Background: In the 2005 Washington State legislative session, Senator Hargrove passed the Omnibus Mental Health and Substance Abuse Reform Act SB 5763 to expand substance abuse and mental health treatment. The bill allows local governments to increase a sales tax to improve local services. In 2005, Jefferson County Board of County Commissioners (BoCC) adopted this tax and established the Jefferson County Mental Health and Substance Abuse Sales Tax Advisory Committee to review community needs and local Requests for Proposals (RFP) from vendors in order to provide a continuum of enhanced mental health and substance abuse treatment services. This fund provides an average of $\$ 400,000$ a year. Fund recipients submit quarterly reports of service outputs, as well as participant characteristics and outcomes to Kitsap Public Health District under contract to monitor and evaluate the impact of these funds.

ANNUAL COUNT OF UNDUPLICATED INDIVIDUALS SERVED (not available prior to 2013)

|  |  | 2013 | 2014 | 2015 | 2016 | 2017 | 2018 | 2019 | Notes |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Nurse Family Partnership | 54 | 66 | 58 | 62 | 60 | 64 | 54 | Two individuals per family |
|  | Jumping Mouse - Caregivers | 103 | 174 | 179 | 152 | 156 | 169 | 157 |  |
| EARLY | Jumping Mouse - Kids | 73 | 113 | 137 | 125 | 122 | 124 | 109 |  |
| intervention | Jumping Mouse Brinnon - Caregivers | --- | --- | --- | --- | --- | 4 | 7 |  |
|  | Jumping Mouse Brinnon - Kids | --- | --- | --- | --- | --- | 4 | 6 |  |
|  | School-Based Health Clinic | 132 | 180 | 145 | 192 | 243 | 187 | 255 | School year (9/19-6/20) |
| TREATMENT | DBH CODIt | 28 | 37 | 43 | 58 | 69 | 75 | 11 | 2019: Program ended, only Q1 |
|  | Recovery Café |  | --- | --- | --- | --- | --- | 11 |  |
|  | Believe in Recovery: Jai//Inmate Services | 268 | N/A | N/A | 94 | 78 | 85 | 136 |  |
|  | Behavioral Health Court | --- | --- | 32 | 38 | 31 | 33 | 26 |  |
| JAIL / COURTS | Drug Court | --- | --- | 57 | 60 | 54 | 52 | 55 |  |
|  | Family Therapeutic Court | --- | --- | 3 | 7 | 4 | 5 | 4 |  |
|  | Family Functional Therapy | --- | -- | --- | --- | --- | 5 | 7 |  |
|  | Navigator Program | --- | --- | --- | --- | --- | --- | 62 | 2019: Program began Mid-May |
| HOUSING | OlyCAP | --- | -- | --- | --- | -- | 12 | 46 |  |
|  | DBH Transitional | --- | -- | -- | --- | --- | 6 | 9 |  |
|  | Total: | 658 | 570 | 654 | 788 | 817 | 825 | 955 |  |




| Jefferson County One Tenth of One Percent Tax Budget by Program |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 2013 |  | 2014 |  | 2015 |  | 2016 |  | 2017 |  | 2018 |  | 2019 |  | Notes |
| Nurse Family Partnership |  | \$ | 25,900 | \$ | 31,740 | \$ | 29,170 | \$ | 29,169 | \$ | 42,121 | \$ | 49,227 | \$ 64,428 |  | 99\% of Budget Spent |
| EARLY | Jumping Mouse |  | \$ 24,000 | \$ | 30,000 | \$ | 27,550 | \$ | 27,570 | \$ | 70,125 | \$ | 84,327 | \$ | 79,000 | 100\% of Budget Spent |
| INTERVENTION | Jumping Mouse Brinnon |  | --- |  | --- |  | --- |  | --- |  | --- | \$ | 12,186 | \$ | 32,424 | $64 \%$ of Budget Spent |
|  | School-Based Health Clinic | \$ | 59,339 | \$ | 65,000 | \$ | 55,717 | \$ | 51,983 | \$ | 83,248 | \$ | 63,372 | \$ | 72,481 | 102\% of Budget Spent |
| TREATMENT | DBH CODIT |  | \$ 68,844 | \$ | 96,395 | \$ | \$ 85,475 | \$ | 64,463 | \$ | 20,123 | \$ | 23,570 | \$ | 30,000 | 23\% of Budget Spent, Ended Q1 2019 $100 \%$ of Budget Spent |
|  | Recovery Café |  | --- |  | --- |  | --- |  | --- |  | --- |  | --- | \$ | 45,000 |  |
|  | Believe in Recovery: Jail/Inmate Services |  | --- |  | --- |  | --- | \$ | 15,262 | \$ | 25,826 | \$ | 35,182 | \$ | 32,000 | 100\% of Budget Spent |
|  | Behavioral Health Court |  | --- |  | --- | \$ | 15,000 | \$ | 15,801 | \$ | 40,198 | \$ | 44,412 | \$ | 48,330 | $74 \%$ of Budget Spent |
| JAIL / COURTS | Drug Court |  | --- |  | --- | \$ | 15,000 | \$ | 15,508 | \$ | 39,852 | \$ | 41,239 | \$ | 40,421 | 88\% of Budget Spent |
|  | Family Therapeutic Court |  | --- |  | --- | \$ | 5,754 | \$ | 5,799 | \$ | 11,279 | \$ | 9,522 | \$ | 10,000 | $56 \%$ of Budget Spent |
|  | Family Functional Therapy |  | --- |  | --- |  | --- |  | --- |  | --- | \$ | 2,910 | \$ | 11,500 | $100 \%$ of Budget Spent |
|  | Navigator Program |  | --- |  | --- |  | --- |  | --- |  | --- |  | --- | \$ | 55,000 | 70\% of Budget Spent |
|  | OlyCAP |  | --- |  | --- |  | --- |  | --- |  | --- | \$ | 19,078 | \$ | 18,000 | $44 \%$ of Budget Spent |
| HOUSING | DBH Transitional |  | --- |  | -- |  | --- |  | --- |  | --- | \$ | 23,642 | \$ | 24,000 | 82\% of Budget Spent |

