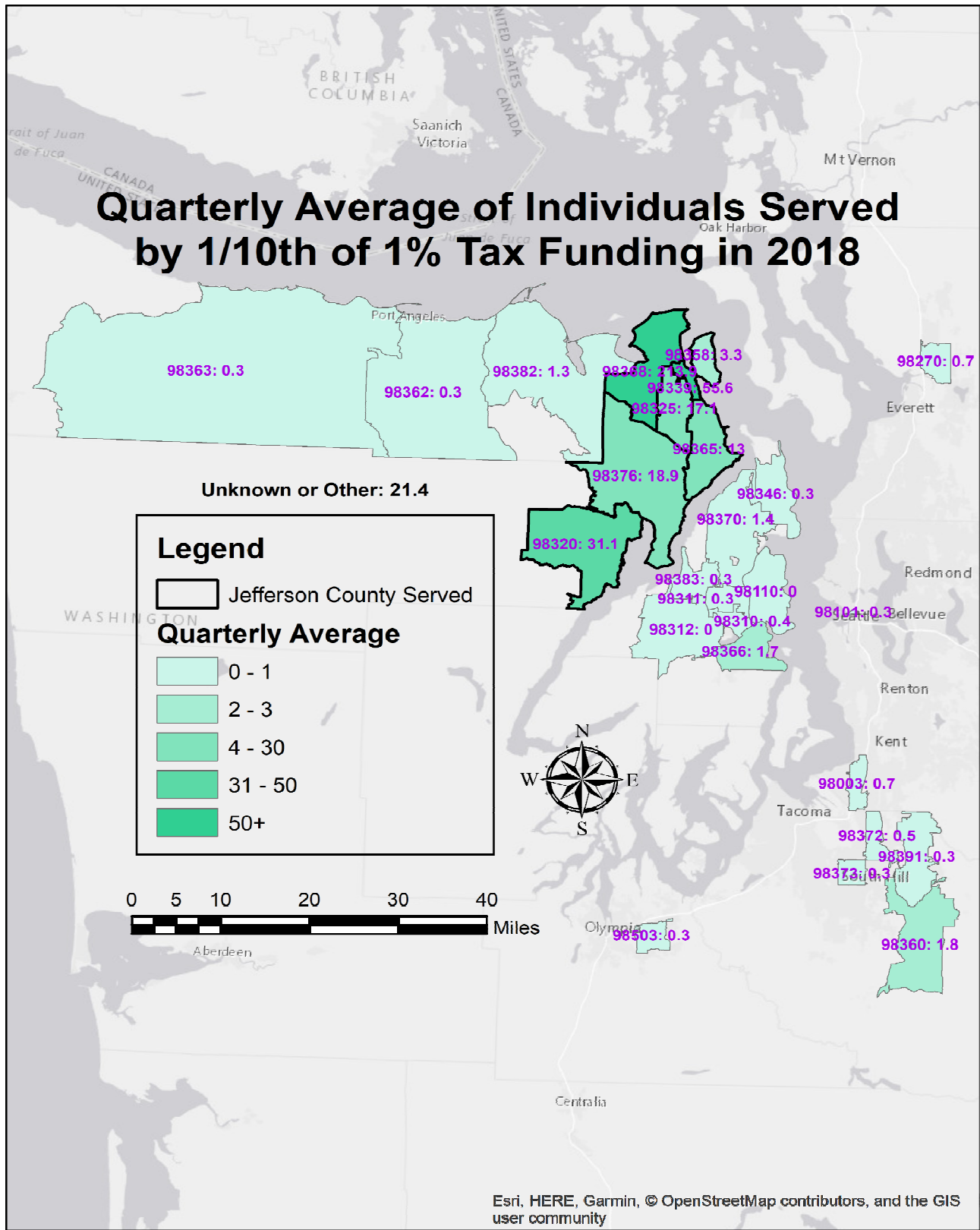


### Jumping Mouse Children's Center Brinnon Pilot - reporting started for 2018 - SUMMARY

- Through 1/10th of 1% Funding, JMCC supports an additional four children weekly in long-term therapy and provides support and education for the parents/caregivers and teachers/staff of these children. Funding is also used to support supervision of these therapists working at the Brinnon Site.
- 4 children and 4 adult caregivers were served in 2018.
- 75% of participants were from 98376/98320 and 25% were from 98358/98339/98325/98365, 50% were 0-6, and 100% were male.
- All 4 participants remained in services at the conclusion of 2018.



# Quarterly Average of Individuals Served by 1/10th of 1% Tax Funding in 2018



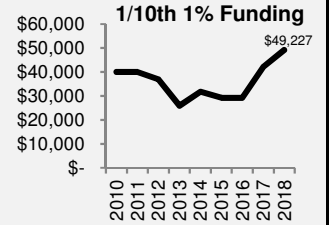
# Jefferson County 1/10th of 1% for Mental Health & Substance Abuse

Nurse Family Partnership, Jefferson County Public Health

Unduplicated families served:

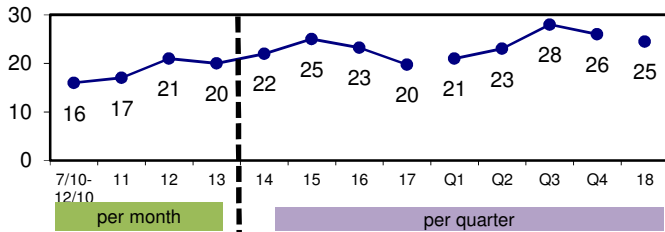
2013	2014	2015	2016	2017	2018
27	33	29	31	30	32

**Program Description:** Serves low-income first time pregnant mothers with social/health indicators that will increase the risk of poor outcomes for mother and infant. The majority of participants either have a recent personal history of substance use and/or mental illness or these risks currently or historically in the immediate family environment. Nurse treats the mother using behavior change theory and motivational interviewing for quitting substances, preventing relapse, treating mental illness, and addressing intergenerational patterns within the family system. NFP is an evidence based prevention program and JCPH collects extensive data to be confident in the quality and fidelity of services thus assuring the community that our families will have similar positive, long term outcomes as seen in research trials.

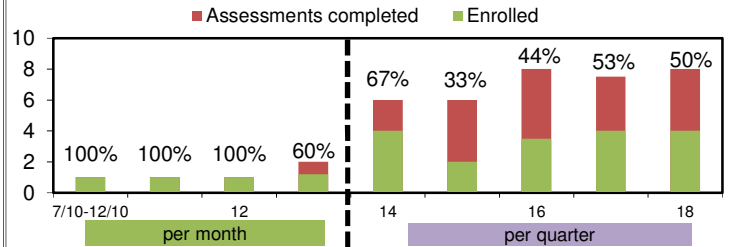


Data reporting changed from monthly to quarterly in 2014.

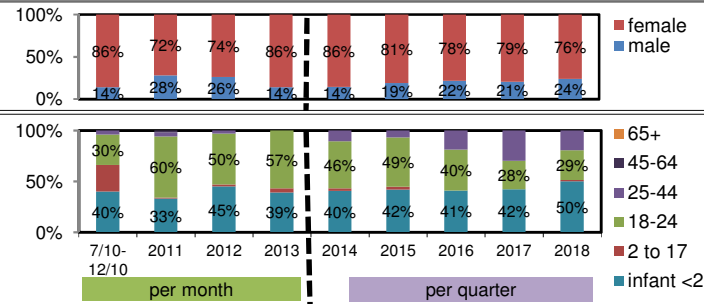
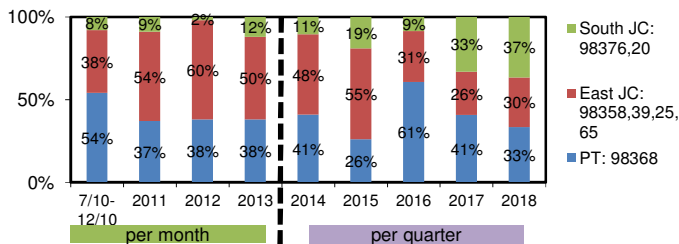
**Individuals served:** 1/10th of 1% funds 13% of the NFP budget, the cost for 4 families



## First time assessments; % resulting in enrollment:



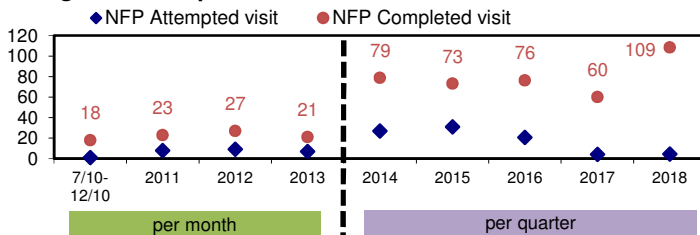
**Total individuals served by 1/10th of 1% funds by zip code of residence, age group, and gender:** (age & gender of all persons at appts)



