# Be Healthy Jefferson

# BHC Meeting March 11, 2021, 3pm

The BHC is funded by HRSA's RCORP-Implementation Grant through September 2023



# Strengthen and SUD/OUD/beh to provide prevention, tr that enhance our reside treatment and move for

Behavioral Health Consortium (BHC) Meeting – March 11, 2021

- Strengthen and expand the County's
- SUD/OUD/behavioral health system
- to provide prevention, treatment and recovery services
- that enhance our residents' ability to access in-county
- treatment and move forward to recovery and wellness.





# What motivates you to contribute your talent, expertise, and time in our County's behavioral health arena?

Behavioral Health Consortium (BHC) Meeting – March 11, 2021



## Agenda – 3/11 BHC Meeting

- Introductions/Updates (Grants, Services, Collaborations) All
- State v. Blake
  - What is it? James Kennedy, County Prosecutor
  - Brainstorm: How BHC Members individually and collectively evolve our approach to OUD/SUD/BH service connection in this new landscape?
- Upcoming Data Due for next HRSA Quarterly Report Lori Fleming
- Takeaways from RCORP-I's Grantee Conference Lori Fleming
- HRSA RCORP-I Project Updates, Deliverables Lori Fleming
- Next Meeting April 8, 2021, 3pm Zoom Call



# Be Healthy Jefferson

## BH Landscape Changes State v. Blake

## **Prior to State v. Blake**

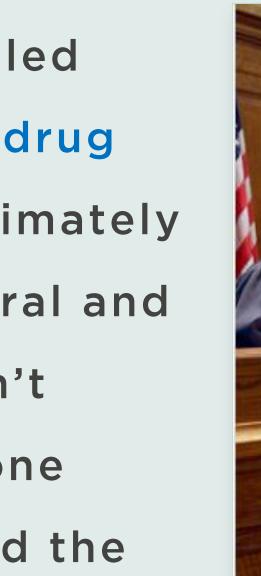
The 1970 Controlled Substances Act (CSA), made it a felony to possess illegal drugs, even when the person in possession was unaware they had them. The charge for being in possession of a controlled substance was Class C Felony, punishable by up to five years in prison and a \$10,000 fine\*





## State v. Blake

The February 2021 ruling on controlled substances ruled WA state's felony drug possession law unconstitutional, ultimately deciding the law violated both federal and state constitutions because it doesn't require prosecutors to prove someone knowingly or intentionally possessed the drugs.





# C State v. Blake – Immediate Impacts

WA law enforcement officers are no longer authorized to:

- Conduct a criminal investigation predicated on possession of a controlled substance
- Use probable cause predicated on possession of a controlled substance to effectuate and arrest or seek a search warrant
- Take any other law enforcement action
   for simple possession of controlled substances





## **State v. Blake – Immediate Impacts**

## **Prosecutors will now:**

- Arrange for the immediate release of all pre-trial detainees whose only charged offenses are simple possessions
- Dismiss all pending simple possession cases, which will also terminate any active warrants
- Prepare to deal with motions to vacate judgments by people in prison on simple possession of controlled substances
- Prepare to resentence people who are serving time in prison where a simple possession charge factors into their offender score
- Work towards vacating all prior convictions for Possession of a Controlled Substance going to the 1970s



# **State v. Blake – Immediate Impacts**

## **Prosecutors will now:**

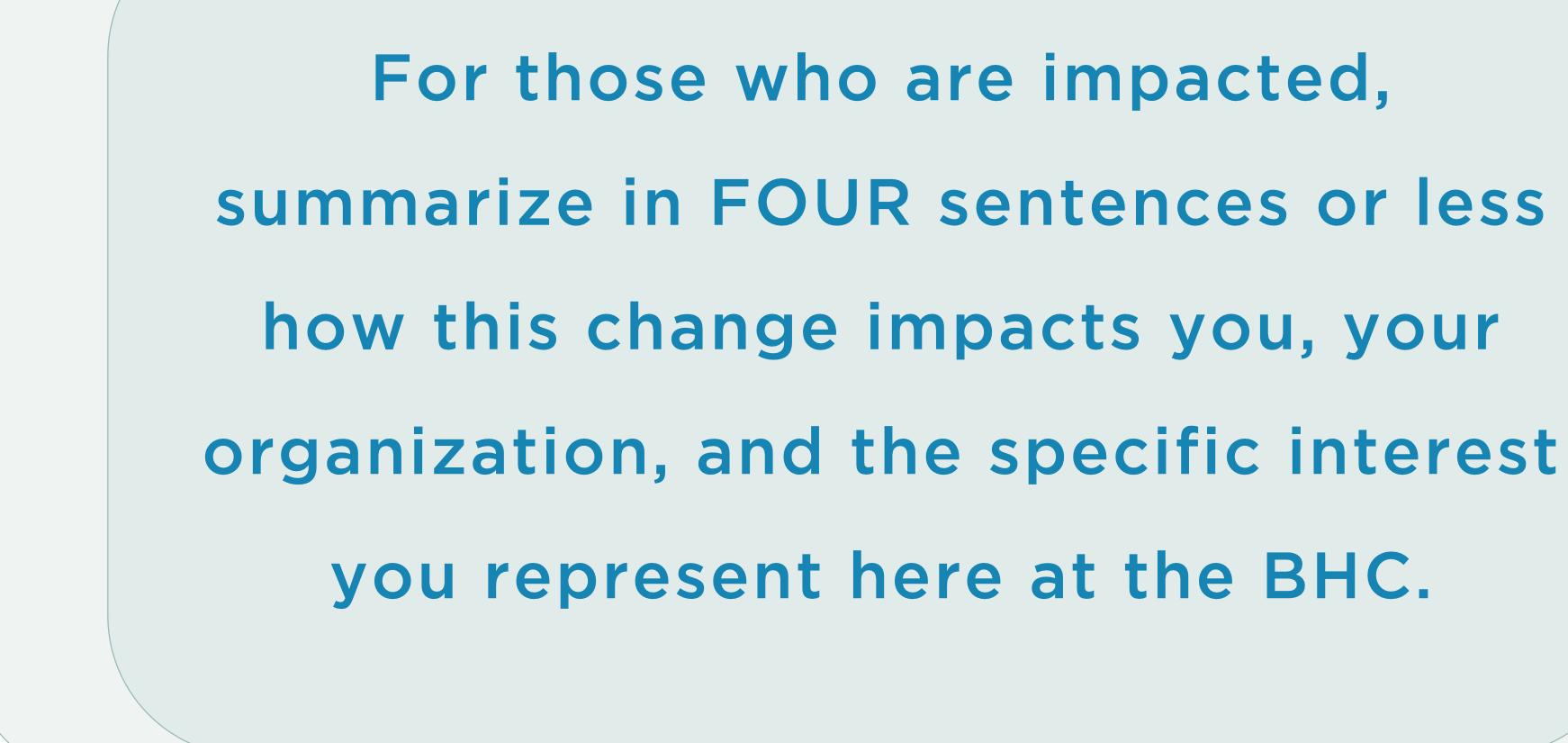
- Address Drug Court participants whose only underlying charge is simple possession of drugs, who now have the right to withdraw from drug court and have their charges dismissed.
- Cease including simple possession convictions in offender scores
- Stop collecting any Legal Financial Obligations in cases in which the only crimes of conviction were simple possession of drugs.
- Prepare to deal with motions to vacate judgments by people in prison on either simple possession charge, or who had one or more simple possession convictions included in the calculation of their offender score.