## Nurse Family Partnership - Jefferson County Public Health SUMMARY

Program Description: A Public Health Nurse serves low-income first-time pregnant mothers with social/health indicators, (recent personal history of substance use and/or mental illness) that increase the risk for poor outcomes for mother and infant. Public Health Nurse treats the mother using behavior change theory and motivational interviewing for quitting substances, preventing relapse, treating mental illness, addressing intergenerational patterns within the family system.

- The number of families served per year has decreased from 32 families per year in 2018 to 27 families per year in 2019.
- On average, the number of individuals participating per quarter has increased from 25 per quarter in 2018 to 26 per quarter in 2019.
- $80 \%$ of clients participated at least six months in the program, an increase from 2018 when only $47 \%$ of clients participanted at least six months.
- On average, 102 visits were completed each quarter a slight decrease from the average 109 visits per quarter in 2018.



## Jumping Mouse Children's Center SUMMARY

Program Description: Services to traumatized children who have been directly impacted by a parent's substance use disorder and/or mental illness; services also provided to the children's caregivers. Jumping Mouse is reaching some of the most at-risk members of our community, preventing substance abuse \& mental health problems before they begin.

- The unduplicated number of children served in 2019 was 109, a decrease of $14 \%$ from 2018.
- The unduplicated number of caregivers served in 2019 was 157, a decrease of $8 \%$ from 2018.
- There were 98 total service inquiries a decrease compared to 112 in 2018. Approximately 1 in 3 children were enrolled from these service inquiries, a similar amount to 2018 and 2017.
- The percent of clients served in East Jefferson County increased from 22\% (2018) to 29\% (2019).
- The percent of clients from the age of $10-12$ increased from $32 \%$ (2018) to $37 \%$ (2019).
- In 2019, Jumping Mouse conducted an average of 634 sessions for children per quarter and 195 sessions for caregivers per quarter.
- The percent of child clients in a single parent household increased from $44 \%$ (2018) to $55 \%$ (2019). The percent o child clients in foster care, adoptive care, and kinship care also increased.
- The most common mental health diagnosis for child clients was generalized anxiety in 2018 and 2019.
- The percent of child clients exposed to substance use during pregnancy and currently / historically both increased from 2018 to 2019.



## Jumping Mouse Children's Center - Brinnon School District Pilot Project SUMMARY

Program Description: Jumping Mouse has set up a satellite center in the Brinnon School District. JM provides weekly long-term therapy to four children who atend Brinnon School, provide supports and education to parents/caregivers and the teachers/staff of the children in therapy.

| - The number of both children and caregiver participants increased from 2018 to 2019. <br> - The majority of children participants are male (90\%) and live in South JC ( $78 \%$ ). <br> - Almost half ( $45 \%$ ) of child participants are 7-9 years old. <br> - The only mental health diagnoses reported include: generalized anxiety (67\%) and PTSD (33\%). | Total Individuals Served by Year |  |  |
| :---: | :---: | :---: | :---: |
|  | 10 |  | 7 |
|  | 5 | $4$ | $\underline{\square}$ |
|  |  | 4 | 6 |
|  |  | 2018 | 2019 |
|  |  | $\sim$ - Unduplicated Children | $\rightarrow$ Unduplicated Caregivers |


| School-Based Health Clinic - MCS Counseling SUMMARY |  |
| :---: | :---: |
| Program Description: Mental health Professionals provide therapeutic services, to students in the Port Townsend, Chimacum, Quilcene and Brinnon School Districts. Consultations with school staff and other agencies are also provided for the students engaged in the program. Easy access to experienced professionals with no financial burden to the family has proven its worth in high levels of participation at all four school sites. |  |
| - The 2019-2020 school year served the highest number of students, 256 students. <br> - The average number of individuals served per month increased for all sites, except Port Townsend. <br> - Overall, these students had 1,421 visits. An average of 6 visits per student throughout the school year. <br> Brinnon had the highest average of visits per student with 11 visits. <br> - The range in number of visits per individual was large, with some individuals having up to 50 visits and other individuals only having 1 visit. <br> - The majority of visits at each site is 30 minutes in length. <br> - The top reason for visits for each site was family problems, which has remained consistent in past school years. <br> - Most sites served mostly high school students, however the Brinnon site served only elementary and middle school students. |  |

CODIT Program - Discovery Behavioral Health SUMMARY (Program Ended After Quarter 1-2019)
Program Description: Discovery Behavioral Healthcare provides substance abuse treatment, along with continuing mental health services and UA's for 24-40. Jefferson County citizens with co-occurring disorders (with severe \& persistent mental illness), seeking Mental Health and Substance Abuse treatment.

- CODIT served 11 total individuals served in Quarter 1-2019, compared to an average of 13 individuals served per quarter in 2018
- Of those individuals who provided their zip code, $67 \%$ of individuals served lived in the Port Townsend zip code.
- Of those individuals who reported age and gender, $33 \%$ were $25-44,56 \%$ were $45-64$, and $11 \%$ were 65 and older, $67 \%$ were male, and $33 \%$ were female.
- The top services provided include: case management, documentation, clinical staffing, and individual sessions.