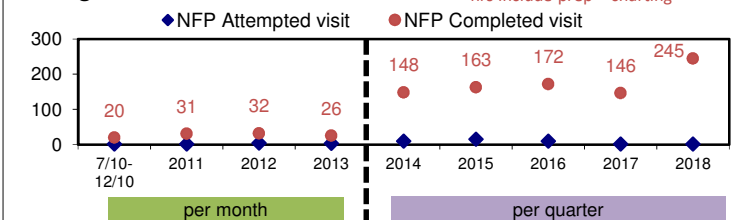
## Referrals to community services/agencies provided to clients (2010-14 Ave/Mo, 2015-18 Ave/Q):

	Total	Child Care	DSHS	Dental	Housing	Medical	MH Outpt	Quitline	Transp	Other
2010 (Jul-Dec)	8	1	0	1	0	3	0	0	0	1
2011	12	1	1	0	1	2	1	<1	1	3
2012	13	<1	1	1	<1	2	1	0	1	8
2013	13	0	<1	2	<1	3	1	<1	1	4
2014	20	<1	<1	2	1	4	1	0	1	10
2015 AV/Q	51	1	1	7	1	11	2	0	2	22
2016 AV/Q	64	1	3	8	1	11	5	<1	6	28
2017 AV/Q	35	1	0	5	2	7	1	1	3	5
2018 AV/Q	46	0	0	8	0	4	6	0	3	7

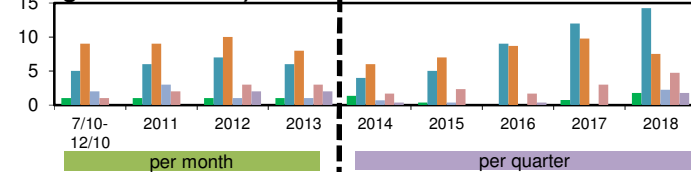
## Average services provided:



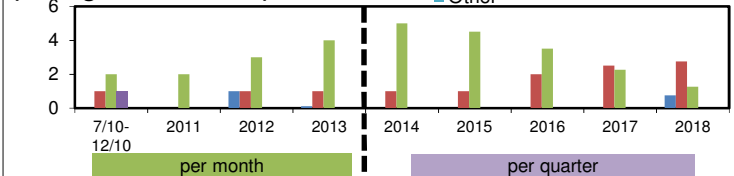
## Average total hours for services:



## Mental Health Diagnoses of Pregnant/Post-partum Clients (average # individuals):



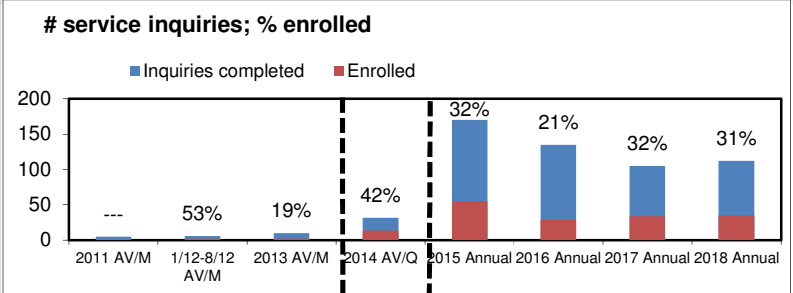
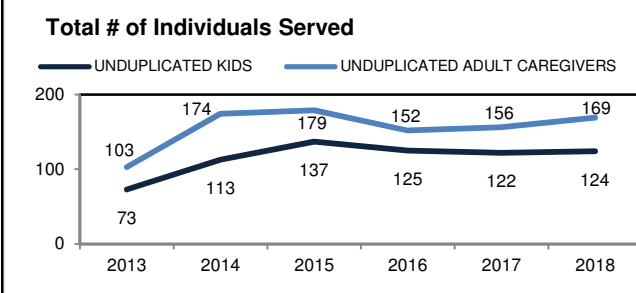
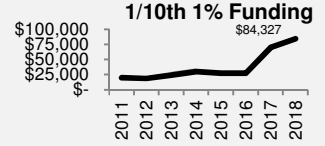
## Self Reported Past 30 Day Substance Use of Pregnant/Post-partum Clients (average # individuals):





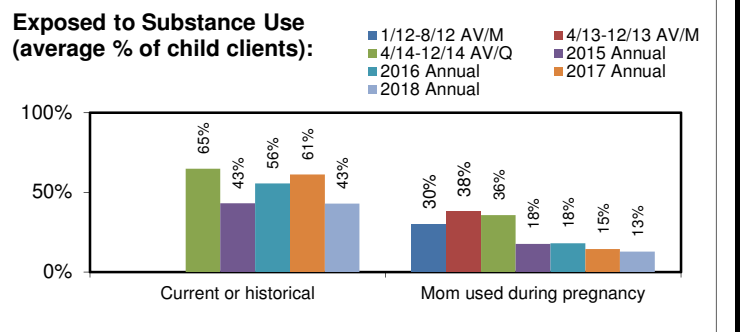
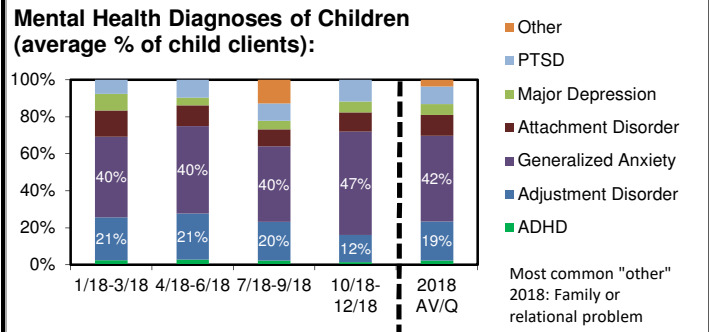
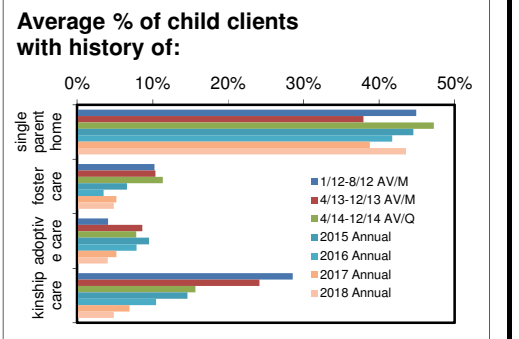
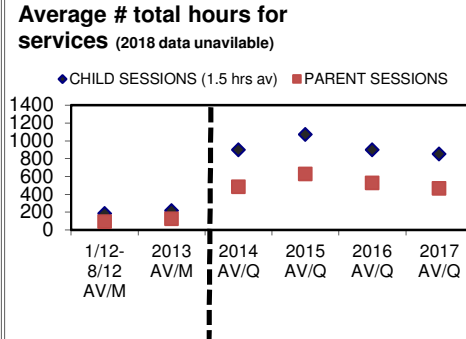
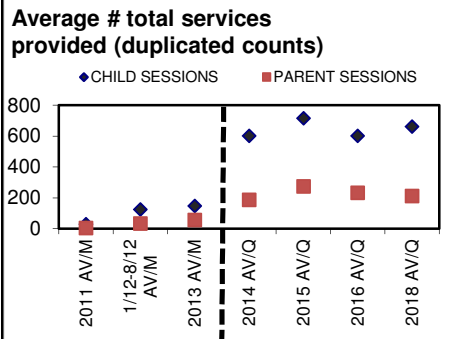
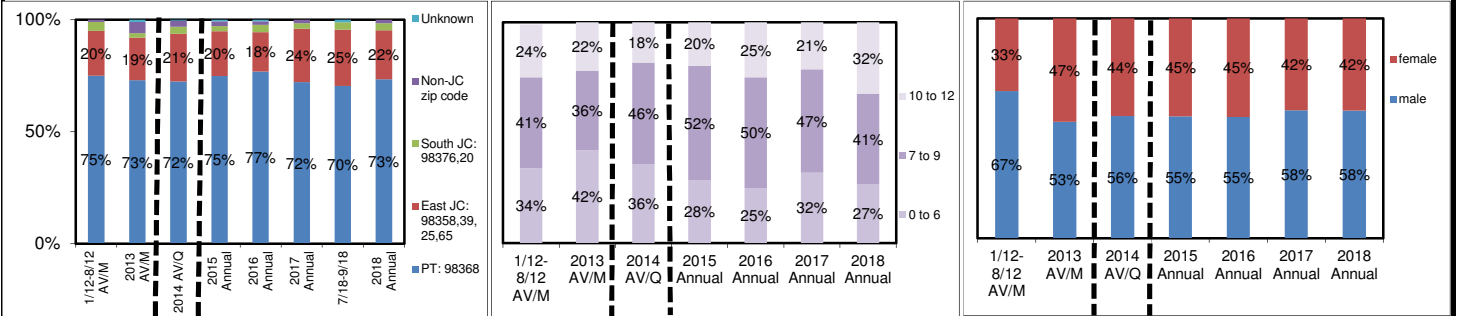
<b>Jefferson County 1/10th of 1% for Mental Health &amp; Substance Abuse</b>	<b>2013</b>	<b>2014</b>	<b>2015</b>	<b>2016</b>	<b>2017</b>	<b>2018</b>	
<b>Jumping Mouse Children's Center</b>	Unduplicated individuals served:	176	287	316	277	278	293

