



BHC Meeting

April 8, 2021, 3pm

The BHC is funded by HRSA's RCORP-Implementation Grant
through September 2023



Upcoming Event!

Drug Take Back Day

200 lbs of prescription medication disposed of safely
in 2020



In partnership with QFC, the Jefferson County Sherriff's office
and/or local law enforcement

our next event:

April 24, 2021



in Port Hadlock

10 am - 2 pm



Empowered Teens Coalition

Washington State
Health Care Authority





Agenda – 4/08/21 BHC Meeting

- Introductions/Updates (Grants, Service Updates, Collaborations) - All
- RCORP-I Grant Deliverables - Quarterly Report Update - Lori Fleming
- JeffCo BH Data from 9/01/21 - 2/28/21 - Lisa Grundl, HFPD
- Update on OCH's Plan to Address Stigma - Mel Melmud, OCH
- Discussion: Survey Feedback - BH Landscape Changes -All
- Next Meeting - May 13, 2021, 3pm Zoom Call



RCORP-1 Grant

Deliverables



Q2 Deliverables - Takeaways

- PIMS Report - Believe In Recovery/ Gateway to Freedom, JHC, DBH, and Safe Harbor ROCK!
- Thanks to all the members for your engagement with the monthly and one-on-one meetings! We reported Work Plan progress on 90% of our grant's required activities in Prevention, Treatment and Recovery.
- QPR Report - Reported our successes and highlighted the challenge State v. Blake poses to connecting potential clients with services.

Grant-Required Core Activities

Prevention	Treatment	Recovery
<p>P.1 Linguistic / Cultural Efforts to Reduce Stigma</p> <p>P.2 Increase Naloxone Access and Training</p> <p>P.3 Support Drug Take Back Programs</p> <p>P.4 Support School Community Prevention Programs</p> <p>P.5 Improve ID/Screening for SUD/OD; provide referrals to providers, harm reduction, early intervention, treatment, and support</p>	<p>T.1 Screen/Provide/Refer Patients with infectious implications</p> <p>T.2 Recruit/Train/Mentor interdisciplinary teams of SUD/OD Clinical and Service Providers</p>	<p>R.1 Enhance discharge coordination from inpatient treatment facilities and/or criminal justice system – linkages to home and community-based services.</p>

02/28/21 - Q2 Update: Jefferson County of (BHC) RCORP-I - Treatment Work Plan - Grant # GA1RH39564

TASK NAME	START	END	TEAM MEMBER	Y1 Q1	Y1 Q2	Y1 Q3	Y1 Q4	Y2 Q1	Y2 Q2	Y2 Q3	Y2 Q4	Y3 Q1	Y3 Q2	Y3 Q3	Y3 Q4
Treatment				YEAR 1 - 2020 - 2021				YEAR 2 2021 - 2022				Year 3 2022 - 2023			
Reduce treatment barriers treatment by supporting integrated treatment and recovery, including integration with behavioral health, criminal justice system, dentistry, and social services. Use approaches that minimize stigma/other barriers to care - Cont'd	Q1 2021	On-going													
f. Fund appropriate communication/education/integration Plan Consultant to develop Plan, => Grant Team execute to increase awareness regarding the need for rural-centric crisis stabilization models and decrease stigma.	Q4 2021	Q4 2023	BHC, Grant Team					Engage Consultant	Develop Comm Plan	Implement plan					
Q2:Update:Trmt4f. - Continued update of website presence at Behealthyjefferson.com to the BHC and their RCORP-I work (https://www.behealthyjefferson.com/bhc-current). These pages include videos of meetings, meeting notes, presentation materials and HRSA Deliverables that have been developed. - Exploration of shared communication effort to address Stigma with Olympic Communities of Health and a grant they received for the region specifically to address stigma.															
h. Initiate engagement, implementation and awareness-raising around diversion and service connection, => Coordinate with patient navigators/care coordinators/social workers (existing and newly established through earlier priorities) in hospital, first responder agencies, jails and courts to ensure appropriate placement and use of															

Anticipated Challenges/TA Needs

17. Please select up to three areas where you are anticipating having challenges and/or needing targeted technical assistance in the future:

Other - Write In: Facilitating productive BHC response to State v. Blake.

18. Please describe your other, written-in anticipated challenge(s) and/or targeted technical assistance need(s)

State v. Blake decriminalizes possession of controlled substances. The BHC will need to identify new ways of intercepting those who need services to facilitate service connection or there is a perception the services we have been able to build up in the community will not have enough attendance to stay solvent. I'll be looking to my TA for coaching as we facilitate that conversation at our BHC table.



BH Data Update

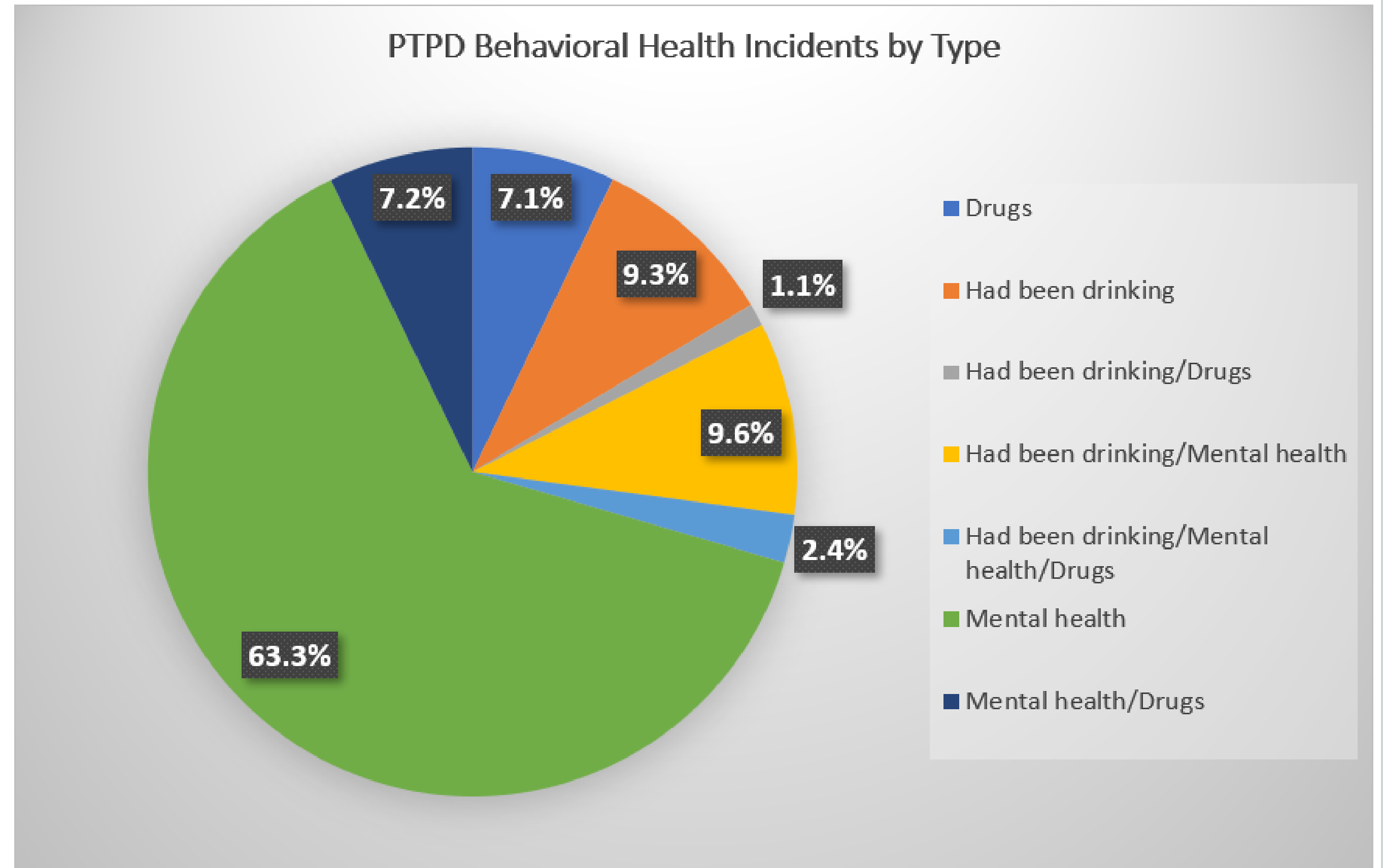
March 2020 - February 2021

Lisa Grundl, HFPD



Port Townsend PD Behavioral Health Incidents (Mar 2020 – Feb 2021)

- 82.5% include a mental health component
 - Of that, 12% include alcohol and 9.6% include drugs
- 22.4% include alcohol
- 17.8% include drugs

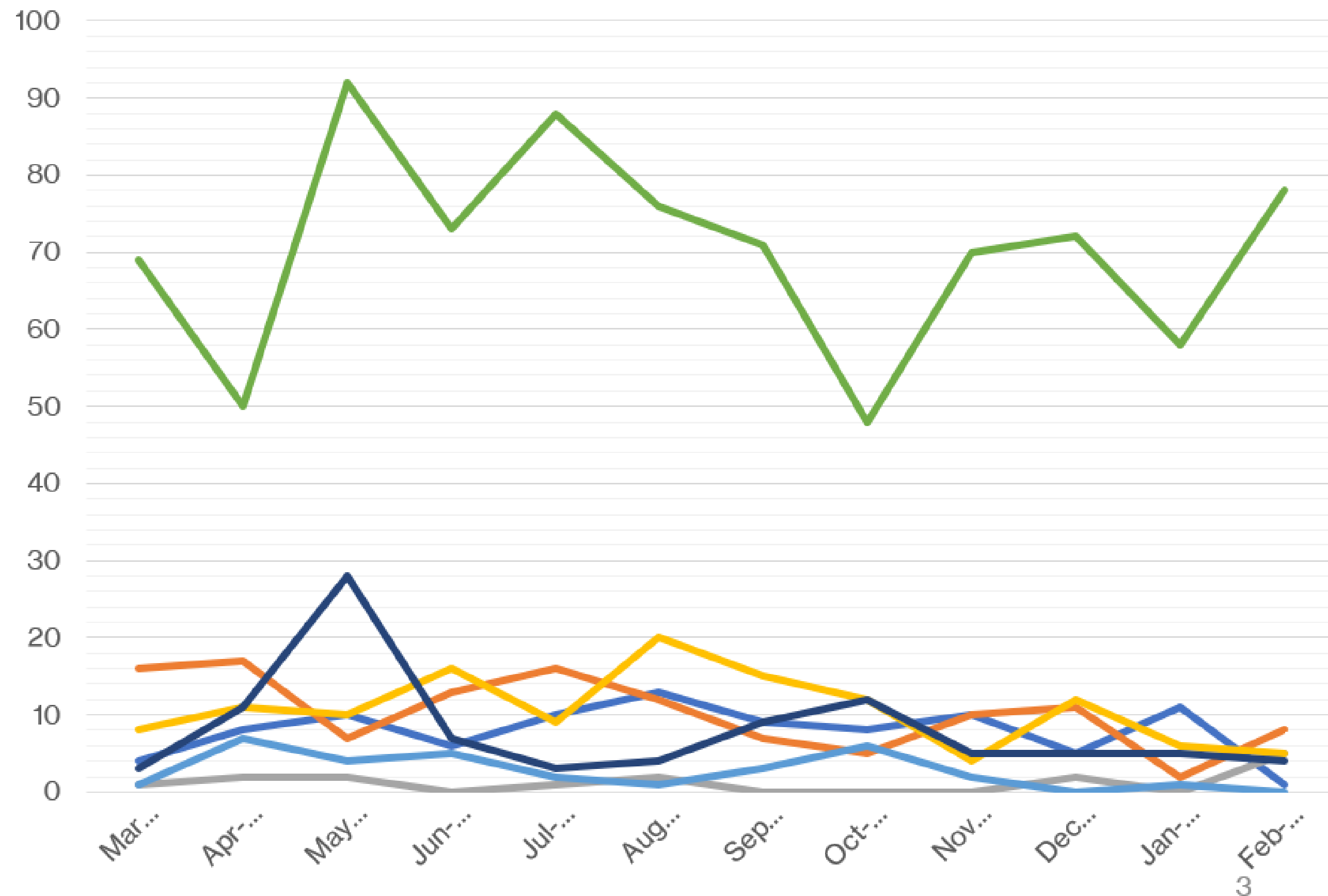




While there is significant differences by month, mental health incidents have increased by 13% between March 2020 and February 2021, and all behavioral health incidents (many also including a mental health component) have been basically flat.