## Transitional Housing - Discovery Behavioral Health SUMMARY

Program Description: Discovery Behavioral Healthcare provides transitional housing services for up to 10 Jefferson County citizens who are at immediate risk of or a continuing risk of psychiatric hospitalization, or who have been recently discharged from the hospital without a home. The following is provided: market rate rent for one apartment at Thomas Street Apartments, rent of one room at Bayside Hotel for an individual with severe mental illness who is currently homeless and overnight housing for up to 3 nights a month at Harborside Inn, for citizens needing immediate short term housing

- The number of clients served remained the same, 6 clients total, from 2018 to 2019
- The percent of clients who were discharged into permanent housing increased from $25 \%$ (2018) to 50\% (2019).
- The percent of clients not in the workforce decreased from $73 \%$ (2018) to $38 \%$ (2019).
- In 2018, 18\% of the clients were above the age of 65 compared to $0 \%$ in 2019.
- The number of referrals increased from 34 (2018) to 41 (2019). The most common type of referral was for financial assessments, HARPs applications, referrals to OlyCAP, housing applications, and crossroads applications.
- The percent of clients who partcipated for over a year decreased from $62 \%$ (2018) to $31 \%$ (2019).



## Jail/Inmate Services - Believe in Recovery SUMMARY

Program Description: A Chemical Dependency Professional, (CDP) assesses subjects booked into jail for substance use disorder and/or withdrawal, provides services/referrals for inmates with substance abuse dependencies to: DBH, (Mental Health Provider) Jefferson County Public Health and the Jail Medical Provider, coordinates care with Safe Harbor and the Therapeutic Courts, and assists with inmate placement into treatment programs. CDP actively recruits inmates with substance abuse issues to participate in a weekly class.

- The number of individuals served annually decreased from 141 (2018) to 134 (2019). -The number of assessments completed per quarter decreased from 78 (2018) to 34 (2019). - Of those recommended services, $64 \%$ of individuals referred attended inpatient treatment, $76 \%$ of individiuals referred attended outpatient treatment, and $88 \%$ of individuals referred attended MAT. - Over half of individuals served ( $64 \%$ ) were in the $25-44$ age group.
- Almost a third of individuals reported being homeless (31\%).
- In 2019, 43 total classes were held and attended by an average number of 13 individuals. - In 2019, 392 total referrals were made. The most common referrals were to MAT, OlyCap, and transporation services.



## Behavioral Health Court - Therapeutic Court Programs SUMMARY

Program Description: The Jefferson County Behavioral Health Court ( BHC ) program is a pre- and post-conviction program for Jefferson County defendants who are mentally ill and have not been successfu in obtaining mental health treatment or compliance with treatment. All defendants must meet the initial clinical criteria established by the state of Washington to determine serious and persistent mental illness. The programs consists of intensive supervision of clients by a mental health professional, frequent appearances before the BHC team, required mental health counseling, taking medications a prescribed and not using non-prescribed substances. When a participant completes the required activities for a particular phase, the defendant becomes eligible to advance to the next phase. Upon completion of the four phases, the client will then graduate. For preadjudication cases, this may result in dismissal of charges. For post adjudication cases, participants may enter this program instead of probation. The entire program length is determined by the participant's progress, on average it takes approximately 24 months to complete

- The number of participants in the Behavioral Health Court has remained consistent from 2015-2019

In 2019, there was a decrease in participants from 33 (2018) to 26 (2019).

- Over half of participants (52\%) live in Port Townsend (98368).
- Over half of participants are in the 25-44 age group (69\%).
- In 2019, only 1 participant of the Behavioral Health Court graduated ( $4 \%$ of participants), a decrease
from the 10 who graduated in 2018 ( $30 \%$ ).
- The most common mental health diagnoses clients include: major depression/depression (32\%),
bipolar disorder (23\%), and anxiety (18\%).
- Over half of participants (53\%) were in the Behavioral Health Court for at least 1 year.



## Drug Court - Therapeutic Court Programs SUMMARY

Program Description: The Therapeutic Courts serve the population who are involved with the Criminal Justice System and would likely be incarcerated. Participants in Drug Court have a substance abuse issue. Therapeutic Courts provide an opportunity for participants to work on their underlying issues, therefore reducing the jail population \& is an essential element of restorative justice.

- The number of participants in Drug Court has remained consistent from 2015 to 2019.
- The majority of drug court participants live in Port Townsend (46\%).
- Over three fourths of the participants ( $81 \%$ ) are in the 25-44 age range.
- One fourth ( $25 \%$ ) of participants graduated in 2019, an increase from the $12 \%$ in 2018
- Participants with sanctions and positive UAs have remained consistent from 2016-2019, while participants with warrant status has been decreasing.



## Family Functional Therapy - Therapeutic Court Programs SUMMARY

Program Description: The Therapeutic Courts serve the population who are involved with the Criminal Justice System and would likely be incarcerated. Participants in Family Therapeutic Court have a substance abuse issue. Therapeutic Courts provide an opportunity for participants to work on their underlying issues, therefore reducing the jail population and is an essential element of restorative justice.

