

# Pre-Hospital Behavioral Health Summit – 01/24/2023 Agenda

**January 24, 2023**

**3p-4:30p**

- 3:00 – 3:15     **Welcome and Introductions**  
– David Carlbom & Participants
- 3:15 – 3:35     **Agency Highlights**  
▪ SBHC – Susan O’Brien
- 3:35 – 4:00     **Case review & Use of Behavioral Health Response Patient Care Protocol**  
– David Carlbom  
– Discussion by Group  
▪ What went well?  
▪ What were the challenges?  
▪ Behavioral Health Response Flowchart Review
- 4:00 – 4:10     **Review Action Items from 9/27/2022 Meeting**  
– Facilitated by David Carlbom
- 4:10 – 4:20     **Summit Wrap-Up & Next Steps**  
? Next meeting: Wednesday, April 19th, 2023 ?

## **Zoom**

<https://nam12.safelinks.protection.outlook.com/?url=https%3A%2F%2Fus02web.zoom.us%2Fj%2F89157533436&data=05%7C01%7C%7C0b21f86d403e42eb91da08dac5ac0544%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C638039639925188480%7CUnknown%7CTWFpbGZsb3d8eyJWlloiMC4wLjAwMDAiLCJQIjoiV2luMzliLCJBTiI6IjEkaWwiLCJXVCi6Mn0%3D%7C3000%7C%7C&amp;sdata=MNWHBQQCjlvKegoB59oCBXRIm31m88bNp2HOWxyq3o%3D&reserved=0>

Meeting ID: 891 5753 3436



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# School Based Health Clinic Overview

Presented to:

The Behavioral Health Summit

January 24, 2023

# What is a School Based Health Center (SBHC)

- A health clinic on the school campus that is accessible, yet separate from the school, allowing the maintenance of health clinic confidentiality.
- Includes comprehensive medical and mental health services by licensed health care providers and counselors



# How the SBHCs Began

Mike Blair, Former Superintendent of Chimacum Schools initiated the effort

- 2007 JCPH received WA Department of Health Planning grant for Chimacum and Port Townsend's School Based Health Centers
- Intention was for DOH to offer two operating grants the following year. However, this did not happen due to economic downturn
- 2008-2009 School Year – JCPH regrouped and opened Chimacum & PT SBHCs
  - Partnership between JCPH, JHC and Schools
  - Medical – bill Medicaid, insurance/programs/general fund
  - Mental health – 1/10th of 1% tax
- 2018-20 - Quilcene school district and community request SBHC
- Spring 2021 the Quilcene SBHC opened