Port Townsend Police Department Behavioral Health Incident Trends Over Time (March 2020-Feb 2021)

- Drugs
- Had been drinking
- Had been drinking/Drugs
- Had been drinking/Mental health
- Had been drinking/Mental health/Drugs
- Mental health
- Mental health/drugs



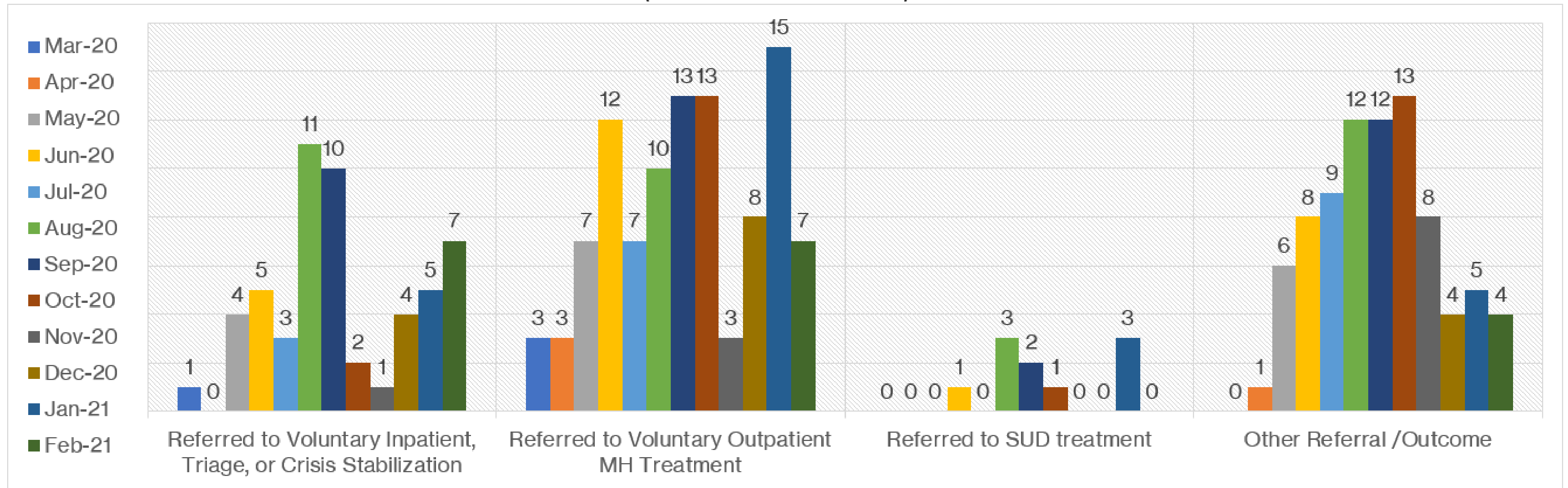


Port Townsend Police Department Behavioral Health Incident Trends Over Time (March 2020-Feb 2021)								
	Drugs	Had been drinking (HBD)	HBD/Drugs	HBD/Mental health (MH)	HBD/MH/Drugs	MH	MH/drugs	
Mar-20	4	16	1	8	1	69	3	
Apr-20	8	17	2	11	7	50	11	
May-20	10	7	2	10	4	92	28	
Jun-20	6	13	0	16	5	73	7	
Jul-20	10	16	1	9	2	88	3	
Aug-20	13	12	2	20	1	76	4	
Sep-20	9	7	0	15	3	71	9	
Oct-20	8	5	0	12	6	48	12	
Nov-20	10	10	0	4	2	70	5	
Dec-20	5	11	2	12	0	72	5	
Jan-21	11	2	0	6	1	58	5	
Feb-21	1	8	5	5	0	78	4	
Annual % Change	-75%	-50%	400%	-38%	-100%	13%	33%	



11% of ITA Investigations result in an involuntary commitment. The outcomes for the other 89% of investigations include voluntary inpatient, crisis stabilization, outpatient mental health and other referrals.

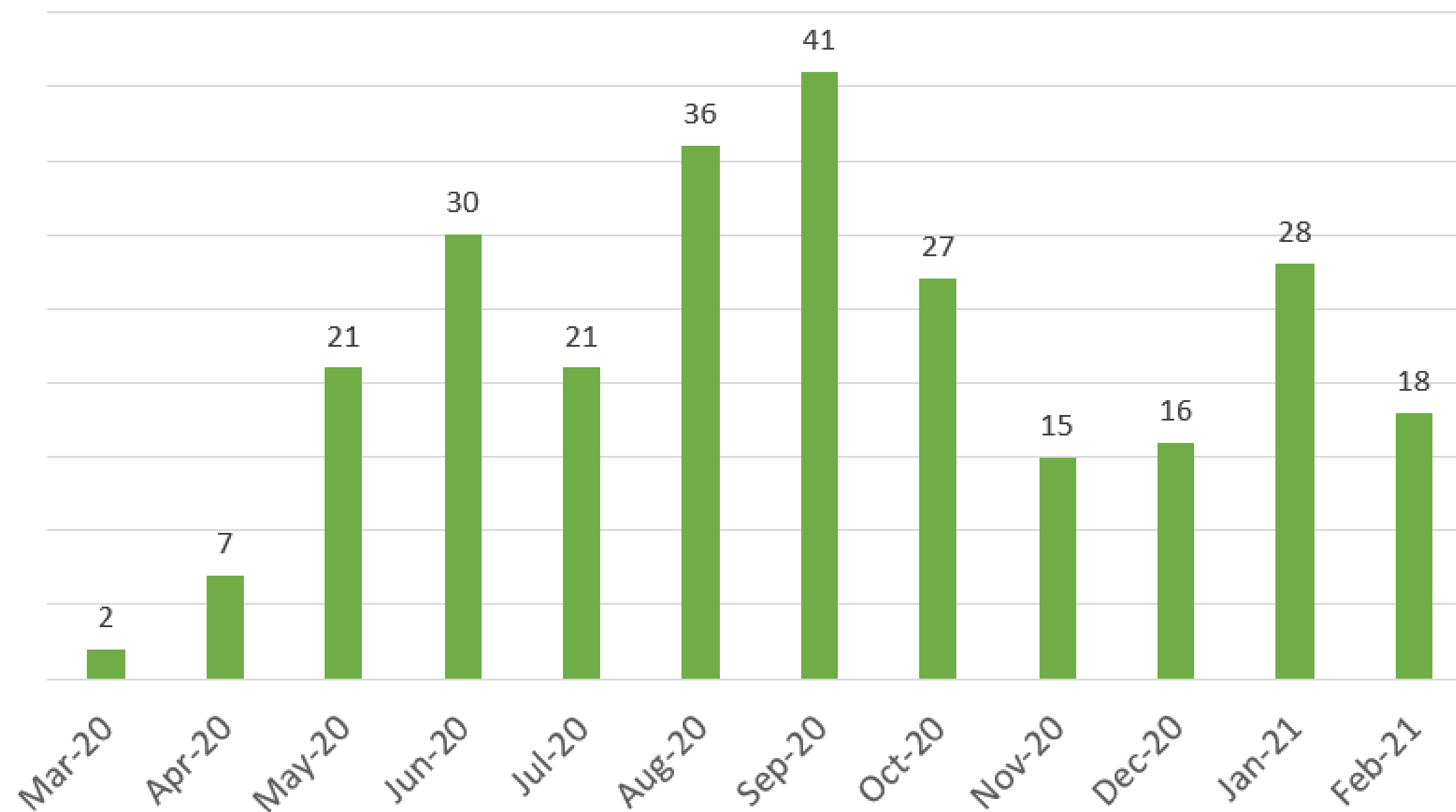
Discovery Behavioral Health's ITA Investigations Voluntary Referrals (March 2020-Feb 2021)



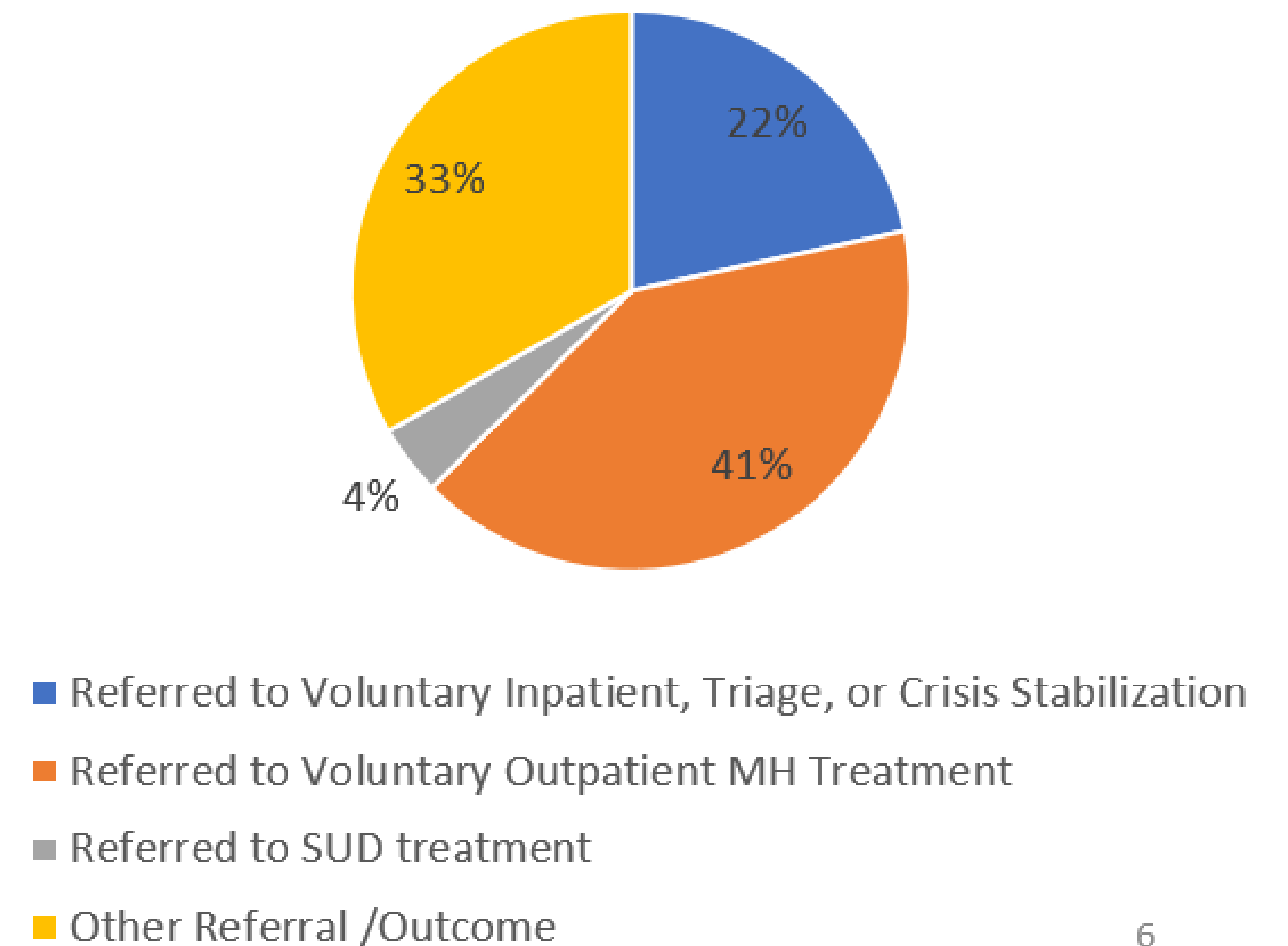


Total ITA investigations have increased from a low of 2 in March 2020, to 18 in February 2021, but were as high as 41 in the fall. Over the last year, of those not detained, 41% of referrals were referred to outpatient mental health, 22% to inpatient mental health, triage or crisis stabilization – and only 4% to SUD.

