



---

# BHC Meeting

July 14, 2022, 3pm

The BHC is funded by HRSA's RCORP-Implementation Grant  
through August 2023



# Agenda – 07/14/22 BHC Meeting

- **Introductions & Updates – 15 Minutes**
- **Communications and Engagement Update – 5 minutes, Anya Callahan**  
- Anya Callahan
- **Milestone Data Review for 9/2021 – 2/2022 – 30 minutes**  
- Lisa Grundl - HFPD Consultants
- **Transition – 5 minutes**  
- Lori Fleming
- **Next Meeting: August 11th, 3pm – Zoom**  
- August Mtg: 1115 Next Waiver Overview and impacts to  
Community Based Organizations (CBO) - Siobhan Brown



# Communication and Engagement Update

CHIP

20220713\_June '22 Naloxone Distribution & Education Report

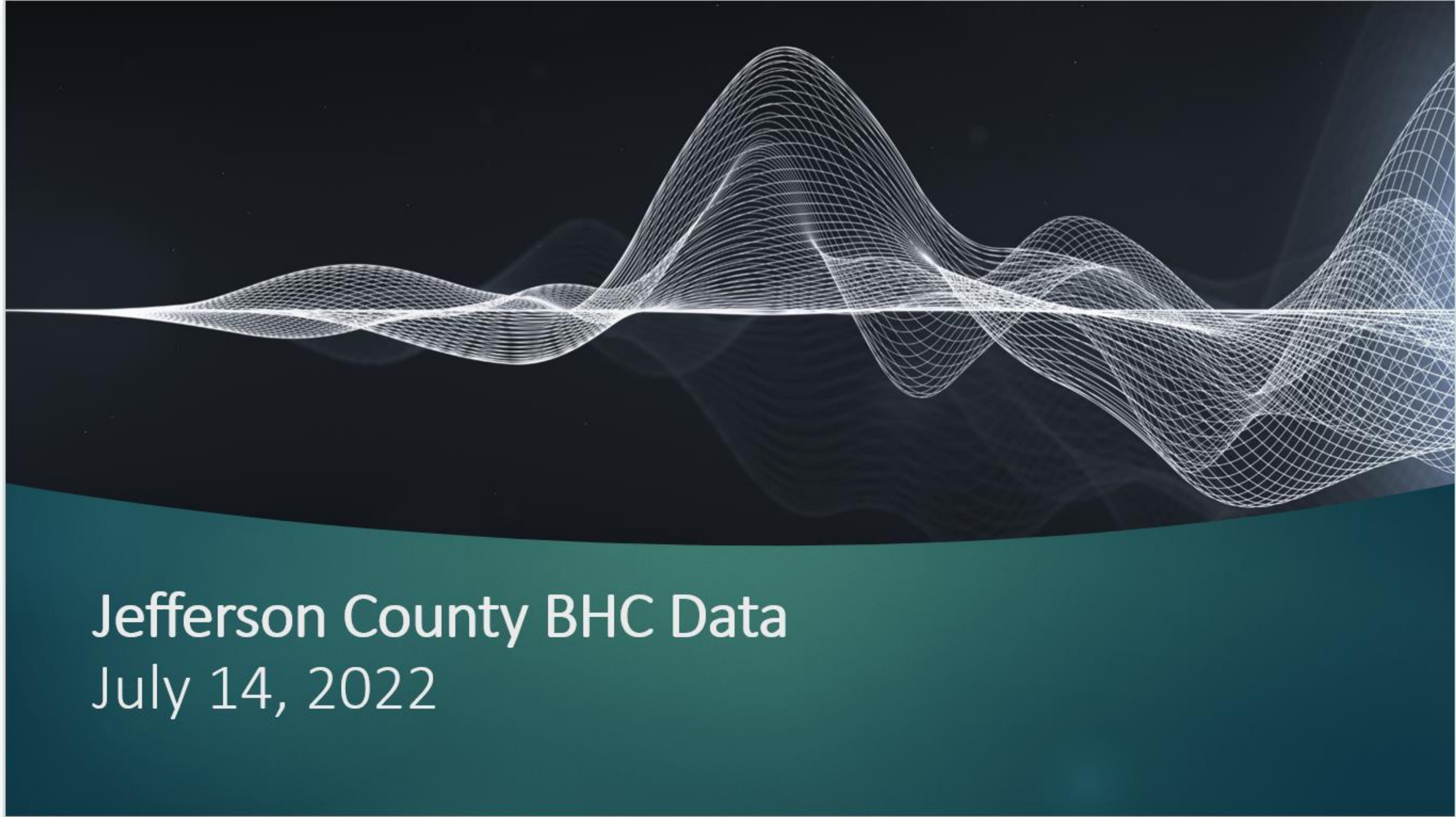
June 2022

## **Pride Festival**

68 kits distributed

52 trained (some took 2 kits)

0 people reported using kits distributed to them previously



# Jefferson County BHC Data

## July 14, 2022



# DATA SUBCOMMITTEE RECAP



# Data Subcommittee Recap

## Review of Accomplishments:

- ❑ Tracking consistent data over time for multiple BHC agencies.
- ❑ Tracking and reporting consistent data across law enforcement agencies.
- ❑ Comprehensive data on jail population – including clinical assessments and referrals.
- ❑ Understanding social determinants
- ❑ Collecting/tracking data across multiple EMS agencies.
  - ❑ Drilling down on primary and secondary diagnoses
  - ❑ Commitment to standardization



# Data Subcommittee Recap

4

Goal: Focus on “big buckets” when comparing data across all BHC agencies (clinical, law enforcement, social service, etc.):

- ❑ Limitations when gathering accurate self-reported data when in crisis
- ❑ Different experience/training among first responders
- ❑ Focus on measuring overall magnitude of problem:
  - ❑ % of total encounters related to Behavioral Health
  - ❑ Drill down on Behavioral Health: MH, SUD, Both
- ❑ Long-term goal to measure magnitude of impact: time and resources spent, LOS, etc.



# Data Subcommittee Recap (cont.)

5

## Clinical data:

- ❑ Goal to develop consistency in definitions across hospital, primary care, EMS, jail assessments.
- ❑ Ideally distinguish between alcohol/drug type to focus interventions/address stigma
- ❑ EMS coding categories across agencies:
  - ❑ Developed grouping methodology for behavioral health related codes:
    - ❑ Mental Health
    - ❑ Substance Use Disorder/Poisoning/Overdose (Alcohol, Cannabis, Opioid, Prescription or OTC Medication, Sedative, Other)
    - ❑ Co-Occurring
- ❑ Next Steps:
  - ❑ EMS:
    - ❑ Additional training for EMS providers on coding definitions/groupings
    - ❑ Refining groupings (e.g. anxiety disorder vs. experiencing trauma related anxiety)
    - ❑ Further drill down on primary/secondary diagnoses – focus on co-occurring
  - ❑ Primary Care: inclusion criteria, measures





# Data Subcommittee Follow-Up Questions

6

What data exists/can be developed to measure the magnitude of Behavioral Health incidents on responders/providers/patients?

- ❑ Ability to measure time/resources spent by law enforcement/EMS
- ❑ Impact of Behavioral Health on the health care system (e.g. LOS, ED boarding, ITA)

Other Data Needs:

- ❑ Naloxone/Suboxone Distribution Data: hospital, DBH, first responders, primary care?
- ❑ Measuring/Addressing Stigma