- The number of participants in the Family Functional Therapy has increased from 5 (2018) to 7 (2019).
- Almost three fourths of participants (73\%) live in Port Townsend (98368).
- Of the 7 participants, 6 participants ( $86 \%$ ) successfully completed the program.
- All participants were involved in the program for 24 weeks or less.
- A total of 7 referrals were provided during 2019, or one referral per participant

Participants of Family Functional Therapy by Year 7
$\qquad$
-

2018
2019

## Family Therapeutic Court - Therapeutic Court Programs SUMMARY

Program Description: The Therapeutic Courts serve the population who are involved with the Criminal Justice System and would likely be incarcerated. Participants in Family Therapeutic Court have a substance abuse issue. Therapeutic Courts provide an opportunity for participants to work on their underlying issues, therefore reducing the jail population and is an essential element of restorative justice.

|  | Participants of Therapeutic Courts by Year |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| - The number of participants in the Family Therapeutic Court has remained consistent from 2015 - | 8 | 7 |  |  |  |
| $2019 .$ | 7 |  |  |  |  |
| - Over half of participants (63\%) live in Port Townsend (98368). | 6 |  |  | 5 |  |
| - Half of participants in 2019 graduated, 2 of the 4 participants. | 5 |  |  |  | 4 |
| - A majority of participants (88\%) were $25-44$ years old. | 4 |  |  |  |  |
| - Most participants were involved in the court for 13-52 weeks (63\%). | 3 |  |  |  |  |
| - Participants with 0 sanctions has remained at least 80\% from 2017-2019. The percent of participants | 2 |  |  |  |  |
| with no positive UAs has dropped from $40 \%$ (2018) to 0\% (2019). | 1 |  |  |  |  |
|  | 0-2015 | 2016 | 2017 | 2018 | 2019 |

## OlyCAP Transitional Housing SUMMARY

Program Description: Olympic Community Action, (OlyCAP) provides transitional housing at the Haines Street Cabins, for individuals with substance use disorder or mental illness who are participating in Therapeutic Courts or who are discharged from Jail or a Hospital without a home. The $1 / 10$ th of $1 \%$ fund pays for utilities at the cabins.

- The number of clients served increased from 41 to 46 individuals from 2018 to 2019
- In 2019, the percent of individuals not in the work force decreased and the percent of individuals with part-time employment increased.
- From 2018 to 2019, the amount of individuals served who are 45-64 years old increased from 9\% to 15\%.
- In 2019, 56\% of individuals, who were discharged, were discharged to permanent housing
- Overall, the length of participation of individuals served has increased, those participating 1 year or more increased from $0 \%$ (2018) to $23 \%$ (2019).



## Recovery Café - Dove House SUMMARY

Program Description: A drug and alcohol free place where café members recover from mental illness, homelessness, domestic violence, addiction and trauma.

- The Recovery Café had 180 visitors and 164 drop-in visits in 2019.
- In 2019, 11 individuals attended at least one of the 17 recovery circles held during the year.
- During the year, 567 hours of volunteer service were provided to the Recovery Cafe
- Fourteen referrals to other services were provided through the Recovery Cafe.

Police Navigator Program - MCS Counseling/Port Townsend Police SUMMARY
Program Description: The Therapeutic Courts serve the population who are involved with the Criminal Justice System and would likely be incarcerated. Participants in Family Therapeutic Court have a substance abuse issue. Therapeutic Courts provide an opportunity for participants to work on their underlying issues, therefore reducing the jail population and is an essential element of restorative justice.

- In 2019, 62 contacts were made and none of them led to an arrest. For those 62 contacts, 255 total referrals were made or approximately 4 referrals per contact.
- The most common places for contacts to be referred to were DBH, OlyCap, JHC, and legal support
- Contacts were more likely to be male ( $53 \%$ ) and over the age of $45(60 \%)$. Over half of those who reported their housing situation were homeless ( $52 \%$ ) and $44 \%$ rented or owned their own home.
- The most frequently reported mental health symptoms were delusions, psychosis, and PTSD




## Jefferson County One Tenth of One Percent Tax Fund Evaluation

Jumping Mouse Children's Center - Brinnon School District Pilot Project SUMMARY
Program Description: Jumping Mouse has set up a satellite center in the Brinnon School District. JM provides weekly long-term therapy to four children who atend Brinnon School, provide supports and education to parents/caregivers and the teachers/staff of the children in therapy.





Jefferson County One Tenth of One Percent Tax Fund Evaluation Transitional Housing - Discovery Behavioral Health
Program Description: Discovery Behavioral Healthcare provides transitional housing services for up to 10 Jefferson County citizens who are at immediate risk of or a continuing risk of psychiatric
hospitalization, or who have been recently discharged from the hospital without a home. The following is provided: market rate rent for one apartment at Thomas Street Apartments, rent of one room at Bayside Hotel for an individual with severe mental illness who is currently homeless and overnight housing for up to 3 nights a month at Harborside Inn, for citizens needing immediate short term housing.


## Jefferson County One Tenth of One Percent Tax Fund Evaluation

 Therapeutic Court ProgramsProgram Description: The Therapeutic Courts serve the population who are involved with the Criminal Justice System and would likely be incarcerated. Participants in Drug Court and Family Therapeutic Court, (FTC) have a substance abuse issue and participants in Behavioral Health Court have mental health disorders. Therapeutic Courts provide an opportunity for participants to work on their underlying issues, therefore reducing the jail population \& is an essential element of restorative justice.

