



BHC Harm Reduction Meeting

July 19, 2022, 1-2pm (Mtg #17)

Developing South Jefferson County's Harm Reduction Efforts



Agenda – 7/19/22 - South County Harm Reduction

- Introductions
- Check-in with Schools - Anything New/Needed? - Trish & Frank
- Updates
 - County and/or Transit News - Commissioner Brotherton
 - EMS & Harm Reduction Updates - Dr. David Carlbom
 - Fire Departments - Chief McKern, Chief Manly
 - DBH (Vending Machine Update) - Jim Novelli
 - Sheriff's Department - Sheriff Nole
 - JCPH - Apple Martine, Denise Banker, Holly Gumm
 - JHC - Colleen Rodrigues / or Laurie Tinker
 - BHC - Lori Fleming & Anya Callahan - Education/Engagement Update
 - Believe In Recovery (Mobile Harm Reduction) - Gabbie Caudill
- Next Meeting: August 16th, 1pm



Mobile Harm Reduction (MHR) Update

- Working to meet with south county community partners to establish a schedule and locations.
- Working bring the mobile unit to Quilcene/Brinnon and beyond within the next couple weeks to establish a presence and start providing services no later than August 15.
- BiR's mobile SUD clinic is able to provide the same services they provide in office: SUD assessments, relapse prevention, outpatient and intensive outpatient group sessions, urine drug testing, peer support, and individual counseling.
- BiR is partnered with OPHS to provide inductions and medication maintenance.
- Gateway to Freedom will be supplying goods
 - clothing, toiletries, tents/sleeping bags, etc.



MHR Discussion

Clarifying Needs:

Brainstorm a few basic on-the-ground questions that Believe In Recovery could ask to help this group (and the County as a whole) to develop better inputs on the needs/usage patterns? This would be valuable as the BHC works to improve the BH/SUD system as a whole. Examples:

- Are you using the fentanyl pills (we are specifically interested in counterfeit pills as they are often smoked, rather than injected)
- If yes, has your injection use reduced due to smoking drugs (fentanyl) more often?
- Have you noticed if friends who had been injecting opioids, now decreasing injection use, but whose use is now mostly smoking fentanyl?
- *If we were able to distribute safer smoking supplies, do you have a sense if think people would make the trip out to see us?

*Let folks know we do not distribute safe smoking supplies currently, but are gathering data.



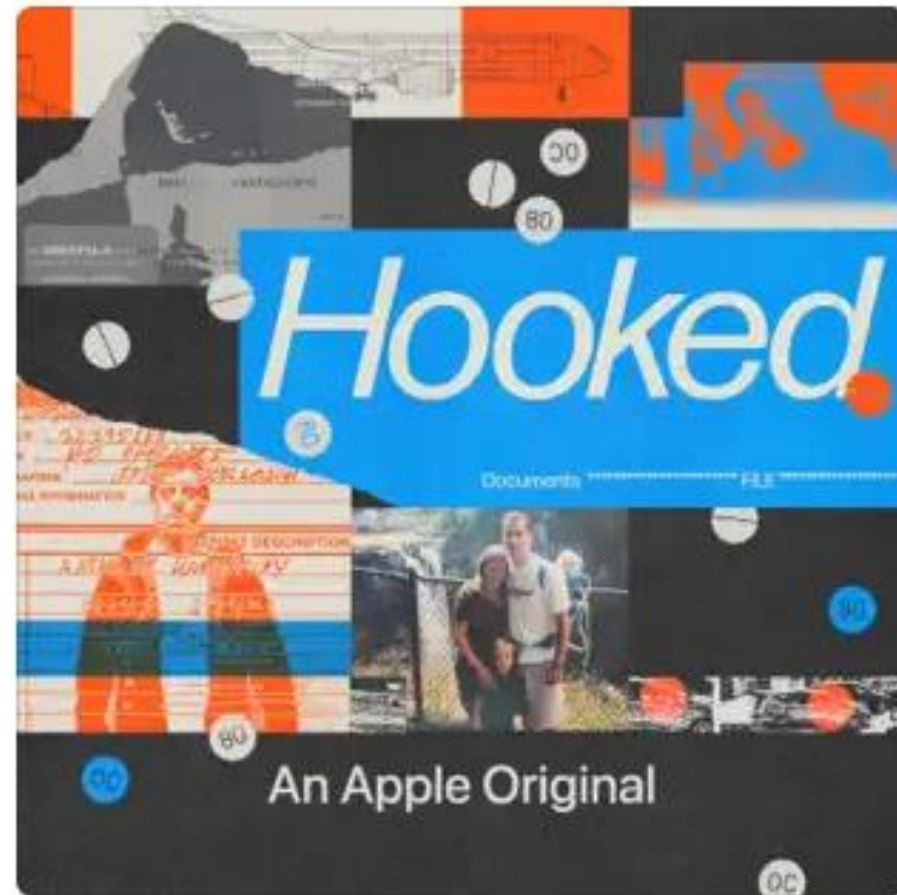
MHR Discussion

- Creative approaches to help induction patients connect to prescriptions without driving them to faraway pharmacies?