Total ITA Investigations Over Time



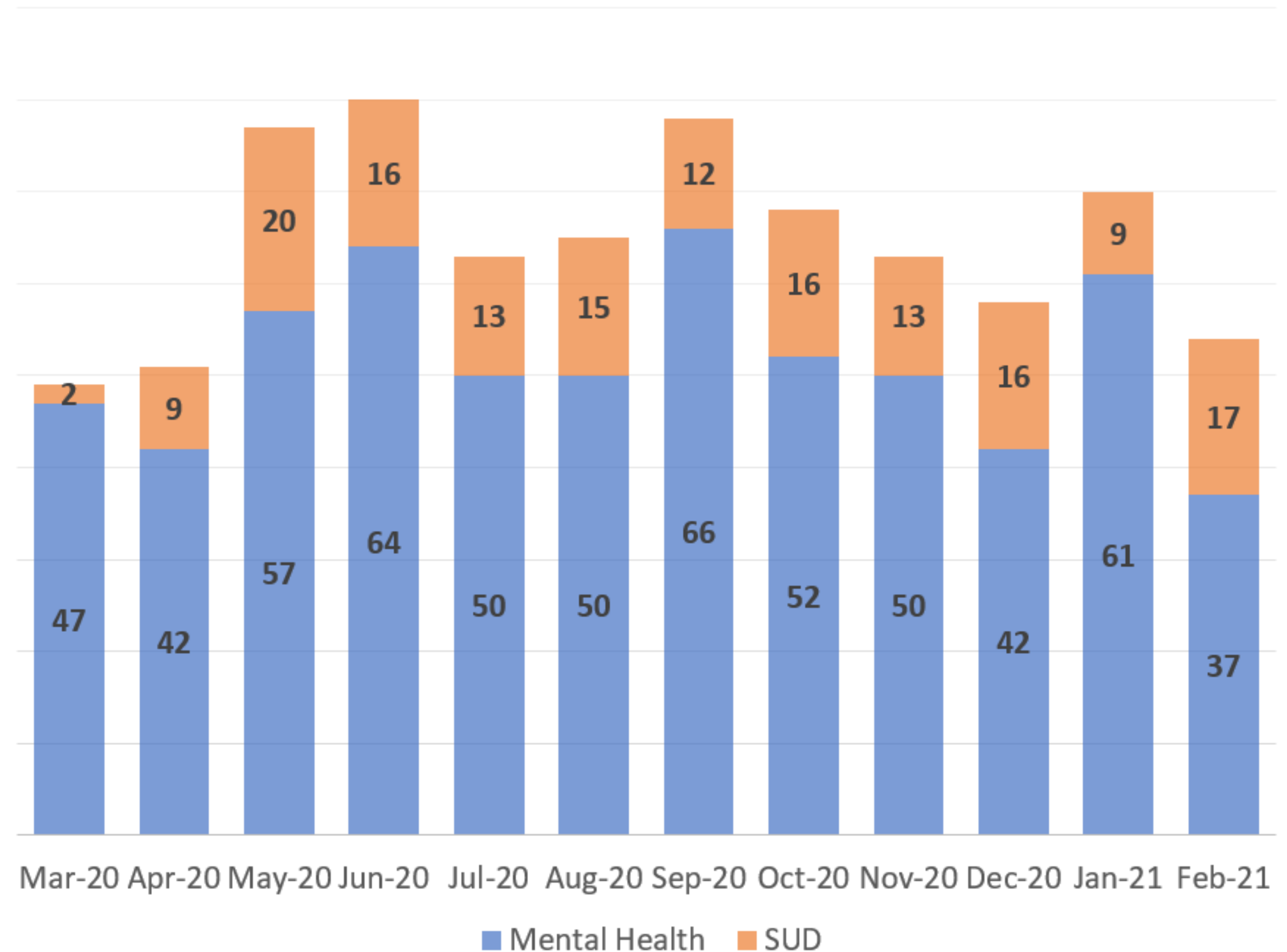
ITA Investigations Voluntary Referrals





ED Data (March 2020-Feb 2021)

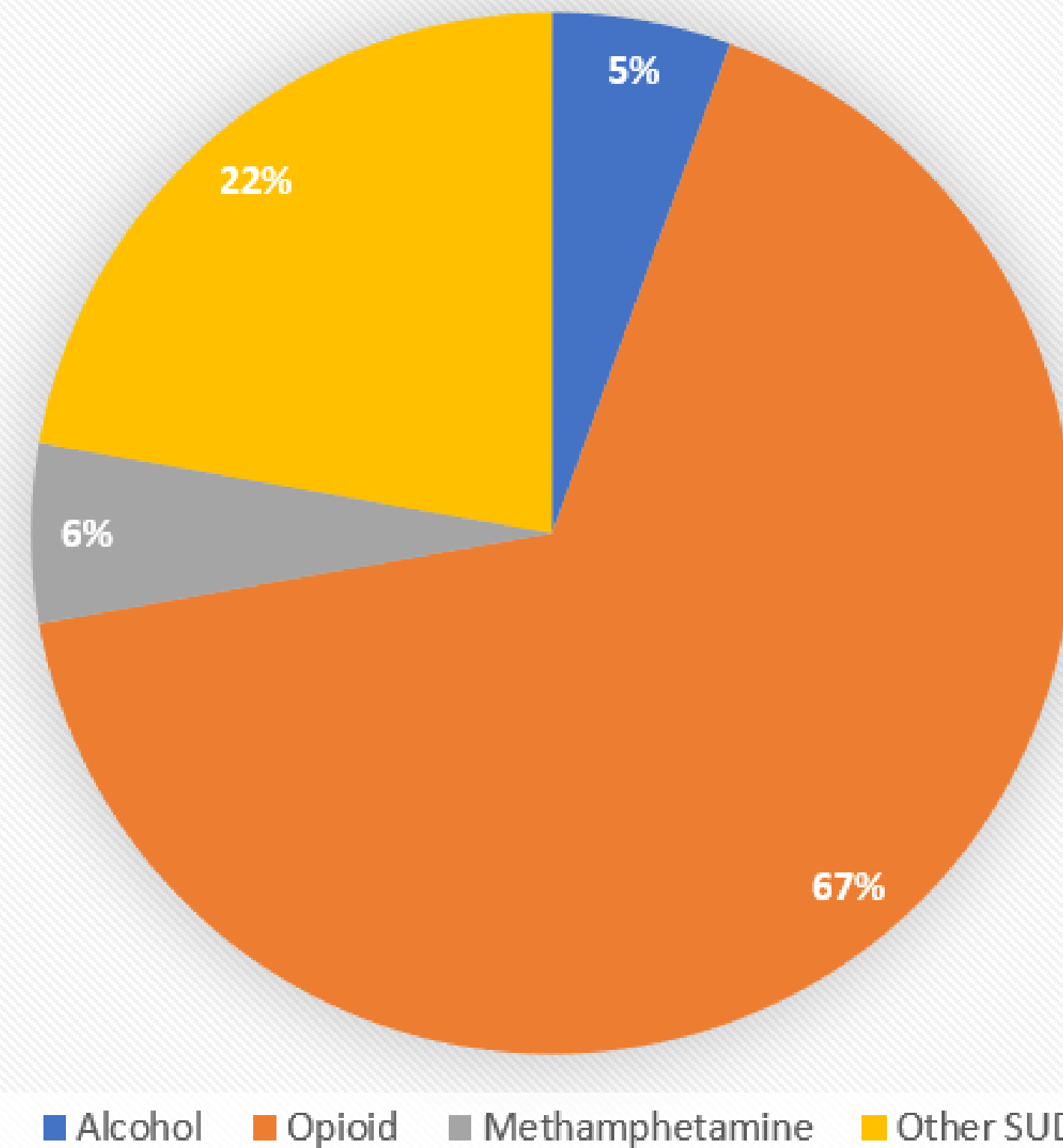
- On average, 80% of Jefferson Healthcare's behavioral health related emergency visits are related to mental health.
- Between March 2020 and February 2021, behavioral health incidents overall have decreased by 10%.





Nearly 70% of Jefferson Healthcare's ED and clinic patients diagnosed with a SUD over the last 6 months of available data were diagnosed with Opioid Use Disorder.

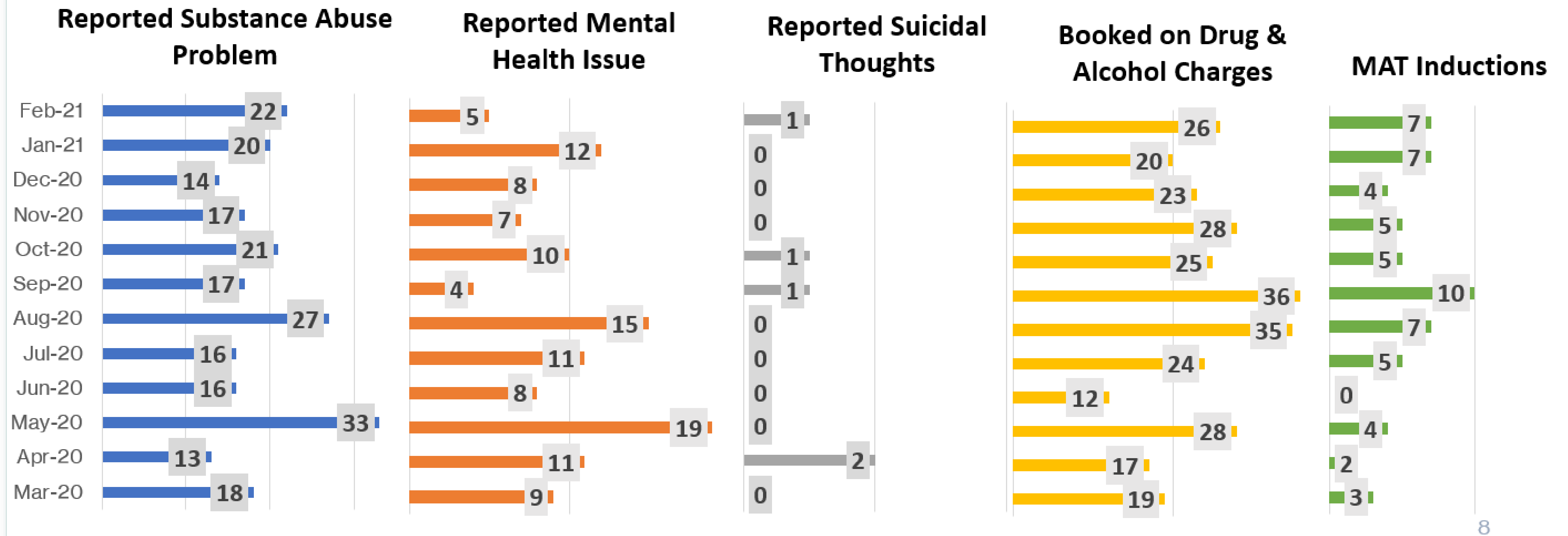
**Jefferson Healthcare
ED and Patients Diagnosed with SUD
(most recent 6 months available data)**





Jefferson County Jail Data demonstrates an increase in substance use related issues and decrease in mental health related issues between March 2020 and February 2021 (but with significant monthly variations). Data includes duplication (e.g. the same individual that has a reported substance abuse problem also may have had a MAT induction and been booked on drug and alcohol charges).