# Be Healthy Jefferson

## BH Landscape Changes A Conversation









What questions are you and your organization asking yourselves as a result of State v. Blake?

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## **Now, putting on the "Consortium" Glasses**

Outsic syster people health

Brainstorming Question As a collective committed to the stewardship of our county's Behavioral Health System...

- Outside the criminal justice
- system how do we get
- people into behavioral
- health treatment?



# **What questions come to mind?**

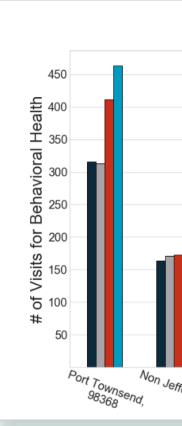
- Currently, how many people come into treatment absent a court order?
- How did they get there?
- What, besides criminal justice, motivates
   PWUD to seek services? What services
   might people who use drugs be interested
  - in, beyond treatment services?





Thanks for your continued data contributions!

- Raw Monthly Data for 09/01/2020 02/28/2021 (includes EJFR, JSCO, Jail, DBH, BiR, PTPD, and JH data)
- Grant Team/HFPD will total, build charts, drill down, etc., then present and input to **HRSA Quarterly Reports**



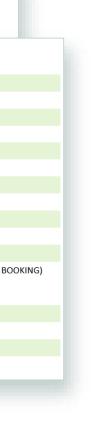
## JCSO STATS - 10/1/19 - 2/29/20

- **Reported Mental Health Issue** Drugs/Narcotics Involved
- Alcohol Involved

## EJFR – BEHAVIORAL HEALTH RESPONSES

Year	Responses
2017	151
2018	153
2019	144
2020 (Through 2/5/2020)	8

	EJFR – OP	IOID & B	EHAVIORAL	HEALTH OCCURE	NCES			
	Date	Zip Code	# Narcan e Incident Type Administered		Patient Outcome		JAIL -	2019 STATS
	1/2/2019	98368	Unknown, Oxycodone	2 doses <u>narcan</u> from friend	Tx to JGH			JAIL – 2020 STATS
			Oxycodone			550	Repor	6 Evaluated by DCR
	2/1/2019	98368	Heroin	Family gave x3 Narcan, State Patrol - 2 nasal Narcan Nasal Narcan by family	Tx to Harrison	550	перы	88 Booked on drug and alcohol charges
Behavioral H						188	Repor	42 Interested in MAT (AT BOOKING) 3 Reported Suicidal Ideation (AT BOOKING)
ED Visits by Zi	3/14/2019	.9 98339	Heroin				-	27 Reported Prior Suicide Attempts (AT BOOKING)
				4m narcan by law		4	Evalu	50 Reported Behavior health Problem (AT BOOKING)
	DA	ATA FROM 9/2019 -			2/20/2	020		9 Reported Developmental Disability (AT BOOKING)
					- 2/2//2020		Repoi	127 Reported Drug or Alcohol Use in last week (AT BOOKING)
							Booke	65 Reported Drug Problem (AT BOOKING)
					# of		DOOK	13 Reported Alcohol Problem (AT BOOKING)
	Incident Type		Incidents		M4	MAT	<ul> <li>19 Reported Both Drug and Alcohol Problem (AT BOOKING)- 19</li> <li>Currently Under the influence of Drugs or Alcohol – UA or Admission (AT BO</li> </ul>	
							1417.11	68 Currently onder the initialice of Drugs of Alcohol – OA of Admission (Al Bol 31 Opiates or Suboxone
		Had been drinking Drugs			219 110		Total	37 None or none opiates
								28 Reported TBI (AT BOOKING) – 28
		-			110			15 Reported having Hepatitis (AT BOOKING)
		Mental	Health		628			16 MAT Inductions 246 Total bookings YTD
	2/5/20	98368	Unknown	.8mg narcan	Tx to Harrison	_		
l a	3/1/2020	98368	Heroin	.4 Narcan by JCSO / .4 Narcan by EMS	Tx to JGH			
Port Hadlock, <sup>Chimacum,</sup> <sup>Serson 98339</sup>	Port Ludlow, 98365	Brinnon, 98320	Nordland, 98358					



# Be Healthy Jefferson

## **RCORP-I Grantee Conference**

## Quick Highlights



Conversation around

**Contingency Management** 

- Following up with Lucia

Possehl @ Center of Rural

Addiction U of V.





## Center on **Rural Addiction** UNIVERSITY OF VERMONT

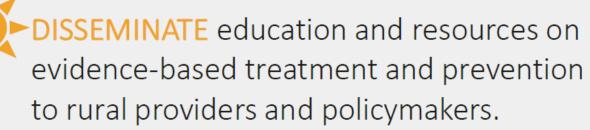
## **OUR MISSION**

We seek to expand addictiontreatment capacity in rural communities by providing consultation, resources, training, and evidence-based technical assistance to healthcare providers and other staff

## **Center Objectives**

Leverage expertise in evidence-based practices for treating OUD and other SUDs to:

- **IDENTIFY** real-time needs of rural communities and science-supported methods for effectively addressing current and future addiction treatment needs.
- **DELIVER** ongoing technical assistance and workforce training to support the effective use of best practices for assessing and treating rural patients.