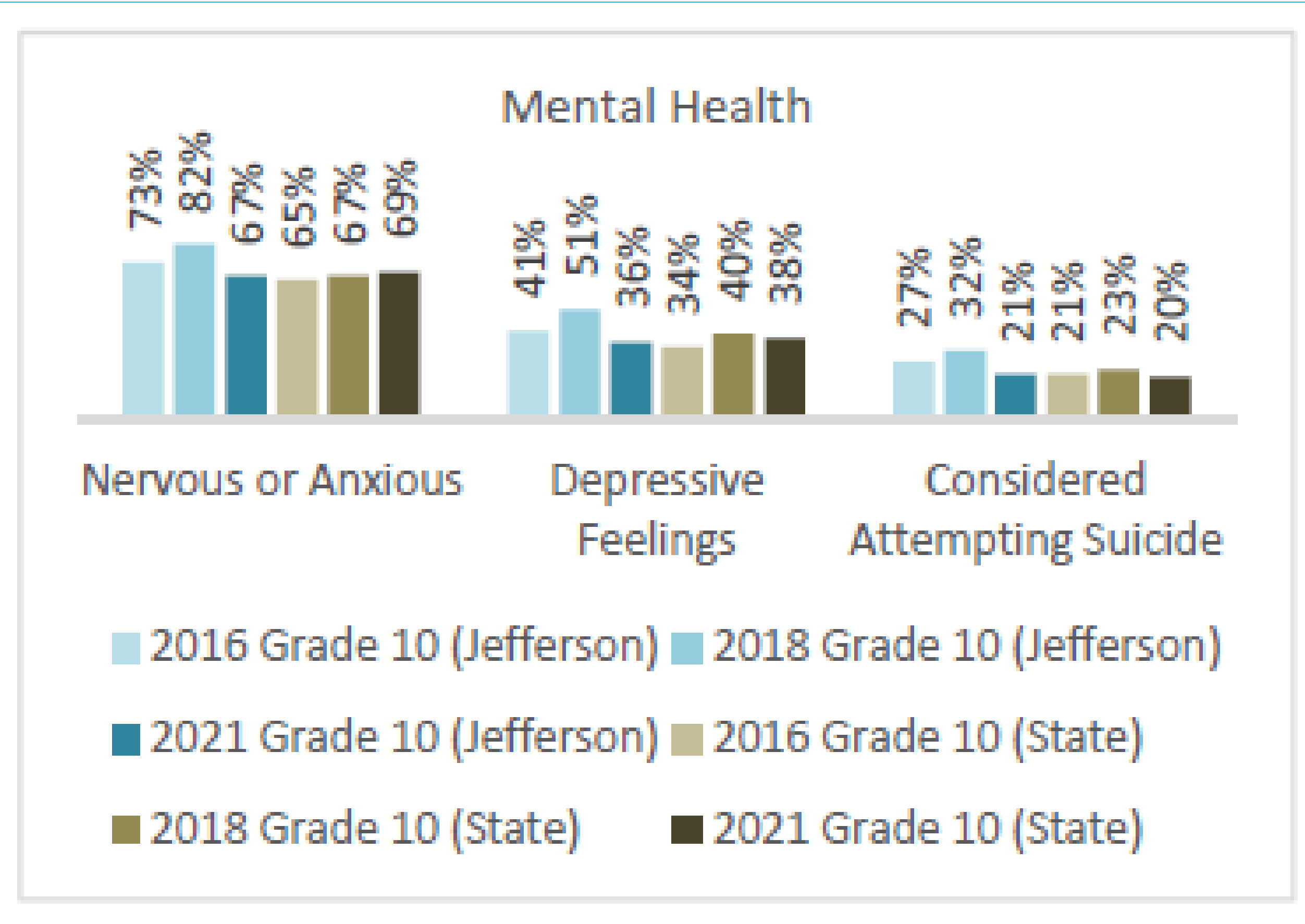
# Current SBHC Services Overview

	Port Townsend High School Team		CHIM Jr/Sr High School Team	
	Provider	Onsite	Provider	Onsite
BH Services	Andrea Knutson MH Counselor	M, W, Th - Full Day	Cynthia Langston MH Counselor	W, F - Full Days M, Th - Afternoons
Medical Services	Susan O'Brien, ARNP Cynde Marx Beate Liebetruh	T, F - Full Day	Erin Vicha, ND Melinda Bower, ND Cynde Marx	M - Morning T, Th - Morning

	Quilcene High School Team		Brinnon K-8	
	Provider	Onsite	Provider	Onsite
BH Services	Ann Murray MH Counselor	T, W, Th - Full Days	Jake Nassiri MH Counselor	M, T - Full Day
Medical Services	Melinda Bower, ND Cynde Marx	W - Morning Th - Afternoon		

# 2021 Healthy Youth Survey

State of Jefferson County Youth at a Glance



# Overview of Jefferson County Youth Health

Twenty-seven percent of 10<sup>th</sup> and 47% of Jefferson County 12<sup>th</sup> graders report ever having had sex (HYS 2021). Notably, in 2020, Jefferson County has a lower teen (age 15-19) pregnancy rate at 7 per 1,000 compared to Washington at 17 per 1,000. (WA State Dept. of Health, Community Health Assessment Tool, December 2021). In 2020, Jefferson's rate of sexually transmitted infections in people aged 15-19 (8 per 1,000) was lower than Washington's (13.6 per 1,000) (WA State Dept. of Health, Community Health Assessment Tool, April 2022).