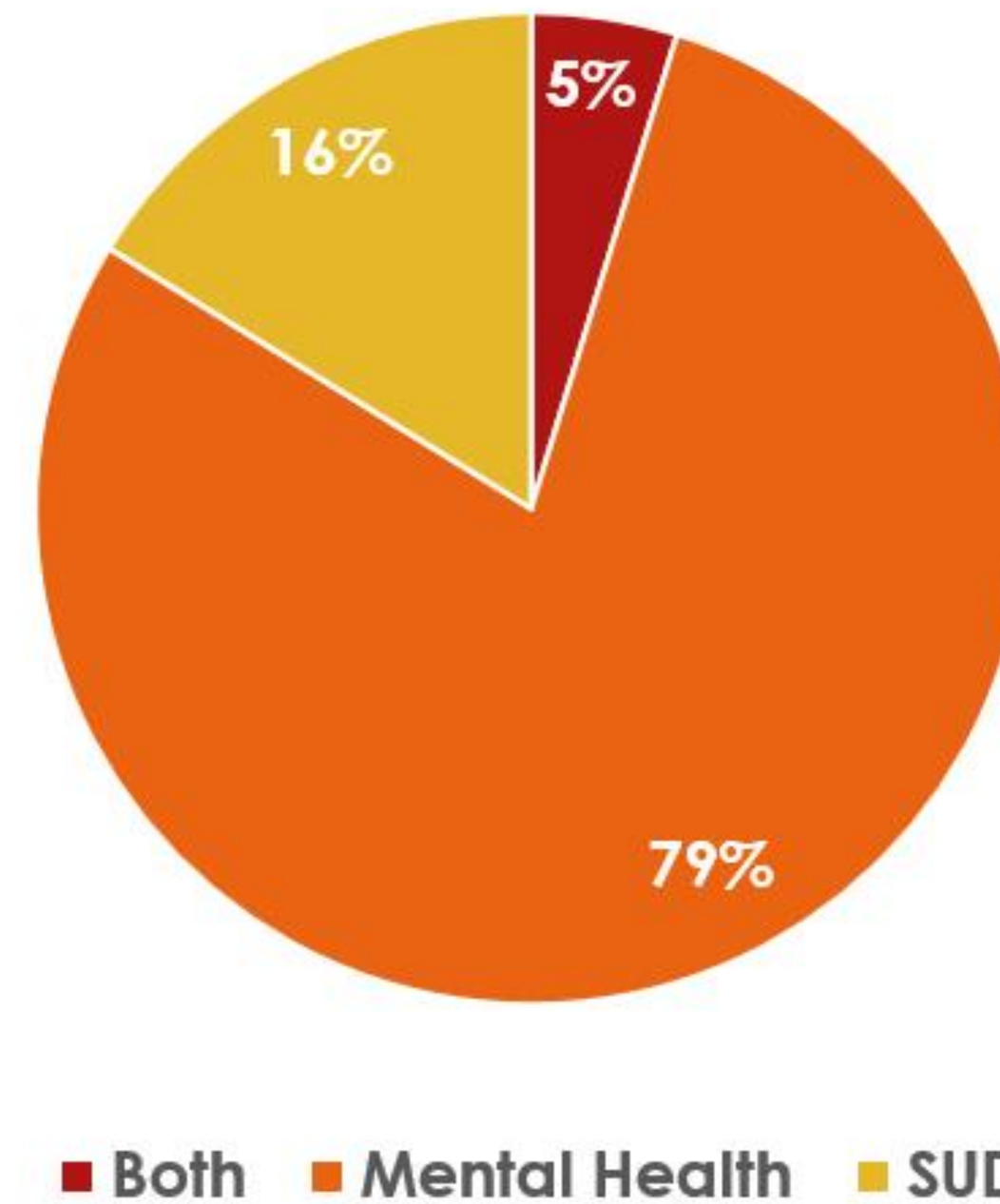


# UPDATED BHC MEMBER DATA



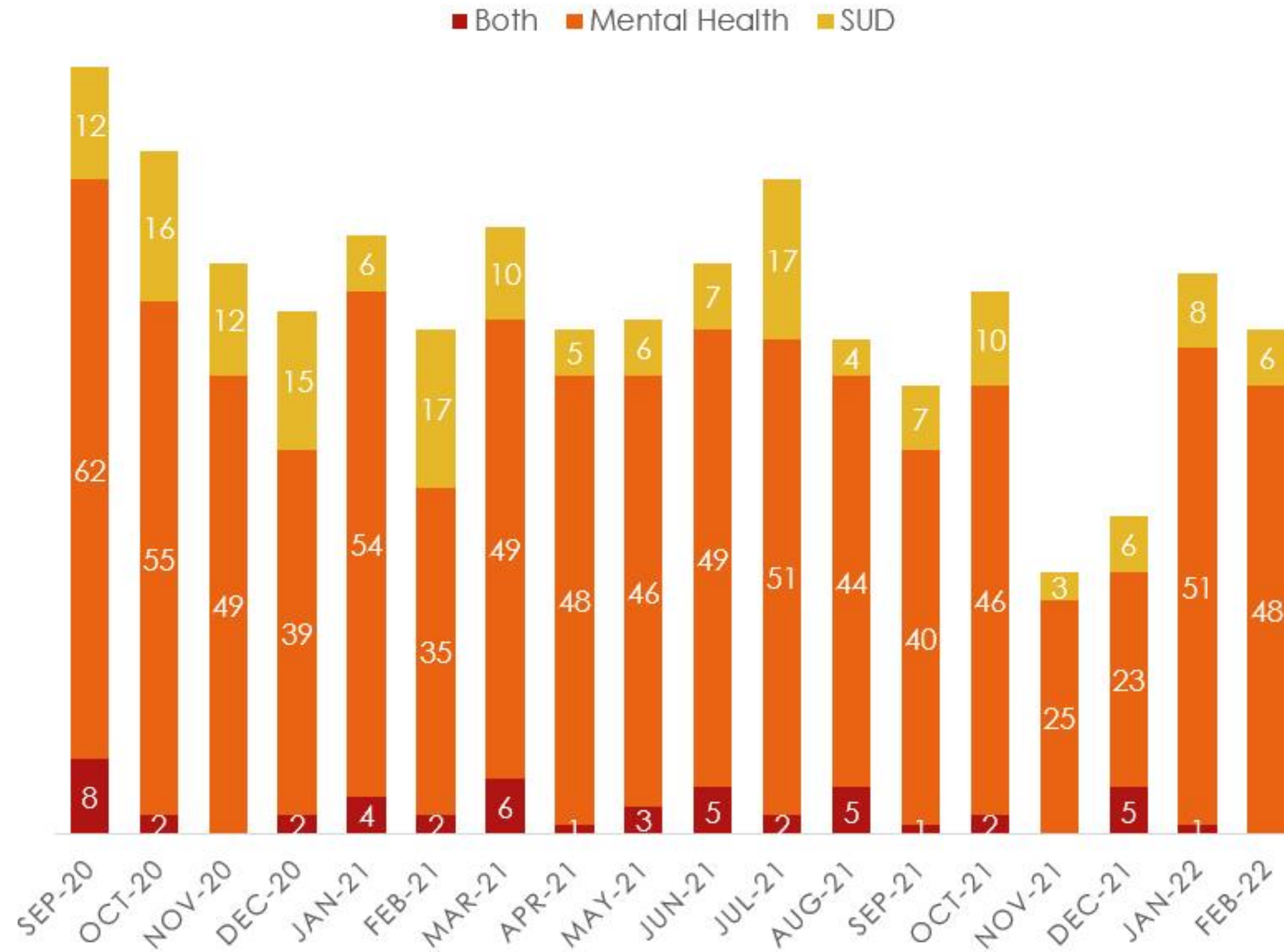
Nearly 80% of Jefferson Healthcare's Behavioral Health Related ED Visits are mental health related. Of SUD visits, about 1/2 are opioid related.

Jefferson Healthcare  
Behavioral Health Related ED Visits  
9/2020 - 2/2022





## EMERGENCY DEPARTMENT BEHAVIORAL HEALTH ENCOUNTERS SEPTEMBER 2020-FEBRUARY 2022



9

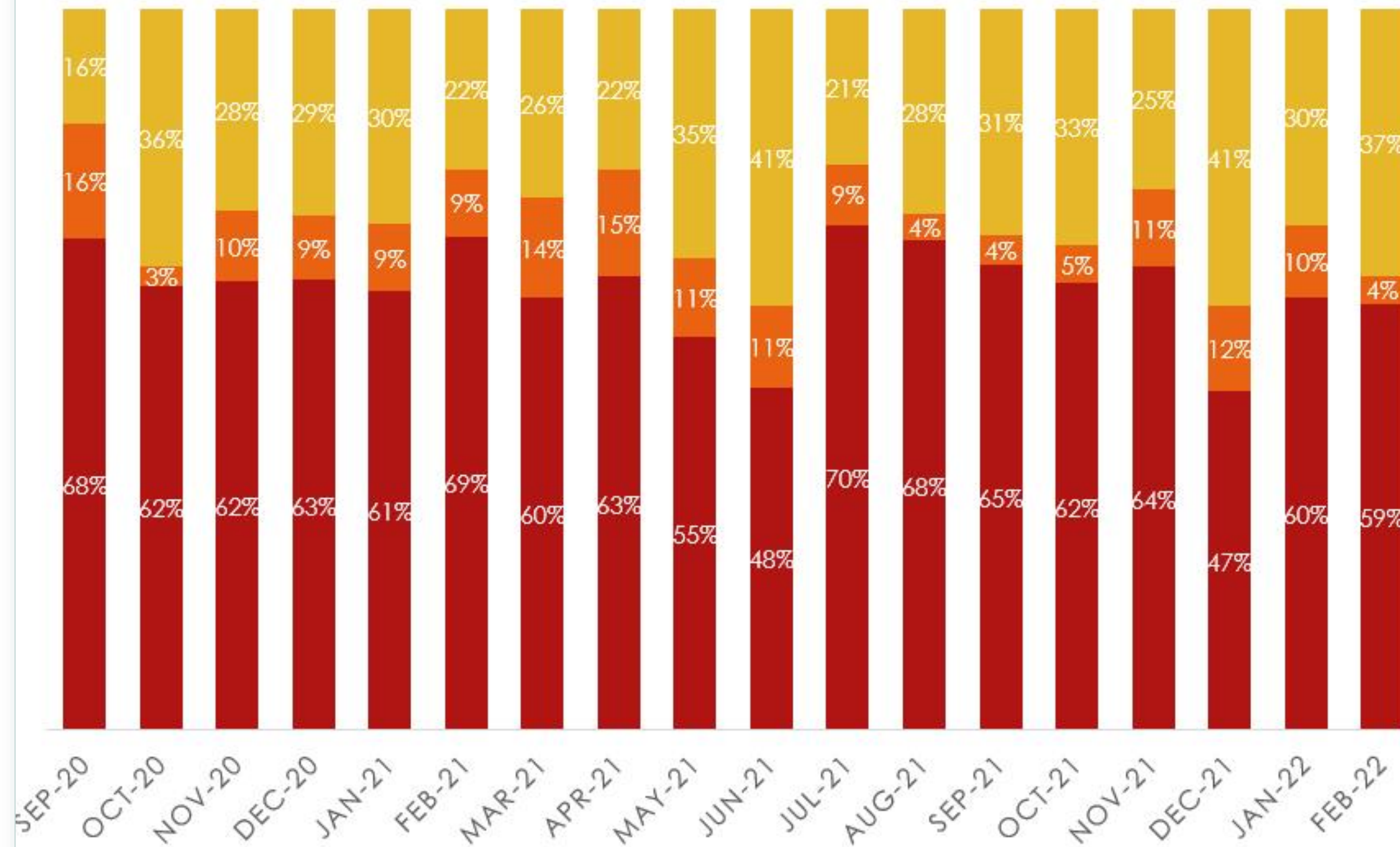
The monthly number of emergency department behavioral health encounters declined by 52% between 9/2020 (82) and 2/2022 (54), with significant monthly variation.



## ARRIVAL METHOD OF BEHAVIORAL HEALTH ENCOUNTERS

SEPTEMBER 2020-FEBRUARY 2022

■ Other ■ Police ■ Ambulance | Stretcher



10

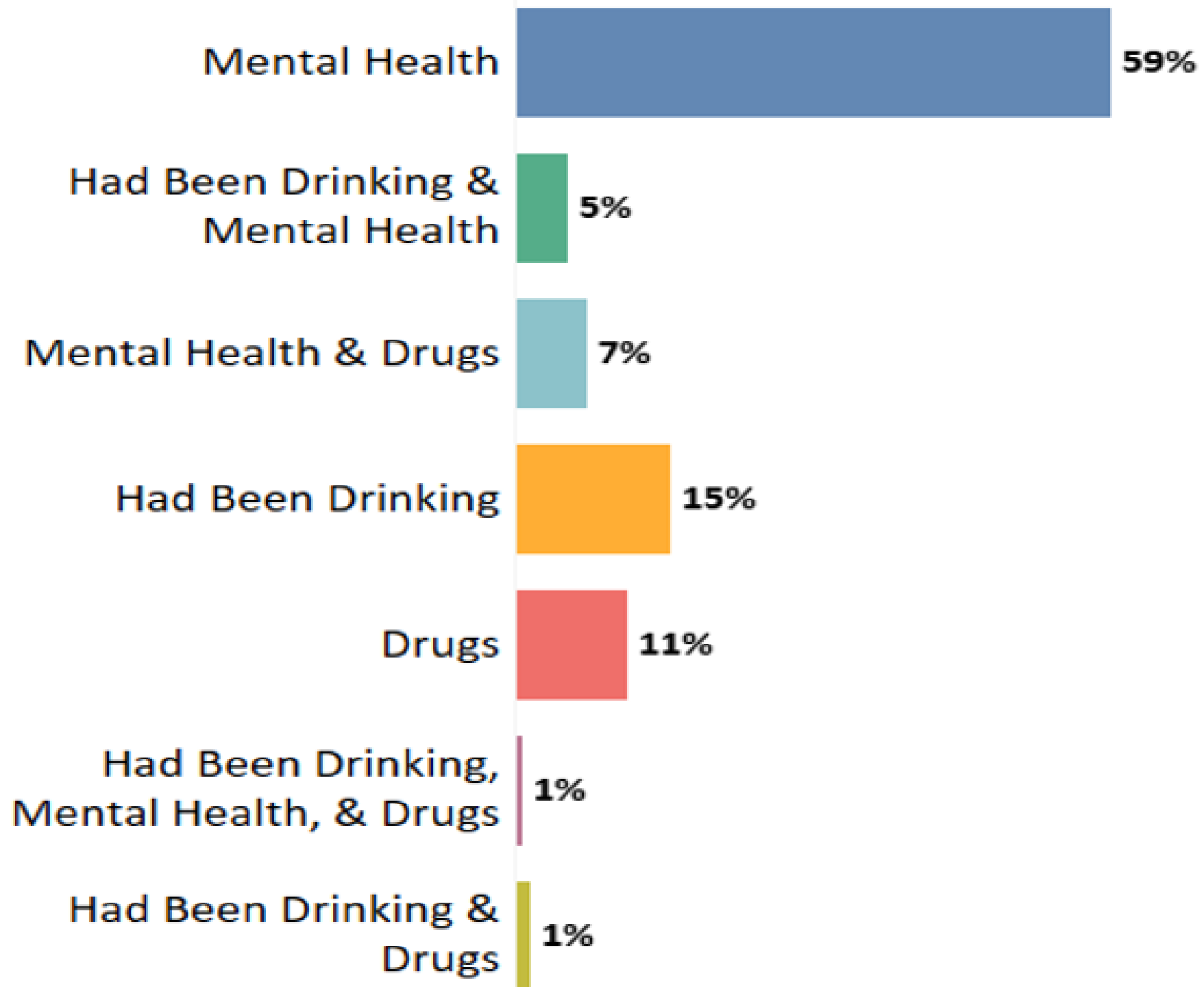
The majority of behavioral health patients arrive by methods other than ambulance and law enforcement. Over the last 6 months, the % arriving by ambulance has increased from 28% to 37% - while the % arriving by law enforcement has remained relatively flat.