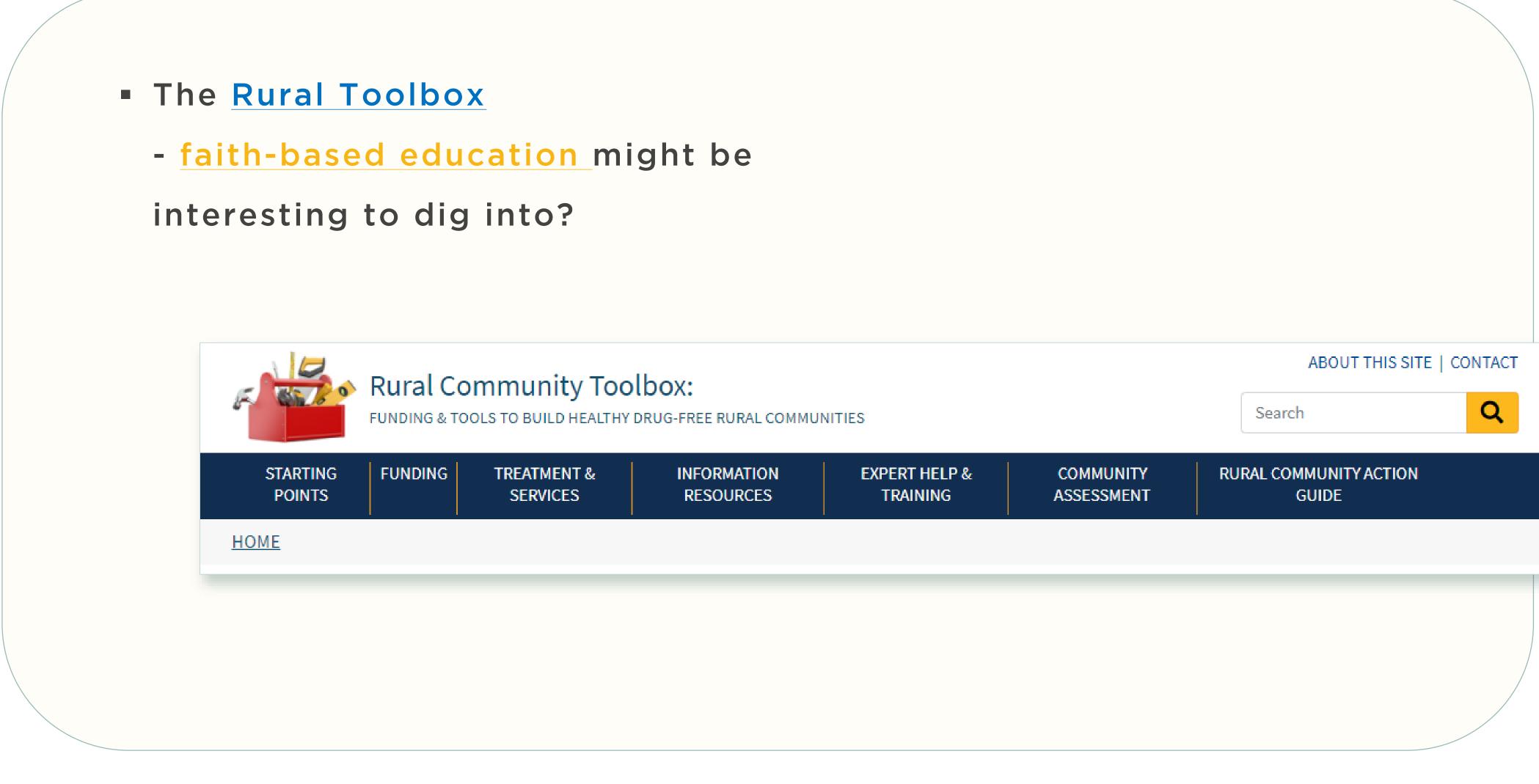


Contact us: CORA@uvm.edu | Learn more: UVMCORA.org





## **RCORP-I Grantee Conference – Highlights**







Highlighted deaths

associated with meth

See new resources around methamphetamines - sent to us by ADAI:

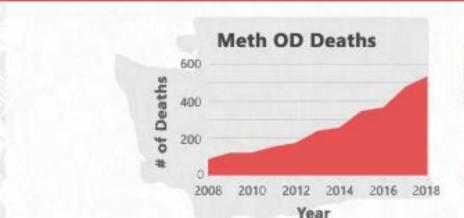
- This PDF contains relevant

links and a pathway to order

flyers from ADAI on when/ how

to get help for meth overdose

## Meth Overdose: Know When to Get Help



Meth deaths have increased 600% in the last decade in WA State.

## Learn more at stopoverdose.org

## Watch for these danger signs:

- Super fast heart rate (2-3x faster than normal)
- High body temperature (sweating or hot, dry skin)
- Really painful headache
- Chest pain or tightness
- Can't walk or move
- Won't wake up

1.866.789.1511

- · Can't feel arms or legs
- Seizure or shaking you can't control



## Call 911:

If you see these signs, call 911 or get medical help right away!

The Good Samaritan **Overdose Law** protects you and the victim from prosecution for drug possession.

Recovery Help Line Want help to cut down your meth use? Call the Washington Recovery Help Line at 1.866.789.1511