**Program Description:** This funding provides services to traumatized children whose care is otherwise uncompensated, specifically to those who have been directly impacted by a parent's substance abuse and/or mental illness. With these funds, we are reaching some of the most at-risk members of our community, preventing substance abuse and mental health problems before they begin. **Data reporting changed from monthly to quarterly in 2014.**



<b>Average:</b>	Jan-July 2011	Jan-Aug 2012	2013	2014	2015	2016	2017	2018
% of eligible clients covered by 1/10th funds	32%	24%	20%	19%	38%	34%	N/A	N/A

**Individuals served by 1/10th of 1% funds by zip code of residence, age group, and gender:**

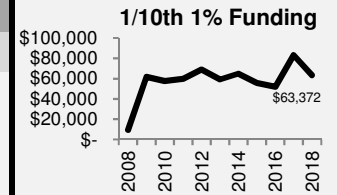


<b>Additional Annual Data:</b>	Successful completion or continuing services:	Low income:	Any alternative care:	Ever experience homelessness:	Any abuse / neglect:	Average # ACEs:	6 or more ACEs:	
	2015	91%	80%	24%	22%	59%	4.30	0%
	2016	86%	89%	17%	21%	61%	4.48	43%
	2017	85%	84%	11%	19%	56%	4.04	28%
	2018	90%	81%	8%	0%	50%	3.88	29%

# Jefferson County 1/10th of 1% for Mental Health & Substance Abuse

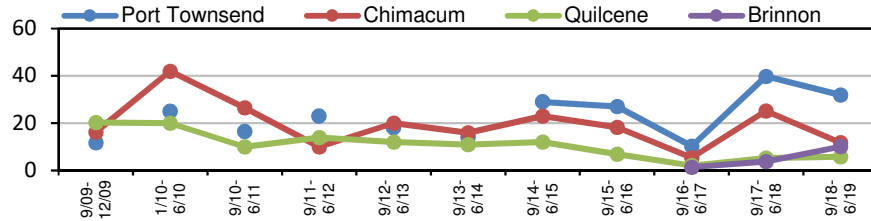
## School Based Health Clinic, DBH and MCS Counseling

**Program Description:** DBH (formerly Jefferson Mental Health Services) had mental health professionals providing direct service on site to students and their families in the Port Townsend, Chimacum, Quilcene, and Brinnon School Districts. In Fall 2016, DBH added Brinnon with other funding and received 1/10th 1% funding for 2017 - Brinnon data since 9/2016 are included in this report. In the fall of 2018, MCS Counseling took over providing these services from DBH. Easy access to experienced professionals with no financial burden to the family is the intention and has proven its worth in high levels of participation at all sites. Please note that non-1/10th funded services for an additional day of service at Brinnon are included.

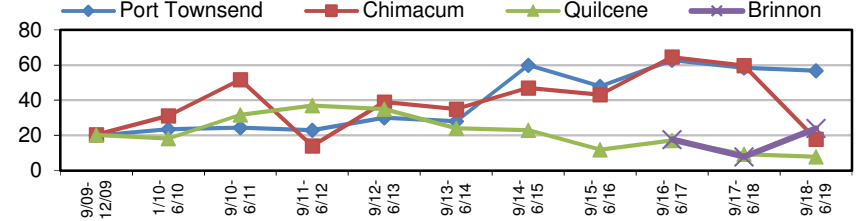


	Unduplicated Individuals:					Total Visits:					Average Visits/Person:				Range in # Visits:			
	PT	Chim	Quil	Brinnon	Total	PT	Chim	Quil	Brinnon	Total	PT	Chim	Quil	Brinnon	PT	Chim	Quil	Brinnon
9/2010-6/2011	54	86	19	---	159	245	517	318	---	1080	4	6	16	---	1-17	1-33	1-46	---
9/2011-6/2012	66	44	27	---	137	229	141	372	---	742	3	3	14	---	1-20	1-23	1-42	---
9/2012-6/2013	57	62	24	---	143	303	386	347	---	1036	5	6	14	---	1-21	1-26	1-48	---
9/2013-6/2014	50	58	24	---	132	282	350	244	---	876	6	6	10	---	1-23	1-36	1-27	---
9/2014-6/2015	77	74	29	---	180	599	471	225	---	1295	8	6	8	---	1-31	1-35	1-21	---
9/2015-6/2016	75	45	25	---	145	479	431	118	---	1028	6	10	5	---	1-31	1-52	1-25	---
9/2016-6/2017	103	54	21	14	192	628	646	172	177	1623	6	12	8	13	1-14	1-15	1-8	1-9
9/2017-6/2018	106	110	17	10	243	584	598	94	79	1355	6	5	6	8	1-14	1-10	0-8	0-9
9/2018-6/2019	110	50	17	10	187	569	178	79	240	1066	5	4	5	24				

# average individuals per month:



# average visits per month:



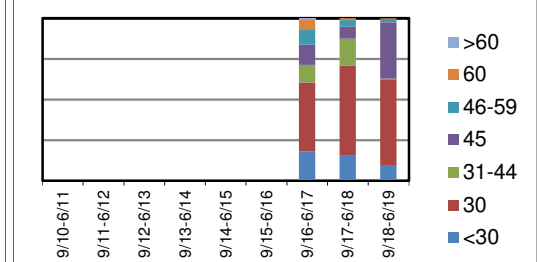
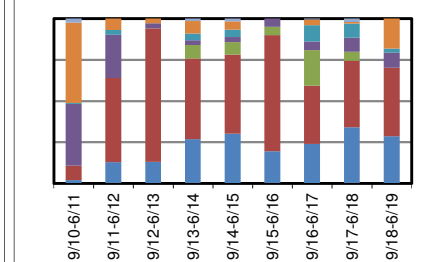
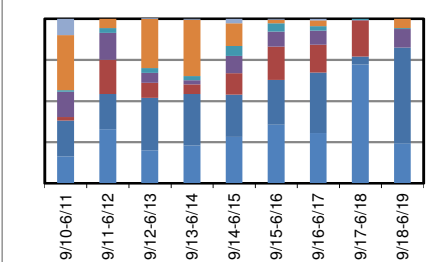
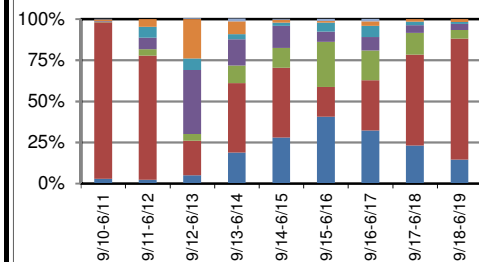
Visit length (min):