72% of Jefferson County Sheriff's Office Behavioral Health Calls are mental health related; 86% of PTPD behavioral health incidents include a mental health component

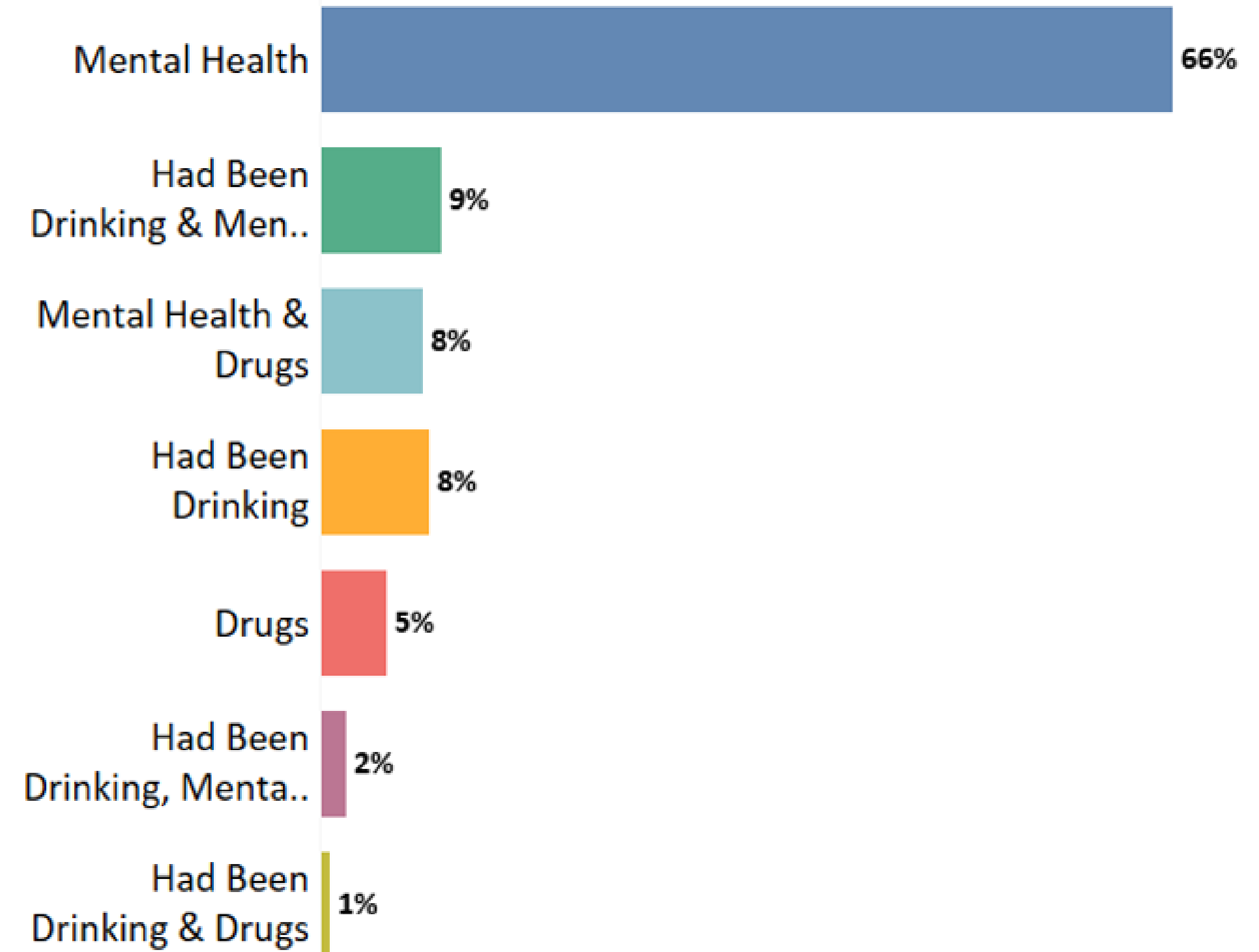
### Jefferson County Sheriff's Department Behavioral Health Incidents

September 2020 - February 2022



### Port Townsend Police Department Behavioral Health Incidents

September 2020 - February 2022

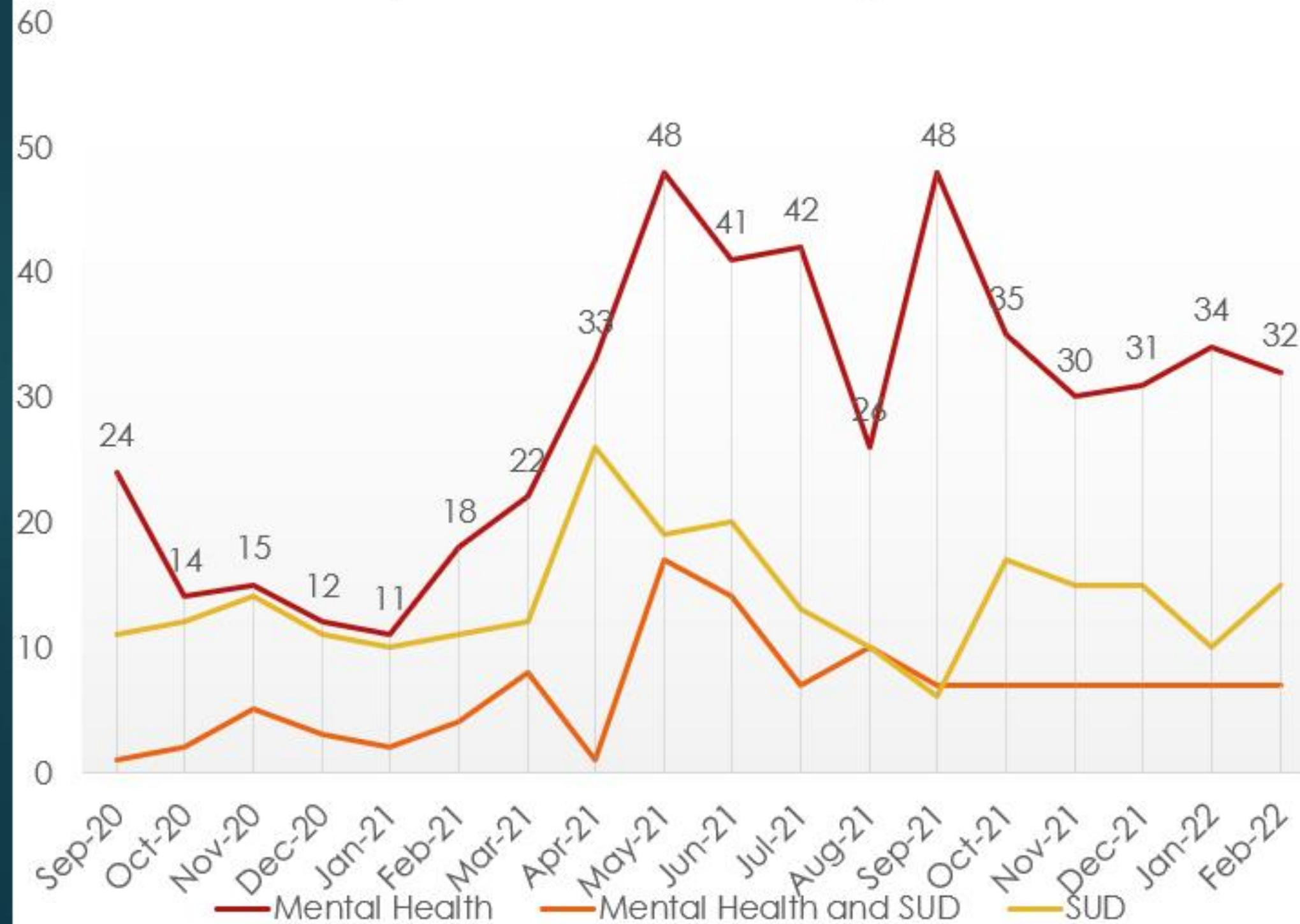




There was a significant decrease in behavioral health related law enforcement calls since the summer/fall of 2021 and winter of 2022.

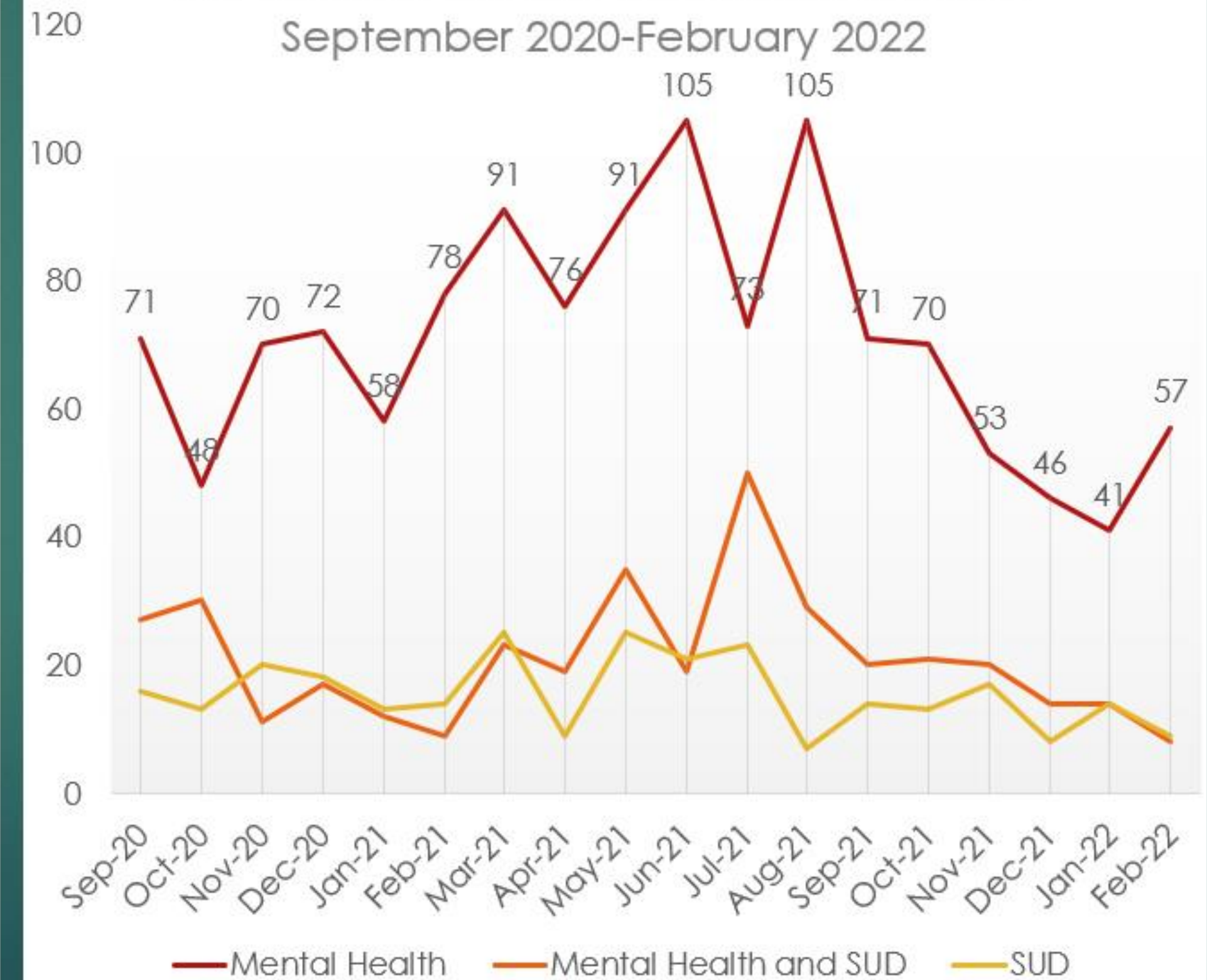
### Jefferson County Sheriff's Department