|  | 2015 |  |  | 2016 |  |  | 2017 |  |  | 2018 |  |  |  | 2019 |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Behavioral | Drug | Family | Behavioral | Drug | Family | Behavioral | Drug | Family | Behavioral | Drug | Family | Juvenile/Family | Behavioral | Drug | Family | Juvenite/Family |
| Individuals served (unduplicated) | 32 | 57 | 3 | 38 | 60 | 7 | 31 | 54 | 4 | 33 | 52 | 5 | 5 | 26 | 55 | 4 | 7 |
| Graduates | 2 | 12 | 1 | 5 | 16 | 2 | 6 | 12 | 0 | 10 | 6 | 1 | N/A | 1 | 14 | 2 | 6 |
| Children reunited | N/A | N/A | 2 | N/A | N/A | 3 | 0 | 0 | 0 | 0 | 0 | 0 | N/A | 0 | 0 | 0 | N/A |
| Discharges | 5 | 11 | 0 | 2 | 13 | 1 | 12 | 24 | 0 | 5 | 5 | 1 | N/A | 4 | 17 | 0 | N/A |
| Participant Area of Residence |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| PT: 98368 | 34\% | 40\% | 67\% | 62\% | 69\% | 69\% | 59\% | 39\% | 60\% | 54\% | 34\% | 42\% | 0\% | 52\% | 46\% | 63\% | 73\% |
| East JC: 98358, 39, 25, 65 | 31\% | 30\% | 33\% | 33\% | 22\% | 14\% | 23\% | 35\% | 40\% | 32\% | 45\% | 42\% | 100\% | 43\% | 34\% | 37\% | 27\% |
| South JC: 98376, 20 | 16\% | 12\% | 0\% | 1\% | 5\% | 0\% | 9\% | 16\% | 0\% | 13\% | 15\% | 17\% | 0\% | 3\% | 14\% | 0\% | 0\% |
| Non-JC Zip Code | 9\% | 7\% | 0\% | 3\% | 3\% | 11\% | 0\% | 0\% | 0\% | 0\% | 7\% | 0\% | 0\% | 2\% | 7\% | 0\% | 0\% |
| Transient | 9\% | 0\% | 0\% | 0\% | 0\% | 0\% | 0\% | 0\% | 0\% | 0\% | 0\% | 0\% | 0\% | 0\% | 0\% | 0\% | 0\% |
| Unknown | 0\% | 11\% | 0\% | 1\% | 1\% | 6\% | 5\% | 0\% | 0\% | 1\% | 0\% | 0\% | 0\% | 0\% | 0\% | 0\% | 0\% |
| Participant Age |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 0-17 (FFT: 0-18) | 0\% | 0\% | 0\% | 0\% | 0\% | 0\% | 0\% | 0\% | 0\% | 0\% | 0\% | 0\% | 100\% | 0\% | 0\% | 0\% | 100\% |
| 18-24 | 9\% | 28\% | 0\% | 5\% | 28\% | 25\% | 15\% | 24\% | 0\% | 5\% | 12\% | 0\% | 0\% | 1\% | 12\% | 0\% | 0\% |
| 25-44 | 41\% | 53\% | 33\% | 53\% | 58\% | 35\% | 50\% | 75\% | 60\% | 63\% | 79\% | 56\% | 0\% | 69\% | 81\% | 88\% | 0\% |
| 45-64 | 47\% | 19\% | 67\% | 38\% | 13\% | 40\% | 30\% | 7\% | 40\% | 32\% | 7\% | 44\% | 0\% | 30\% | 7\% | 13\% | 0\% |
| 65 + | 3\% | 0\% | 0\% | 4\% | 0\% | 0\% | 5\% | 4\% | 0\% | 0\% | 2\% | 0\% | 0\% | 0\% | 1\% | 0\% | 0\% |
| Participant Gender |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Male | 56\% | 72\% | 0\% | 45\% | 75\% | 5\% | 50\% | 79\% | 0\% | 47\% | 71\% | 31\% | 89\% | 53\% | 62\% | 50\% | 46\% |
| Female | 44\% | 28\% | 100\% | 55\% | 25\% | 95\% | 50\% | 21\% | 100\% | 53\% | 29\% | 69\% | 11\% | 47\% | 38\% | 50\% | 54\% |




| Behavioral Health Court Participants - Mental Health Diagnosis: |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: |
|  | 2015 | 2016 | 2017 | 2018 | 2019 |
| ADHD | $9 \%$ | $0 \%$ | $0 \%$ | $1 \%$ | $2 \%$ |
| Anxiety Disorder | $6 \%$ | $1 \%$ | $6 \%$ | $5 \%$ | $18 \%$ |
| Bipolar Disorder | $41 \%$ | $18 \%$ | $18 \%$ | $9 \%$ | $23 \%$ |
| Delusional Disorder | $0 \%$ | $9 \%$ | $3 \%$ | $6 \%$ | $0 \%$ |
| Major Depression/Depression | $34 \%$ | $36 \%$ | $15 \%$ | $9 \%$ | $32 \%$ |
| Other | $13 \%$ | $0 \%$ | $6 \%$ | $0 \%$ | $1 \%$ |
| Post Traumatic Stress Disorder | $38 \%$ | $18 \%$ | $18 \%$ | $28 \%$ | $12 \%$ |
| Schizoaffective/Schizophrenia | $19 \%$ | $13 \%$ | $24 \%$ | $11 \%$ | $8 \%$ |
| Substance Use disorder | $22 \%$ | $0 \%$ | $3 \%$ | $0 \%$ | $11 \%$ |




## Jefferson County One Tenth of One Percent Tax Fund Evaluation

## Jail/Inmate Services - Believe in Recovery SUMMARY

Program Description: A Chemical Dependency Professional, (CDP) assesses subjects booked into jail for substance use disorder and/or withdrawal, provides services/referrals for inmates with substance abuse dependencies to: DBH, (Mental Health Provider) Jefferson County Public Health and the Jail Medical Provider, coordinates care with Safe Harbor and the Therapeutic Courts, and assists with inmate placement into treatment programs. CDP actively recruits inmates with substance abuse issues to participate in a weekly class.