UNIVERSITY of ADA UNIVERSITY of WASHINGTON



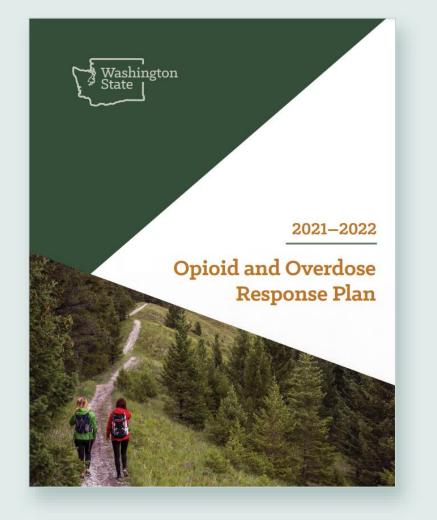
# Be Healthy Jefferson

Regional Landscape Items of Note

## **Relevant New Publications**

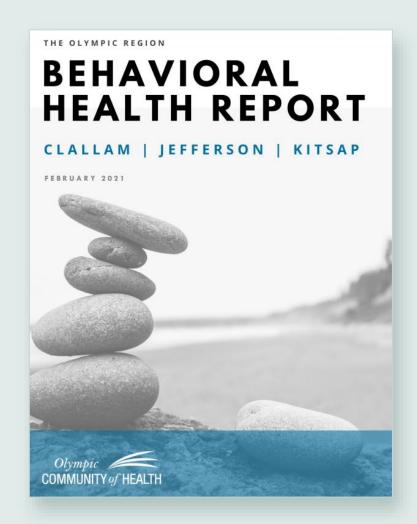
<u>WA State's</u> Opioid Overdose Response Plan

Includes goals and strategies to reduce State overdose deaths, including:



- 1. Prevent opioid misuse
- 2. Identify and treat substance use disorder
- 3. Ensure and improve the health and wellness of individuals who use drugs
- 4. Use data and surveillance to detect drug use trends, monitor the health and wellness of individuals who use drugs, and evaluate interventions

If you have questions about the plan, please contact State Opioid Response Coordinator, Kris Shera, <u>kris.shera@hca.wa.gov</u>.



OCH's

**Olympic Region** 

**Behavioral Health** 

## **Report**

See pages 23 and 24 for the OCH Regional Partner recommended regional behavioral health priorities for legislators, policy makers, health care providers, community-based organizations, social service agencies, Tribal health centers, and communities.



# Be Healthy Jefferson

## RCORP-I Grant **Deliverables and Project Updates**

# **RCORP-I Grant – Overview of BHC Strategic Actions**

- 1. Provider/Prescriber Integration
- 2. Develop Crisis Stabilization Center Feasibility and, if appropriate, Implementation Plan
- 3. Develop and Maintain Online/Printed Resource Directory
- 4. Improve Jail-to-Community Service Connection
- 5. Support Recovery Café for Peer Network Development and recovery/prevention environment to support prevention and recovery for those on their recovery journey
- 6. Initiate a Harm Reduction Program in South County, coordinate with Mason County
- 7. Communication/Education/Integration to address stigma on both sides of county line
- 8. Coordinate and optimize/add Navigator and Care Coordination Services
- 9. Initiate Friendly Face Program for collective case management for high utilizers of Law Enforcement, Emergency Responder, Emergency Department and Jail services



## LowCap Proj # 1: **Provider/Prescriber Integration**

- Jake Davidson, JHC Presented an overview of the hose program at December's BHC Mtg 12/10, 3pm. LF/ to increase patient volume for waivered rate for prescriber/SUD counseli
- Safe Harbor / DBH ^ them give the
- Will be intere. Jim/Ford/Lori workgroup (and NCC Convening).

OUD/SUD/BH y next steps ompletion 31 Jpdate from Update in April BHISH in hrough Will have on the regional level after September's 3CCORP Treatment .ent "award" to Ford/Jim at OCH's Jefferson





## LowCap Proj # 2: Data Collection for Grant and BHC Priorities

## Data Standardization - Priorities/Next Steps:

- Attendees agreed it is worthwhile to pursue a path to better standardize the approach to coding.
- Chief Black noted it will be useful to identify someone fluent with EMS billing in this discussion to avoid a auxiliary codes. Lori to track down.

Adam York noted it would be worth having the various agencies give their definitions of the data points they code to (ex: Me etc.), then rate them on a scale of one to five on how closely these definitions align. This could help us collectively code mor lncome (der

## Discharge/Disposition/Referral- Data Priorities- Next Steps:

• Fire Dept. and JHC players to meet to identify best approach to procure discharge/disposition/referral data. IP if it would be better for the group to begin exploring Disposition/Discharge/Referral data with the EMwith JHC. Lori/John will open discussion on that question with Dr. Carlbom.)

Behavio

- Work with OlyCAP to identify what information they have; outline what information efficiently collect that data through OlyCAP. - Peggy Webster/Cherish Crop-
- Explore health information exchange (CFR 42 Part Two) and some gleaned. - Lori Fleming/John Nowak

Criteria

## Establish Baseline Metrics for RCORP-I Grant

- Create an inventory list of relevant data being collect gaps are and where efficiencies can be realized.
  - Gran
- Put toget