Behavioral Health Incidents  
September 2020-February 2022



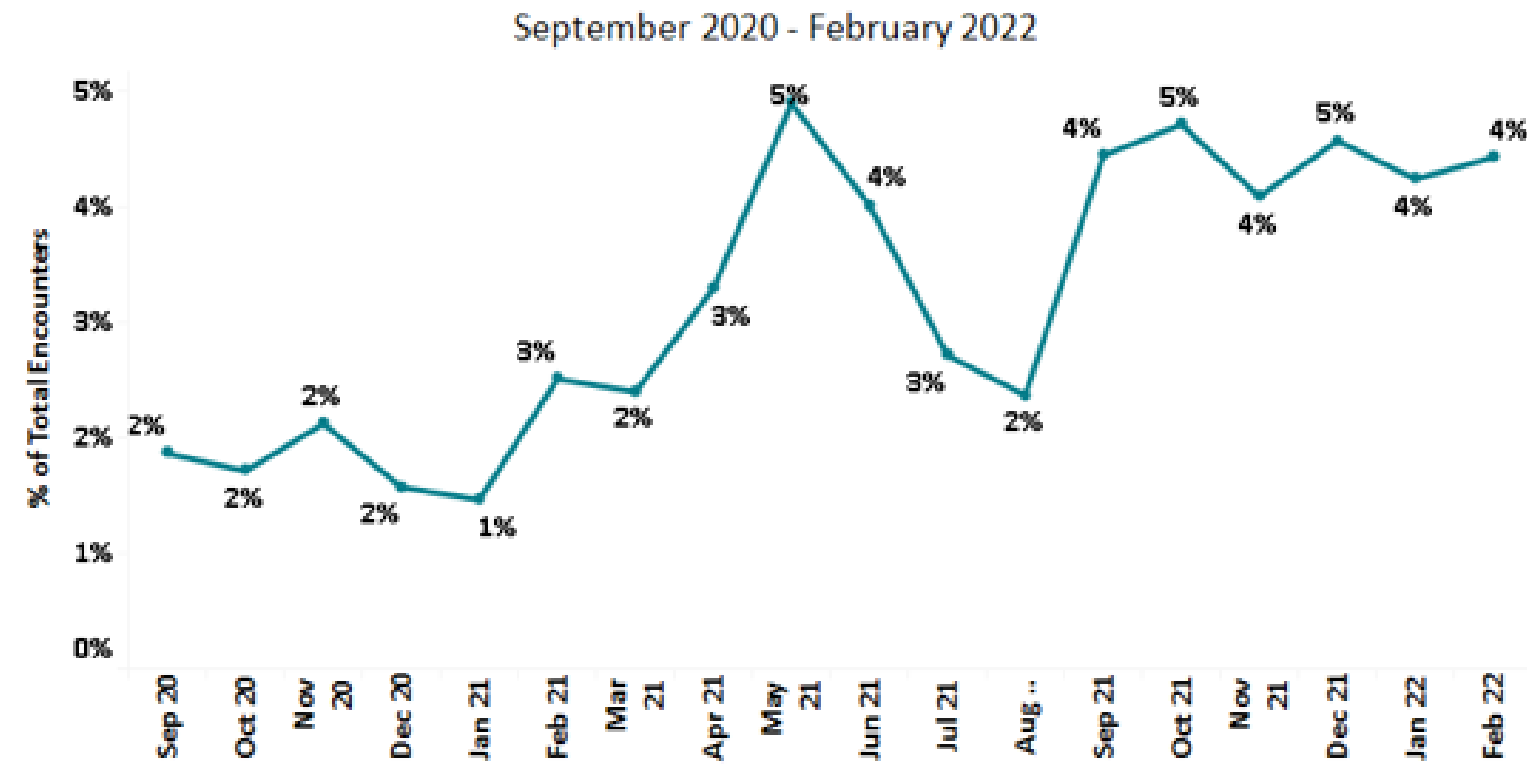
### Port Townsend Police Department

Behavioral Health Incidence Trends  
September 2020-February 2022





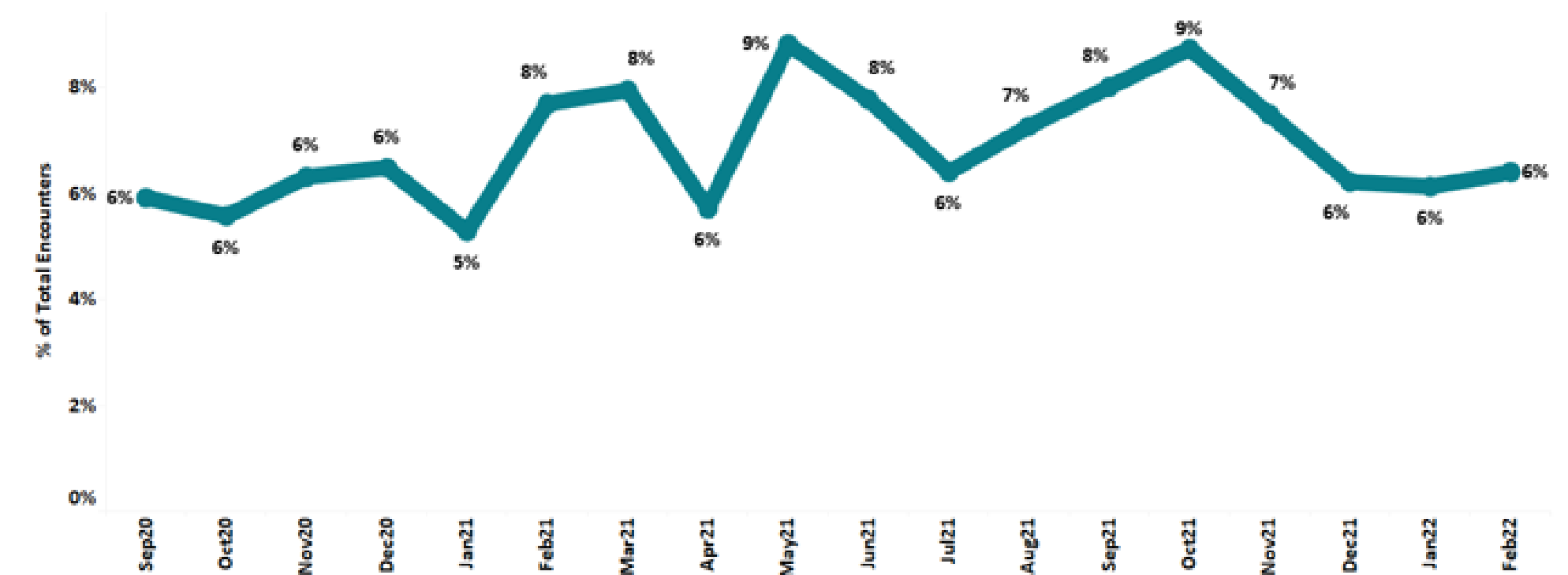
### Jefferson County Sheriff's Office Behavioral Health Encounters as % of Total Encounters



Beginning in September 2021, calls for traffic stops and traffic complaints are removed from the total calls.

5-9% of Port Townsend Police Department encounters have been related to behavioral health over the past 18 months, with significant monthly variation.

### Port Townsend Police Department Behavioral Health Encounters as % of Total Encounters



The percent of JCSO total encounters that are BH related has been increasing over time but has remained relatively flat since September 2021 (4-5%).





JCSO daily behavioral health encounters range from less than 1 to 3, averaging 1.6 per day.

**Jefferson County Sheriff's Office Behavioral Health Incident Trends Over Time**

September 2020 - February 2022

	Mental Health	Had Been Drinking & Mental Health	Mental Health & Drugs	Had Been Drinking	Drugs	Had Been Drinking, Mental Health, & Drugs	Had Been Drinking & Drugs	Grand Total
Sep-20	24		1	6	5			36
Oct-20	14	1	1	5	7			28
Nov-20	15	1	4	7	5		2	34
Dec-20	12	1	2	6	4		1	26
Jan-21	11	1	1	2	8			23
Feb-21	18	3	1	5	4		2	33
Mar-21	22	5	3	7	4		1	42
Apr-21	33	1		15	10		1	60
May-21	48	8	8	12	5	1	2	84
Jun-21	41	6	8	13	5		2	75
Jul-21	42	1	5	9	4	1		62
Aug-21	26	3	7	2	8			46
Sep-21	48	4	1	4	2	2		61
Oct-21	35	1	6	10	7			59
Nov-21	30	2	3	8	6	2	1	52
Dec-21	31	3	4	10	5			53
Jan-22	34	3	3	6	3	1	1	51
Feb-22	32	3	4	8	7			54
<b>Grand Total</b>	<b>516</b>	<b>47</b>	<b>62</b>	<b>135</b>	<b>99</b>	<b>7</b>	<b>13</b>	<b>879</b>
<b>Average Encounters per Month</b>	<b>29</b>	<b>3</b>	<b>4</b>	<b>8</b>	<b>6</b>	<b>1</b>	<b>1</b>	<b>49</b>



PTSD daily behavioral health encounters range from 2-5, averaging 3.5 per day.