PORT TOWNSEND

CHIMACUM

QUILCENE

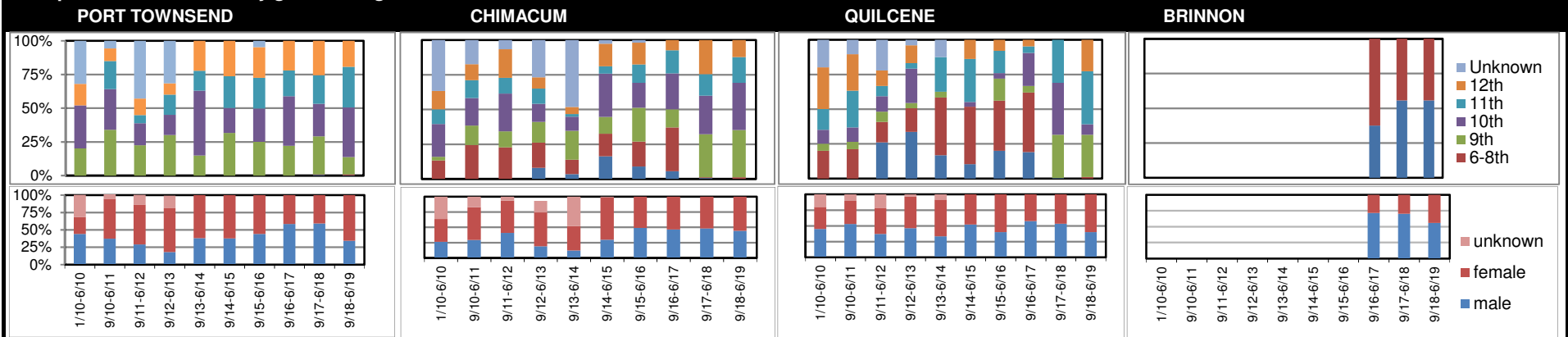
BRINNON



**Of all visits per school year, top reasons for visits are ranked for each school year: Red = Top 5 most identified**

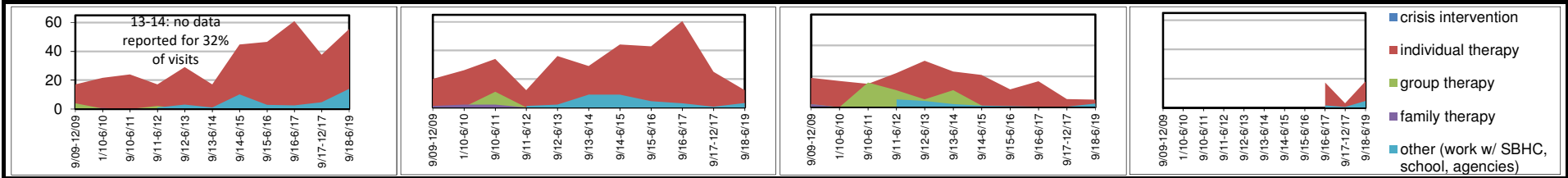
	PORT TOWNSEND									CHIMACUM									QUILCENE									BRINNON			
VISIT REASON	10-11	11-12	12-13	13-14	14-15	15-16	16-17	17-18	18-19	10-11	11-12	12-13	13-14	14-15	15-16	16-17	17-18	18-19	10-11	11-12	12-13	13-14	14-15	15-16	16-17	17-18	18-19	16-17	17-18	18-19	
Abuse	8	9	14	16	16	12	17	18	15	15	13	17	16	16	14	15	16	14	15	14	13	11	9	11	13	11	15	13	11	10	12
Alc/Drug Prev.	12	13	10	13	13	15	13	16	13	14	14	10	15	14	16	12	15	12	3	8	11	9	11	13	11	15	13	11	10	12	
Anger Mgmt	9	11	8	4	10	9	7	15	9	5	10	6	12	8	10	6	4	11	14	10	8	4	6	6	7	8	6	6	6	4	
Anxiety	14	7	5	3	3	8	5	10	4	13	5	12	7	2	9	2	3	3	12	10	12	2	5	2	4	5	3	8	5	6	
Court Diversion	12	15	15	8	14	13	15	6	11	11	12	15	13	13	13	13	11	17	8	12	4	5	7	4	9	15	13	11	10	12	
Depression	7	3	6	2	2	6	6	16	2	5	6	8	6	8	7	5	2	9	13	13	13	15	12	7	8	7	12	10	7	8	
Dom. Violence	18	18	18	16	16	17	19	18	18	18	17	17	16	16	17	19	17	18	15	15	13	15	14	13	16	15	18	11	10	12	
Eating/Weight	17	18	18	16	16	17	19	18	18	16	17	17	16	16	17	19	17	18	15	15	13	15	14	13	16	15	18	11	10	12	
Family Problems	1	1	1	1	1	1	1	5	1	1	1	1	1	1	1	1	1	1	2	2	1	1	3	1	2	2	5	3	2	1	
Future	5	10	9	11	11	9	12	1	7	9	11	10	8	10	6	10	12	2	5	5	10	11	12	9	6	6	4	5	8	5	
Grief	16	14	12	6	8	11	11	9	11	3	7	9	11	11	12	11	9	9	9	9	4	7	9	11	11	12	10	11	10	12	
Mental Health	10	12	11	13	4	2	13	11	18	4	9	4	9	6	5	19	17	8	9	7	9	11	4	13	16	15	9	11	10	12	
Relationships	2	2	2	5	6	7	3	2	5	2	2	2	2	3	2	3	6	6	1	3	7	3	1	3	5	4	2	4	8	2	
School	5	5	4	10	4	4	9	7	8	7	4	3	4	4	3	7	7	7	6	4	2	9	8	5	3	3	10	2	3	3	
Self-Esteem	3	8	3	6	9	15	8	8	6	8	8	5	5	7	11	8	8	5	3	1	3	15	14	11	14	10	7	6	4	7	
Stress	3	4	6	11	12	5	3	4	3	10	3	6	3	5	4	4	5	4	9	6	6	7	10	9	1	1	1	1	1	9	
Suicide	15	16	17	13	14	13	10	12	10	17	15	14	14	15	14	16	13	18	15	15	13	11	14	13	16	8	13	11	10	10	
Tobacco	19	17	16	16	16	17	19	13	18	19	17	16	16	16	17	17	17	18	15	15	13	15	14	13	11	14	13	11	10	12	
MH Screen	19	18	18	16	16	17	17	18	17	19	17	17	16	16	17	17	17	14	15	15	13	15	14	13	16	15	13	11	10	12	
Sub Abuse	19	18	18	16	16	17	16	14	13	19	17	17	16	16	17	14	14	14	15	15	13	15	14	13	14	11	18	11	10	12	
Other	11	5	12	9	7	3	2	3	16	11	16	13	10	12	7	9	9	12	7	15	13	6	2	7	10	12	7	8	10	10	

**Unduplicated individuals by grade and gender:**



**Average # services provided per month by service type:**

Note: for all schools, groups not reported after December 2013.