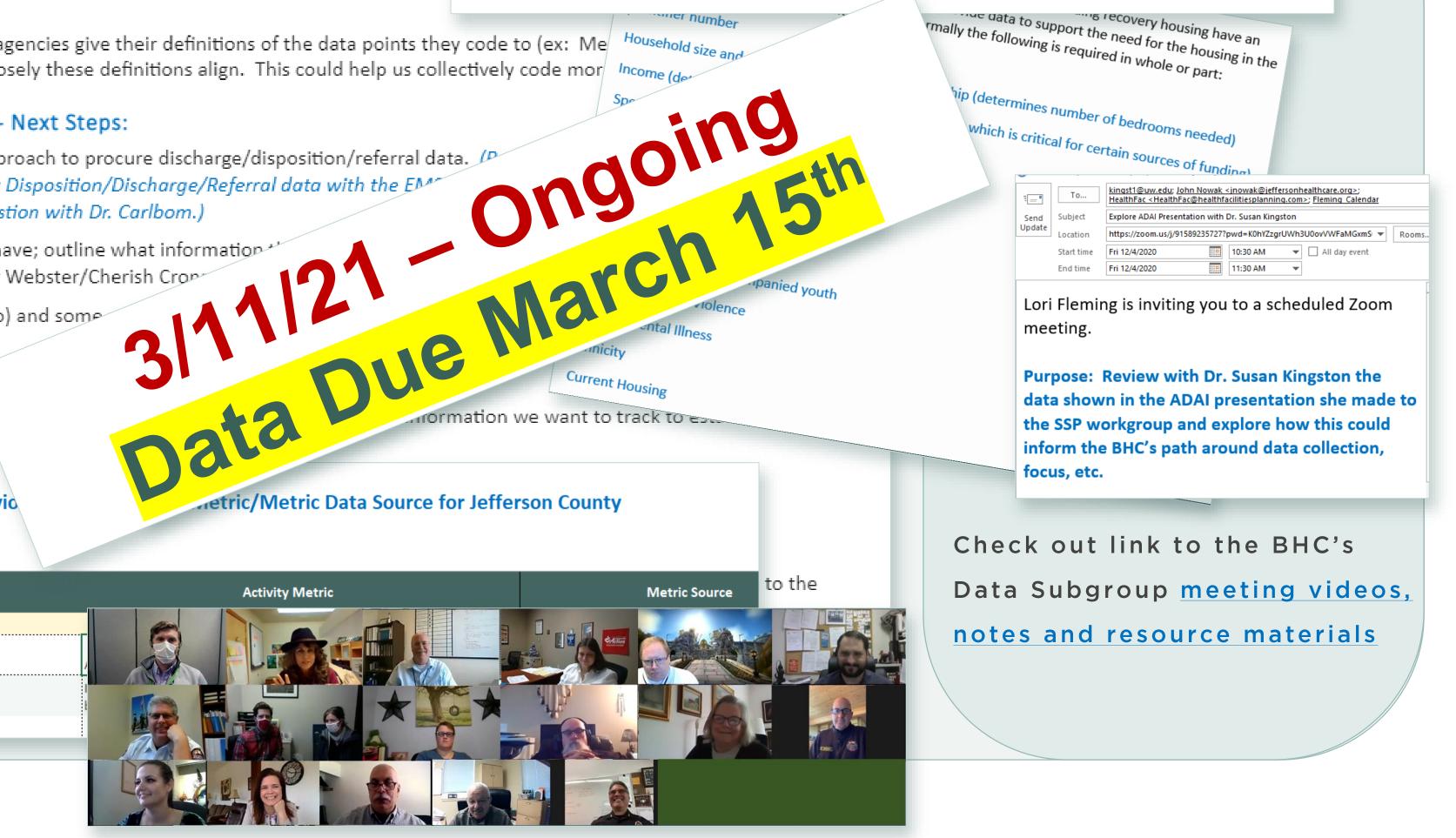
## Data for I

- Peggy, Cl
- those **\** Explore \

fund h

Prevention

- 1 Linguistic/Cultural effort to reduce stigma
- 2 Increase naloxone access and training

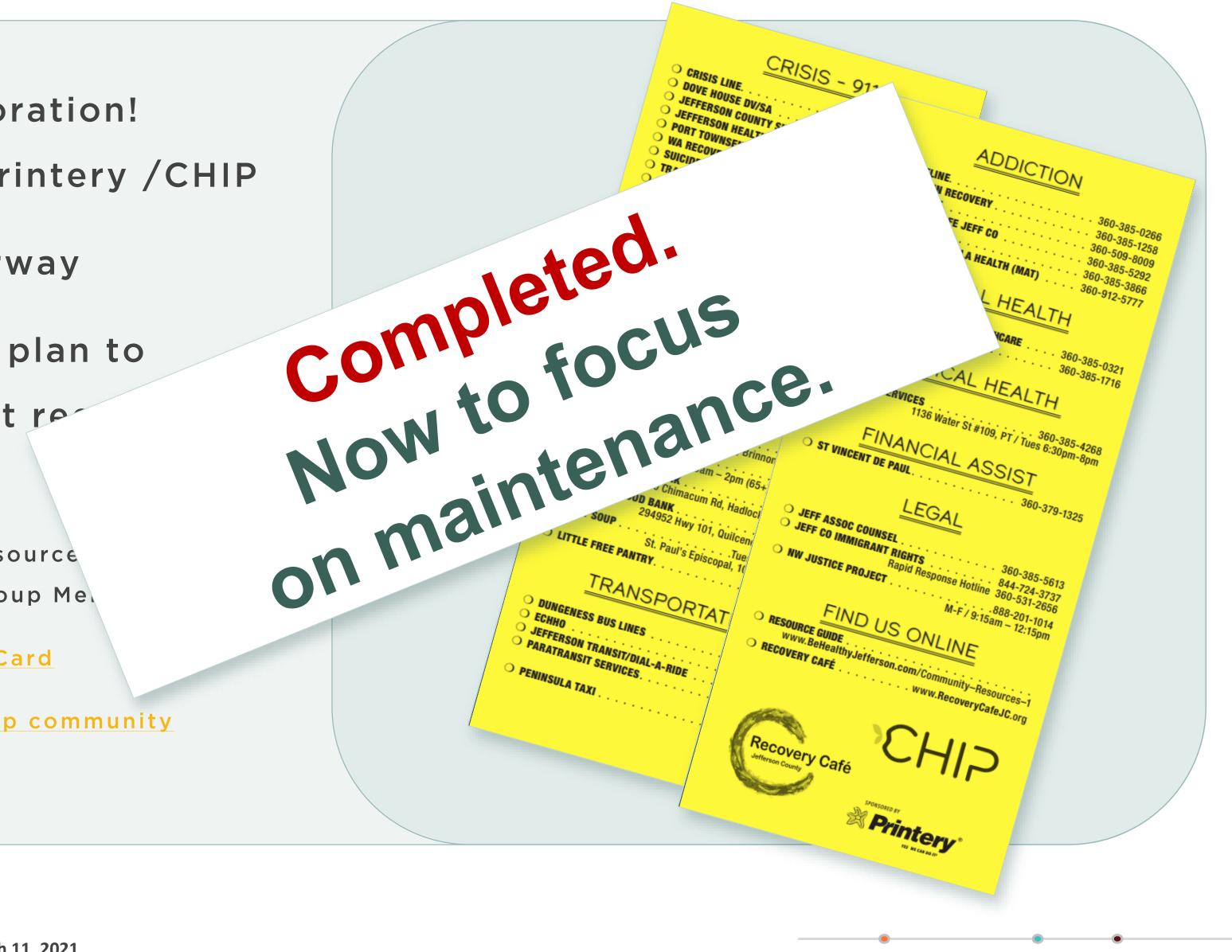


We are looking to understand the extent of substance abuse in this County , the populations affected in terms of income and housing. Important data points. Neither the legal system or provider systems will capture the full extent of folks in this situation. Many people are never touched by either. The health system is, however, another point of contact that will fill out the picture.