**Port Townsend Police Department Behavioral Health Incident Trends Over Time**

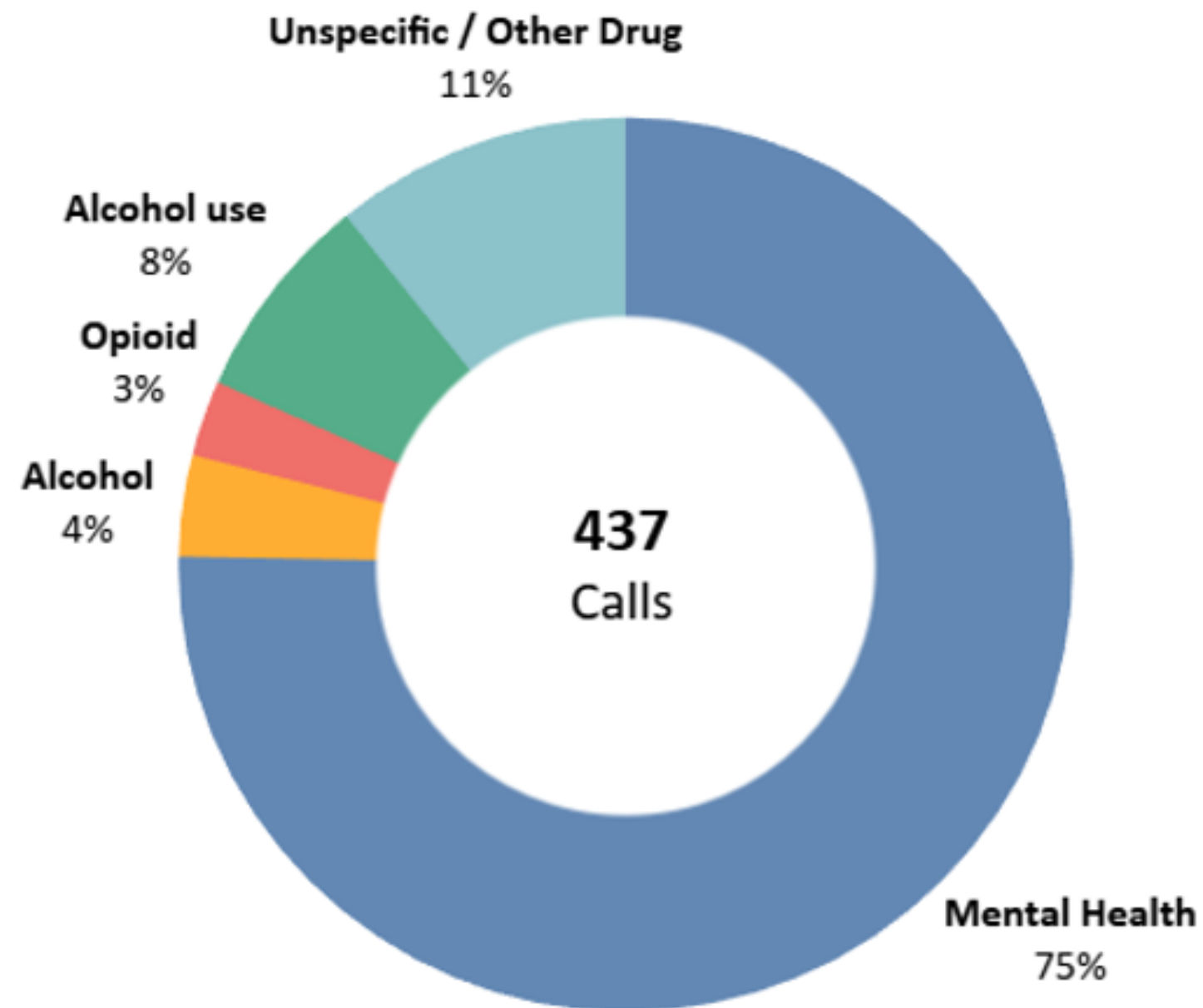
September 2020 - February 2022

	Mental Health	Had Been Drinking & Mental Health	Mental Health & Drugs	Had Been Drinking	Drugs	Had Been Drinking, Mental Health, & Drugs	Had Been Drinking & Drugs	Grand Total
Sep-20	71	15	9	7	9	3		114
Oct-20	48	12	12	5	8	6		91
Nov-20	70	4	5	10	10	2		101
Dec-20	72	12	5	11	5		2	107
Jan-21	58	6	5	2	11	1		83
Feb-21	78	5	4	8	1		5	101
Mar-21	91	12	9	15	10	2		139
Apr-21	76	11	6	6	2	2	1	104
May-21	91	19	13	16	6	3	3	151
Jun-21	105	7	11	13	8	1		145
Jul-21	73	22	21	13	8	7	2	146
Aug-21	105	11	15	5	2	3		141
Sep-21	71	10	8	10	3	2	1	105
Oct-21	70	9	10	8	5	2		104
Nov-21	53	7	10	12	4	3	1	90
Dec-21	46	8	6	7	1			68
Jan-22	41	7	4	12	1	3	1	69
Feb-22	57	5	3	3	6			74
<b>Grand Total</b>	<b>1,276</b>	<b>182</b>	<b>156</b>	<b>163</b>	<b>100</b>	<b>40</b>	<b>16</b>	<b>1,933</b>
Average Encounters per Month	71	10	9	9	6	3	2	107



5-9% of EMS calls for East Jefferson Fire Rescue are related to Behavioral Health. 75% of those are related to mental health, and the remaining 25% are related to drugs and/or alcohol use.

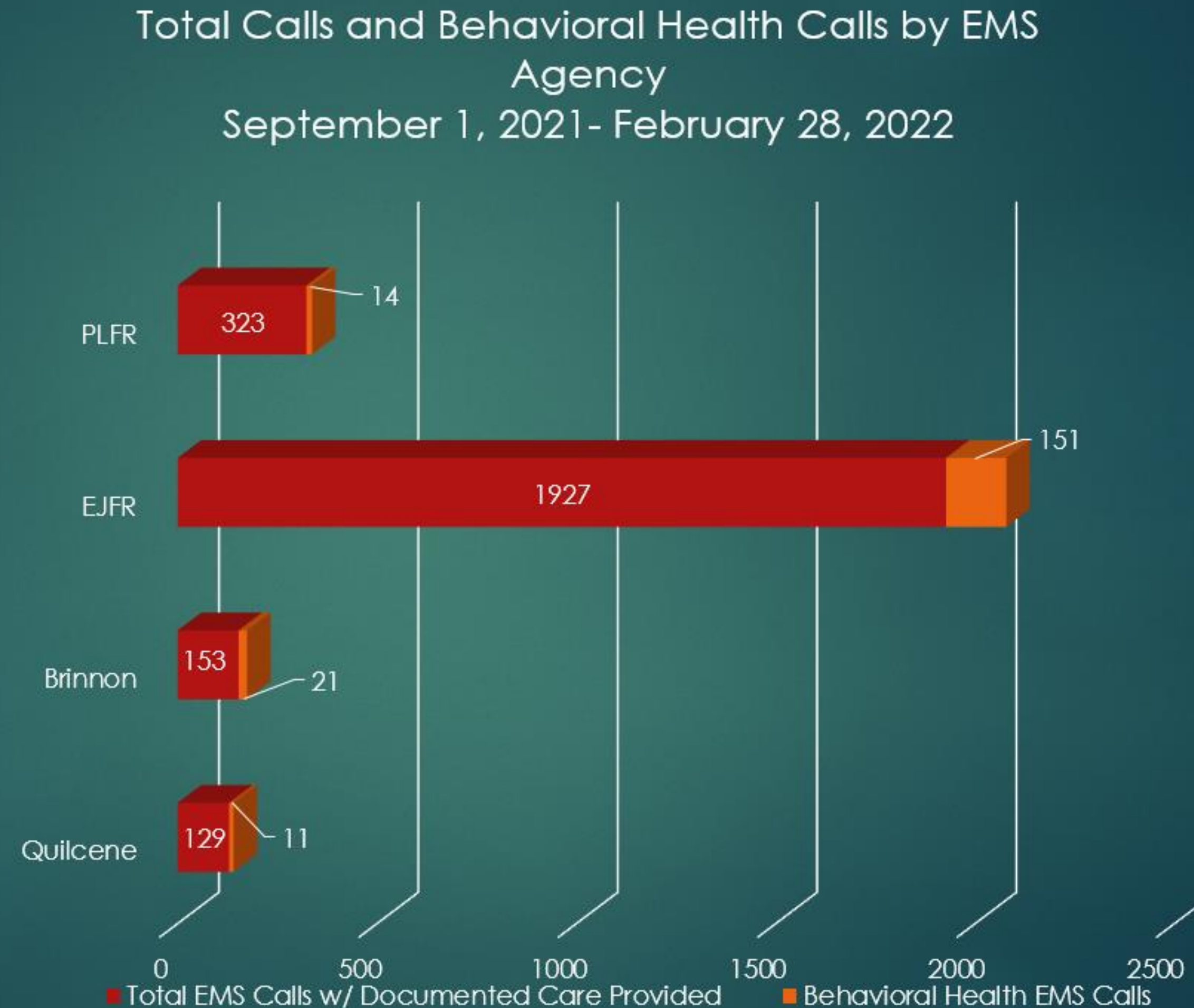
**East Jefferson Fire & Rescue Behavioral Health Related Calls**  
September 2020 - February 2022



	Mental Health	Alcohol	Opioid	Alcohol use	Unspecific / Other Drug	% of Total
Sep-20	26		1		1	7.8%
Oct-20	26				5	8.6%
Nov-20	19	1	1		2	6.8%
Dec-20	16	1			2	5.6%
Jan-21	21	4				7.4%
Feb-21	17		1		4	5.6%
Mar-21	19	1			4	7.8%
Apr-21	15		1			4.6%
May-21	20		1		3	7.6%
Jun-21	23				6	8.1%
Jul-21	19		1		3	4.8%
Aug-21	20	1	1			5.1%
Sep-21	19	2		4	1	5.9%
Oct-21	8	2	1	7	3	6.8%
Nov-21	14	3		7	6	8.8%
Dec-21	15			2	2	5.4%
Jan-22	13		3	10	1	8.5%
Feb-22	19	1	1	3	4	9.6%
<b>Average Monthly Volume</b>	<b>27.4</b>	<b>1.3</b>	<b>1.0</b>	<b>2.8</b>	<b>3.9</b>	



In terms of context, of the four EMS providers - Port Ludlow Fire & Rescue (PLFR), East Jefferson Fire & Rescue (EJFR), Jefferson County Fire District #4 (Brinnon), and Jefferson County Fire District #2 (Quilcene) - EJFR has by far the largest volume of total calls (1,927 between 9/2021 and 2/2022) and behavioral health related calls (151).



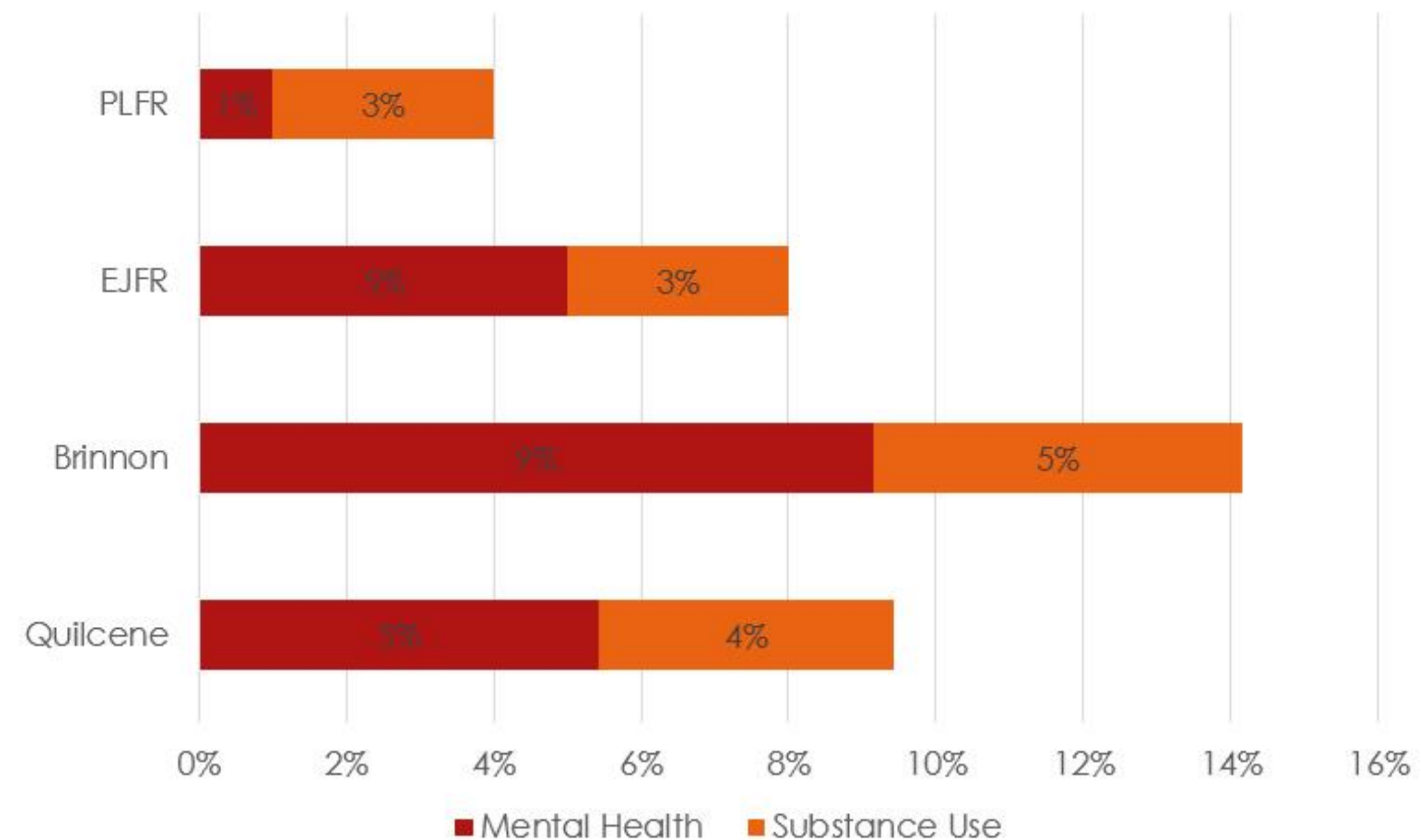
17



When comparing the four agencies, between 4% and 14% of total calls were behavioral health related.