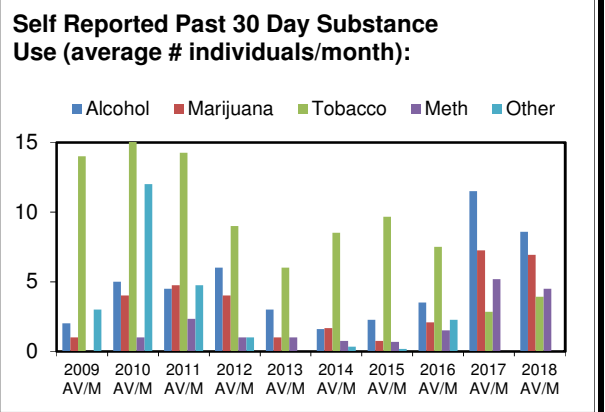
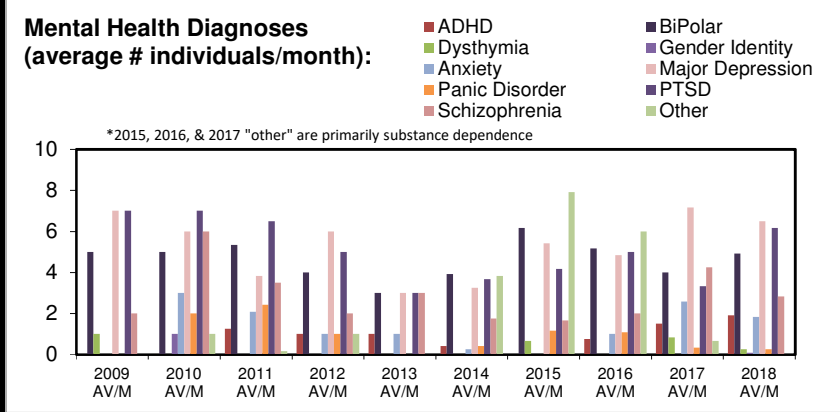
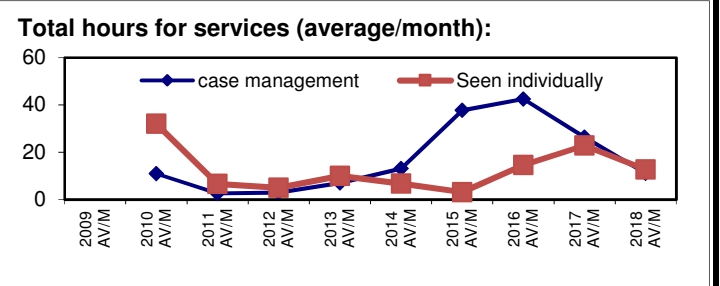
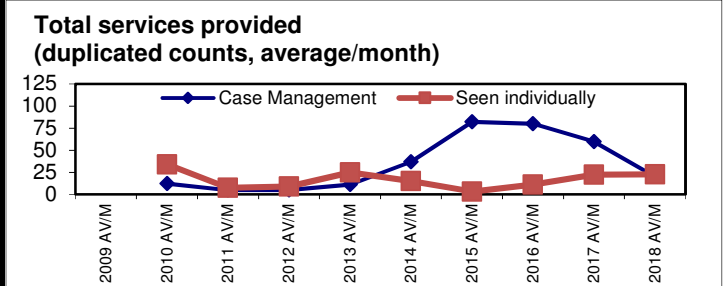
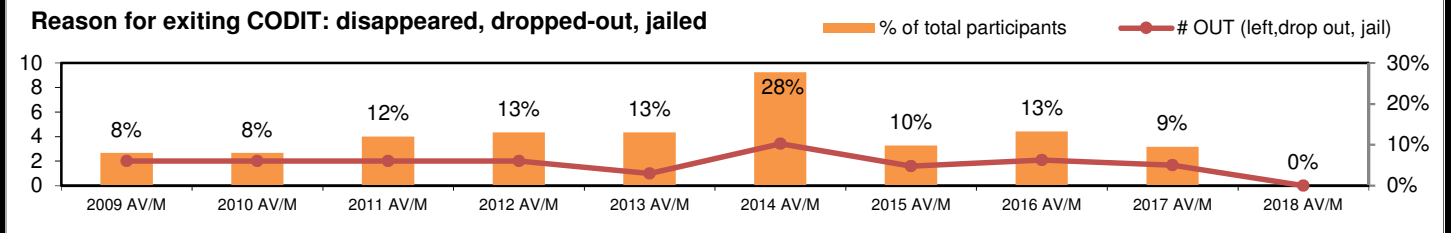
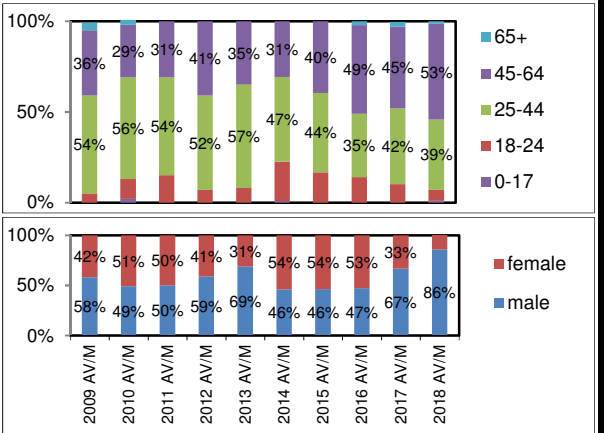
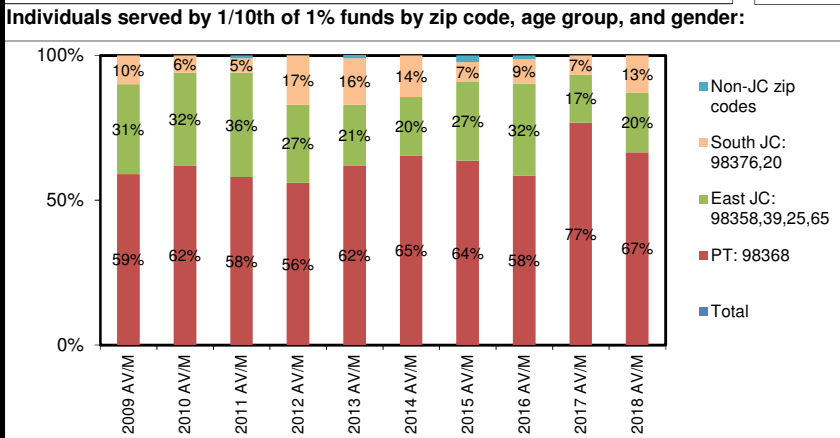
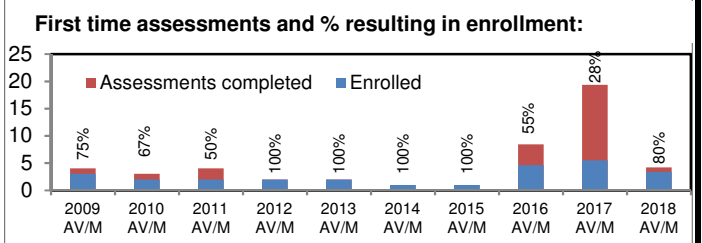
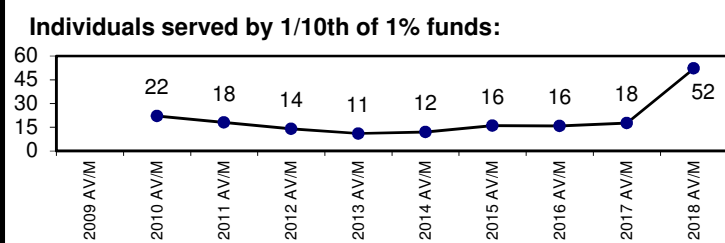
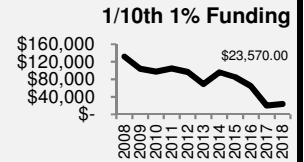
# Jefferson County 1/10th of 1% for Mental Health & Substance Abuse

CODIT, Discovery Behavioral Health

Unduplicated individuals served:

2013	2014	2015	2016	2017	2018
28	37	42	58	69	75

**Program Description:** In 2016, Discovery Behavioral Health (formerly Jefferson Mental Health) began running the CODIT program on their own. Previously, JMH and Safe Harbor both ran it. CODIT provides direct individual and group services to clients with both Substance Abuse/Dependence and Mental Health Disorders. These services, along with access to medical specialists, a case manager and peer counselor, experienced in serving this population, provide a broad spectrum of treatment possibilities not otherwise available in this county. Reporting is done monthly. Data for July, 2018 is unavailable.



# Jefferson County 1/10th of 1% for Mental Health & Substance Abuse

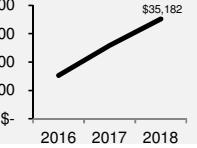
## Jefferson County Jail, Discovery Behavioral Health

Unduplicated individuals served:

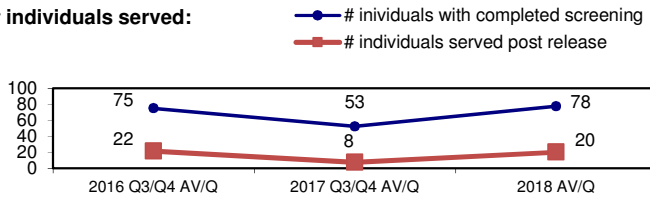
2016	2017	2018
94	78	141

**Program Description:** DBH case manager and chemical dependency professional trainee provide the following services in the jail: a) assessment of the majority of subjects booked into the jail for substance use disorder and mental health conditions and onsite engagement and coordination of outpatient treatment post-discharge; b) outreach and engage inmates in Relapse Prevention Education groups; c) provide assessment, early intervention and follow-up for substance use disorders and mental health issues; d) prepare for and coordinate outpatient treatment and post-discharge appointments; e) work with Jefferson County residents post-discharge. **In 2016 and 2017, DBH began providing these services in the 3rd quarter.**

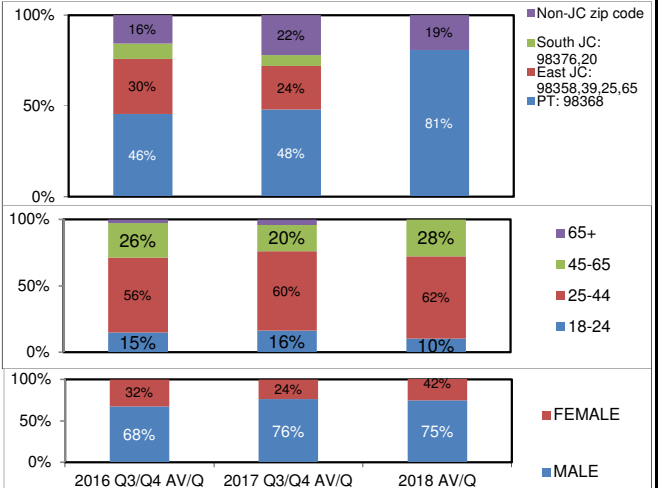
### 1/10th 1% Funding



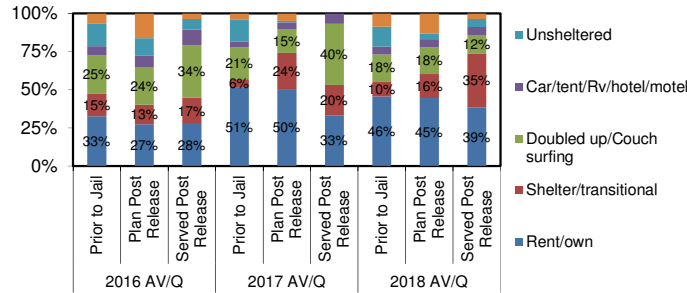
### # individuals served:



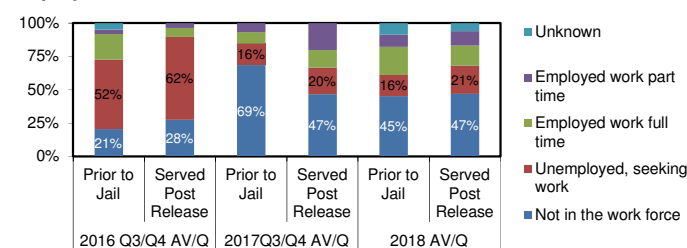
### # of individuals by zip code of residence, age group, & gender:



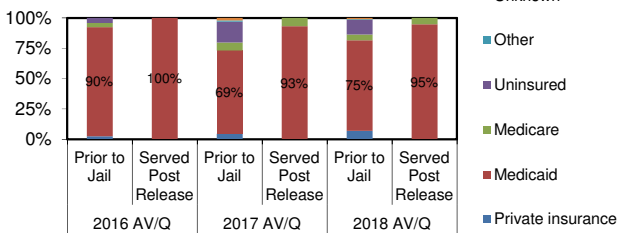
### Housing Status:



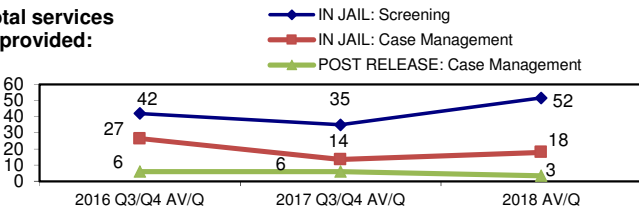
### Employment Status:



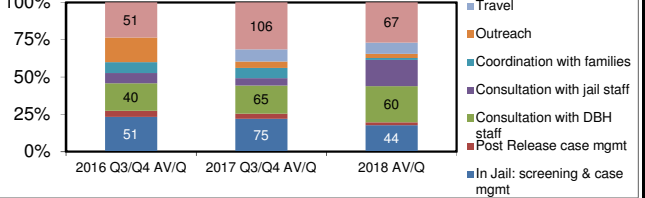
### Insurance Status:



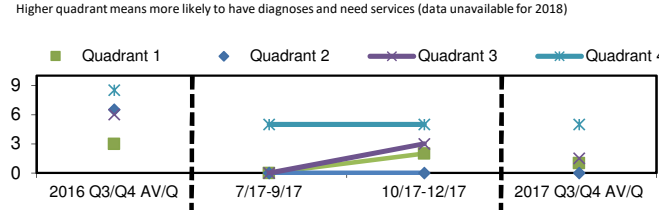
### Total services provided:



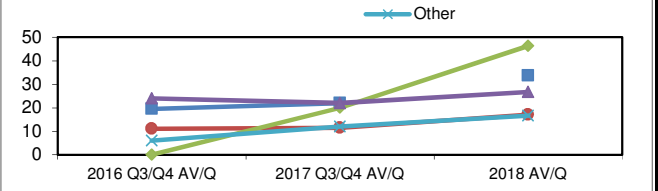
### Hours by Service Type:



### GAIN Short Screener Results: Identifying Behavioral Health Disorders



### Self Reported Past 30 Day Substance Use At Admission:



### Total referrals to community services/agencies:

Year	Location	Total	CD Outpatient	MH Outpatient	12-step grp	Medical	DSHS	Housing
		In jail	223	5	73	52	19	17
2016	Post-release	25	0	0	5	6	4	6
	In jail	301	32	62	66	9	13	23
2017	Post-release	45	7	5	10	2	2	3
	In jail	683	25	133	125	31	68	62
2018	Post-release	145	2	18	26	5	23	26

# Jefferson County 1/10th of 1% for Mental Health & Substance Abuse Therapeutic Courts

	2015			2016			2017			2018			
	Behavioral Health Court	Drug Court	Family Therapeutic Court	Behavioral Health Court	Drug Court	Family Therapeutic Court	Behavioral Health Court	Drug Court	Family Therapeutic Court	Behavioral Health Court	Drug Court	JC Juv. & Family Court	Family Therapeutic Court
Actual spent	\$15,000	\$15,000	\$5,754	\$15,801	\$15,508	\$5,799	\$40,198	\$39,852	\$11,279	\$44,412	\$41,239	\$2,910	\$9,522
Individuals served (unduplicated)	32	57	3	38	60	7	31	54	4	33	52	5	5
Graduates	2	12	1	5	16	2	6	12	0	10	6	n/a	1
Children reunited	n/a	n/a	2	n/a	n/a	3	0	0	0	0	0	n/a	0
Discharges	5	11	0	2	13	1	12	24	0	5	5	n/a	1
Average Individuals served/quarter	n/a	n/a	n/a	24	36	4	22	31	5	20	41	2	3
Participant zip code of residence:	2015 TOTAL			2016 AV/QTR			2017 AV/QTR			2018 AV/QTR			
98368	32	61	3	24	36	4	22	31	5	20	41	2	3
98368	11	23	2	15	25	3	13	12	3	11	14	0	1
98358	1	1	0	0.5	0	0.3	1	0	0	0	1	1	0
98339	4	12	1	5	6	0.3	2	8	2	5	13	1	1
98325	4	4	0	2	1	0	1	2	0	0	4	0	0
98365	1	0	0	1	1	0	1	1	0	1	0	0	1
98376	5	5	0	0	1	0	1	4	0	1	4	0	0
98320	0	2	0	0.3	1	0	1	1	0	2	2	0	1
Other	3	4	0	0	1	0	1	3	0	0	0	0	0
transient	3	0	0	0	0	0	0	0	0	0	0	0	0
non-Jefferson	0	4	0	1	1	0.5	0	0	0	0	3	0	0
Unknown	0	6	0	0.3	0.3	0.3	1	0	0	0	0	0	0
PT: 98368	34%	40%	67%	62%	69%	69%	59%	39%	60%	54%	34%	0%	42%
East JC: 98358,39,25,65	31%	30%	33%	33%	22%	14%	23%	35%	40%	32%	45%	100%	42%
South JC: 98376,20	16%	12%	0%	1%	5%	0%	9%	16%	0%	13%	15%	0%	17%
Non-JC zip code	9%	7%	0%	3%	3%	11%	0%	0%	0%	0%	7%	0%	0%
Transient	9%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%
Unknown	0%	11%	0%	1%	1%	6%	5%	0%	0%	1%	0%	0%	0%

**Unduplicated Individuals Served**

Year	Behavioral Health Court	Drug Court	Family Therapeutic Court
2015	32	57	3
2016	38	60	7
2017	31	54	4
2018	33	52	5

**Zip Code Breakdown**

Year	Unknown	Transient	Non-JC zip code	South JC: 98376,20	East JC: 98358,39,25,65	PT: 98368
2015 TOTAL	31%	34%	31%	30%	67%	40%
2016 AV/QTR	33%	62%	69%	22%	69%	33%
2017 AV/QTR	22%	69%	69%	14%	69%	23%
2018 AV/QTR	14%	59%	60%	40%	60%	39%
2018 AV/QTR	35%	60%	54%	45%	100%	32%
2018 AV/QTR	42%	42%	42%	42%	42%	42%

Participant Age:	2015 TOTAL			2016 AV/QTR			2017 AV/QTR			2018 AV/QTR			
0-17 *FFT 0-18	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	100%	0%	0%
18-24	9%	28%	0%	5%	28%	25%	15%	14%	0%	5%	12%	0%	0%
25-44	41%	53%	33%	53%	58%	35%	50%	75%	60%	63%	79%	0%	56%
45-64	47%	19%	67%	38%	13%	40%	30%	7%	40%	32%	7%	0%	44%
65+	3%	0%	0%	4%	0%	0%	5%	4%	0%	0%	2%	0%	0%