- Successful Collaboration! **Recovery Café / Printery /CHIP**
- Distribution Underway
- Next phase: Enact plan to maintain/update at reintervals
- 12/8/2020 sent online resource **County Harm Reduction Group Me**
- Click for PDF of this Rack Card
- Click for access to full/deep community resource lists





## LowCap Proj # 4: Jail to Community Transitions

- HC can w infrastructu aftercare onc. this work integrates system so of a factor pulation?

  - Get Naloxone into hands as they leave



0 RSAT Grant Award - September 2020 - September 2021

## rd – September 2020 – September 2021

Jo participants (10 participantly)

Awarded by Washington State Health Care Authority (HCA)

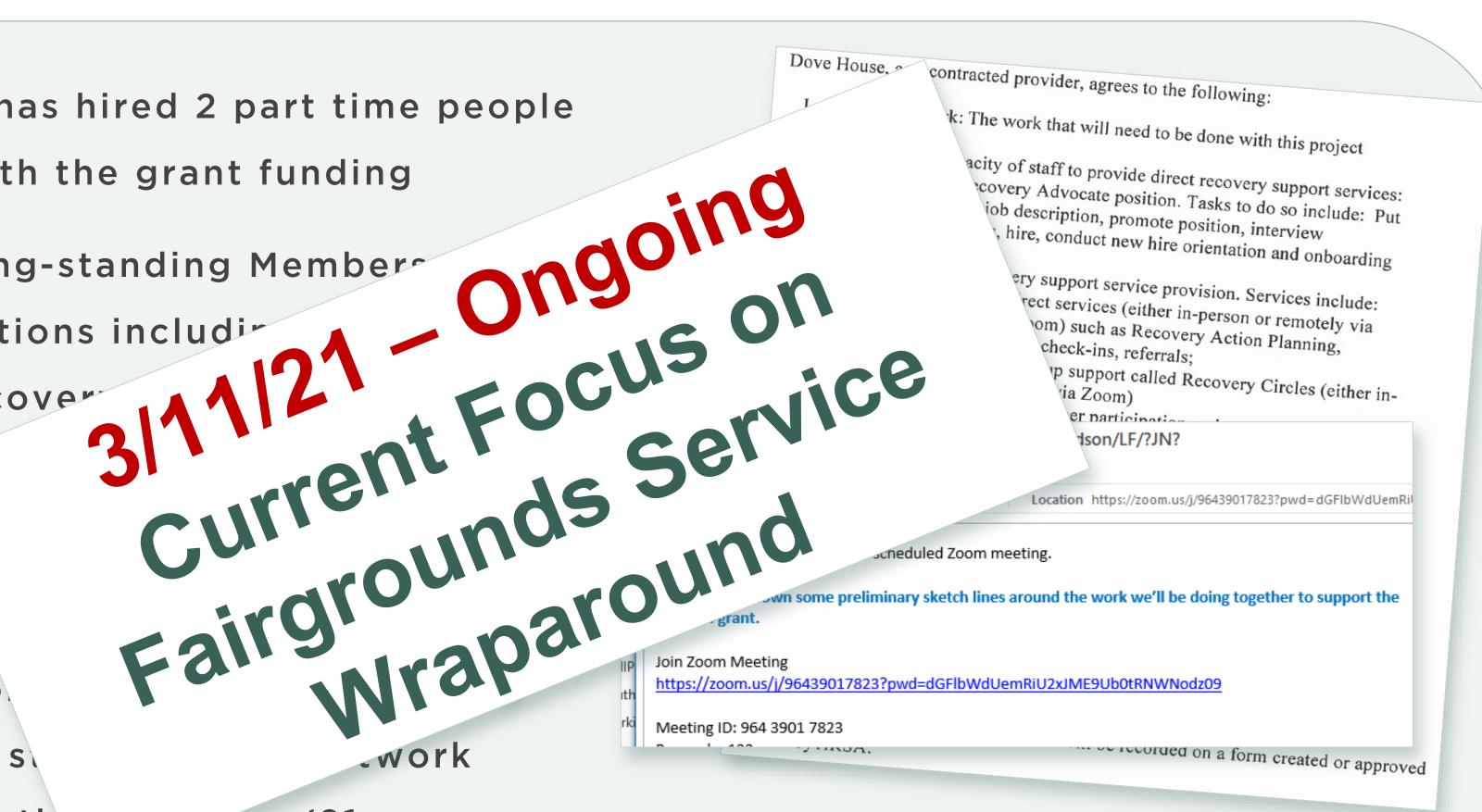




- Recovery Café has hired 2 part time people (1 FTE total) with the grant funding
- Empowering long-standing Members leadership positions includi-Facilitating Recover
- Agreed to g **Recovery Cat** relationships a Fairground's ho talk about next s Development in th timeframe.

June '21

## LowCap Proj # 5: Peer Network Development – Recovery Café





## LowCap Proj # 6: Harm Reduction – South County.

- 01/19/2021 Meeting
- r, 2/1 Agen, lori and Agen, - Discussed broad brush strokes and timeline of Naloxone Education and **Distribution effort**
- Next meeting: Tuesday, 2/1
- Link here for n slides, notes an **Education resour**

Behavioral Health Consortium (BHC) Meeting – March 11, 2021

PRIORITIES AND NON The group hear The Action/Next Steps short

Lori and  $\prime$ 

University of WA is our primary source for Naloxone kits. Susan Kingston has been our contact there since 2018; she is with the Center for Opioid Safety Education in the UW Alcohol & Drug Abuse Institute. She can be reached via email at kingst1@u.washington.edu or by phone at 206-221-4041. If she is not available, our other contact at UW is Alison Newman and her email is alison26@w.washington.edu.

In the past, Susan at UW worked with us on a short term project entitled

+ Get more add-

from outside your organization. Exercise caution lose crisis cking links, especially from unknown senders.



- the Transport we'll define w
- John inviting i Mary Allen

Lori and John- Thanks for expressing interest in providing naloxone to your community. We are always interested in finding new entities to partner with. Provided you meet our criteria for participation (primarily, do you serve people who use drugs and/or their friends and family?) and are willing to distribute injectable naloxone, we might be able to assist. I've attached our request formplease complete it and return it to me at your convenience. If you have any

Sean

## Sean Hemmerle

Gender Pronouns: he/him Overdose Education and Naloxone Distribution Consultant Office of Infectious Disease Division of Disease Control and Health Statistics Washington State Department of Health



## LowCap Proj # 7: Communication Action Plan (CAP)

=

Send

Update

То...