While Brinnon has a low total volume of calls, it has the highest proportion of behavioral health related calls (14%).

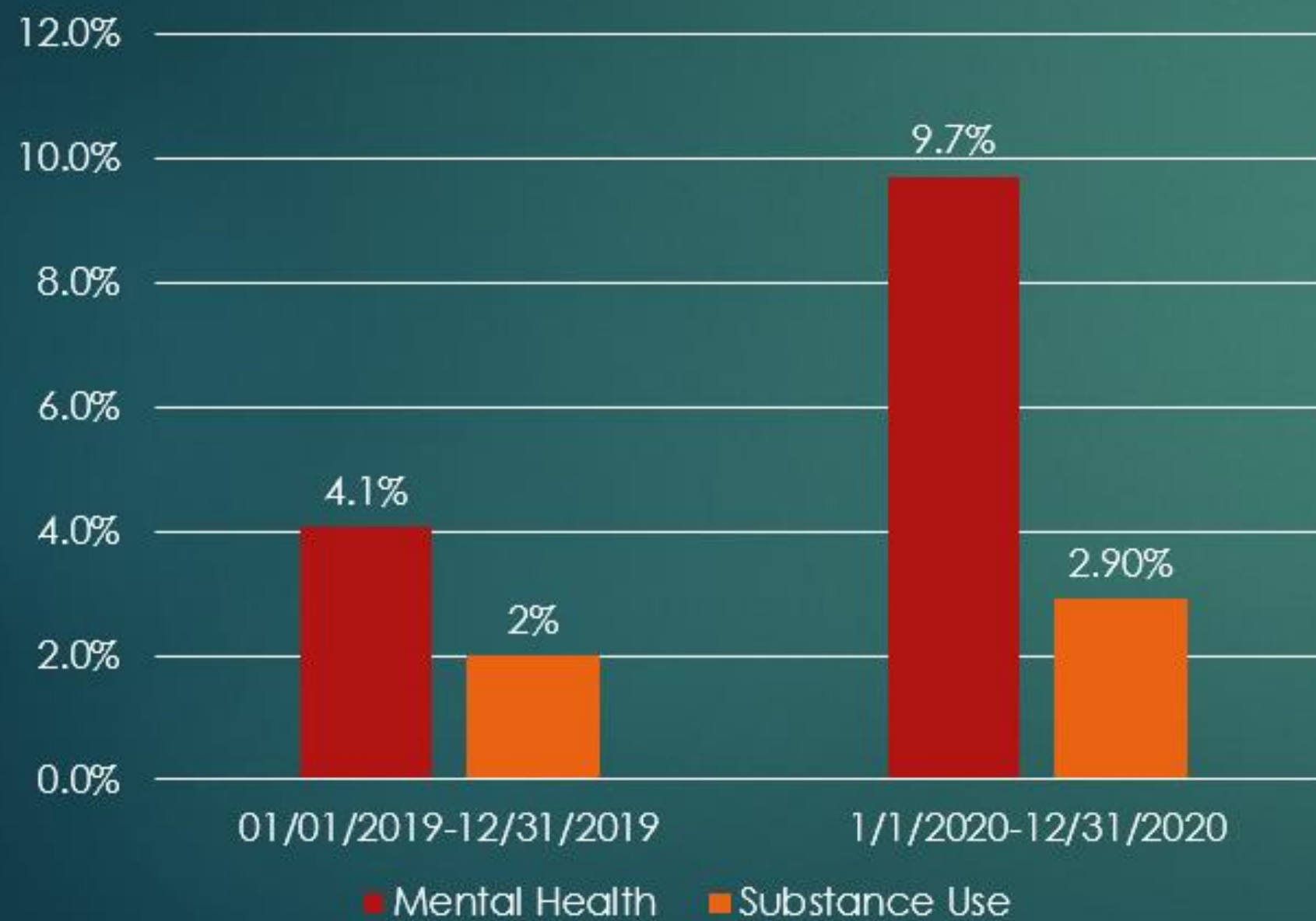
Proportion of Behavioral Health EMS Calls by Agency  
September 1, 2021- February 28, 2022



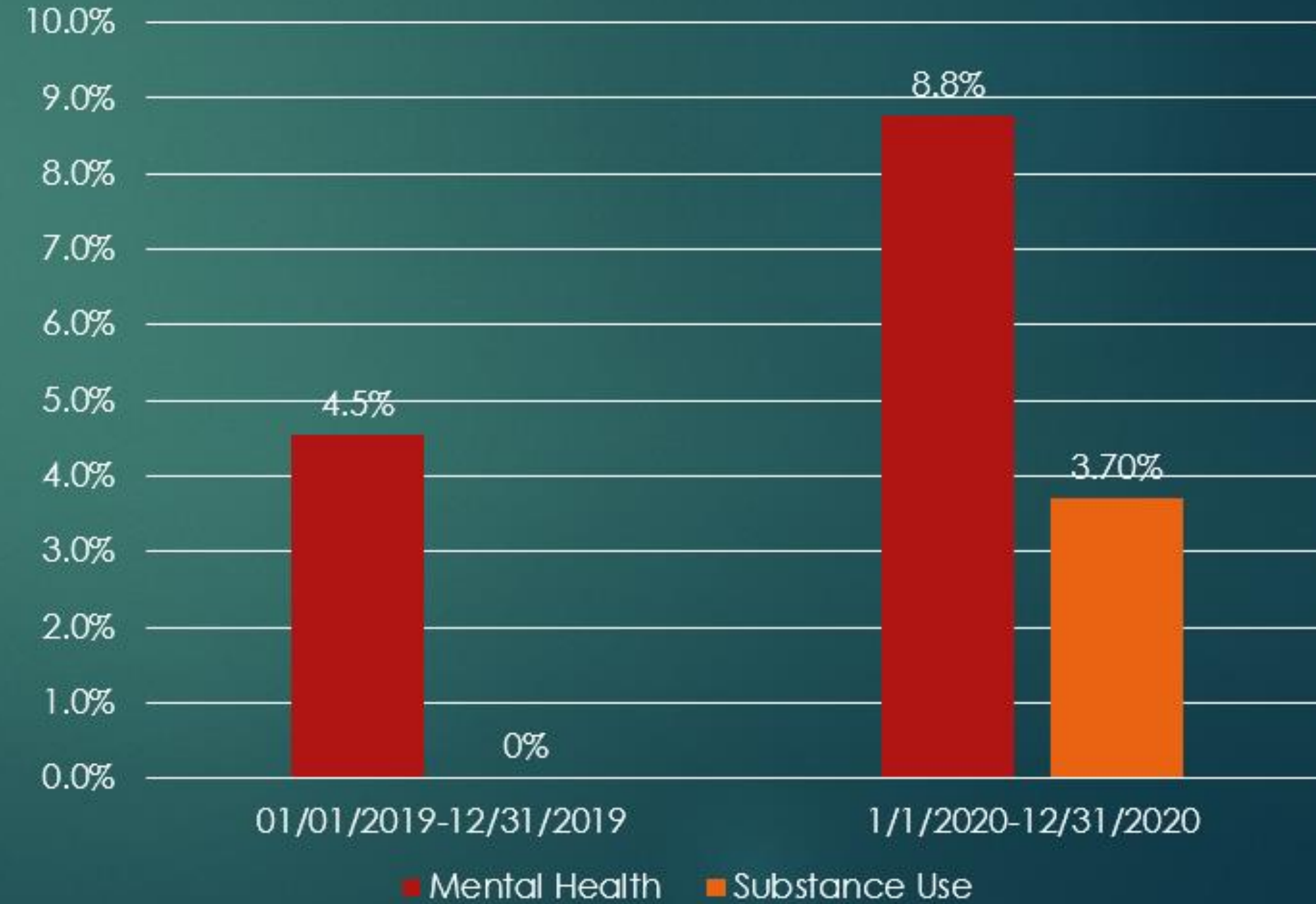


- The % of total calls that were behavioral health related in Quilcene and Brinnon increased substantially between 2019 and 2020.
- In Quilcene, the % of behavioral health calls increased from 6% to 12.6%, with the % of mental health calls more than doubling from 4.1 to 9.7%. Brinnon reported a similar trend, with the % of behavioral health calls nearly tripling from 4.5 % to 12.5%.