Jefferson County Jail Stats – (March 2020-Feb 2021)





Jefferson County Jail Intake Data March 2020 – February 2021

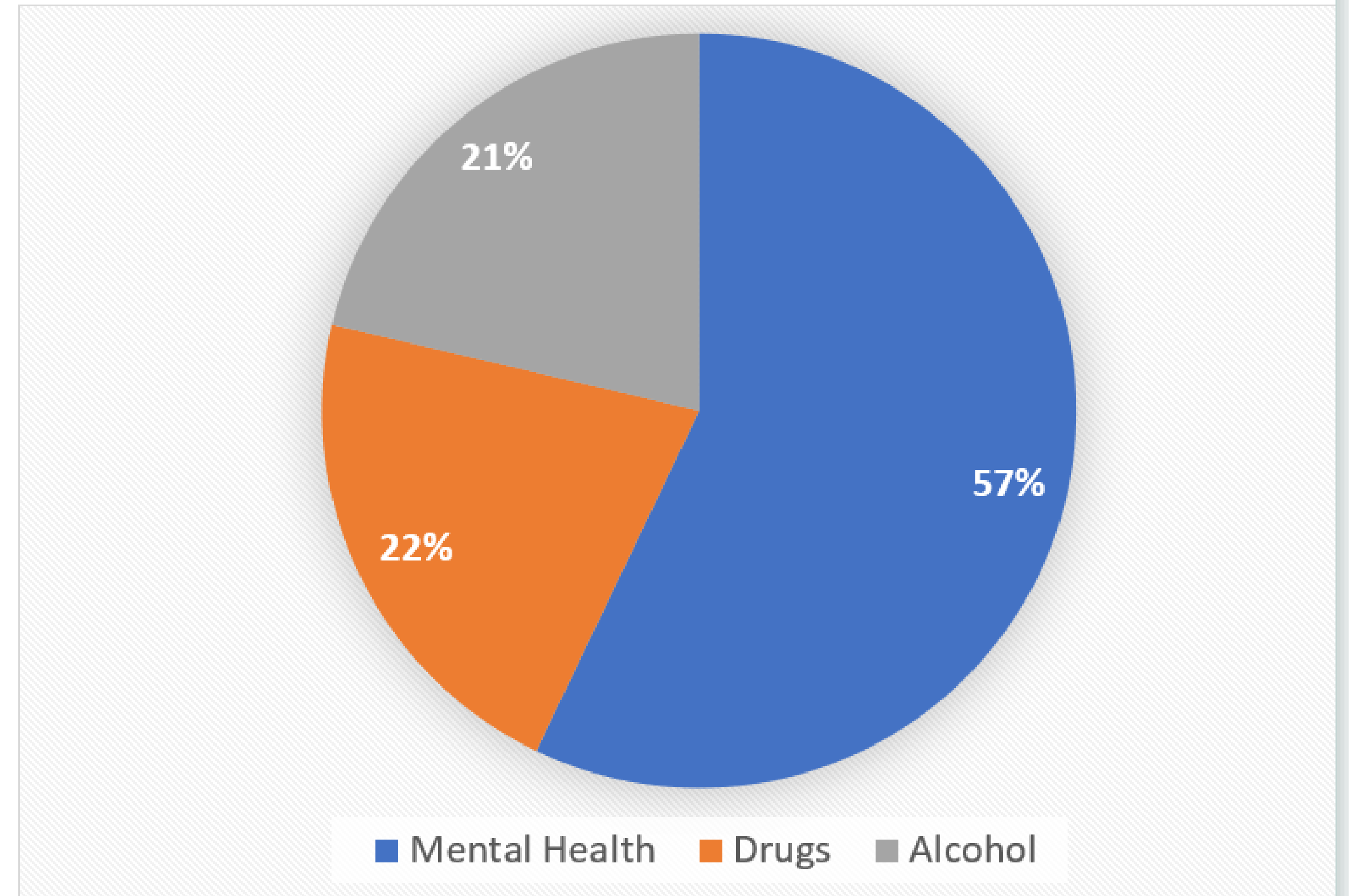
	Reported substance abuse problem	Reported mental health issue	Reported suicidal thoughts	Booked on drug and alcohol charges	MAT inductions
Mar-20	18	9	0	19	3
Apr-20	13	11	2	17	2
May-20	33	19	0	28	4
Jun-20	16	8	0	12	0
Jul-20	16	11	0	24	5
Aug-20	27	15	0	35	7
Sep-20	17	4	1	36	10
Oct-20	21	10	1	25	5
Nov-20	17	7	0	28	5
Dec-20	14	8	0	23	4
Jan-21	20	12	0	20	7
Feb-21	22	5	1	26	7
Annual % Change	22%	-44%		37%	133%



Jefferson County Sheriff's Office Data

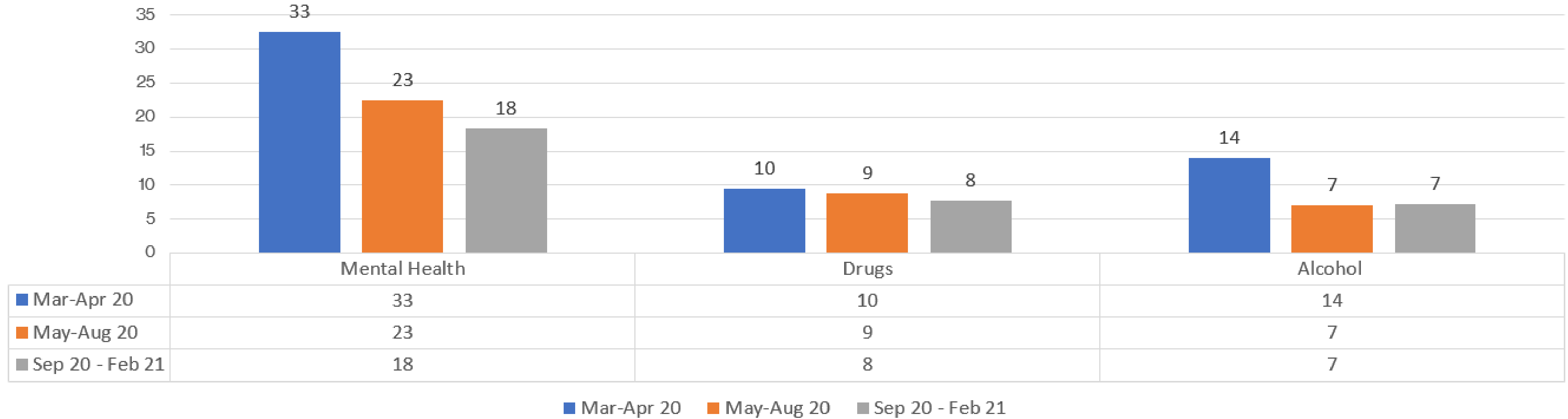
(March 2020-Feb 2021)

- 57% of Jefferson County Sheriff's Office Behavioral Health Calls are mental health related, with 43% associated with substance use.
- This data is focused on the "top of the mind" issue – and does not include data on potential co-occurring issues.





Jefferson County Sheriff's Office Average BH Related Calls per Month (March 2020-Feb 2021)

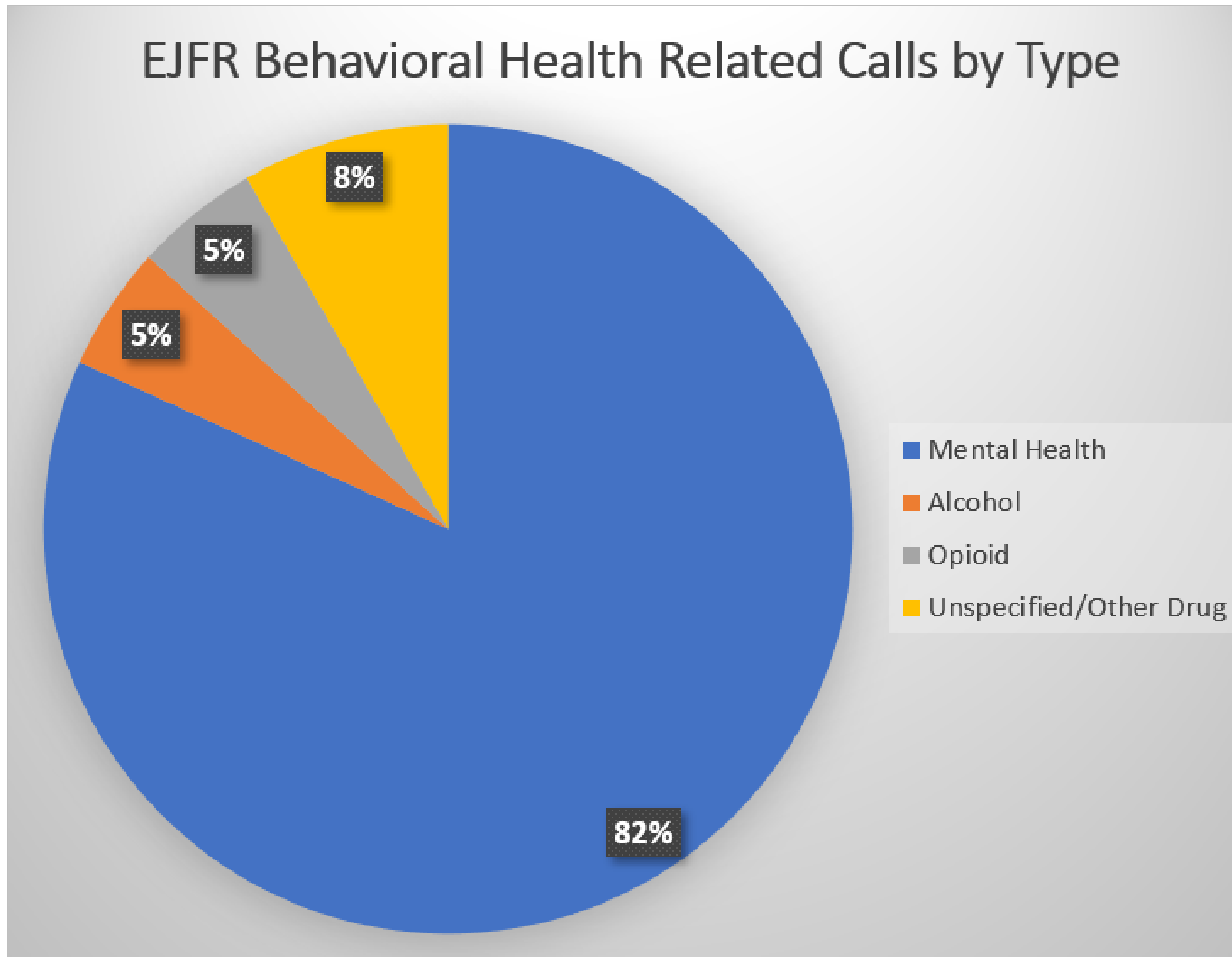


Jefferson County Sheriff's average monthly BH related calls have decreased during the March 2020 - Feb 2021 timeframe





The majority of East Jefferson Fire Rescue's behavioral health related calls are identified as mental health related, and they increased by 12% between March 2020 and February 2021 (again, with large monthly variation).