Jefferson County 1/10th of 1\% Evaluation

| Annual Outcomes |  |  |  | 2017 |  |  | 2018 |  |  | 2019 |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Continuum | Vendor \& Program | SMART Objective | Type of Measure | Num | Den | Result | Num | Den | Result | Num | Den | Result |
| Early Intervention | JCPH NFP | \% of participants who agree or strongly agree they are more confident they can reduce/eliminate alcohol or other drug use since started working with PHN | Behavior change | 2 | 3 | 67\% | 1 | 4 | 25\% | 2 | 18 | 11\% |
| Early Intervention | JCPH NFP | \% of participants referred to substance abuse treatment (alcohol or drug) are engaged in services | Med/long term | 1 | 2 | 50\% | 1 | 2 | 50\% | 1 | 1 | 100\% |
| Early Intervention | JCPH NFP | \% of participants who agree or strongly agree that emotional health has improved since started working with PHN | Emotional health | 8 | 10 | 80\% | 2 | 4 | 50\% | 13 | 18 | 72\% |
| Early Intervention | JCPH NFP | \% of participants who agree or strongly agree they are more confident they can reduce/eliminate tobacco use since started working with PHN | Behavior change | 3 | 4 | 75\% | 2 | 4 | 50\% | 1 | 18 | 16\% |
| Early Intervention | JCPH NFP | \% of participants who agree or strongly agree they are better able to set and achieve goals since started working with PHN | Behavior change | 8 | 10 | 80\% | 2 | 4 | 50\% | 16 | 18 | 89\% |
| Early Intervention | JCPH NFP | \% of participants referred to MH treatment are engaged in services | Med/long term | 9 | 15 | 60\% | 9 | 15 | 60\% | 5 | 6 | 83\% |
| Early Intervention | JCPH NFP | \% of participants remain in the program (NFP report retention rate) | Med/long term | 21 | 30 | 70\% | 21 | 30 | 70\% | 23 | 35 | 66\% |
| Early Intervention | JCPH NFP | \% of participants who agree or strongly agree they are better able to access community resources since started working with PHN | Behavior change | 9 | 10 | 90\% | 3 | 4 | 75\% | 18 | 18 | 100\% |
| Early Intervention | JCPH NFP | \% of participants who agree or strongly agree they are better prepared to parent new baby since started working with PHN | Behavior change | 10 | 10 | 100\% | 3 | 4 | 75\% | 18 | 18 | 100\% |
| Early Intervention | JCPH NFP | Average score for participant overall satisfaction with NFP program (scale 1-10) | Satisfaction | --- | --- | 95\% | --- | --- | 90\% | --- | --- | --- |
| Early Intervention | JCPH NFP | \% of participants at risk level 2 for overall mental health at initial assessment | Status at Initial Assessment | --- | --- | --- | --- | --- | --- | 10 | 21 | 48\% |
| Early Intervention | JCPH NFP | \% of participants at risk level 1 or 2 for substance use and abuse at initial assessment | Status at Initial Assessment | --- | --- | --- | --- | --- | --- | 6 | 22 | 27\% |
| Early Intervention | JCPH NFP | \% of participants at risk level 2 for unsafe family or friend network at initial assessment | Status at Initial Assessment | --- | --- | --- | --- | --- | --- | 0 | 20 | 0\% |
| Early Intervention | JMCC Brinnon | $80 \%$ of participants will score at least a 4 on the ACE's education session evaluation tool (one per session) | medium/long term $¢$ | --- | --- | --- | --- | --- | --- | 11 | 11 | 100\% |
| Early Intervention | JMCC Brinnon | 90\% of children served will successfully participate in therapy | medium/long term $¢$ | --- | --- | --- | --- | --- | --- | 5 | 5 | 100\% |
| Early Intervention | JMCC Brinnon | $80 \%$ of parents served will successfully develop intended skills/behaviors of program | medium/long term $¢$ | --- | --- | --- | --- | --- | --- | 7 | 7 | 100\% |
| Early Intervention | JMCC Brinnon | 80\% of participants report program has helped them improve parenting skills (4 or 5) | satisfaction outcom¢ | --- | --- | --- | --- | --- | --- | 0 | 0 | --- |
| Early Intervention | JMCC Brinnon | $80 \%$ of participants report program has helped them reach goals for family and self (4 or 5) | satisfaction outcom¢ | --- | --- | --- | --- | --- | --- | 0 | 0 | --- |
| Early Intervention | JMCC Brinnon | $80 \%$ of teaches and staff report program has helped child and family reach goals(4 or 5) | satisfaction outcom¢ | --- | --- | --- | --- | --- | --- | 8 | 11 | 73\% |
| Early Intervention | Jumping Mouse | $80 \%$ of parents served successfully develop intended skills/behaviors of program | Med/long term | 141 | 156 | 90\% | 152 | 169 | 90\% | 142 | 157 | 90\% |
| Early Intervention | Jumping Mouse | 90\% of children served successfully participate in therapy | Med/long term | 104 | 122 | 85\% | 112 | 124 | 90\% | 95 | 109 | 87\% |
| Early Intervention | Jumping Mouse | 88\% of participants report program has helped them improve parenting skills (4 or 5) (scale 1-5) | Satisfaction | 21 | 24 | 88\% | 22 | 24 | 92\% | 22 | 30 | 73\% |
| Early Intervention | Jumping Mouse | $88 \%$ of participants report program has helped them reach goals for family and self (4 or 5) (scale 1-5) | Satisfaction | 21 | 24 | 88\% | 24 | 24 | 100\% | 25 | 29 | 86\% |
| Early Intervention | MCS SBHC | $80 \%$ of participants rating 8+ on Miller Session Rating Scale: Overall (scale 1-10) | Satisfaction | 536 | 619 | 87\% | 170 | 196 | 87\% | 553 | 571 | 97\% |
| Early Intervention | MCS SBHC | 80\% of participants rating 8+ on Miller Session Rating Scale: Goals and Topics (scale 1-10) | Satisfaction | 504 | 616 | 82\% | 175 | 196 | 89\% | 557 | 575 | 97\% |
| Early Intervention | MCS SBHC | 80\% of participants rating 8+ on Miller Session Rating Scale: Relationship (scale 1-10) | Satisfaction | 551 | 616 | 89\% | 179 | 196 | 91\% | 560 | 575 | 97\% |
| Early Intervention | MCS SBHC | 80\% of participants rating 8+ on Miller Session Rating Scale: Approach or Method (scale 1-10) | Satisfaction | 534 | 616 | 87\% | 179 | 195 | 92\% | 557 | 574 | 97\% |
| Housing | DBH Transitional | \% DBH transitional housing clients who are admitted to SUD and/or MH inpatient who return to DBH post-discharge. | medium/long term $¢$ | --- | --- | --- | 0 | 6 | 0\% | 1 | 1 | 100\% |
| Housing | DBH Transitional | \% enrolled participants successfully move to permanent housing | medium/long term $¢$ | --- | --- | --- | 1 | 6 | 17\% | 2 | 6 | 33\% |
| Housing | DBH Transitional | \% of individuals who discharge into permanent housing | medium/long term C | --- | --- | --- | 1 | 5 | 20\% | 2 | 6 | 33\% |
| Housing | DBH Transitional | The number of hospital bed days for participants (enrolled at least three months) decreases compared to equivalent time prior. | medium/long term $¢$ | --- | --- | --- | 36 | 55 | 65\% | 0 | 1 | 0\% |