Behavioral Health Calls in Quilcene

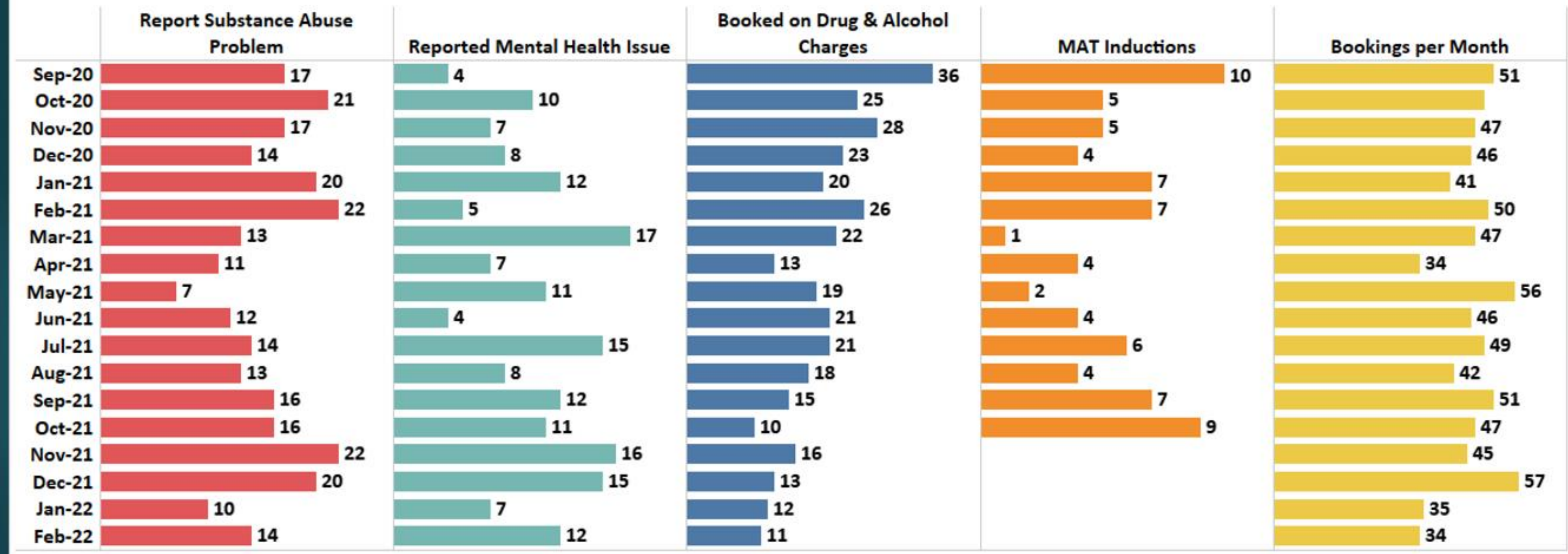


Behavioral Health Calls in Brinnon





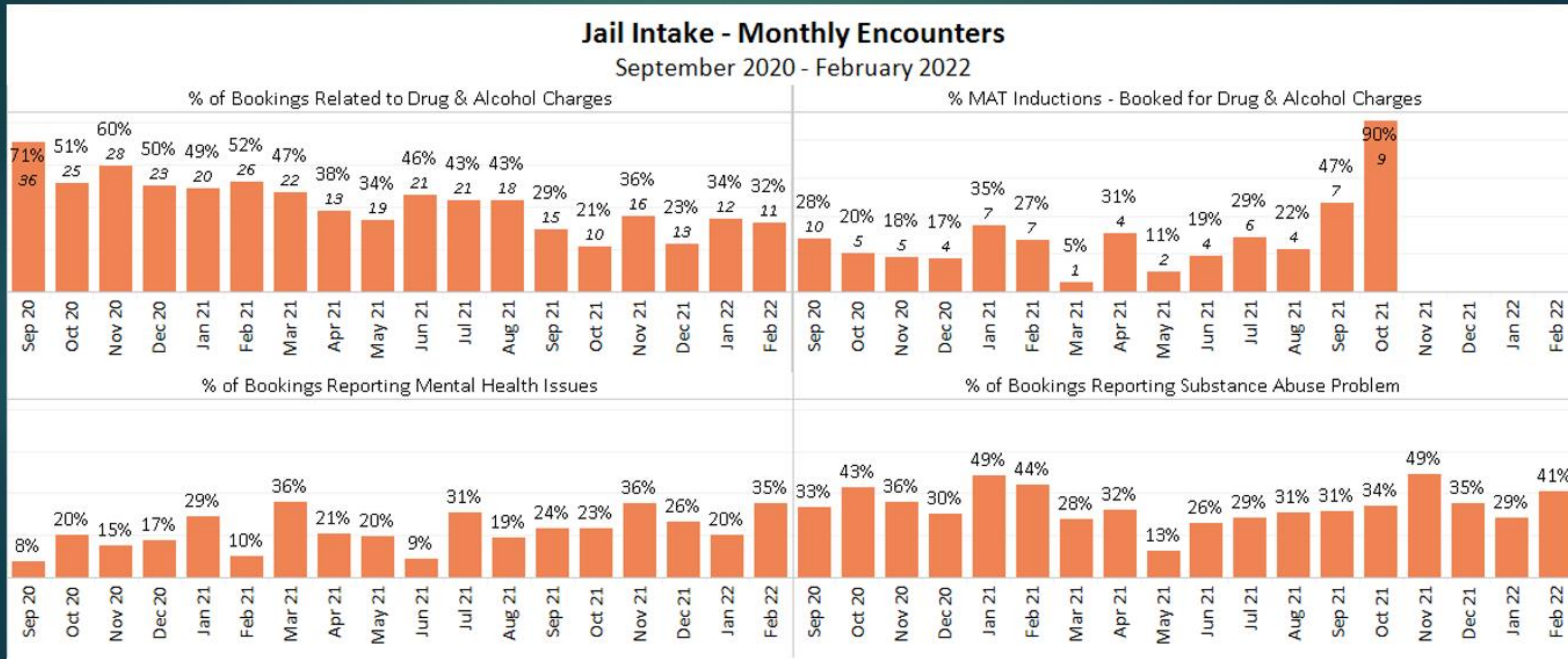
### Jefferson County Jail Statistics September 2020 - February 2022



Jefferson County Jail data shows a significant decrease in bookings related to drug & alcohol charges over the last 6 months. Significant monthly variations exists in terms of self-reported SUD and MH Issues.



The % of drug & alcohol related bookings has decreased significantly over the last 18 months – while the % reporting mental health and substance use issues has increased overall, again, with significant monthly variation.

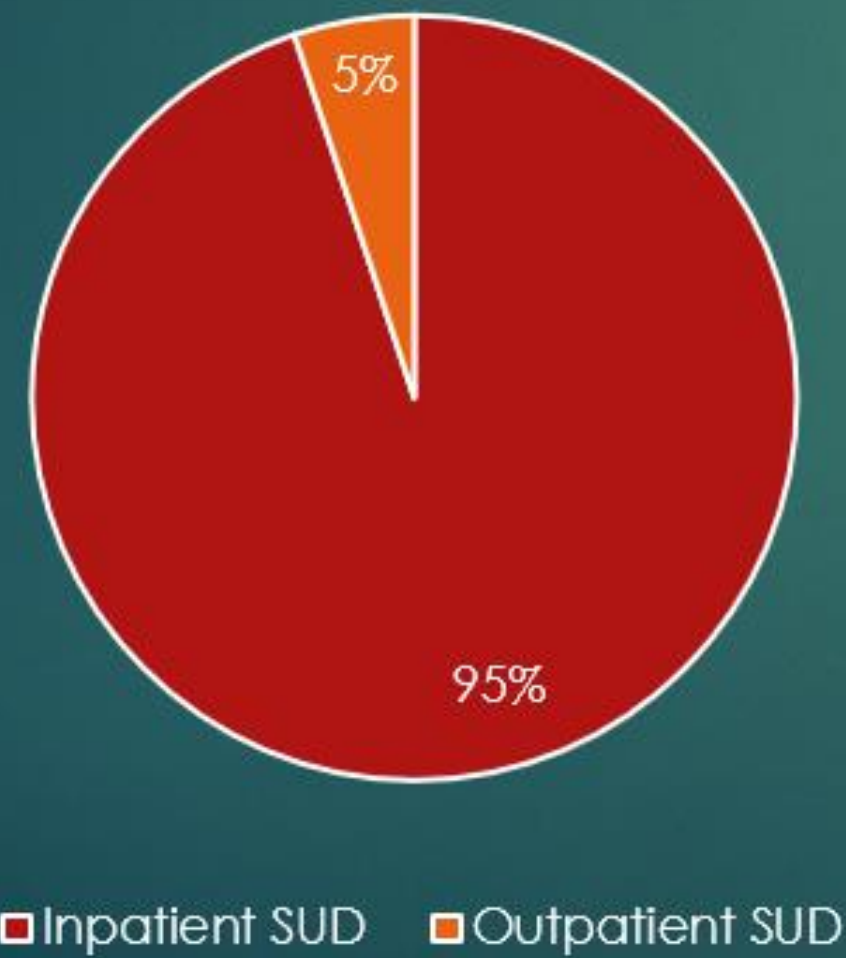




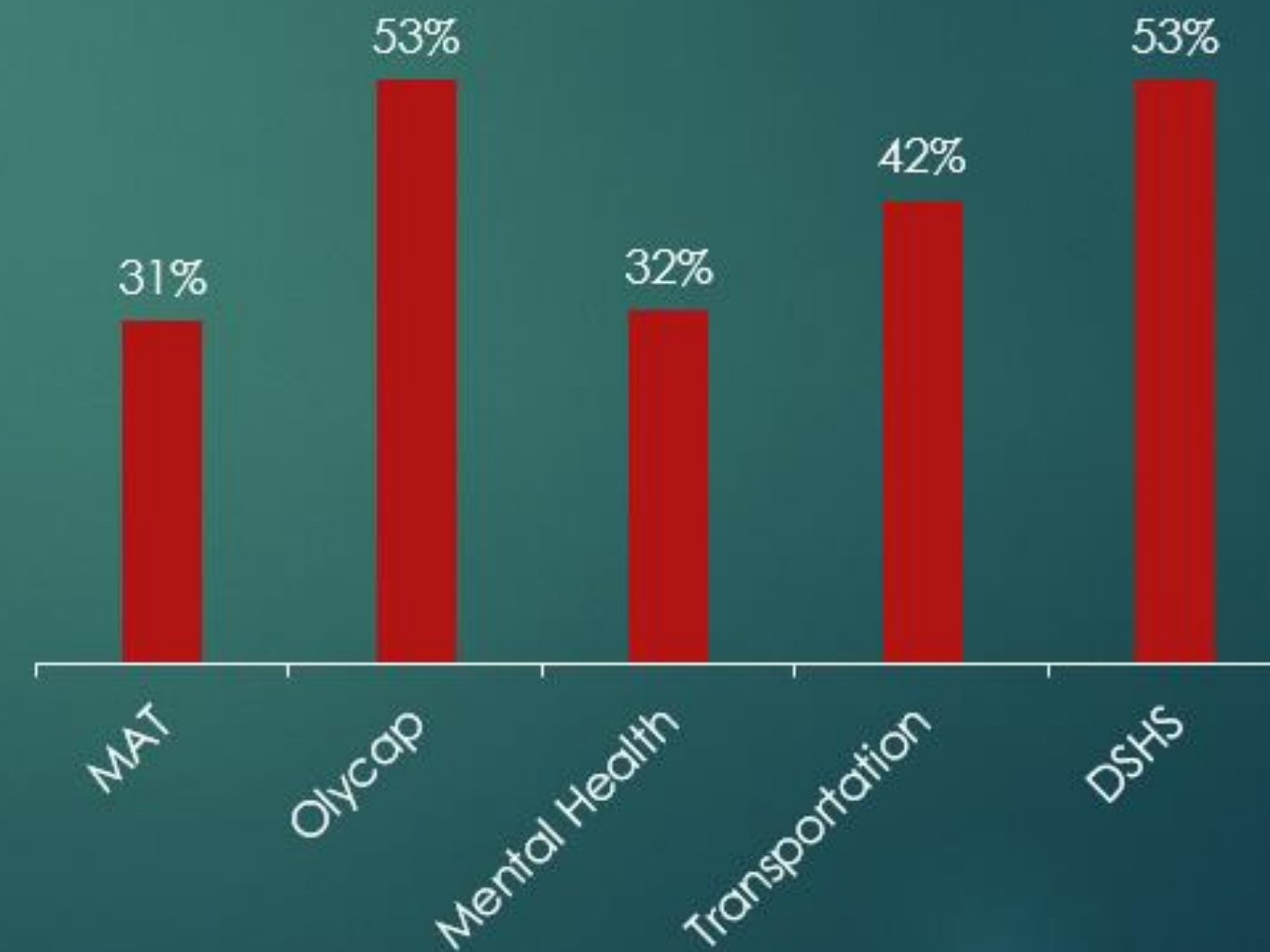


More than 95% of Gateway to Freedom Jefferson County Jail inmate assessments result in recommendations for inpatient SUD treatment. 31% of assessments also result in a referral to MAT and 32% to mental health services. Many also need assistance with transportation and other social determinants of health (housing, employment, etc.)