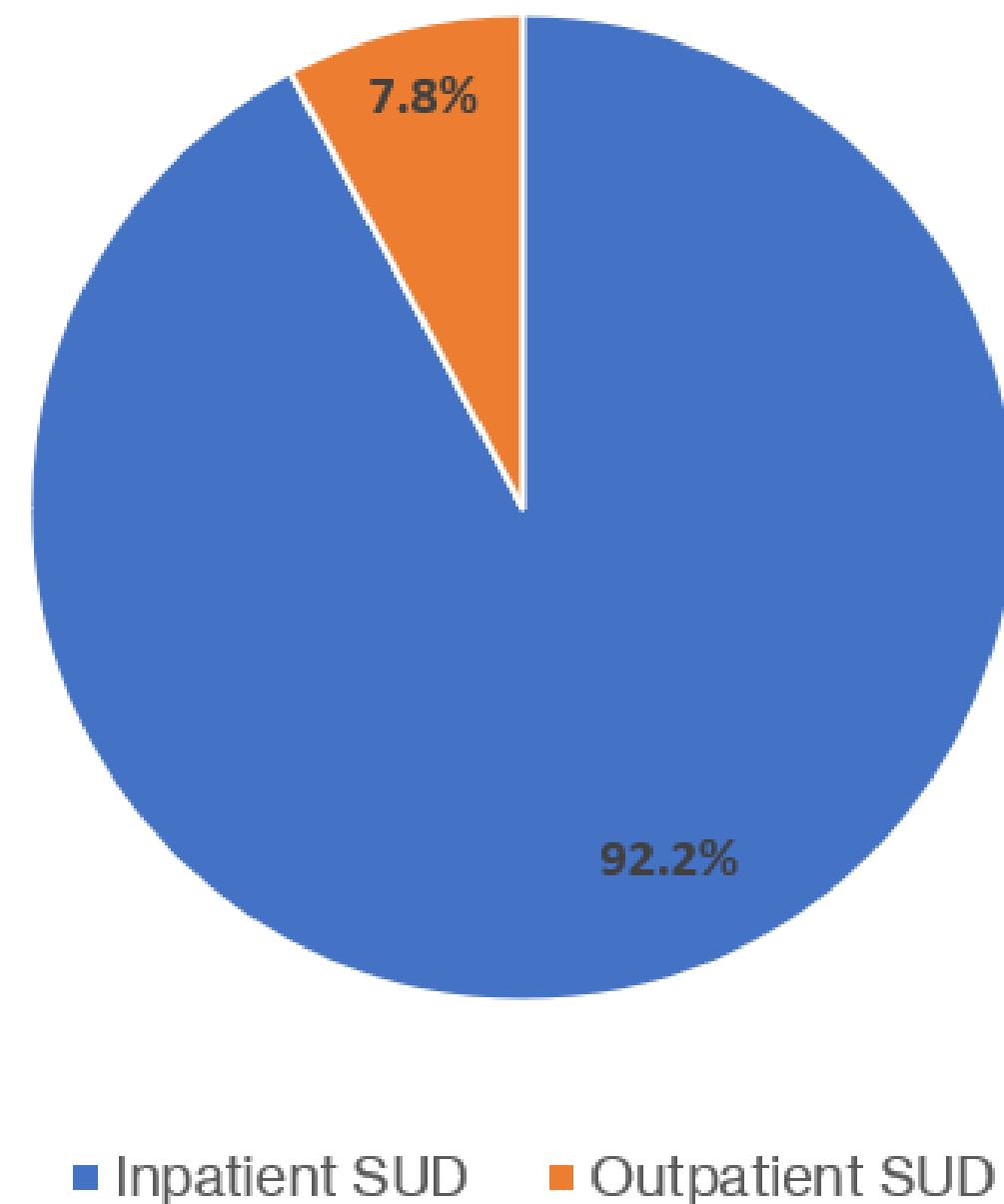


	Mental Health	Alcohol	Opioid	Unspecified/Other Drug
Mar-20	10		1	
Apr-20	7			
May-20	17	1	1	6
Jun-20	21	2	5	3
Jul-20	22		2	1
Aug-20	29	2	3	2
Sep-20	26	1	2	1
Oct-20	27			4
Nov-20	19	1	1	2
Dec-20	17	1		1
Jan-21	21	4		
Feb-21	17		1	4

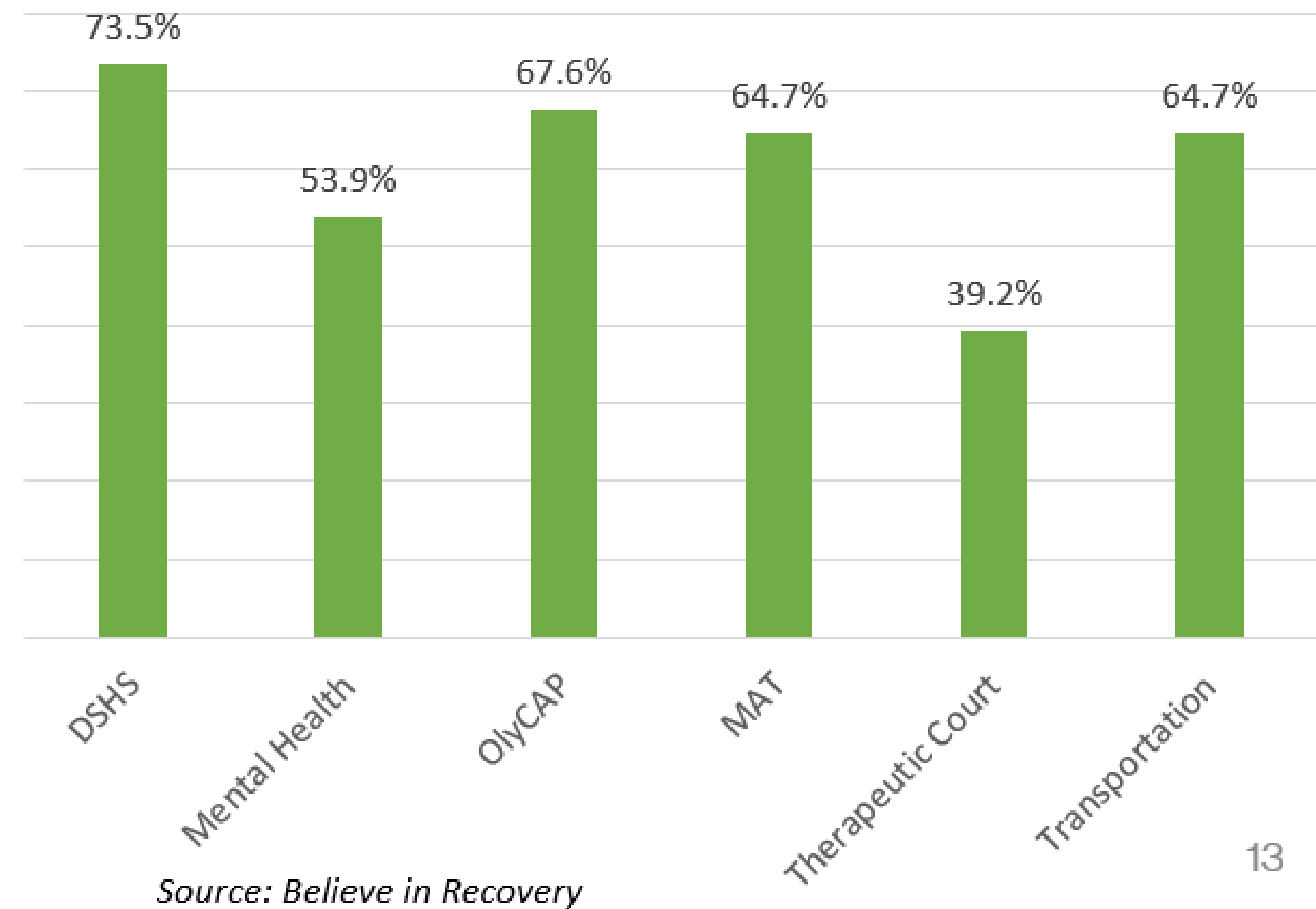


The majority of Jefferson County Jail inmate assessments (92%) result in recommendations for inpatient SUD treatment. 65% of assessments also result in a referral to MAT and 55% to mental health services. Importantly, the vast majority also need assistance with transportation and other social determinants of health (housing, employment, etc).

Jefferson County Jail
Inmate Assessment Recommendations



Jefferson County Jail
Inmate Referrals



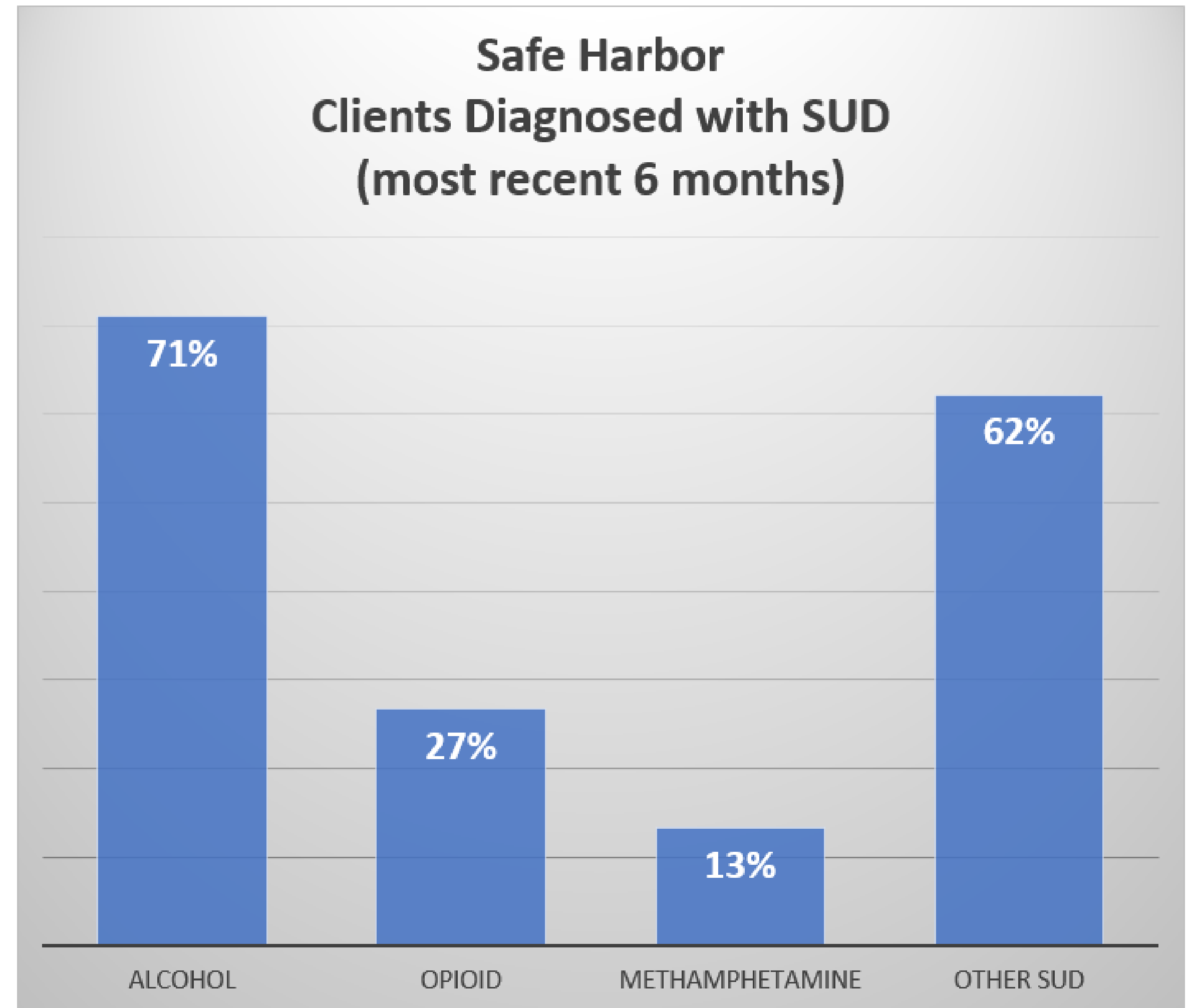


Safe Harbor

Of the clients screened for SUD by Safe Harbor in the most recent 6 months:

- Over 70% were diagnosed with alcohol use disorder
- 27% with Opioid use disorder
- 13% with Methamphetamine use disorder
- 62% were diagnosed with “other SUD”.