| Housing | DBH Transitional | $\%$ of individuals who make progress on their stability plan obtain birth certificate, write resume, etc. | medium term outco | --- | --- | --- | 4 | 6 | 67\% | 3 | 3 | 100\% |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Housing | DBH Transitional | The proportion of DBH housing participants (enrolled for at least 12 months) with a decrease in relapse events compared to prior 6 months.* | medium/long term $¢$ | --- | --- | --- | 3 | 3 | 100\% | 1 | 1 | 100\% |
| Housing | DBH Transitional | \% of individuals who obtain employment | medium/long term $¢$ | --- | --- | --- | 1 | 1 | 100\% | 1 | 1 | 100\% |
| Housing | DBH Transitional | \% of individuals who obtain social security | medium/long term C | --- | --- | --- | 5 | 5 | 100\% | 2 | 2 | 100\% |
| Housing | DBH Transitional | 80\% of program participants report favorable feedback about service experience.* | medium/long term $¢$ | --- | --- | --- | 3 | 3 | 100\% | 6 | 6 | 100\% |
| Housing | DBH Transitional | The number of ED visits for enrolled participants (at least three months) decreases compared to equivalent time prior. | medium/long term $¢$ | --- | --- | --- | --- | --- | --- | 1 | 2 | 50\% |
| Housing | DBH Transitional | The number of jail bed days for participants (enrolled at least three months) decreases compared to equivalent time prior. | medium/long term $\emptyset$ | --- | --- | --- | --- | --- | --- | 0 | 0 | --- |
| Housing | DBH Transitional | The proportion of participants (enrolled at least three months) who are re-admitted to the hospital within 30 days from discharge decreases compared to equivalent time prior.* | medium/long term $\emptyset$ | --- | --- | --- | --- | --- | --- | 1 | 3 | 33\% |
| Housing | DBH Transitional | \% of individuals who go back to school and/or get job training | medium/long term | --- | --- | --- | 0 | 0 | --- | 0 | 0 | --- |
| Housing | DBH Transitional | \% of individuals who are reunified with their children | medium/long term $¢$ | --- | --- | --- | 2 | 0 | --- | 2 | 2 | 100\% |
| Housing | OlyCAP | \% of individuals who obtain employment | medium/long term $¢$ | --- | --- | --- | 2 | 44 | 5\% | 14 | 46 | 30\% |
| Housing | OlyCAP | \% of individuals who obtain social security | medium/long term $¢$ | --- | --- | --- | 7 | 44 | 16\% | --- | --- | --- |
| Housing | OlyCAP | \% of individuals who discharge into permanent housing | medium/long term $¢$ | --- | --- | --- | 10 | 18 | 56\% | 14 | 25 | 56\% |
| Housing | OlyCAP | \% of individuals who go back to school and/or get job training | medium/long term $¢$ | --- | --- | --- | 15 | 44 | 34\% | --- | --- | --- |
| Housing | OlyCAP | \% of individuals who are reunified with their children | medium/long term $¢$ | --- | --- | --- | 22 | 44 | 50\% | 3 | 46 | 7\% |
| Housing | OlyCAP | $\%$ of individuals who make progress on their stability plan obtain birth certificate, write resume, etc. | medium term outco | --- | --- | --- | 25 | 44 | 57\% | 29 | 46 | 63\% |
| Housing | OlyCAP | $75 \%$ of individuals do not relapse | medium term outco | --- | --- | --- | 31 | 44 | 70\% | --- | --- | --- |
| Housing | OlyCAP | overall satisfaction with services | medium/long term $¢$ | --- | --- | --- | 40 | 44 | 91\% | --- | --- | --- |
| Jail/Courts | DBH Jail | \% of individuals screened in jail during repeat incarcerations | medium term outcome | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Jail/Courts | DBH Jail | \% of in-jail participants are also served post-release | medium term outcome | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Jail/Courts | DBH Jail | \% of individuals referred to mental health treatment who participate in services | medium term outcome | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Jail/Courts | DBH Jail | \% of individuals referred to substance use treatment who participate in services | medium term outcome | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Jail/Courts | DBH Jail | \% of participants report case manager was helpful | satisfaction outcome | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Jail/Courts | DBH Jail | \% of participants report that groups were helpful | satisfaction outcome | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Jail/Courts | DBH Jail | \% of participants feel they were offered support after they leave jail | satisfaction outcome | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Jail/Courts | DBH Jail | \% of participants are housed | Med / long term out | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Jail/Courts | Drug Court | \% of participants who decrease drug use (quarterly average number with no positive UAs) | Med/long term | 40.5 | 54 | 75\% | 42 | 52 | 81\% | 34 | 55 | 62\% |
| Jail/Courts | FT Court | \% of participants who decrease drug use (quarterly average number with no positive UAs) | Med/long term | 3 | 4 | 75\% | 2 | 5 | 40\% | 0 | 4 | 0\% |
| Jail/Courts | FFT | 70\% of participants are moderately to highly satisfied with the FFT therapist using Miller Scale: Relationship | satisfaction outcome | --- | --- | --- | --- | --- | --- | 7 | 7 | 100\% |
| Jail/Courts | FFT | 70\% of participants are moderately to highly satisfied with the FFT therapist using Miller Scale: Goals \& Topics | satisfaction outcome | --- | --- | --- | --- | --- | --- | 7 | 7 | 100\% |
| Jail/Courts | FFT | $70 \%$ of participants are moderately to highly satisfied with the FFT therapist using Miller Scale: Approach or Method | satisfaction outcome | --- | --- | --- | --- | --- | --- | 7 | 7 | 100\% |
| Jail/Courts | FFT | 70\% of participants are moderately to highly satisfied with the FFT therapist using Miller Scale: Overall | satisfaction outcome | --- | --- | --- | --- | --- | --- | 7 | 7 | 100\% |
| Jail/Courts | FFT | 70\% of participants demonstrate they are unlikely to remain truant according to final assessment WARNS+ | practice or behavior | --- | --- | --- | --- | --- | --- | 5 | 7 | 71\% |
| Jail/Courts | FFT | Participants demonstrate the following improvements in school attendance: <br> - Participants in program (pre/during program): 10\% | practice or behavior | --- | --- | --- | --- | --- | --- | 5 | 7 | 71\% |
| Jail/Courts | FFT | Participants demonstrate the following improvements in school attendance: <br> - Program graduates (pre/post program): 20\% | practice or behavior | --- | --- | --- | --- | --- | --- | 3 | 3 | 100\% |