**Gender Breakdown**

Year	female	male
2015 TOTAL	44%	56%
2016 AV/QTR	28%	72%
2017 AV/QTR	25%	75%
2018 AV/QTR	21%	79%
2018 AV/QTR	29%	71%
2018 AV/QTR	29%	71%
2018 AV/QTR	11%	89%
2018 AV/QTR	31%	69%

**Zip Code Breakdown by Gender**

Year	Unknown	Transient	Non-JC zip code	South JC: 98376,20	East JC: 98358,39,25,65	PT: 98368
2015 TOTAL	31%	34%	31%	30%	67%	40%
2016 AV/QTR	33%	62%	69%	22%	69%	33%
2017 AV/QTR	22%	69%	69%	14%	69%	23%
2018 AV/QTR	14%	59%	60%	40%	60%	39%
2018 AV/QTR	35%	60%	54%	45%	100%	32%
2018 AV/QTR	42%	42%	42%	42%	42%	42%

Participant Gender:	2015 TOTAL			2016 AV/QTR			2017 AV/QTR			2018 AV/QTR			
male	56%	72%	0%	45%	75%	5%	50%	79%	0%	47%	71%	89%	31%
female	44%	28%	100%	55%	25%	95%	50%	21%	100%	53%	29%	11%	69%

# Hours by Activity Type:	2015 AV/Q	2015 AV/Q	2015 Q4	2016 AV/Q	2016 AV/Q	2016 AV/Q	2017 AV/Q	2017 AV/Q	2017 AV/Q	2018 AV/Q	2018 AV/Q	2018 AV/Q	2018 AV/Q
Client Supervision/ Case Mgmt	n/a	n/a	n/a	35	21	9	N/A	43	22	n/a	n/a	n/a	12
Court Time	n/a	n/a	n/a	32	38	22	N/A	38	26	n/a	36	n/a	26
Administration	n/a	n/a	n/a	23	44	15	N/A	68	15	n/a	64	n/a	10

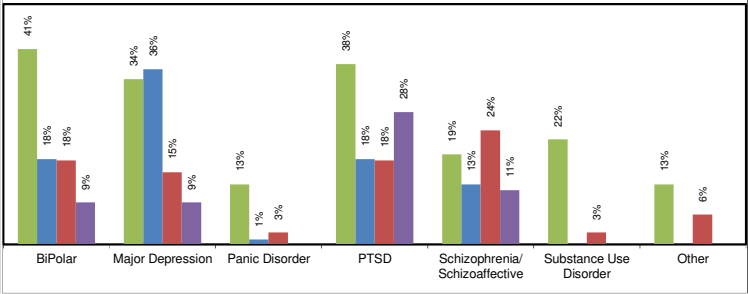
## Jefferson County 1/10th of 1% for Mental Health & Substance Abuse Therapeutic Courts

### BEHAVIORAL HEALTH COURT PARTICIPANTS ONLY:

Mental Health Diagnoses:	2015 Total	2016 AV/Q	2017 AV/Q	2018 AV/Q
ADHD	9%	0%	0%	1%
BiPolar	41%	18%	18%	9%
Delusional Disorder	0%	9%	3%	6%
Dysthymia	3%	0%	0%	0%
Generalized Anxiety	6%	1%	6%	5%
Major Depression	34%	36%	15%	9%
Panic Disorder	13%	1%	3%	0%
PTSD	38%	18%	18%	28%
Schizophrenia/ Schizoaffective	19%	13%	24%	11%
Substance Use Disorder	22%	0%	3%	0%
Acute Stress Disorder	0%	0%	1%	0%
Borderline Personality Disorder	0%	0%	0%	0%
Other	13%	0%	6%	0%
Unknown	0%	4%	3%	0%

### Mental Health Diagnoses:

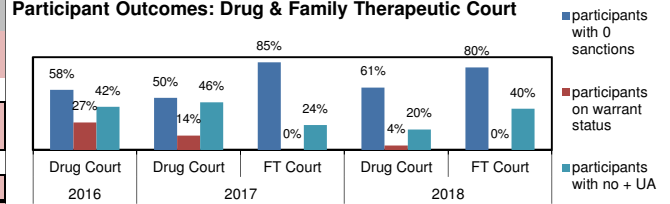
■ 2015 Total    ■ 2016 AV/Q  
■ 2017 AV/Q    ■ 2018 AV/Q



### DRUG & FAMILY THERAPEUTIC COURT PARTICIPANTS ONLY:

Participant Outcomes	2016		2017		2018	
	Drug Court	Drug Court	FT Court	Drug Court	FT Court	FT Court
participants with 0 sanctions	58%	50%	85%	61%	80%	
participants on warrant status	27%	14%	0%	4%	0%	
participants with no + UA	42%	46%	24%	20%	40%	
Warrants Issued	n/a	44%	0%	0%	0%	

### Participant Outcomes: Drug & Family Therapeutic Court







# Jefferson County 1/10th of 1% for Mental Health & Substance Abuse

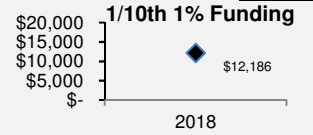
2018

## Jumping Mouse Children's Center Brinnon Pilot

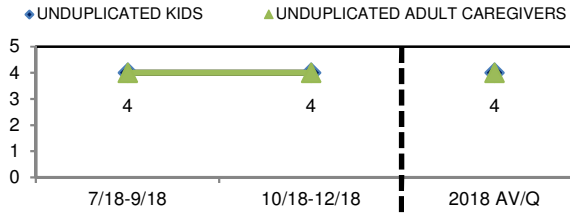
Unduplicated individuals served:

4

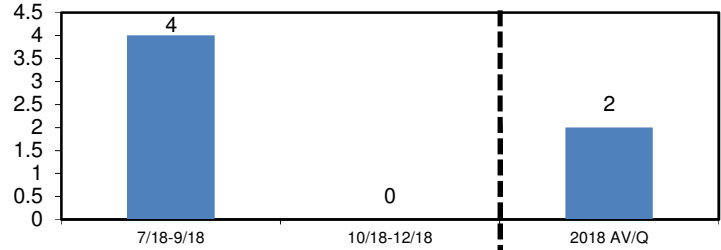
**Program Description:** Through 1/10th of 1% Funding, JMCC supports an additional four children weekly in long-term therapy and provides support and education for the parents/caregivers and teachers/staff of these children. Funding is also used to support supervision of these therapists working at the Brinnon Site.



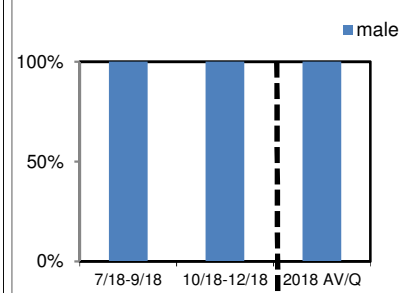
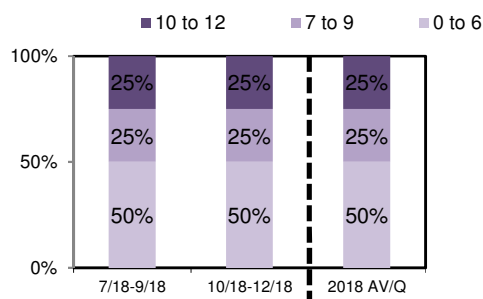
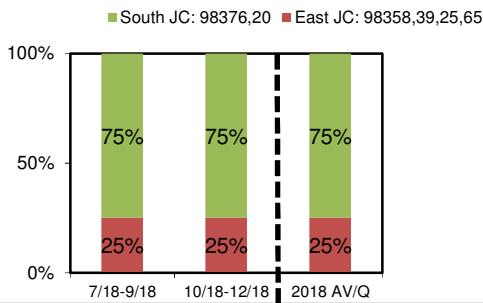
### Total # of Individuals Served (unduplicated)