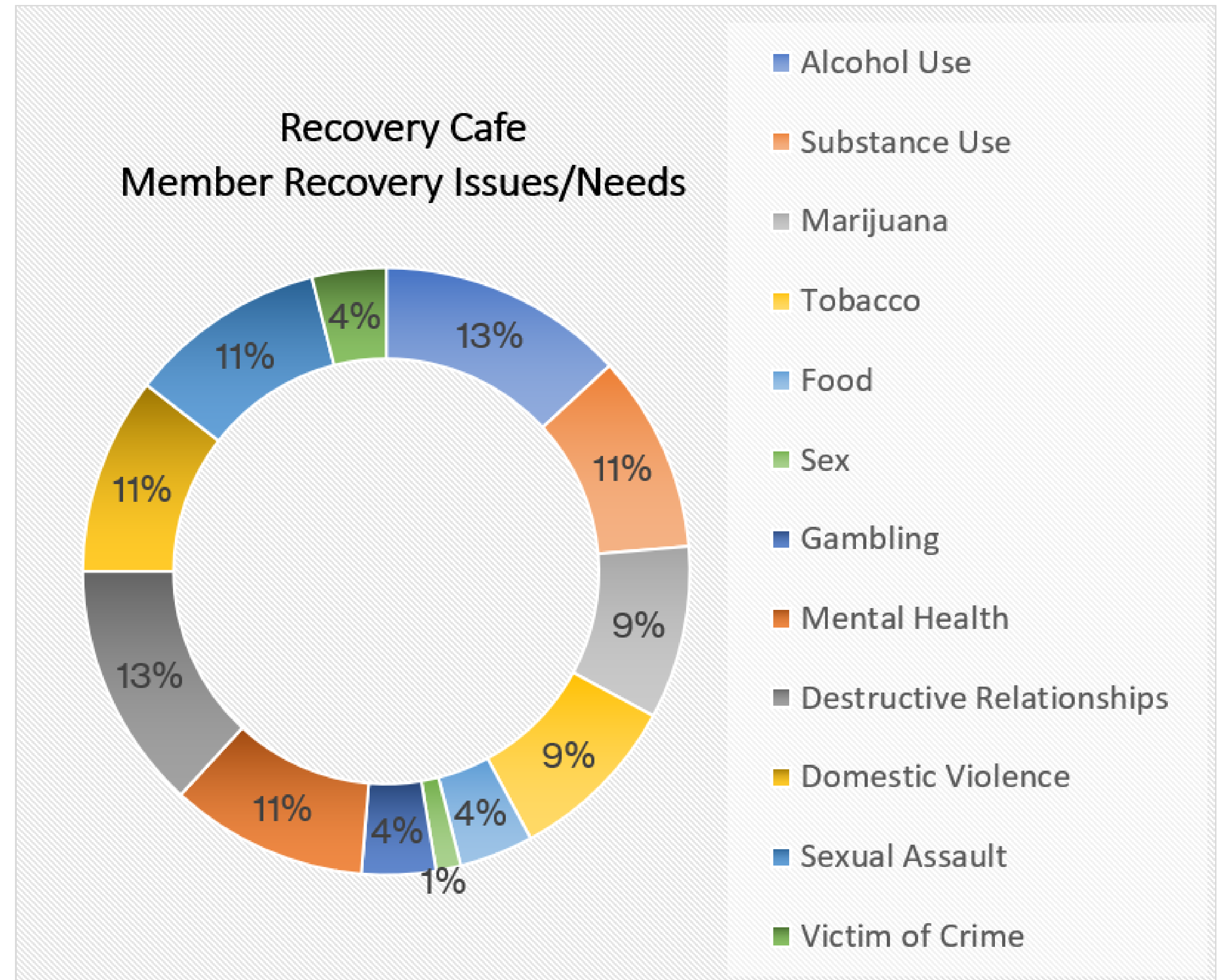
These numbers include duplication – with the majority of clients being diagnosed with more than one category of SUD.



75% of Safe Harbor Clients receiving MAT services have been receiving MAT for 3 or more months without interruption.



Recovery Café
Member data
demonstrates a
wide range of
issues/needs.





Data Next Steps

One on one meetings to facilitate data standardization

Referral issues – how can we improve/measure success?

Quantifying potential “missed opportunities” to connect people to services resulting from State vs. Blake decision.

Data drill down on impacts of COVID



Regional Environmental Scan

SUD Stigma and Possible Interventions



HEALTHY PEOPLE, THRIVING COMMUNITIES

Tackling health issues no single sector or Tribe can tackle alone

Clallam | Jefferson | Kitsap

Olympic
COMMUNITY of HEALTH
Clallam • Jefferson • Kitsap



Cambia Health Solutions donation to Olympic Community of Health (OCH)

Cambia Health Solutions donated \$245,000 to Olympic Community of Health to address the mental health and wellbeing of people and families in rural communities impacted by the COVID-19 pandemic.

The donation seeks to:

- ❖ advance work to break down the stigma surrounding behavioral health
- ❖ to improve equitable access to behavioral health support services.





Working Definitions

Stigma: A negative social attitude attached to a characteristic, person, or group, often leading to unfair judgement and treatment by others

Substance use disorder (SUD): A disease affecting an individual's brain and actions which leads to an inability to control the use of drugs or medication (legal or illegal) despite potential harm

- Alcohol
- Marijuana
- PCP, LSD, and other hallucinogens
- Inhalants such as paint thinners
- Opioid pain killers such as oxycodone or heroin
- Sedatives
- Cocaine, methamphetamine, and other stimulants
- Tobacco



Step 1: Understand SUD stigma & its impact

- ❖ **Focus groups – in-depth group discussion**
 - ❖ Behavioral Health Committees & Collaboratives in the Olympic region
 - ❖ Individuals with lived experience
 - ❖ Representatives from the seven Tribes within the region
 - ❖ Three open-to-the-public sessions

- ❖ **Key Informant input**
 - ❖ OCH implementation partners (BH, PC, Hospitals, CBOs)

- ❖ **Region-wide survey**
 - ❖ Age 16 and older
 - ❖ People who live, work, or play in the Olympic region



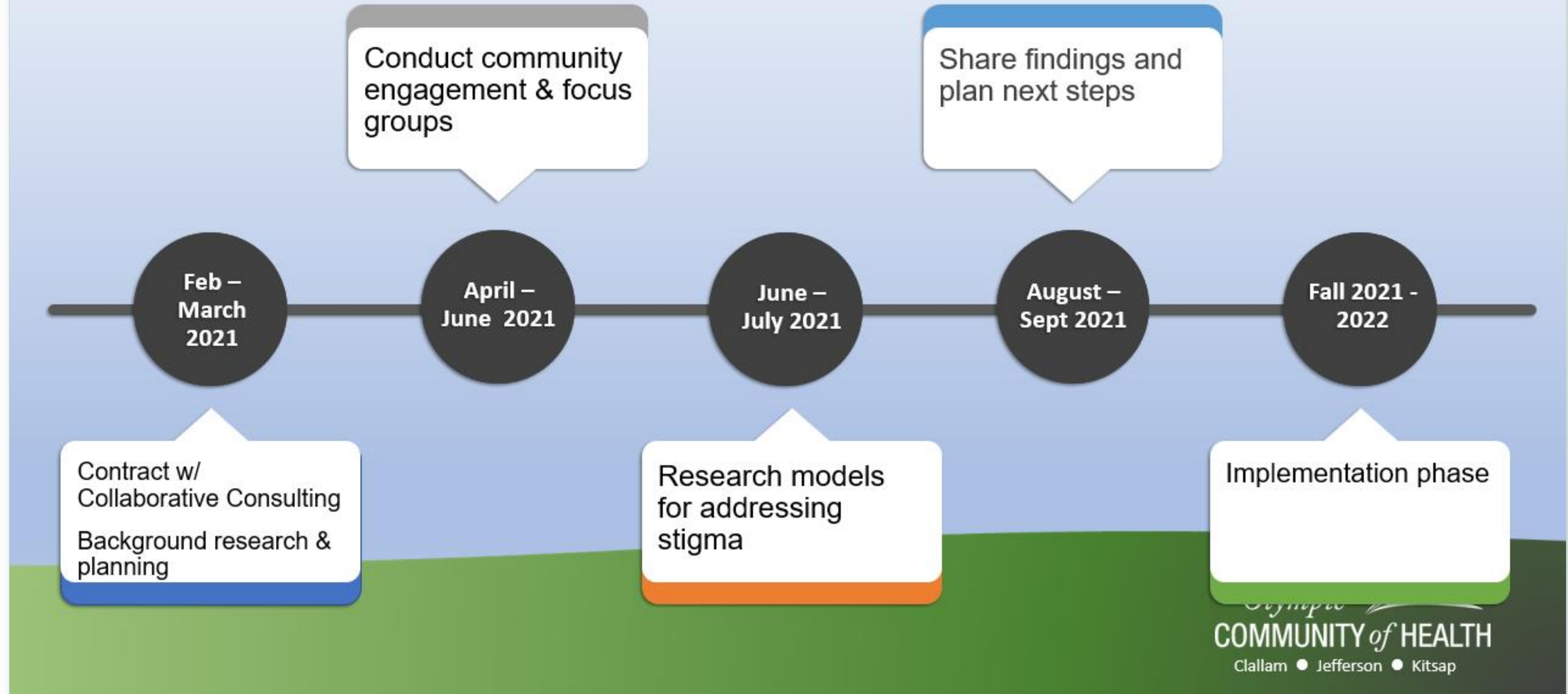
Step 2: Identify and implement strategies

Based on the findings from the focus groups, interviews, and survey, OCH will launch a series of activities that **could** include:

- ❖ **Training and learning opportunities** for
 - ❖ Providers
 - ❖ Decision makers
 - ❖ Community at large
- ❖ **Communications and marketing materials** based on the latest science, communications best practices to move the social norm
- ❖ **Partner convenings** to discuss challenges and successes around stigma
- ❖ **Telehealth support** to connect clients with providers as HCA begins to wind down their support in this area



Project Timeline





HEALTHY PEOPLE, THRIVING COMMUNITIES

Tackling health issues no single sector or Tribe can tackle alone

Clallam | Jefferson | Kitsap

Olympic
COMMUNITY of HEALTH
Clallam • Jefferson • Kitsap



BHC Survey

Feedback Themes



Survey Feedback Themes

Question #1. How does the State v. Blake decision impact your efforts at an individual and/or organizational level to connect people to behavioral health services?

- The feedback ranged from “No impact” to “it will change everything.” If there is a theme, it is that the impacts are uncertain but sure to be felt by some of our members

Question #2. What questions are you and your organizations asking yourselves as a result of the State V. Blake decision??

- The common theme was that people want to continue providing resources, but aren't sure how that will look in a post-State V. Blake landscape



Survey Feedback Themes

Question #3. Brainstorm: If you look at the State v. Blake decision through the BHC lens, (a collective committed to the stewardship of our county's Behavioral Health System) how we can connect people to behavioral health services without going through the criminal justice system?

- Respondents were clear we will need a different set of incentives to get people into treatment. More outreach and better avenues to get treatment.



Survey Feedback – Next Steps

- Quantify potential missed opportunities to connect people with services resulting from State vs. Black Decision
- Connect one-on-one with Members to explore next steps around broad and specific ideas presented in the Survey's responses.

-
- Develop more outreach capacity and providers with less restriction
 - Review treatment wait times - take a fresh look at outreach, engagement and intake process;
 - Work with partners in primary and ED settings to improve our referral success; do onsite assessments, screening, and interventions
 - Brainstorm new methods of outreach: Get involved in Nar/AI/Families Anon as well as local churches, teachers - connect with individuals, friends and family to offer treatment/service connection
 - Use Housing as the carrot.
 - Train major employers in identifying substance abuse and links they can offer to treatment. Set up Employee assistance programs
 - Develop relationship with RTFs and MH BHAs to receive referrals
 - Train police, EMS, local ER in avenues to treatment
 - Train major employers in identifying substance abuse and give links to treatment. Set up Employee Assistance Programs
 - Maximize collaboration across agencies at the BHC table to coordinate client care

And the final bit of feedback: **Pay them, or offer sweets**



Items of Note

Funding Awards, In the Press, etc



OCH's COVID Response Funding Awards

Applicant	Partner Type	Funding Approved	Project Summary
Clallam County Health & Human Services	Public Health	\$55,000	Mass vaccinations + mobile response vaccinations + home vaccinations + collaboration with ReDiscovery & community paramedics
Discovery Behavioral Healthcare	Behavioral Health	\$15,000	Smartphones + tablets + prepaid phone cards + bus passes + taxi + gift cards to support clients
First Step Family Support Center	CBOSS	\$75,000	Outreach coordinator + vulnerable population outreach to encourage vaccines + parent support group to address COVID challenges
Kitsap Mental Health Services	Behavioral Health	\$35,000	Onsite & offsite vaccines for clients + emergency kits + food + transportation + phones
Kitsap Public Health District	Public Health	\$75,000	Outreach to hesitant groups + communications + co-creating with community organizations
Makah Tribe	Tribe	\$69,000	Expansion of tiny home village on the Makah Reservation
Peninsula Community Health Services	FQHC	\$75,000	Mass vaccination events + vaccines at high-risk congregate living centers

For more details go to Page 11 at this link - [OCH's April Board Meeting Packet](#)



These Just In...

Vision for 2021

Social Determinants of Health

In 2021, partners will foster community and clinical partnerships and other creative approaches to addressing social determinants of health. OCH looks forward to hosting a housing summit and offering a digital inventory of local projects.

Resiliency

As the impact of COVID-19 continues to be felt across the region, OCH focuses efforts to raise resiliency among work forces and communities. Efforts include providing resources, funding, learning opportunities, and campaign messaging.