Subject

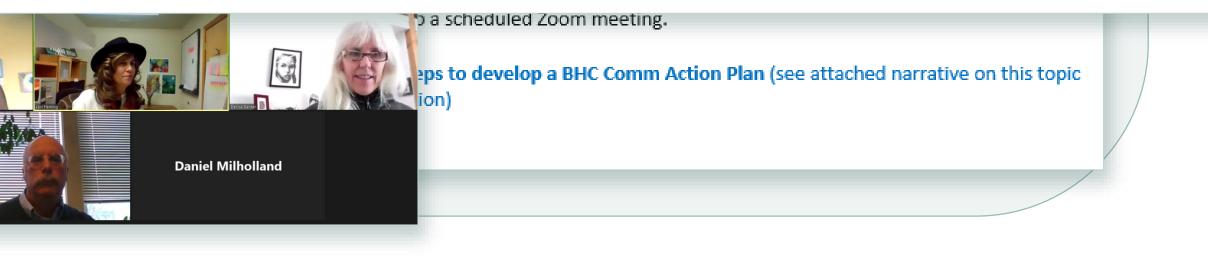
Location

- **Production Alliance's** proposal is not a
- funding to addre. stigma from regional standpoint.

## CHI2 HRSA-20-031 RCORP-Implementation Project Narrative > Resolution of Challenges Agenda The BHC recognizes the criticality of generating support and engagement from a range of audiences, including those vulnerable and recovering from SUD/OUD. We propose to engage <u>Danny Milholland <info@th</u> topical expert(s) in the developer of a master communications, education, and integration plan Nowak, John <JNOWAK@jef he Grant Team and BHC Members will execute. This Plan will at the outset of the grave BHC/ETC: CommActionPlan w zed messaging. The Communications Plan and its individual address variour Will explore how we can collaborat CH and their n https://zoom.us/j/9644844721 tinct project-phase-related communications, as well as elp address stigma associated with addiction and mental is work is critical to address the intersection of valpable prejudice and discrimination at various pelessness and shame in those struggling to cope, creating anagnosis, and treatment. The intent of the full effort is to facilitate unication and motivate inspired contribution of understanding, insight, -I Community Engagement & Education Campaign

Jommunity Partnerships Supporting Healthy Lifestyles & Informed Decision Making

The Production Alliance ("TPA") proposes use of \$600,000 from the Rural Communities Opioid Response Program Implementation Grant to support Jefferson County's Community Health Improvement Plan (CHIP) in the strategic development and management of a 3-Year Community Engagement & Education Campaign intended to increase awareness of and engagement in regional substance use and abuse prevention, treatment and recovery resources by youth and adults.







## **Regional: OCH Receives \$245K Funding to Reduce Stigma in Region**

## S.B.A.R. Cambia Behavioral Health Donation

## Situation

Cambia Health Solutions is interested in making a \$245,000 donation to Olympic Community of Health to address the mental health and wellbeing of people and families in rural communities impacted by the COVID-19 pandemic and to advance work to break down the stigma surrounding mental health and improve equitable access to behavioral health set

## Action

Staff propose utilizing the funds to support a multithe region, especially related to substance *v* interviews with partners and community current approaches better and more fully of activities that could include:

- Training and learning opportunities • at-large including learning and alignm
- Communications and marketing mater communications best practices to move
- Partner convenings to discuss challenges
- As needed telehealth support including clik HCA begins to wind down their support in this area.

and stigma; and and devices and other technology as me donation, with King County 'ural areas compared with the other

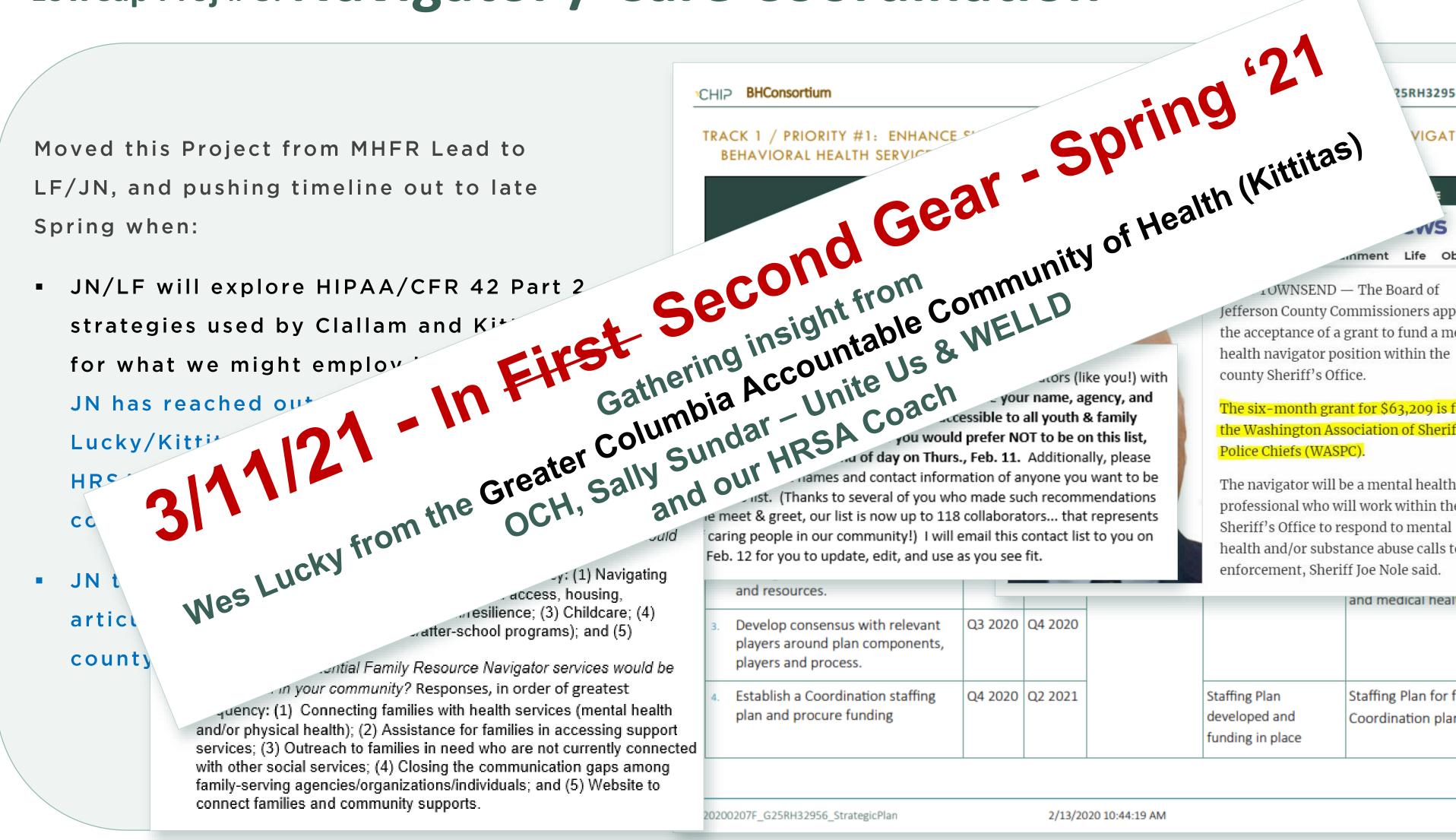
> proposal and budget in alignment and use of the funds.