| Jail/Courts | FFT | 70\% of program graduates do not return to truant behavior (7 unexcused absences in a month or 10 in a year) within 1 year post-graduation | practice or behavior | --- | --- | --- | --- | --- | --- | 2 | 3 | 66\% |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Jail/Courts | FFT | 70\% of individuals enrolled in FFT graduate within 12 sessions | practice or behavior | --- | --- | --- | --- | -- | --- | 3 | 3 | 100\% |
| Jail/Courts | FFT | $70 \%$ of participants demonstrate improvement in mental health (when applicable | practice or behavior | - | --- | --- | --- | --- | --- | 5 | 5 | 100\% |
| Jail/Courts | FFT | $70 \%$ of participants demonstrate improvement in substance use disorder status (when applicable) | practice or behavior | --- | --- | --- | --- | --- | --- | 1 | 1 | 100\% |
| Jail/Courts | FFT | Program attrition rates through phase progressions do not exceed the following: Phase I--> Phase II: 20\% | satisfaction outcome | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Jail/Courts | FFT | Program attrition rates through phase progressions do not exceed the following: Phase II--> Phase III: 10\% | satisfaction outcome | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Jail/Courts | FFT | FFT Therapist maintains an average caseload no less than 50\% of capacity (5 individuals) | fidelity measure | - | --- | --- | --- | --- | --- | 5 | 5 | 100\% |
| Average Number of Individuals who Reported being Homeless at Any Point During Quarter by Program (2019): |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  | CODIT |  |  |  |  | N/A |
|  |  |  |  |  |  |  | Behavioral Health Court |  |  |  |  | 3 |
|  |  |  |  |  |  |  | Believe in Recovery |  |  |  |  | 10.5 |
|  |  |  |  |  |  |  | DBH Transitional Housing |  |  |  |  | N/A |
|  |  |  |  |  |  |  | Drug Court |  |  |  |  | N/A |
|  |  |  |  |  |  |  | Functional Family Therapy Court |  |  |  |  | N/A |
|  |  |  |  |  |  |  | Family Therapeutic Court |  |  |  |  | N/A |
|  |  |  |  |  |  |  | Jumping Mouse |  |  |  |  | 0 |
|  |  |  |  |  |  |  | Jumping Mouse - Brinnon |  |  |  |  | 0 |
|  |  |  |  |  |  |  | Nurse Family Partnership |  |  |  |  | 1 |
|  |  |  |  |  |  |  | OlyCap Transitional Housing |  |  |  |  | 0 |
|  |  |  |  |  |  |  | Police Navigator Program |  |  |  |  | 6.5 |
|  |  |  |  |  |  |  | Recovery Café |  |  |  |  | N/A |