Scaling and Sustaining

OCH continues to develop strong plans for the future as the conclusion of the Medicaid Transformation Project (MTP) is right around the corner. OCH will continue to gather and compile regional input to guide future strategies and priorities, all while preparing to smoothly adjust in the event of a one-year extension to MTP in 2022.

Road Map for the Future

Contracted partners are planning to scale and sustain the successes of innovative MTP activities. In 2021, OCH will provide opportunities for peer-learning, collaboration, and sharing to catalyze and sustain the great work happening throughout the region.

[OCH's 2020](#)

[Annual Report](#)

- [PT Leader article](#) reports on the impacts of State v. Blake
- [Peninsula Daily News reported](#) on content from OCH's Olympic Region Behavioral Health Report presentation made to Clallam County's Board of Commissioners



BHC Project Summaries



RCORP-I Grant – Overview of BHC Strategic Actions

1. Provider/Prescriber Integration
2. Develop Crisis Stabilization Center Feasibility and, if appropriate, Implementation Plan
3. ~~Develop~~ and Maintain Online/Printed Resource Directory
4. Improve Jail-to-Community Service Connection
5. Support Recovery Café for Peer Network Development and recovery/prevention environment to support prevention and recovery for those on their recovery journey
6. Initiate a Harm Reduction Program in South County, coordinate with Mason County
7. Communication/Education/Integration to address stigma on both sides of county line
8. Coordinate and optimize/add Navigator and Care Coordination Services
9. Initiate Friendly Face Program for collective case management for high utilizers of Law Enforcement, Emergency Responder, Emergency Department and Jail services



LowCap Proj # 1: Provider/Prescriber Integration

- Jake Davidson, JHC - Presented an overview of the hospital's OUD/SUD/BH program at December's BHC Mtg 12/10, 3pm. LE/... next steps to increase patient volume for waived... completion rate for prescriber/SUD counseling... through
- Safe Harbor / DBH - ... Will have them give the
- Will be interested... on the regional level after Jim/Ford/Lori... at September's 3CCORP Treatment workgroup (and... "award" to Ford/Jim at OCH's Jefferson NCC Convening).

4/08/21 – Ongoing
Update from
DBH/SH in April



LowCap Proj # 2: Data Collection for Grant and BHC Priorities

Data Standardization- Priorities/Next Steps:

- Attendees agreed it is worthwhile to pursue a path to better standardize the approach to coding.
- Chief Black noted it will be useful to identify someone fluent with EMS billing in this discussion to avoid auxiliary codes. Lori to track down.

Adam York noted it would be worth having the various agencies give their definitions of the data points they code to (e.g., etc.), then rate them on a scale of one to five on how closely these definitions align. This could help us collect

Discharge/Disposition/Referral- Data Priorities- Next Steps:

- Fire Dept. and JHC players to meet to identify best approach to procure discharge/diagnosis data. *if it would be better for the group to begin exploring Disposition/Discharge data with JHC. Lori/John will open discussion on that question with Dr. C.*

- Work with OlyCAP to identify what information they have and how they can efficiently collect that data through OlyCAP. - Peggy
- Explore health information exchange (CFR 42 Part 101) for data that has not been gleaned. - Lori Fleming/John Nowak

Establish Baseline Metrics for RCORP-I Grant

- Create an inventory list of relevant data being collected and where gaps are and where efficiencies can be realized. - Grant

- Put together

Data for

- Peggy, Ch...
- Explore v...

Criteria	Activity Metric	Metric Source
Prevention		
1	Linguistic/Cultural effort to reduce stigma	
2	Increase naloxone access and training	

We are looking to understand the extent of substance abuse in this County, the populations affected in terms of income and housing. Important data... Neither the legal system or provider systems will capture the full extent of folks in this situation... people are never touched by either. The health system is, however, another piece... will out the picture.

... recovery housing have an... to support the need for the housing in the... normally the following is required in whole or part:

... (determines number of bedrooms needed) ... which is critical for certain sources of funding

To: kingst1@uw.edu; John Nowak <inowak@jeffersonhealthcare.org>; HealthFac <HealthFac@healthfacilitiesplanning.com>; Fleming, Calendar

Subject: Explore ADAI Presentation with Dr. Susan Kingston

Location: https://zoom.us/j/91589235727?pwd=K0hYZgrUWh3U0ovVWFaMGxmS...

Start time: Fri 12/4/2020 10:30 AM

End time: Fri 12/4/2020 11:30 AM

Lori Fleming is inviting you to a scheduled Zoom meeting.

Purpose: Review with Dr. Susan Kingston the data shown in the ADAI presentation she made to the SSP workgroup and explore how this could inform the BHC's path around data collection, focus, etc.

Check out link to the BHC's Data Subgroup [meeting videos, notes and resource materials](#)

4/08/21 – Ongoing One-on-One mtgs ongoing to improve data standardization

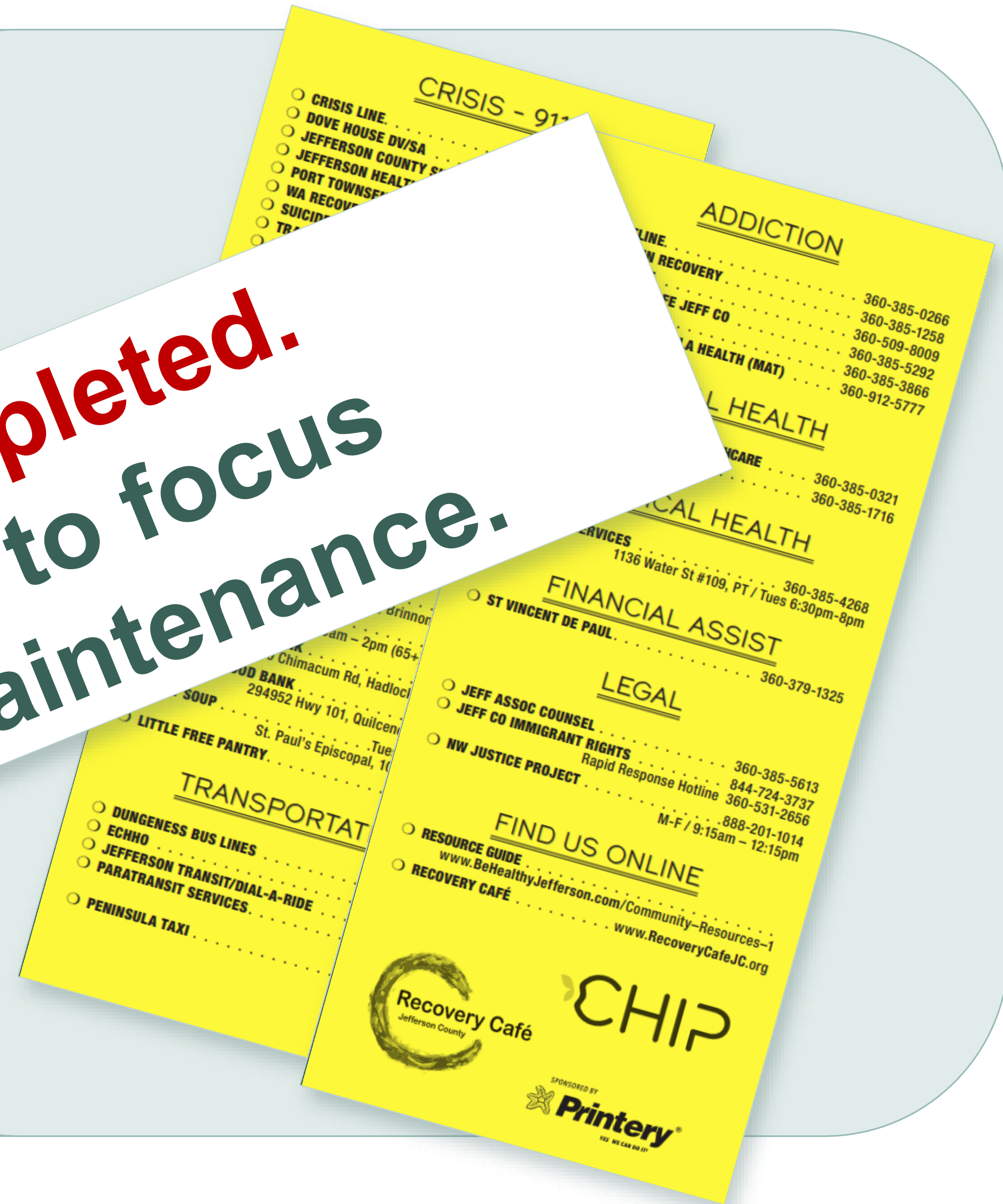




LowCap Proj # 3: **Print / Online Resource Directory**

- **Successful Collaboration!**
Recovery Café / Printery /CHIP
- **Distribution Underway**
- **Next phase: Enact plan to maintain/update at regular intervals**
- 12/8/2020 - sent online resource directory to
County Harm Reduction Group Meeting
- [Click for PDF of this Rack Card](#)
- [Click for access to full/deep community resource lists](#)

Completed.
Now to focus
on maintenance.





LowCap Proj # 4: Jail to Community Transitions

- How does the RSAT effort fits/support the BH system we're building and how BHC can support?
- How can we improve infrastructure aftercare once less of a factor Jail population?
- Get Naloxone into hands as they leave.

4/08/21 – Ongoing
Explore how this work integrates with our county-wide system?
 (3/25 - 6 participants in RSAT program)

LowCap Proj # 4: Jail to Community Transitions

- Superintendent Fortino / processing sub- ideally



0 RSAT Grant Award – September 2020 – September 2021

MAT Services

5,400 HCA Grant Award – September 2020 – September 2021

Purpose

To establish an Opioid Treatment Network with Jail and community provider to provide MAT services to the inmates of Jefferson County Jail

This Program will assist will Jail medical costs for the identification, assessment and treatment of individuals coming into the Jefferson County Jail who may have opioid use disorders.

Awarded by Washington State Health Care Authority (HCA)



LowCap Proj # 5: Peer Network Development – Recovery Café

- Recovery Café has hired 2 part time people (1 FTE total) with the grant funding
- Empowering long-standing M... leadership positions i... Facilitating P...
- Agreed to g... Recovery Caf... relationships a... Fairground's ho... talk about next s... Development in th... timeframe.

4/08/21 – Ongoing
Opened in Phase 3!
In-person services, Volunteer training underway

contracted provider, agrees to the following:
k: The work that will need to be done with this project
acity of staff to provide direct recovery support services:
covery Advocate position. Tasks to do so include: Put
job description, promote position, interview
hire, conduct new hire orientation and onboarding
ery support service provision. Services include:
irect services (either in-person or remotely via
om) such as Recovery Action Planning,
check-ins, referrals;
p support called Recovery Circles (either in-
via Zoom)
er participation...
son/LF/?JN?
<https://zoom.us/j/96439017823?pwd=dGFibWdUemRil>
ing.
y sketch lines around the work we'll be doing together to support the
eting
<https://zoom.us/j/96439017823?pwd=dGFibWdUemRiU2xJME9Ub0tRNWNodz09>
Meeting ID: 964 3901 7823
... recorded on a form created or approved



LowCap Proj # 6: Harm Reduction – South County

- 01/19/2021 Meeting
 - Discussed broad brush strokes and timeline of Naloxone Education and Distribution effort
- Next meeting:
 - Tuesday, 2/1
- [Link here for notes, slides, notes and Education resources](#)

4/08/21 – Ongoing
Next Meeting 4/20
Naloxone Supply In Sights
- working on logistics



University of WA is our primary source for Naloxone kits. Susan Kingston has been our contact there since 2018; she is with the Center for Opioid Safety Education in the UW Alcohol & Drug Abuse Institute. She can be reached via email at kingst1@u.washington.edu or by phone at 206-221-4041. If she is not available, our other contact at UW is Alison Newman and her email is alison26@w.washington.edu.

In the past, Susan at UW worked with us on a short term project entitled Fleming. Our SEP staff are working on their own for this.