# 2021-22 SBHC Medical Services

## Demographics

Racial Composition	Chimacum (Grades)		Port Townsend (Grades)		Quilcene (Grades)	
	SBHC (6-12)	Dist. (6-12)	SBHC (6-12)	Dist. (K-12) *	SBHC (6-12)	Dist. (K-12) *
American Indian / Alaska Native (AIAN)	3.2%	0.4%	1.4%	1.4%	6.2%	1.5%
Asian	2.1%	1.1%	2.1%	2.1%	3.1%	2.1%
Black	2.1%	0.0%	0.7%	1.0%	0.0%	0.4%
Hispanic	2.1%	7.7%	7.6%	8.9%	1.5%	5.9%
Native Hawaiian / Pacific Islanders (NHOPI)	1.1%	0.4%	0.7%	0.1%	1.5%	0.2%
Multiracial	13.8%	8.5%	16.7%	9.2%	9.2%	8.9%
White	75.5%	82.0%	70.8%	77.3%	78.5%	80.9%
Total**	99.9%	100.1%	100.0%	100.0%	100.0%	99.9%

\*Note: Data unavailable to restrict by grade.

\*\*Note: Totals may not equal 100% due to rounding.



# Referrals

Referrals are made to agencies/professionals, based on evaluated situation:

- SBHC mental health counselor
- SAP (Student Assistance Professional) at school, usually for SUD of student and/or family/guardian
- DBH for eval and services
- Anne Koomen, ARNP, through JHC Primary Care Provider
- EMS for crisis
- CPS when appropriate
- CHINS (Children in Need of Services). Students are connected with CHINS program when home environment needs support/solutions.
- Truancy folks at courthouse — sometimes this may be the only option to be able to check on the safety of a student.

# SBHC Mental Health Service Funding

- 1 day/week at each school = 1/10th of 1% tax
- 1 day/week at each school = DOH SBHC grant 2021-2022
- 1 day/week at each school = other funding