Podcast Recommendation: Hooked

Apple Podcasts Preview



12 episodes

When Tony Hathaway was arrested outside a Seattle bank in February 2014, it brought an end to one of the most prolific bank robbery streaks in American history. Hathaway robbed 30 banks in a single year, all within a 30-mile radius of his suburban home. But that's not the most surprising part of this story. Before Hathaway was a masterful bank robber—a shape-shifting professional who confounded multiple police departments and the FBI—he was a top design engineer at Boeing, one of America's most important companies. Hathaway traveled the world in business class, working on the 747, while hiding a gigantic secret: an OxyContin addiction that ultimately unraveled his life. Based on three years of conversations between Hathaway and journalist Josh Dean, Hooked is a different kind of crime story that takes listeners on an exceptional and very personal tour of America's opioid epidemic.

Hooked

Apple TV+

Society & Culture

★★★★★ 4.8 • 2.2K Ratings

[Listen on Apple Podcasts ↗](#)



NOV 3, 2021

The Fatal Funnel



A former airplane engineer named Tony Hathaway prepares to strike his 30th bank, using the clever tools and tricks he's perfected over one of the most prolific bank robbery streaks in American history. But after a year of hunting him, the police are finally zeroing in. Hooked is an Apple Original podcast,...

[▶ PLAY](#) 40 min

NOV 3, 2021

The Spiral



As Tony Hathaway comes down from his wild robbery bender—as well as his last heroin high of his life—detectives are surprised to discover their suspect is actually a former Boeing engineer who led a dream life, until he didn't. Hooked is an Apple Original podcast, produced by Campside Media. Liste...

[▶ PLAY](#) 45 min

NOV 3, 2021

Disneyland Dad

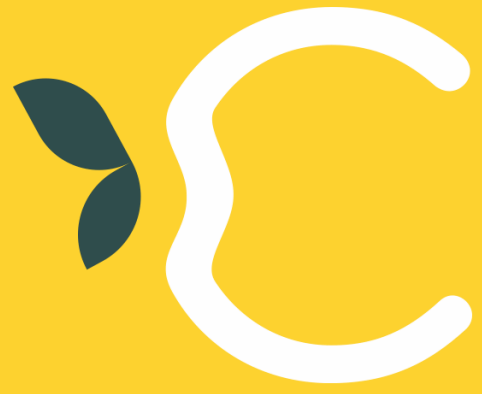


Tony's addiction struggles become intertwined with those of his teenage son Conner. While heroin shrinks Tony's world smaller and smaller, he tries to hold onto the one thing keeping them afloat, his job at Boeing. Hooked is an Apple Original podcast, produced by Campside Media. Listen and follow...

[▶ PLAY](#) 31 min

NOV 10, 2021

[Listen to on
Apple TV+
or Spotify](#)



**Thank you for your active
support of this work**

**We look forward to our continued collaboration
and invite your feedback on today's meeting.**





Acronym Sheet

BH – Behavioral Health

BHC – Behavioral Health Consortium

CAP – Communication Action Plan

CHA – Community Health Assessment

CHIP – Community Health Improvement Plan

DCR – Designated Crisis Responder

DUI – Driving Under the Influence

ED – Emergency Department

EJFR – East Jefferson Fire Rescue

EMS – Emergency Medical Services

JCPH – Jefferson County Public Health

JeffCo – Jefferson County

JHC – Jefferson Healthcare

HFPD – Health Facilities Planning & Development Consultants

HRSA – Health Resources and Services Administration

ITA – Involuntary Treatment Assessment

MAT – Medically Assisted Treatment

MH – Mental Health

MOUD – Medications for Opioid Use Disorder

OUD – Opioid Use Disorder

PTPD – Port Townsend Police Department

PWUD – People Who Use Drugs

RHNDP-P – Rural Health Network Development Program – Planning (HRSA Grant Awarded 2018-2019)

RCORP-P – Rural Community Opioid Response Program – Planning (HRSA Grant Awarded 2019-2020)

RCORP-I – Rural Community Opioid Response Program – Implementation (HRSA Grant Awarded 2020-2023)

R.E.A.L. – Recovery, Empowerment, Advocacy, Linkage

SUD – Substance Use Disorder

TBH – To Be Hired

VOA – Volunteers of America – Crisis Line

Vol - Voluntary

Invol – Involuntary



Thank You