UW Alison with + Get more add-

For people in South County, please exercise caution when clicking links, especially from unknown senders.

the South West and the SEP in a

here can be is t be able to th no on. important t that nasal

Lori and John- Thanks for expressing interest in providing naloxone to your community. We are always interested in finding new entities to partner with. Provided you meet our criteria for participation (primarily, do you serve people who use drugs and/or their friends and family?) and are willing to distribute injectable naloxone, we might be able to assist. I've attached our request form- please complete it and return it to me at your convenience. If you have any questions, please let me know.

Best, Sean

Sean Hemmerle
 Gender Pronouns: he/him
 Overdose Education and Naloxone Distribution Consultant
 Office of Infectious Disease
 Division of Disease Control and Health Statistics
 Washington State Department of Health



LowCap Proj # 7: Communication Action Plan (CAP)

- Production Alliance's proposal is not a viable option. LF/JN/DB - will regroup.
- Will explore... can collaborate... OCH and their... funding to address... stigma from regional standpoint.

4/08/21 – Utilizing OCH's "Save a Life" campaign materials

[Link to Campaign Materials](#)

Save a Life: A five-week social media and print campaign to raise awareness about opioid overdoses and ways to effectively respond in the event of an overdose

Agenda

CHIP HRSA-20-031 RCORP-Implementation Project Narrative > Resolution of Challenges

The BHC recognizes the... of generating support and engagement from a range of audiences, including... We propose to engage... of a master communications, education, and integration plan... The Grant Team and BHC Members will execute. This Plan will... The Communications Plan and its individual... distinct project-phase-related communications, as well as... help address stigma associated with addiction and mental... This work is critical to address the intersection of... palpable prejudice and discrimination at various... and shame in those struggling to cope, creating... treatment. The intent of the full effort is to facilitate... inspired contribution of understanding, insight,

To... Danny Milholland <info@th... Nowak, John <JNOWAK@jeff...
Subject: BHC/ETC: CommActionPlan...
Location: https://zoom.us/...
Start time: Tue...
End time: ...

Engagement & Education Campaign
Partnerships Supporting Healthy Lifestyles & Informed Decision Making

...on Alliance ("TPA") proposes use of \$600,000 from the Rural Communities Opioid Response... Implementation Grant to support Jefferson County's Community Health Improvement Plan (CHIP) in the strategic development and management of a 3-Year *Community Engagement & Education Campaign* intended to increase awareness of and engagement in regional substance use and abuse prevention, treatment and recovery resources by youth and adults.



Regional: OCH Receives \$245K Funding to Reduce Stigma in Region

S.B.A.R. Cambia Behavioral Health Donation

Situation

Cambia Health Solutions is interested in making a \$245,000 donation to Olympic Community of Health to address the mental health and wellbeing of people and families in rural communities impacted by the COVID-19 pandemic and to advance work to break down the stigma surrounding mental health and improve equitable access to behavioral health support.

Action

Staff propose utilizing the funds to support a multi-pronged approach in the region, especially related to substance use disorders. This includes interviews with partners and community members to assess how current approaches better and more fully address the needs of activities that **could** include:

- Training and learning opportunities for staff and community members at-large including learning and alignment with best practices, and
- Communications and marketing materials to raise awareness and communications best practices to move forward with the project, and
- Partner convenings to discuss challenges and opportunities around stigma; and
- As needed telehealth support including client and patient devices and other technology. HCA begins to wind down their support in this area.

BHC to participate in environmental scan @ May 13th Meeting. (Facilitated by Collaborative Consulting)

...me donation, with King County rural areas compared with the other... proposal and budget in alignment... using and use of the funds.

OCH Cambia Health Solutions - BH Donation	
Total Available:	\$245,000
OCH Staff Time:	\$40,000

...May 13th Jefferson BHC meeting is a focus group discussion on stigma. **Background:** OCH has engaged public health research consultants Collaborative Consulting, to conduct an environmental scan to understand the stigma of substance use disorders within the Olympic region and potential intervention opportunities. This research will provide insight into the current levels and types of stigma in the Olympic region, factors contributing to stigma, and possible intervention opportunities. An aspect of this research is to conduct interviews and focus groups, gaining various perspectives that will help us better understand the impacts of stigma in the Olympic Region. OCH will use the findings from this and other focus groups and interviews to identify and plan effective strategies for addressing stigma in the Olympic Region.



LowCap Proj # 8: Navigator / Care Coordination

Moved this Project from MHFR Lead to LF/JN, and pushing timeline out to late Spring when:

- JN/LF will explore HIPAA/CFR 42 Part 2 strategies used by Clallam and Kittitas for what we might employ

JN has reached out to Lucky/Kittitas

HRSA

- JN to article county

4/08/21 - In First Second Gear - Spring '21
Wes Lucky from the Greater Columbia Accountable Community of Health (Kittitas)
COCH, Sally Sundar - Unite Us & WELLD and our HRSA Coach

... (1) Navigating access, housing, resilience; (3) Childcare; (4) after-school programs); and (5) ...
 ... Potential Family Resource Navigator services would be in your community? Responses, in order of greatest frequency: (1) Connecting families with health services (mental health and/or physical health); (2) Assistance for families in accessing support services; (3) Outreach to families in need who are not currently connected with other social services; (4) Closing the communication gaps among family-serving agencies/organizations/individuals; and (5) Website to connect families and community supports.

CHIP BHConsortium

TRACK 1 / PRIORITY #1: ENHANCE BEHAVIORAL HEALTH SERVICES

25RH32956 - Strategic Plan

NAVIGATION AND

... TOWNSEND — The Board of Jefferson County Commissioners approved the acceptance of a grant to fund a mental health navigator position within the county Sheriff's Office.

The six-month grant for \$63,209 is from the Washington Association of Sheriffs & Police Chiefs (WASPC).

The navigator will be a mental health professional who will work within the Sheriff's Office to respond to mental health and/or substance abuse calls to law enforcement, Sheriff Joe Nole said.

... and resources.

3. Develop consensus with relevant players around plan components, players and process.	Q3 2020	Q4 2020		
4. Establish a Coordination staffing plan and procure funding	Q4 2020	Q2 2021	Staffing Plan developed and funding in place	Staffing Plan for funding Coordination plan is in place.

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LowCap Proj # 9: Friendly Faces/Collective Case Management

Currently:

- JN/LF exploring HIPAA and CFR42 Part 2 strategies with HRSA Tas that could help relieve inherent obstacles

wide coordination case management system.
Develop an integrated approach for various behavioral health service access enhancement to provide a cohesive safety net for targeted population. Develop a community-wide care plan for those who are ill-served by County's Law, EMS, and other services.

In First Gear Until Summer 2021



Relevant Efforts: SDOH / Housing

- LF on AHT and liaisons/represents CHIP/BHC Priorities
- Meets weekly (with folks, 2 of whom happen to be a subgroup to AHT) to strategize, prepare the group for action, and implementation for projects such as Cherry Street.

Portions of this work may get folded into CHIP's Working Age Strategic Plan

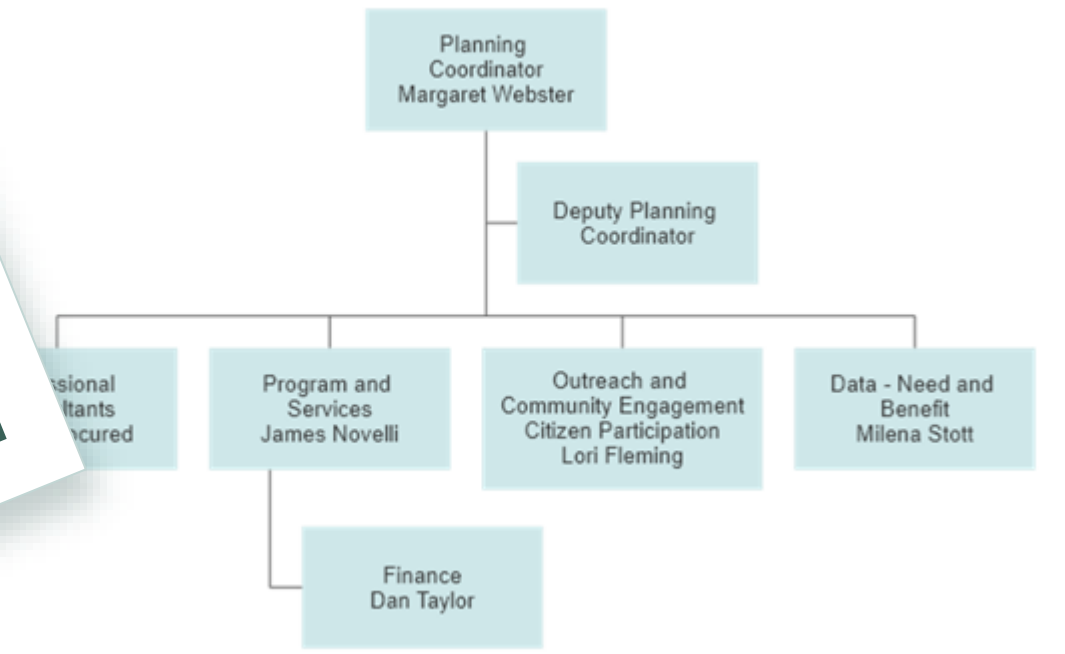


RFP

Project:

Planning the construction of transitional and permanent supportive housing to be affiliated with Discovery Behavioral Health ("DBH").

A draft organization chart for the planning project:



Here another sample application using our older 2019 paper application format. This application is a community facility that included non-CDBG funding for new housing, which CDBG does not fund.

Subject: Fwd: HD 811 Program

Hello, I began my research. While I have not explored Nick's link, here is what I can pass along to you now....

Applications for the 2021 fund will open in the 2nd or 3rd quarter after the state recovers from the impact of eviction moratoriums. The last round of applications was in 2013 and they are revamping entirely. I will work on developing a relationship with Nick who was very kind on the phone.

Thanks, Milena

----- Forwarded message -----

From: Yuva, Nicholas (COM) <nicholas.yuva@commerce.wa.gov>

Date: Mon, Dec 21, 2020 at 3:41 PM

Subject: HD 811 Program

To: mstott@fletchergroup.org <mstott@fletchergroup.org>

Hello,

Here is the link for the HUD 811 program:

				\$59,500
				\$200,000
		Repairs	new water heater and parking lot	\$16,000

Transitional Housing – Operating Costs						
Application Date	Gender	Age at Date of application	Veteran	Vehicle	Reason for BHS need	
1/3/2020	f	46	no	none		Domestic Viol
9/1/2020	m	36	no	none		Imminent Evic
5/12/2020	m	35	no	none		Eviction from House
1/23/2020	m	33		none		Homeless
10/14/2020	f	18	no	none		Homeless with
11/21/2020	f	37	no	none		Safety for chil
12/27/2018	f	39	no	none		Homeless
10/15/2019	f	50		none		



Upcoming Meetings

- 04/08 - Working Age Band Team Meeting
- 04/12 - OCH Board Meeting (Regional)
- 04/13 - SSP with Tim Candela
- Weekly Tuesdays and Thursdays - BH Therapeutic Court and Therapeutic Drug Court respectively
- 04/14 - Senior Age Band Team Meeting
- 04/14 - Affordable Housing Taskforce
- 04/15 - Oversight Committee Meeting
- 04/15 - JeffCO Board of Health
- 04/19 - CDBG Planning Grant Effort (out in March, due in June, funds awarded in 2022)
- 04/19 - UNITE US Discussion - Marc Rosen
- 04/20 - SC Harm Reduction - (Discuss specifics of Naloxone Education Plan, begin SSP exploration)
- 04/21 - 3CCORP Treatment Workgroup
- 04/22 - Youth Age Band Team Meeting
- 04/27 - JBS Sustainability Series Webinar
- 4/29 - From Siloes to Collaboration - SAMHSA
- 05/04 - BHAC Meeting
- 05/06 - RCORP-I TA call
- 05/10 - OCH Board Meeting (Regional)
- 05/12 - JBS Sustainability Series Webinar
- 05/12 - Senior Age Band Team Meeting
- 05/12 - Affordable Housing Taskforce
- 04/22 - Youth Age Band Team Meeting
- 04/08 - BHC Meeting - Environmental Scan re: Stigma
- 04/08 - Working Age Band Team Meeting



May BHC Meeting

Thursday, May 13, 2021

@3pm





Thank You