# Discussion

# 2021-22 SBHC Medical Services

## SBHC Usage

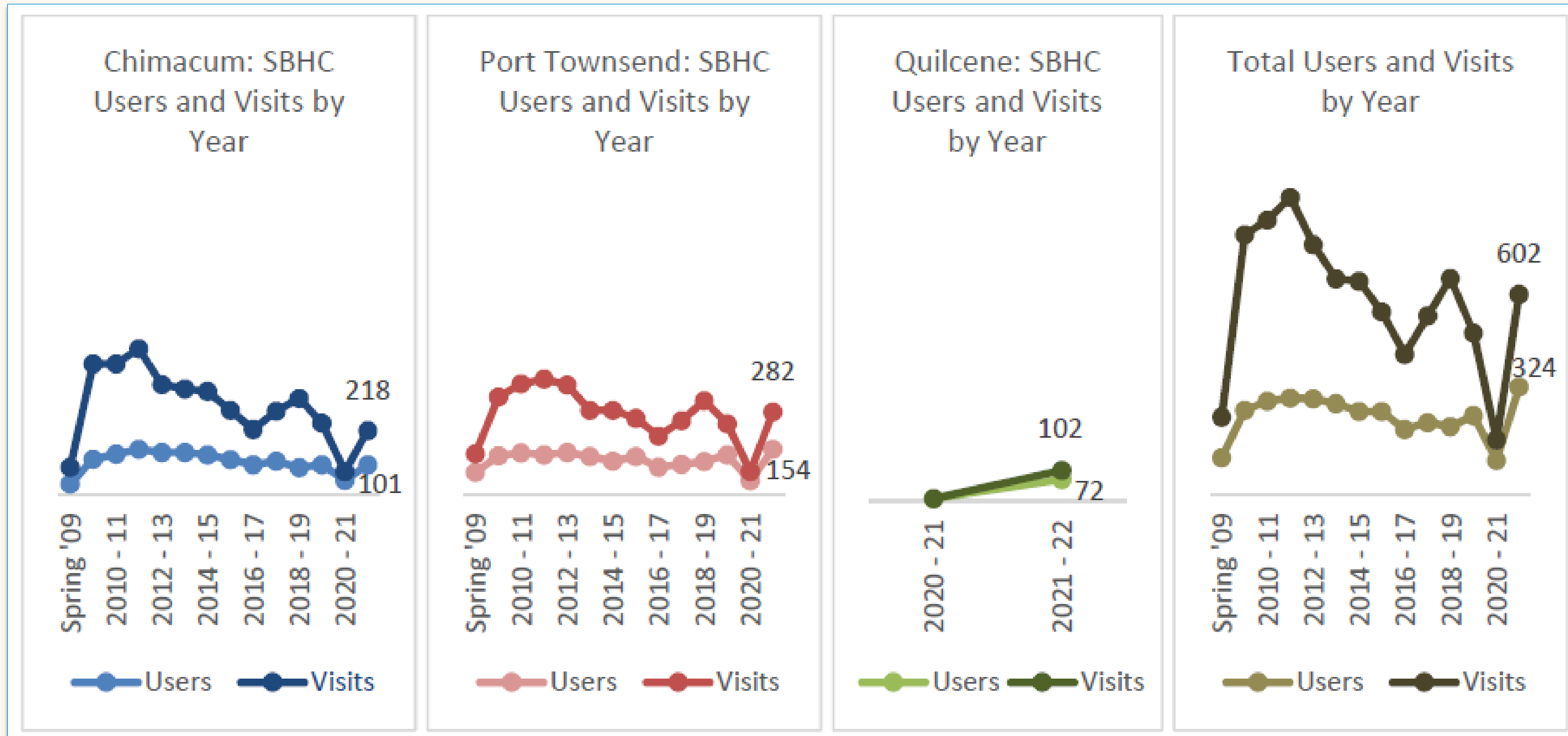
SBHC Utilization Summary				
	Chimacum	Port Townsend	Quilcene	Overall
<b>Total visits</b>	218 (G 9-12: 136)	282 (G. 9-12: 237)	102 (G. 9-12: 60)	602 (G 9-12: 433)
<b>Total users</b>	101 (G 9-12: 54)	154 (G. 9-12: 109)	72 (G. 9-12: 34)	324 (G 9-12: 194)
<b>Clinic days with visits</b>	73	88	47	142
<b>Ave. visits by clinic days<sup>1</sup></b>	3.0	3.2	2.2	4.2
<b>Ave. visits per month<sup>2</sup></b>	20	26	9	55
<b>Ave. visits by client</b>	2.2	1.8	1.4	1.8
<b>Range of visits by client</b>	1 - 13	1 - 13	1 - 8	1 - 13
<b>Total Enrollment<sup>3</sup></b>	G. 1-8: 433 G. 9-12: 220	G. 1-8: 650 G. 9-12: 437	G. 1-8: 377 G. 9-12: 89	G. 1 – 8: 1,460 G. 9 – 12: 746
<b>Utilization Rate</b>	G 1-8: 11% G 9-12: 25%	G 1-8: 7% G 9-12: 25%	G 1-8: 10% G 9-12: 38%	G 1-8: 9% G 9-12: 26%

# 2021-22 SBHC Medical Services

## Top 5 Visit Reasons

	BEHAVIORAL HEALTH		PHYSICAL HEALTH		HEALTH EDUCATION	
	Student Concern	Clinician Addressed	Student Concern	Clinician Addressed	Student Concern	Clinician Addressed
1	Depression	Anxiety	Reprod. Health	Reprod. Health	Preg. / STI Prev.	Preg. / STI Prev.
2	Stress	Stress	Sports Physical	Sports Physical	Injury Prev.	Injury Prev.
3	Anxiety	Depression	Screenings	Screenings	Nutrition	Tobacco
4	Family	Family	Pain	Pain	Suicide Prev.	Nutrition
5	School	ADHD	Injury	Injury	Tobacco	Suicide Prev.

# 2021-22 SBHC Medical Services



Thank You