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d improve equitable access to behavioral health	h 0 - 21 -	
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## LowCap Proj # 8: Navigator / Care Coordination



25RH32956 – Strategic Plan

VIGATION AND

nment Life Obituaries C

Jefferson County Commissioners approved the acceptance of a grant to fund a mental

The six-month grant for \$63,209 is from the Washington Association of Sheriffs &

The navigator will be a mental health professional who will work within the health and/or substance abuse calls to law

	and resources.				and medical health care providers
3.	Develop consensus with relevant players around plan components, players and process.	Q3 2020	Q4 2020		
	Establish a Coordination staffing plan and procure funding	Q4 2020	Q2 2021	Staffing Plan developed and funding in place	Staffing Plan for funding Coordination plan is in place.

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2/13/2020 10:44:19 AM

15 of 43

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on

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health





**Currently:** 

JN/LF exploring HIPAA and First Gear Units In First 2021 Summer 2021 **CFR42** Part 2 strategies with HRSA Tas that could help

relieve inherent obstacles

## LowCap Proj # 9: Friendly Faces/Collective Case Management

## while coordination case management system.

Develop an integrate

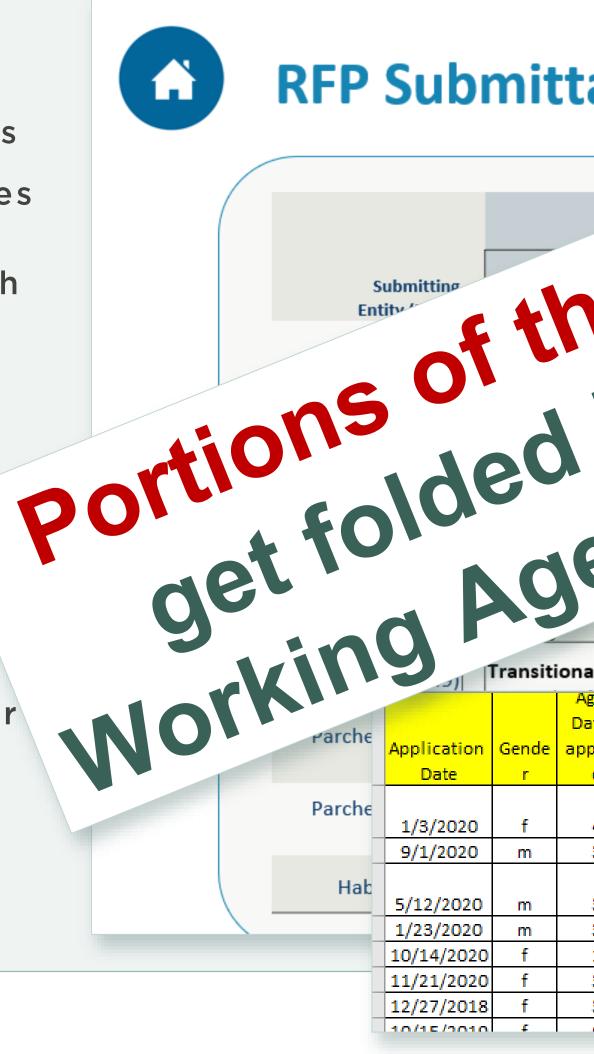
access enhar

oproach for various behavioral health service provide a cohesive safety net for targeted community-wide care plan for those who 'e ill-served by County's Law, EMS, services.



# Relevant Efforts: SDOH / Housing

- LF on AHT and liaisons/represents **CHIP/BHC** Priorities
- Meets weekly (with folks, 2 of whom happen to be a subgroup to AHT) to strategize, prepare the grou for action, and implementation for projects such as Cherry Street.



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							letchergroup.org>			
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				\$16,000		17	Hello, I began my research. While I have not explored Nick's link, here is what I can pa			
nal Hau	ing _ O	perating Co	to				now			
	sing – O	perating Co					Applications for the 2021 fund will open in the 2nd or 3rd quarter after the state recov			
Age at							impact of eviction moratoriums. The last round of applications was in 2013 and they a			
Date of							entirely. I will work on developing a relationship with Nick who was very kind on the p			
applicati		Malatala	D	uc and						
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					_		Forwarded message			
46	no	none			Domestic Viol		From: Yuva, Nicholas (COM) < <u>nicholas.yuva@commerce.wa.gov</u> >			
36	no	none				nent Evic	Date: Mon, Dec 21, 2020 at 3:41 PM			
					Eviction f		Eviction from		Subject: HD 811 Program	
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33		none			Home	less				
18	no	none			Home	less with	Hello,			
37	no	none			Safety	for chil				
39	no	none			Home	less	Here is the link for the HUD 811 program:			
<u>20</u>										
33 18 37 39	no no	none none none none			Home Home Safety	less less with / for chil	Here is the link for the HUD 811 program:			





# Thursday, April 8, 2021, 3pm Zoom Conference Call

Behavioral Health Consortium (BHC) Meeting – March 11, 2021