### Enrollment



### Individuals served by 1/10th of 1% funds by zip code of residence, age group, and gender:



Jefferson County 1/10th of 1% Evaluation				2017			2018		
Annual Outcomes				2017			2018		
Continuum	Vendor & Program	SMART Objective	Type of Measure	Num	Den	Result	Num	Den	Result
Early Intervention	JCPH NFP	% of participants who agree or strongly agree they are more confident they can reduce/eliminate alcohol or other drug use since started working with PHN	Behavior change	2	3	67%	1	4	25%
Early Intervention	JCPH NFP	% of participants referred to substance abuse treatment (alcohol or drug) are engaged in services	Med/long term	1	2	50%	1	2	50%
Early Intervention	JCPH NFP	% of participants who agree or strongly agree that emotional health has improved since started working with PHN	Emotional health	8	10	80%	2	4	50%
Early Intervention	JCPH NFP	% of participants who agree or strongly agree they are more confident they can reduce/eliminate tobacco use since started working with PHN	Behavior change	3	4	75%	2	4	50%
Early Intervention	JCPH NFP	% of participants who agree or strongly agree they are better able to set and achieve goals since started working with PHN	Behavior change	8	10	80%	2	4	50%
Early Intervention	JCPH NFP	% of participants referred to MH treatment are engaged in services	Med/long term	9	15	60%	9	15	60%
Early Intervention	JCPH NFP	% of participants remain in the program (NFP report retention rate)	Med/long term	21	30	70%	21	30	70%
Early Intervention	JCPH NFP	% of participants who agree or strongly agree they are better able to access community resources since started working with PHN	Behavior change	9	10	90%	3	4	75%
Early Intervention	JCPH NFP	% of participants who agree or strongly agree they are better prepared to parent new baby since started working with PHN	Behavior change	10	10	100%	3	4	75%
Early Intervention	JCPH NFP	Average score for participant overall satisfaction with NFP program (scale 1-10)	Satisfaction	---	---	95%	---	---	90%
Early Intervention	JCPH NFP	2018: ADD measures related change in risk or to stage of change with MH and SUD, from initial to: 36w, 8w pp, 12mo, 18mo	medium term outcome	---	---	---	---	---	---
Early Intervention	JMCC Brinnon	80% of participants will score at least a 4 on the ACE's education session evaluation tool (one per session)	medium/long term ou	---	---	---	---	---	---
Early Intervention	JMCC Brinnon	90% of children served will successfully participate in therapy	medium/long term ou	---	---	---	---	---	---
Early Intervention	JMCC Brinnon	80% of parents served will successfully develop intended skills/behaviors of program	medium/long term ou	---	---	---	---	---	---
Early Intervention	JMCC Brinnon	80% of participants report program has helped them improve parenting skills (4 or 5)	satisfaction outcome	---	---	---	---	---	---
Early Intervention	JMCC Brinnon	80% of participants report program has helped them reach goals for family and self (4 or 5)	satisfaction outcome	---	---	---	---	---	---
Early Intervention	JMCC Brinnon	80% of teaches and staff report program has helped child and family reach goals(4 or 5)	satisfaction outcome	---	---	---	---	---	---
Early Intervention	Jumping Mouse	80% of parents served successfully develop intended skills/behaviors of program	Med/long term	141	156	90%	152	169	90%
Early Intervention	Jumping Mouse	90% of children served successfully participate in therapy	Med/long term	104	122	85%	112	124	90%
Early Intervention	Jumping Mouse	88% of participants report program has helped them improve parenting skills (4 or 5) (scale 1-5)	Satisfaction	21	24	88%	22	24	92%
Early Intervention	Jumping Mouse	88% of participants report program has helped them reach goals for family and self (4 or 5) (scale 1-5)	Satisfaction	21	24	88%	24	24	100%
Early Intervention	MCS SBHC	80% of participants rating 8+ on Miller Session Rating Scale: Overall (scale 1-10)	Satisfaction	536	619	87%	170	196	87%
Early Intervention	MCS SBHC	80% of participants rating 8+ on Miller Session Rating Scale: Goals and Topics (scale 1-10)	Satisfaction	504	616	82%	175	196	89%
Early Intervention	MCS SBHC	80% of participants rating 8+ on Miller Session Rating Scale: Relationship (scale 1-10)	Satisfaction	551	616	89%	179	196	91%
Early Intervention	MCS SBHC	80% of participants rating 8+ on Miller Session Rating Scale: Approach or Method (scale 1-10)	Satisfaction	534	616	87%	179	195	92%
Housing	DBH Transitional	% DBH transitional housing clients who are admitted to SUD and/or MH inpatient who return to DBH post-discharge.	medium/long term ou	---	---	---	0	6	0%
Housing	DBH Transitional	% enrolled participants successfully move to permanent housing in 2018	medium/long term ou	---	---	---	1	6	17%
Housing	DBH Transitional	% of individuals who discharge into permanent housing	medium/long term ou	---	---	---	1	5	20%
Housing	DBH Transitional	The number of hospital bed days for 2018 participants (enrolled at least three months) decreases compared to equivalent time prior.	medium/long term ou	---	---	---	36	55	65%
Housing	DBH Transitional	% of individuals who make progress on their stability plan obtain birth certificate, write resume, etc.	medium term outcom	---	---	---	4	6	67%
Housing	DBH Transitional	The proportion of DBH housing participants (enrolled for at least 12 months) with a decrease in relapse events compared to prior 6 months.*	medium/long term ou	---	---	---	3	3	100%
Housing	DBH Transitional	% of individuals who obtain employment	medium/long term ou	---	---	---	1	1	100%
Housing	DBH Transitional	% of individuals who obtain social security	medium/long term ou	---	---	---	5	5	100%
Housing	DBH Transitional	80% of program participants report favorable feedback about service experience.*	medium/long term ou	---	---	---	3	3	100%

Jefferson County 1/10th of 1% Evaluation									
Annual Outcomes				2017			2018		
Continuum	Vendor & Program	SMART Objective	Type of Measure	Num	Den	Result	Num	Den	Result
Housing	DBH Transitional	The number of ED visits for 2018 enrolled participants (at least three months) decreases compared to equivalent time prior.	medium/long term outcome	---	---	---	---	---	---
Housing	DBH Transitional	The number of jail bed days for 2018 participants (enrolled at least three months) decreases compared to equivalent time prior.	medium/long term outcome	---	---	---	---	---	---
Housing	DBH Transitional	The proportion of 2018 participants (enrolled at least three months) who are re-admitted to the hospital within 30 days from discharge decreases compared to equivalent time prior.*	medium/long term outcome	---	---	---	---	---	---
Housing	DBH Transitional	% of individuals who go back to school and/or get job training	medium/long term outcome	---	---	---	0	0	---
Housing	DBH Transitional	% of individuals who are reunified with their children	medium/long term outcome	---	---	---	2	0	---
Housing	OlyCAP	% of individuals who obtain employment	medium/long term outcome	---	---	---	2	44	5%
Housing	OlyCAP	% of individuals who obtain social security	medium/long term outcome	---	---	---	7	44	16%
Housing	OlyCAP	% of individuals who discharge into permanent housing	medium/long term outcome	---	---	---	13	44	30%
Housing	OlyCAP	% of individuals who go back to school and/or get job training	medium/long term outcome	---	---	---	15	44	34%
Housing	OlyCAP	% of individuals who are reunified with their children	medium/long term outcome	---	---	---	22	44	50%
Housing	OlyCAP	% of individuals who make progress on their stability plan (Justine to create list of action steps that would count) obtain birth certificate, write resume, etc.	medium term outcome	---	---	---	25	44	57%
Housing	OlyCAP	75% of individuals do not relapse	medium term outcome	---	---	---	31	44	70%
Housing	OlyCAP	overall satisfaction with services	medium/long term outcome	---	---	---	40	44	91%
Jail/Courts	DBH Jail	% of individuals screened in jail during repeat incarcerations	medium term outcome	---	---	---	---	---	---
Jail/Courts	DBH Jail	% of in-jail participants are also served post-release	medium term outcome	---	---	---	---	---	---
Jail/Courts	DBH Jail	% of individuals referred to mental health treatment who participate in services	medium term outcome	---	---	---	---	---	---
Jail/Courts	DBH Jail	% of individuals referred to substance use treatment who participate in services	medium term outcome	---	---	---	---	---	---
Jail/Courts	DBH Jail	% of participants report case manager was helpful	satisfaction outcome	---	---	---	---	---	---
Jail/Courts	DBH Jail	% of participants report that groups were helpful	satisfaction outcome	---	---	---	---	---	---
Jail/Courts	DBH Jail	% of participants feel they were offered support after they leave jail	satisfaction outcome	---	---	---	---	---	---
Jail/Courts	DBH Jail	% of participants are housed	Med / long term outcome	---	---	---	---	---	---
Jail/Courts	Drug Court	% of participants who decrease drug use (quarterly average number with no positive UAs)	Med/long term	40.5	54	75%	42	52	81%
Jail/Courts	FT Court	% of participants who decrease drug use (quarterly average number with no positive UAs)	Med/long term	3	4	75%	2	5	40%