Gateway to Freedom/Jefferson County Jail Inmate Assessment Recommendations



Gateway to Freedom/Jefferson County Jail Inmate Referrals

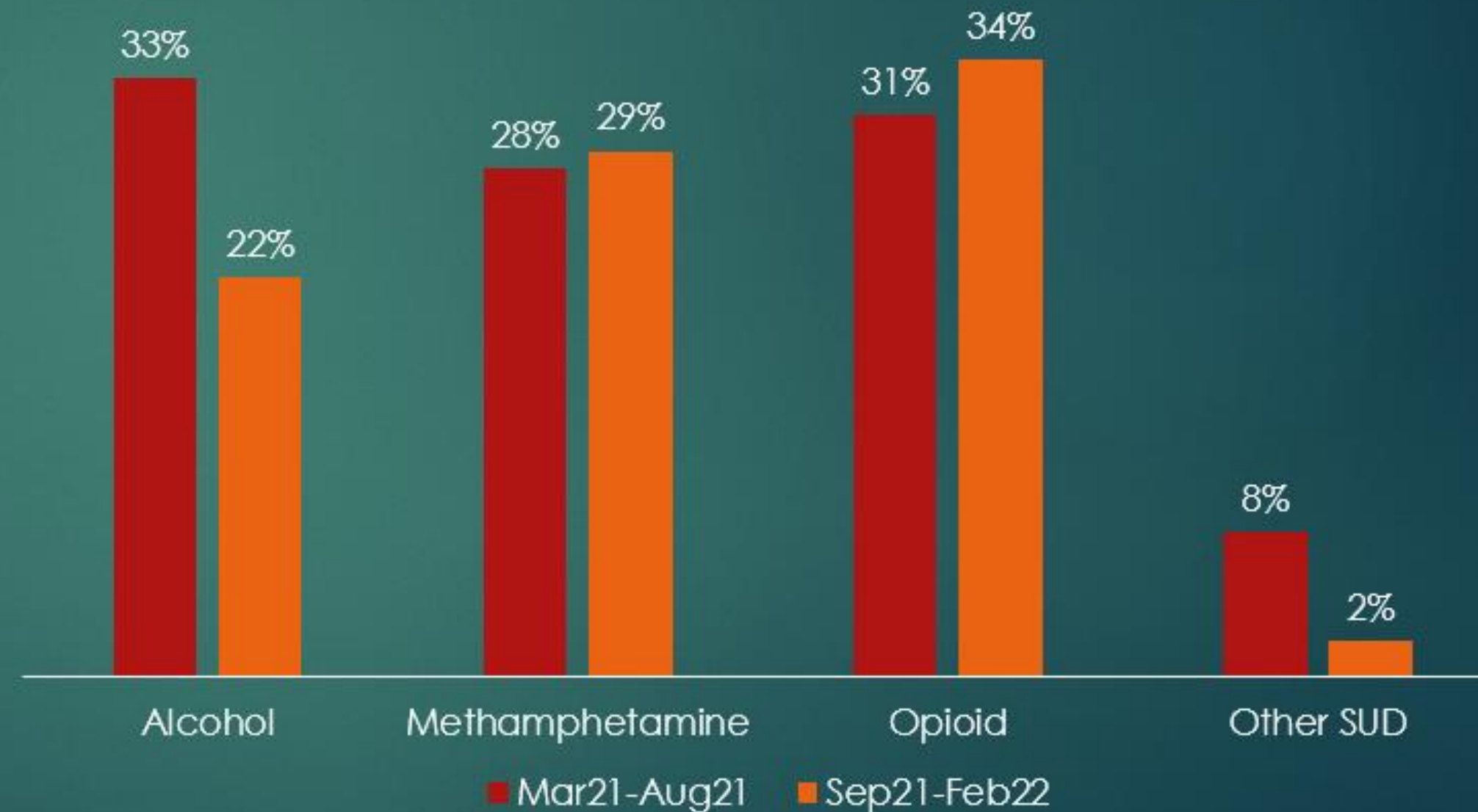




# Believe in Recovery

- ▶ Of the clients screened for SUD by Believe in Recovery in the:
  - ❑ 22% were diagnosed with alcohol use disorder (down from 33%)
  - ❑ 34% with Opioid use disorder (compared to 31%)
  - ❑ 29% with Methamphetamine use disorder
  - ❑ 2% were diagnosed with "other SUD".

Believe in Recovery Clients Diagnosed with SUD



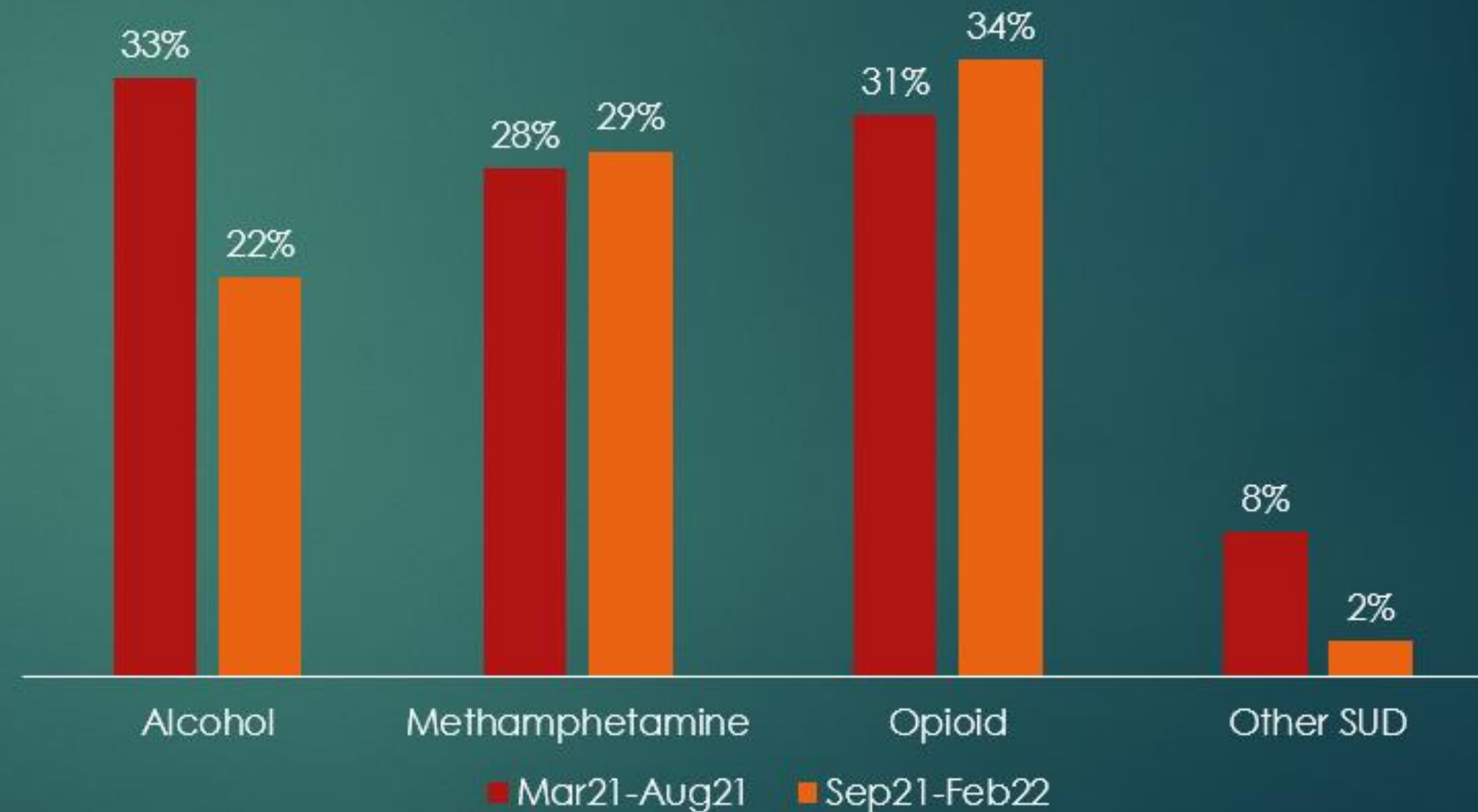
23



# Believe in Recovery

- ▶ Of the clients screened for SUD by Believe in Recovery in the:
  - ❑ 22% were diagnosed with alcohol use disorder (down from 33%)
  - ❑ 34% with Opioid use disorder (compared to 31%)
  - ❑ 29% with Methamphetamine use disorder
  - ❑ 2% were diagnosed with "other SUD".

Believe in Recovery Clients Diagnosed with SUD



23



# Transition

It has been a pleasure to work with so many stakeholders, advocates, and providers throughout Jefferson County over the past four years. I have learned a great deal about cross sector collaboration and been energized by our shared vision of improving our County's community health. Please know I consider myself blessed for that, and the opportunity to develop lifelong friendships.



# Next BHC Meeting

**Thursday, August 11th, 2022**

**@3pm**



# Acronym Sheet

**BH** – Behavioral Health

**BHC** – Behavioral Health Consortium

**CAP** – Communication Action Plan

**CHA** – Community Health Assessment

**CHIP** – Community Health Improvement Plan

**DCR** – Designated Crisis Responder

**DUI** – Driving Under the Influence

**ED** – Emergency Department

**EJFR** – East Jefferson Fire Rescue

**EMS** – Emergency Medical Services

**JCPH** – Jefferson County Public Health

**JeffCo** – Jefferson County

**JHC** – Jefferson Healthcare

**HFPD** – Health Facilities Planning & Development Consultants

**HRSA** – Health Resources and Services Administration

**ITA** – Involuntary Treatment Assessment

**MAT** – Medically Assisted Treatment

**MH** – Mental Health

**MOUD** – Medications for Opioid Use Disorder

**OUD** – Opioid Use Disorder

**PTPD** – Port Townsend Police Department

**PWUD** – People Who Use Drugs

**RHNDP-P** – Rural Health Network Development Program – Planning (HRSA Grant Awarded 2018-2019)

**RCORP-P** – Rural Community Opioid Response Program – Planning (HRSA Grant Awarded 2019-2020)

**RCORP-I** – Rural Community Opioid Response Program – Implementation (HRSA Grant Awarded 2020-2023)

**R.E.A.L.** – Recovery, Empowerment, Advocacy, Linkage

**SUD** – Substance Use Disorder

**TBH** – To Be Hired

**VOA** – Volunteers of America – Crisis Line

**Vol** - Voluntary

**Invol** – Involuntary



# Upcoming Meetings

- **Weekly Tuesdays and Thursdays - BH Therapeutic Court and Therapeutic Drug Court respectively**
- 7/15 - SBH-ASO Exec Board Meeting
- 7/15 - CHIP/BHC - Graphic Discussion
- 7/15 - BIR/JCPH Harm Reduction Discussion
- 7/18 - DBH - SCHR & Data
- 7/18 - Alternatives for Engagement - Mason/Jefferson
- 7/18 - Apple Martine
- 7/19 - South County Harm Reduction
- 7/19 - Jeff CO R.E.A.L. Policy Coordination
- 7/19 - BH Advisory - 1/10<sup>th</sup> of 1%
- 7/20 - EJFR Board of Fire Commissioners
- 7/21 - White House Rural Stakeholders
- 7/21 - JeffCo Board of Health
- 7/22 - RCORP Data Learning Collaborative
- 7/22 - OWL 360 - JCPH
- 7/25 - Brinnon School District (LF/JN)
- 7/27 - LHJ Overdose Prevention Meeting
- 7/28 - White House Rural Stakeholders
- 8/01 - JCF - Jen Kingfisher
- 8/02 - RCORP-I Coaching Session
- 8/02 - Climate and Health/BH
- 8/04 - White House Rural Stakeholders